

# SAINT CHARLES SAINTS GIRLS TRACK AND FIELD



2016

## 2016 DEPTH CHART

### 100 Meter Dash:

1. Analise Fabre—13.77 (DE #2—5/19/16)
2. Bianca Harris—14.03 (**SUBS—5/25/16**)
3. Lydia O'Hara—14.10 (DE #2—5/19/16)
4. Anna Ferden—14.38 (DE #2—5/19/16)
5. Ebony Mitchell—15.03 (**SUBS—5/25/16**)
6. Ivy Hulshizer—15.30 (Verne Herman—4/26/16)
7. Taylor Ness—15.32 (DE #2—5/19/16)
8. Grace Davis—15.77 (Verne Herman—4/26/16)
9. Annika O'Hara—17.72 (JH Lewiston #2—5/12/16)
10. Sonia Howen—17.75 (PEM 7-10 Meet—4/30/16)
11. Abby McCready—17.88 (JH Lewiston #2—5/12/16)

### 200 Meter Dash:

1. Anna Smith—28.30 (Dover-Eyota Invite—4/19/16)
2. Analise Fabre—28.46 (DE #2—5/19/16)
3. Lydia O'Hara—28.98 (**SUBS—5/25/16**)
4. Ashley Paul—31.85 (JH CONF—5/7/16)
5. Ebony Mitchell—31.85 (**SUBS—5/25/16**)
6. Taylor Ness—32.10 (DE #2—5/19/16)
7. Hannah Fynboh—33.82 (DE JH—4/14/16)
8. Gabby Stowell—34.17 (JH CONF—5/7/16)
9. Madison Snyder—35.89 (DE JH—4/14/16)

### 400 Meter Dash:

1. Anna Smith—1:02.02 (**SECTIONS—5/31/16**)
2. Lydia O'Hara—1:11.35 (PEM 7-10 Meet—4/30/16)
3. Taylor Ness—1:15.28 (Home—5/3/16)

### 400 Meter Dash (splits):

1. Ashley Paul—1:11.65 (PEM 7-10—4/30/16)
2. Taylor Ness—1:13.27 (Verne Herman—4/26/16)
3. Anna Daood—1:16.00 (PEM 7-10—4/30/16)
4. Hannah Fynboh—1:20.00 (PEM 7-10—4/30/16)
5. Taylor Mueller—1:22.64 (PEM 7-10—4/30/16)
6. Madison Snyder—1:25.00 (JH Home—4/7/16)
7. Gabby Stowell—1:28.00 (JH Home—4/7/16)
8. Brooke Spaulding—1:28.00 (JH Home—4/7/16)

### 800 Meter Run:

1. Macy Loechler—2:39.86 (DE #2—5/19/16)
2. Anna Daood—2:50.69 (DE JH 2—4/25/16)
3. Taylor Mueller—3:00.70 (JH Lewiston #2—5/12/16)
4. Brea Kieffer—3:01.59 (PEM 7-10 Meet—4/30/16)
5. Brooke Spaulding—3:03.50 (JH CONF—5/7/16)

### 1600 Meter Run:

1. Macy Loechler—5:46.69 (**SUBS—5/25/16**)
2. Anna Daood—6:20.26 (PEM 7-10 Meet—4/30/16)
3. Taylor Mueller—6:35.48 (JH CONF—5/7/16)
4. Allison Hanson—6:36.00 (JH Home—4/7/16)
5. Brea Kieffer—7:04.93 (JH Lewiston #2—5/12/16)
6. Brooke Spaulding—7:04.94 (JH Lewiston #2—5/12/16)

### 100 Meter Intermediate Hurdles:

1. Grace Davis—21.41 (DE #2—5/19/16)
2. Ivy Hulshizer—21.51 (DE #2—5/19/16)

### 100 Meter Low Hurdles:

1. Ashley Paul—19.71 (JH Lewiston #2—5/12/16)
2. Gabby Stowell—21.83 (JH CONF—5/7/16)
3. Hannah Fynboh—22.29 (DE JH—4/14/16)
4. Madison Snyder—22.43 (JH Home—4/7/16)

### 200 Meter Hurdles:

1. Ashley Paul—34.78 (JH Lewiston #2—5/12/16)
2. Gabby Stowell—38.50 (JH Lewiston #2—5/12/16)
3. Hannah Fynboh—39.00 (JH CONF—5/7/16)
4. Madison Snyder—40.75 (JH Lewiston #2—5/12/16)

### 300 Meter Hurdles:

1. Grace Davis—59.99 (**CONF—5/14/16**)
2. Ivy Hulshizer—1:08.27 (Winona—4/11/16)

### High Jump:

1. Bianca Harris—4-04.00 (3 meets)
2. Taylor Ness—4-04.00 (4 meets)
3. Madison Snyder—3-10.00 (3 meets)
4. Hannah Fynboh—3-08.00 (DE JH 2—4/25/16)

### Long Jump:

1. Anna Smith—14-01.00 (Home—5/3/16)
2. Grace Davis—11-09.50 (**TRUE TEAM—5/10/16**)
3. Ashley Paul—11-06.25 (PEM 7-10 Meet—4/30/16)
4. Hannah Fynboh—10-11.00 (JH CONF—5/7/16)
5. Gabby Stowell—10-02.00 (JH CONF—5/7/16)

### Triple Jump:

1. Analise Fabre—31-10.25 (**SUBS—5/25/16**)
2. Anna Smith—31-09.00 (Home—5/3/16)

### Pole Vault:

1. Analise Fabre—7-10.00 (**SUBS—5/25/16**)
2. Madison Snyder—5-00.00 (JH Lewiston #2—5/12/16)

### Shot Put:

1. Allie McDonough—23-08.00 (**SUBS—5/25/16**)
2. Erin Hongerholt—22-03.50 (PEM 7-10 Meet—4/30/16)
3. Abby McCready—26-10.00 (Lewiston JH—4/18/16)\*
4. Sonia Howen—25-03.00 (JH Lewiston #2—5/12/16)\*
5. Annika O'Hara—25-03.00 (JH Lewiston #2—5/12/16)\*
6. Liz Jabs—19-04.00 (JH Home—4/7/16)\*

\*denotes JH weight

### Discus:

1. Allie McDonough—80-10 (**TRUE TEAM—5/10/16**)
2. Erin Hongerholt—55-03.5 (Winona—4/11/16)
3. Abby McCready—62-06 (JH Lewiston #2—5/12/16)\*
4. Sonia Howen—58-08 (Lewiston JH—4/18/16)\*
5. Annika O'Hara—52-03 (JH CONF—5/7/16)\*
6. Liz Jabs—43-07 (JH Lewiston #2—5/12/16)\*

\*denotes JH weight

### 4x100

1. L. O'Hara, Harris, Smith, Fabre—53.38 (**SUBS—5/25/16**)
2. L. O'Hara, Harris, Smith, Fabre—53.62 (DE #2—5/19/16)
3. L. O'Hara, Harris, Smith, Fabre—54.96 (DE #1—4/19/16)
4. L. O'Hara, Ferden, Harris, Fabre—55.31 (**CONF—5/14/16**)
5. L. O'Hara, Ferden, Harris, Fabre—55.35 (**TRUE TEAM—5/10/16**)
6. L. O'Hara, Ferden, Harris, Fabre—55.35 (Home—5/3/16)
7. L. O'Hara, Hulshizer, Harris, Fabre—56.41 (Verne Herman—4/26/16)
8. L. O'Hara, Hulshizer, Harris, Fabre—56.92 (Winged Foot—4/15/16)
9. L. O'Hara, Hulshizer, Harris, Fabre—57.95 (Winona—4/11/16)

### 4x200

1. L. O'Hara, Ferden, Fabre, Smith—1:54.48 (**SUBS—5/25/16**)
2. L. O'Hara, Ferden, Fabre, Smith—1:55.29 (**TRUE TEAM—5/10/16**)
3. L. O'Hara, Ferden, Fabre, Smith—1:55.90 (**CONF—5/14/16**)
4. L. O'Hara, Ferden, Fabre, Smith—1:58.24 (Home—5/3/16)
5. L. O'Hara, Hulshizer, Fabre, Smith—2:02.96 (Winged Foot—4/15/16)

## FINAL LETTER POINT TOTAL

Anna Smith—189.5

Analise Fabre—182.5

Lydia O'Hara—108.5

Bianca Harris—83.5

Macy Loechler—68

Anna Ferden—58

Allie McDonough—36

Taylor Ness—18 (19)\*

**Grace Davis—18 (35)\***

**Ivy Hulshizer—14 (32.5)\***

Ebony Mitchell—13 (18)\*

Erin Hongerholt—4

Athletes who lettered are highlighted by **bold**. \*Denotes that an athlete carried letter points over from last year. When an athlete scores points in a season but does not meet the 25-point qualification for lettering, he/she carries those points over. For such athletes, the first number is the total points scored this season. The second number (in parentheses) is the TOTAL points they have (last year's plus this year's). For full letter points rules and explanations, see the team page on the school website.

## 2016 ST. CHARLES WOMEN'S TRACK AND FIELD PENTATHLON RESULTS

NAME	FLYING 55	600M	SHOT (ft)	VERT. (in)	LONG (ft)
Ivy Hulshizer	<b>8.05 (8)</b>	2:45	14'7	<b>16 (9)</b>	<b>5'11 (9t)</b>
Ana Fabre	<b>7.53 (2)</b>	<b>2:27 (6t)</b>	<b>18'7 (3)</b>	<b>19.5 (2t)</b>	<b>7' (2)</b>
Anna Smith	<b>7.34 (1)</b>	<b>2:00 (1)</b>	<b>16'4 (6)</b>	<b>19.5 (2t)</b>	<b>7'7 (1)</b>
Lydia O'Hara	<b>7.98 (7)</b>	<b>2:06 (3)</b>	9'7	15	<b>6'3 (5t)</b>
Grace Davis	8.56	<b>2:27 (6t)</b>	<b>15'7 (8)</b>	<b>18 (4)</b>	<b>6'9 (3)</b>
Bianca Harris	<b>7.69 (3)</b>	3:19	<b>20' (2)</b>	<b>21.5 (1)</b>	<b>6'2 (7)</b>
Anna Ferden	<b>7.86 (4)</b>	<b>2:31 (9)</b>	<b>15'10 (7)</b>	<b>17 (6t)</b>	5'8
Macy Loechler	<b>8.17 (9)</b>	<b>2:05 (2)</b>	11'6	<b>17 (6t)</b>	<b>6'1 (8)</b>
Taylor Ness	8.65	2:55	<b>16'9 (5)</b>	<b>15.5 (10)</b>	5'1
Allie McDonough	<b>7.90 (5)</b>	2:38	<b>22'9 (1)</b>	<b>17.5 (5)</b>	<b>6'7 (4)</b>
Madison Snyder	9.01	2:53	14'6	12.5	5'7
Annika O'Hara	9.47	3:14	<b>15'4 (9)</b>	11.5	5'8
Sonia Howen	9.82	3:22	<b>17'4 (4)</b>	9	5'6
Anna Daood	8.73	<b>2:09 (4)</b>	10'7	14.5	5'3
Gabby Stowell	8.85	2:50	10'	11.5	5'10
Taylor Mueller	9.00	<b>2:29 (8)</b>	8'4	12.5	4'9
Ashley Paul	<b>7.97 (6)</b>	<b>2:12 (5)</b>	12'2	<b>16.5 (8)</b>	<b>5'11 (9t)</b>
Abby McCready	9.00	2:52	<b>15'3 (10)</b>	14.5	<b>6'3 (5t)</b>
Hannah Fynboh	<b>8.54 (10)</b>	2:35	10'3	13.5	5'9
Brooke Spaulding	9.28	<b>2:32 (10)</b>	9'4	12	5'5
Erin Hongerholt	9.93	3:22	12'2	11	5'3
Brea Kieffer	9.91	2:43	12'5	10.5	5'

### Leaderboard:

*600 Meter Run*—Anna Smith (2:00; **NEW RECORD**)

*Flying 55*—Anna Smith (7.34)

*Standing Long*—Anna Smith (7'7"; **NEW RECORD**)

*Vertical Spring*—Bianca Harris (21.5"; **NEW RECORD**)

*Shot Put*—Allie McDonough (22'9")

### 2016 RESULTS:

1. **Anna Smith—4350**
2. Ana Fabre—3850
3. Bianca Harris—3100
4. Allie McDonough—3000
5. Grace Davis—2200
6. Macy Loechler—1850
7. Lydia O'Hara—1750
8. Anna Ferden—1750
9. Ashley Paul—1550
10. Sonia Howen—700
11. Taylor Ness—700
12. Anna Daood—700
13. Abby McCready—650
14. Ivy Hulshizer—650
15. Taylor Mueller—300
16. Annika O'Hara—200
17. Brooke Spaulding—100
18. Hannah Fynboh—100

## PENTATHLON HISTORY

### Pentathlon Champions:

2014: Analise Fabre/Abby Ludens—3400 (no vert. spring)

2015: Anna Smith—4300

2016: Anna Smith—4350

### EVENT RECORDS:

Flying 55—Anna Smith—7:03 (2015)

600 Meter Run—Anna Smith—2:00 (2016)

Shot Put—Allie McDonough—24'3 (2015)

Standing Long Jump—Anna Smith—7'7 (2016)

Vertical Spring—Bianca Harris—21.5" (2016)

### JH Event Records:

Flying 55—Vanessa Perez—7.62 (2015)

600—Anna Daood—2:09 (2016)

Shot Put—Lilli Shea—19-01.00 (2014)

Standing LJ—Abby McCready—6-03.00 (2016)

Vertical Spring—Ashley Paul—16-05.00 (2016)

# WINONA OPEN—APRIL 7<sup>th</sup>, 2016

## Women Team Rankings

1. Century 217
2. Red Wing 192.5
3. La Crescent 89
4. Cotter 69.5
5. Winona 53
- 6. St. Charles 17**
7. Lewi-Alt 14
8. Aquinas 11

## Girls 100M Dash Prelims

1. Mozes Century 12.73
2. Mauss LaCre 13.26
3. Suk Century 13.55
4. Nichols Cotter 13.64
5. Henckel Century 13.70
6. Vaughn RW 13.83
7. McGrath RW 13.84
8. Walker Winona 14.00

## Girls 100M Dash Finals

1. Mozes Century 12.87
2. Mauss LaCre 13.24
3. Nichols Cotter 13.63
4. Suk Century 13.68
5. Vaughn RW 13.73
6. Henckel Century 13.75
7. McGrath RW 13.88
8. Walker Winona 14.09

## Girls 200M Dash

1. Eidem Century 27.32
2. Mozes Century 27.65
3. Hart RW 28.04
4. Weber Century 28.92
5. Oberding RW 29.23
6. Lusk LaCre 29.42
7. Henckel Century 29.44
8. Flattum Winona 29.83

## Girls 400M Dash

1. Eidem Century 1:01.52
2. Meyer RW 1:01.75
3. Luinenburg Century 1:03.81
- 4. Smith SC 1:05.02**
5. Dougherty Century 1:06.71
6. Anderson Aquinas 1:07.89
7. Boettger Winona 1:09.04
8. Delacey Century 1:10.60

## Girls 800M Run

1. Dunlap LaCre 2:40.63
2. Bierman LaCre 2:40.64
3. Flanagan Cotter 2:42.75
4. Bryant RW 2:43.13

5. Meyer Winona 2:44.88
6. Mollgaard RW 2:45.34
7. Morgan Cotter 2:46.57
8. Targonski Century 2:47.31

## Girls 1600M Run

1. Ping Cotter 5:11.49
2. Armstrong RW 5:24.26
3. Johnson RW 5:29.41
4. Stewart RW 5:37.85
5. Beguin Winona 6:00.45
6. Ellis Aquinas 6:00.67
7. Mollgaard RW 6:01.27
8. Hollman Century 6:01.74

## Girls 3200M Run

1. Ping Cotter 10:41.04
2. Johnson RW 11:43.06
3. Armstrong RW 11:54.48
4. Leitner RW 12:21.81
5. Miller Century 12:52.32
6. Borgmeier Century 13:30.23
7. Werts Century 13:42.91
8. Frisch LA 15:21.59

## Girls 100M Hurdles Prelims

1. Jacobs Century 16.75
2. Thorson RW 17.30
3. Koll Cotter 18.04
4. Wees Century 18.32
5. Meier Century 18.38
6. Lyons RW 18.60
7. Duerwachter LaCre 19.17
8. Dryden LaCre 19.74

## Girls 100M Hurdles Finals

1. Jacobs Century 16.26
2. Thorson RW 17.05
3. Koll Cotter 17.39
4. Lyons RW 18.28
5. Wees Century 18.30
6. Meier Century 19.12
7. Duerwachter LaCre 20.08
8. Dryden LaCre 20.78

## Girls 300M Hurdles

1. Jacobs Century 49.25
2. Shepardson LaCre 50.73
3. Meier Century 54.34
4. Wees Century 55.38
5. Parlin Cotter 56.62
6. Thorson RW 57.00
7. DeSutter RW 57.20
8. Johnson Winona 59.68

## Girls 4x100M Relay

1. Century 53.08
2. RW 53.58
3. Cotter 56.35
4. LaCre 57.20
- 5. SC 57.95**
- O'Hara, Ferden, Harris, Fabre**
6. Winona 58.27

## Girls 4x200M Relay

1. LaCre 1:53.62
2. Century 1:53.99
3. RW 1:54.58
4. Winona 2:03.92
5. Cotter DQ
- 6. SC DQ**
- O'Hara, Ferden, Fabre, Smith**

## Girls 4x400M Relay

1. RW 4:12.38
2. Century 4:19.56
3. LaCre 4:43.11
4. Cotter 5:04.67

## Girls 4x800M Relay

1. RW 10:25.82
2. Century 10:53.40
3. Cotter 11:28.50
4. Aquinas 11:35.18

## Girls High Jump

1. Eidem Century 5'2
2. Lund Century 5'0
3. Dryden LaCre 4'8
4. Thorson RW 4'8
5. Brown RW 4'8
- 6t. Knowlton RW 4'4
- 6t. Parlin Cotter 4'4
8. Kruckow LaCre 4'4

## Girls Pole Vault

1. Jacobs Century 12'0
2. Redman LaCre 6'6
- 3t. Fabre SC 6'0**
- 3t. Tweed Century 6'0
- 3t. Legler Century 6'0

## Girls Long Jump

1. Mozes Century 16'6.75
2. Lyons RW 16'4.75
3. Shepardson LaCre 16'3
4. Hughes RW 15'10
5. Neldner LA 15'0
6. Levenick Century 14'5.25
7. Suk Century 14'4

### Girls Triple Jump

1. Lyons RW 34'2
2. Patterson RW 34'0
3. Norton Century 32'5.5
4. Hughes RW 32'2
5. Koll Cotter 30'11
- 6. Fabre SC 30'10**
7. Steiger LaCre 30'3.5
8. Flanagan Cotter 30'0

### Girls Shot Put

1. Olson RW 34'7
2. Lohnes Winona 33'3
3. Gielski Century 33'2.5
4. Kosidowski Winona 32'3.5
5. Fitzgerald Century 31'7
6. Lewis Winona 30'3
7. Turcotte RW 30'1.5
8. Kamooneh LA 28'11.5

### Girls Discus Throw

1. Kosidowski Winona 97'6
2. Mundt LA 93'2
3. Olson RW 90'7
4. Dryden LaCre 90'3.5
5. Lohnes Winona 84'2.5
6. Turcotte RW 79'3.5
7. Lewis Winona 79'2
8. Nierman Century 78'0

### Girls Non Placing Performances

Harris 14.56, 4'2  
Mitchell 15.79, 33.01  
Ness 15.94, 34.00  
O'Hara 30.72  
Loechler 6:24.65  
Davis 23.07, 1:03.71, 11'10.5  
Hulshizer 1:08.27  
Smith 12'11  
McDonough 23'6, 63'9  
Hongerholt 20'7, 55'3.5

### Letter Points

Fabre—9.5  
O'Hara—1  
Hulshizer—1  
Smith—5  
Harris—1

## WINGED FOOT (PEM)—APRIL 15<sup>th</sup>, 2016

### Women Team Rankings

1. Century 157
2. Byron 113
3. PEM 85.5
4. DE 62
5. STEW 50.5
- 6t. Lyle-Pacelli 36
- 6t. GM 36
8. RP 35.5
9. RP 31
10. Lourdes 25
11. ZM 23
12. Triton 19
13. WK 14
14. SA 10
- 15. SC 4.5**

### Girls 4x800M Relay

1. Byron 10:32.00
2. STEW 10:32.50
3. Panthers 10:48.70
4. PEM 10:58.40
5. WK 11:02.20
6. GM 11:13.90
7. Lourdes 11:17.40
8. Lake City 11:25.30

### Girls 100M Hurdles

1. Weatherly Byron 16.03
2. Jacobs Century 16.32
3. Haag ZM 16.99
4. McCullough PEM 17.22
5. Brandau Byron 17.27
6. Luthe GM 17.62
7. Schlechtinger STEW 17.70
8. Glynn DE 18.11

### Girls 100M Dash

1. Moses Century 12.71
2. Shindelar PEM 12.83
3. Sweet RP 13.20
4. Ziller Lourdes 13.58
5. Rinken STEW 13.68
6. Hovden GM 13.70
7. Suk Century 13.73
8. Bale DE 13.86

### Girls 4x200M Relay

1. GM 1:51.71
2. Century 1:54.70
3. Lake City 1:55.09
4. PEM 1:55.10
5. Byron 1:56.50
6. Lourdes 1:56.89
7. STEW 1:57.79
8. DE 1:59.99

### Girls 1600M Run

1. Christopherson LP 5:35
2. Welch Century 5:36
3. Nepstad Byron 5:38
4. Schmidt DE 5:42
5. Malone STEW 5:43
6. Miller Century 5:43.50
7. Jacobson ZM 5:49
8. Peterson SA 5:54

### Girls 4x100M Relay

1. Century 52.89
2. RP 53.84
3. Lake City 54.01
4. PEM 54.07
5. STEW 54.47
6. GM 54.91
7. Byron 56.19
8. Triton 56.74

### Girls 400M Dash

1. Eidem Century 1:00.20
2. Luinenburg Century 1:03.02
3. Holtz PEM 1:03.07
4. Buchholtz GM 1:04.19
5. Staat GM 1:04.99
- 6. Smith SC 1:06.11**
7. Harris SA 1:06.20
8. Graham Triton 1:06.54

### Girls 300M Hurdles

1. Jacobs Century 48.07
2. Weatherly Byron 49.58
3. McCollough PEM 51.08
4. Christenson STEW 51.48
5. Haag ZM 51.56
6. Hanson SA 51.61
7. Pennigton LC 52.31
8. Meier Century 53.21

### Girls 800M Run

1. Sholing WK 2:34.51
2. Olson DE 2:34.71
3. Graham Triton 2:37.08
4. Pedelty STEW 2:37.81
5. Hollman Century 2:37.86
6. Akervik Byron 2:38.40
7. Cordes Byron 2:39.40
8. Miller Century 2:42.07

### Girls 200M Dash

1. Shindelar PEM 26.65
2. Eidem Century 26.74
3. Moses Century 27.20
4. Sweet RP 27.64
5. Ziller Lourdes 28.07
6. Braun Tigers 29.17
7. Buntrock Lourdes 29.59
8. Amundson SA 29.68

### Girls 3200M Run

1. West Triton 11:51.32
2. Welch Century 12:12.43
3. Higgins Byron 12:16.72
4. Stucky PEM 12:20.32
5. Renelt Tigers 12:22.57
6. Waltman STEW 13:02.63
7. Didier RP 13:10.09
8. Johnson Byron 13:11.37

### Girls 4x400M Relay

1. Century 4:13.84
2. Lake City 4:15.85
3. PEM 4:17.30
4. DE 4:17.90
5. Byron 4:27.90
6. SA 4:29.83
7. GM 4:31.08
8. Lourdes 4:32.64

### Girls Shot Put

1. Kearn DE 35'5.5
2. Lee Byron 34'5
3. Bahr Byron 34'1.5
4. Fett LP 32'9
5. Finstuen DE 32'7.5
6. Blagsvedt RP 32'5
7. Miller ZM 32'4
8. Standinger PEM 31'1

#### Girls Discus Throw

1. Finstuen DE 108'4
2. Abrams Byron 107'1
3. Thompson Lourdes 105'9
4. Fett LP 101'0
5. Hintz Byron 100'9
6. Holland RP 99'7
7. Kupfer Century 97'11
8. Miller ZM 94'0

#### Girls Long Jump

1. Shindelar PEM 16'4
2. Moses CENTury 16'2
3. Nelson DE 15'10.5
4. Haag ZM 15'7.75
5. Adler Tigers 15'7
6. Bendtsen GM 15'6
7. Agrimson RP 15'6
8. Miller STEW 15'4

#### Girls Triple Jump

1. Weatherly Byron 35'1
2. Kupfer Century 33'9.75
3. Holtz LP 33'1.25
4. Bale DE 32'4.75
5. Jurgenson PEM 32'2.5
6. Nelson DE 31'11.5
7. Bieberdorf RP 31'10
8. Schlechtinger STEW 31'9.  
25

#### Girls High Jump

1. Holtz LP 5'2
2. Eidem Century 5'0
- 3t. Terhaar STEW 5'0
- 3t. Holtz PEM 5'0
5. Benson Byron 5'0
6. Holm ZM 4'10
7. Kielty Lourdes 4'10
8. Lang Triton 4'10

#### Girls Pole Vault

1. Jacobs Century 11'6
2. Coleman Byron 11'0
3. Terhaar STEW 10'6
4. Brandau Byron 9'0
5. Jurganson PEM 8'6
6. Bale DE 8'0

7t. Poss Tigers 7'0

**7t. Fabre SC 7'0**

#### **Girls Non Placing Performances**

Harris 14.46, 4'2

Mitchell 15.66, 32.60

4x200M 2:02.96

O'Hara, Hulshizer

Fabre, Smith

Loechler 6:14, 2:47.93

4x100M 56.92

O'Hara, Hulshizer

Harris, Fabre

Davis 1:02.05, 10'11.5

O'Hara 30.06

Hongerholt 20'7, 50'2

Smith 13'5.25, 30'5

Fabre 30'2

#### Letter Points

Fabre—1.5

Smith—3



# DOVER-EYOTA INVITE—APRIL 19<sup>th</sup>, 2016

## Women Team Rankings

1. LFC 144
2. Cotter 96
3. DE 93
4. RP 88
5. **SC 60**
6. CHAT 56

## Girls 100M Dash

1. Nichols Cotter 13.57
2. **Fabre SC 13.97**
3. **O'Hara SC 14.12**
4. Kramer CHAT 14.13
5. Parlin Cotter 14.26
6. Donlinger LFC 14.32

## Girls 200M Dash

1. **Smith SC 28.30**
2. Bale DE 29.34
3. **O'Hara SC 29.55**
4. Bieberdorf RP 29.90
5. Berg LFC 30.17
6. Reimann LFC 31.77

## Girls 400M Dash

1. Lee DE 1:04.48
2. Olson DE 1:05.22
3. Ruen LFC 1:06.07
4. Flanagan Cotter 1:08.10
5. Ping Cotter 1:08.48
6. Birkholz DE 1:08.93

## Girls 800M Run

1. Ping Cotter 2:27.76
2. Ruen LFC 2:33.01
3. Snyder LFC 2:37.81
4. Schmidt DE 2:39.23
5. Flanagan Cotter 2:42.70
6. **Loechler SC 2:43.79**

## Girls 1600M Run

1. Olson LFC 5:44.25
2. Miner LFC 5:59.96
3. Arnold Cotter 6:04.68
4. Didier RP 6:14.11
5. **Loechler SC 6:30.20**
6. Peplinski Cotter 6:53.13

## Girls 3200M Run

1. Smith LFC 12:40.76
2. Arndt LFC 12:50.93
3. Stettler LFC 13:37.85
4. Ismailova RP 15:12.94

## Girls 100M Hurdles

1. Koll Cotter 17.78
2. Glynn DE 18.22
3. Hoff RP 18.48
4. Pederson CHAT 18.57
5. Tekautz RP 19.79
6. Shupe LFC 19.92

## Girls 300M Hurdles

1. Breitsprecher LFC 49.96
2. Pederson CHAT 52.75
3. Parlin Cotter 55.43
4. Glynn DE 55.46
5. Eversole LFC 56.86
6. Hoff RP 57.31

## Girls 4x100M Relay

1. RP 54.45
2. **SC 54.96**
3. CHAT 55.10
4. Cotter 55.64
5. DE 58.10
6. LFC 58.16

## Girls 4x200M Relay

1. RP 1:56.17
2. LFC 1:58.02
3. Cotter 2:04.30
4. CHAT 2:06.25

## Girls 4x400M Relay

1. DE 4:22.85
2. LFC 4:30.49
3. Cotter 4:50.33

## Girls 4x800M Relay

1. LFC 10:13.45
2. DE 10:53.63
3. CHAT 12:18.99

## Girls High Jump

1. Breitsprecher LFC 4'10"
2. Dokken CHAT 4'4"
3. Lee DE 4'4"
4. Reimann LFC 4'4"
5. Birkholz DE 4'4"
6. Nichols Cotter 4'2"

## Girls Pole Vault

1. Miner LFC 8'3"
2. Brazee LFC 7'6"
3. **Fabre SC 7'0"**
4. Friedrichs CHAT 7'0"
5. Bale DE 6'6"
6. Sweet RP 6'6"

## Girls Long Jump

1. Duellman Cotter 13'9"
2. Flanagan Cotter 12'11.25"
3. Goetzing CHAT 12'6.5"
4. **Smith SC 12'4.75"**
5. Lawston RP 12'3.25"
6. Ming LFC 12'1.5"

## Girls Triple Jump

1. Bale DE 32'5"
2. Koll Cotter 31'6.5"
3. Bieberdorf RP 30'8.5"
4. **Fabre SC 30'0"**
5. Hopp CHAT 29'11.75"
6. Pederson CHAT 29'5.5"

## Girls Shot Put

1. Kearn DE 33'6.5"
2. Holland RP 30'11"
3. Blagsvedt RP 30'9"
4. Brown RP 24'0.5"
5. Goldsmith CHAT 24'0"
6. **McDonough SC 23'0"**

## Girls Discus Throw

1. Holland RP 100'0.5"
2. Blagsvedt RP 96'0"
3. Evans LFC 84'0"
4. **McDonough SC 71'0"**
5. Brown RP 67'10"
6. Baum CHAT 57'4"

## Girls Non Placing Performances

- Harris 15.18  
Mitchell 15.47, 32.18  
Ness 34.09, 1:16.50  
Hulshizer 26.55  
Davis 1:03.41, 10'11.75  
Hongerholt 22'2.5, 48'6"

## Letter Points

- Fabre—22  
O'Hara—16  
Smith—18  
Loechler—3  
Harris—4  
McDonough—5

# VERNE HERMAN (PEM)—APRIL 26<sup>th</sup>, 2016

## Women Team Rankings

1. PEM 185
2. STEW 118
3. DE 106
4. RP 76
5. **SC 35**
6. Cotter 28
7. SA 19
8. LA 18

## Girls 4x800M Relay

1. DE 10:32.22
2. STEW 10:32.29
3. PEM 11:16.78
4. Cotter 11:53.47
5. RP 12:02.06

## Girls 100M Hurdles

1. Holien RP 18.06
2. Koll Cotter 18.08
3. Schlechtinger STEW 18.53
4. Christenson STEW 18.71
5. Thompson PEM 18.86
6. Glynn DE 19.71
7. Tebben SA 20.15
8. Tekautz RP 20.96

## Girls 100M Dash

1. Shindelar PEM 13.21
2. Sweet RP 13.39
3. Nichols Cotter 13.84
4. Rinken STEW 13.86
5. Bale DE 14.22
6. Lewis STEW 14.26
7. Standinger PEM 14.37
8. Hanenberger DE 14.73

## Co-Ed 4x200M Relay

1. STEW 1:45.89
2. **SC 1:46.93**
- Hulshizer L, Fabre  
Mueller, Smith**
3. PEM 1:47.86
4. RP 1:52.55
5. Cotter 1:54.44
6. SA 1:55.07
7. LA 1:56.79

## Co-Ed 1600M Sprint Medley

1. PEM 4:05.92
2. RP 4:10.76
3. STEW 4:12.73
4. SA 4:14.91
5. **SC 4:23.36**
- O'Hara, Puaha**

## Ness, Nunemacher

6. DE 4:32.63
7. LA 4:49.20

## Girls 1600M Run

1. Stucky PEM 5:39.70
2. Orvis STEW 5:43.09
- \*Timing System Failed
3. Haake LA
4. **Loechler SC 6:02**
5. Peplinski Cotter
6. Ismailova RP
7. Frisch LA
8. Hofschulte PEM

## Girls 4x100M Relay

1. PEM 55.01
2. RP 55.31
3. **SC 56.41**
- O'Hara, Hulshizer  
Harris, Fabre**
4. Cotter 56.43
5. STEW 59.07
6. LA 1:00.67

## Girls 400M Dash

1. Holtz PEM 1:01.84
2. **Smith SC 1:04.43**
3. Hall PEM 1:06.73
4. Park SA 1:08.55
5. Birkholz DE 1:08.87
6. Sylvester PEM 1:11.09
7. Crowley Cotter 1:11.13
8. Bieberdorf RP 1:14.33

## Girls 300M Hurdles

1. Richter DE 49.43
2. McCullough PEM 50.53
3. Christenson STEW 50.59
4. Hanson SA 51.73
5. Sylvester PEM 53.30
6. Schlechtinger STEW 53.71
7. Thompson PEM 55.26
8. Glynn DE 57.02

## Girls 800M Run

1. Schmidt DE 2:33.57
2. Pedelty STEW 2:34.81
3. Olson DE 2:35.63
4. Harris SA 2:36.21
5. Stucky PEM 2:36.29
6. McCullough PEM 2:38.31
7. Flanagan Cotter 2:39.30
8. Haake LA 2:44.74

## Girls 200M Dash

1. Shindelar PEM 27.90
2. Holtz PEM 28.52
3. Richter DE 29.00
4. McCullough PEM 29.20
5. Amundson SA 30.10
6. Peterson STEW 30.34
7. Bale DE 30.35
8. **O'Hara SC 30.57**

## Girls 3200M Run

- \*Timing System Failed
1. Lofgren STEW
2. Clark PEM
3. Waltman STEW
4. Field STEW
5. Juenemann DE
6. Miller PEM
7. Himlie RP

## Girls 4x400M Relay\*

1. DE 4:21.63
2. PEM 4:24.19
3. STEW
4. RP

## Girls Shot Put

1. Hart PEM 37'3.5
2. Kearn DE 35'1.5
3. Holland RP 31'5.5
4. Finstuen DE 31'0.75
5. Blagsvedt RP 30'0
6. Standinger PEM 28'10
7. Theobald STEW 28'3
8. Kamooneh LA 27'0.75

## Girls Discus Throw

1. Finstuen DE 101'8
2. Mundt LA 95'11
3. Blagsvedt RP 92'6
4. Holland RP 92'3
5. Standinger PEM 89'8.5
6. Theobald STEW 83'7
7. Hart PEM 82'7
8. **McDonough SC 79'1**

## Girls Long Jump

1. Shindelar PEM 16'11.75
2. Agrimson RP 15'4.75
3. Miller STEW 15'2.75
4. Nelson DE 15'2
5. Sylvester PEM 14'8
6. Augustine PEM 14'1.75
7. Duellman Cotter 13'11.75
8. Neldner LA 13'10.5

## Letter Points

Fabre—15  
Smith—12  
O'Hara—7  
Ness—2  
Loechler—5  
Ivy Hulshizer—3  
Harris—3  
McDonough—1

## Girls Triple Jump

1. Bale DE 32'10
2. McCullough PEM 32'6
3. Jurgenson PEM 32'4
4. Schlechtinger STEW 31'11.75
5. Nelson DE 31'11
- 6. Fabre SC 30'7.25**
7. Koll Cotter 30'1.75
8. Augustine PEM 30'0.5

## Girls High Jump

1. Holtz PEM 5'0
2. Terhaar STEW 5'0
3. Christenson STEW 4'10
4. Hubbarb PEM 4'8
5. Agrimson RP 4'4
6. Hinz RP 4'4
7. Doughty PEM 4'4
8. Birkholz DE 4'2

## Girls Pole Vault

1. Terhaar STEW 9'0
2. Bale DE 8'6
3. Jurgenson PEM 8'6
- 4. Fabre SC 7'6**
5. Ranta PEM 7'6
6. Lind RP 7'0
- 7t. Davis SA 7'0
- 7t. Jurgensen PEM 7'0

## Girls Non Placing Performances

Hulshizer 15.30  
Mitchell 15.47, 32.64  
Davis 15.77, 1:04.04, 10'7.25  
Ness 1:15.78, 3'10  
Loechler 2:46.12  
McDonough 22'7.25  
Hongerholt 20'10.25, 39'2  
Smith 13'7.5  
Harris 4'2

## PEM 7-10 JV Meet—MAY 3<sup>rd</sup>, 2016

### Women Team Rankings

1. PEM 159
2. DE 113
3. Lourdes 92
4. STEW 83
5. RACE 59
- 6t. WK 51
- 6t. SA 51
8. **SC 16**

### Girls 4x800M Relay

1. STEW 10:34.50
2. Jaguars 11:01.80
3. PEM 11:11.08
4. WK 11:15.08

### Girls 100M Hurdles

1. Richter DE 17.43
2. Schumacher PEM 19.33
3. Gosse WK 19.56
4. Hanson SA 19.60
5. Tebben SA 20.12

### Girls 100M Dash

1. McCullough PEM 13.83
2. Sylvester PEM 14.11
3. Richter DE 14.12
4. Sloane Jaguars 14.26
5. Amundson SA 14.28
6. Lee DE 14.29
7. Hagstrom Jaguars 14.30
8. **Harris SC 14.32**

### Girls 2x400M Relay

1. PEM 2:00.37
2. Jaguars 2:04.04
3. Lourdes 2:09.26
4. STEW 2:14.69
5. DE 2:17.04
6. WK 2:18.26

### Girls 1600M Run

1. Schmidt DE 4:50.08
2. Orvis STEW 5:41.53
3. Malone STEW 5:52.95
4. **Loechler SC 5:58.90**
5. Waltman STEW 6:02.64
6. Juenemann DE 6:09.68
7. Craven Jaguars 6:57.76
8. Perry Jaguars 6:58.83

### Girls 4x100M Relay

1. PEM 56.63
2. Lourdes 1:02.48
3. STEW 1:03.28

4. DE 1:06.94

5. WK 1:11.59

### Girls 400M Dash

1. Sholing WK 1:03.80
2. Lee DE 1:04.07
3. Harris SA 1:04.08
4. Sylvester PEM 1:06.61
5. Ford Jaguars 1:06.70
6. Einertson Lourdes 1:07.01
7. Castleberg Jaguars 1:07.12
8. Holtz PEM 1:07.56

### Girls 300M Hurdles

1. Richter DE 49.79
2. Hanson SA 52.01
3. Gosse WK 58.43
4. Schumacher PEM 1:01.34

### Girls 800M Run

1. Pedelty STEW 2:37.97
2. Schmidt DE 2:41.37
3. **Loechler SC 2:44.84**
4. Gossman Lourdes 2:45.96
5. Tjossem Lourdes 2:47.78
6. Miller PEM 2:52.00
7. Rolfs Lourdes 2:53.05
8. Weiss WK 2:57.27

### Girls 200M Dash

1. Hanson SA 28.72
2. Sylvester PEM 29.42
3. Harris SA 29.66
4. Sloane Jaguars 29.86
5. Ford Jaguars 30.03
6. Sholing WK 30.23
7. Amundson SA 30.29
8. **O'Hara SC 30.31**

### Girls 3200M Run

1. Sailer WK 13:9.24
2. Clark PEM 13:37.03
3. Doughty PEM 13:46.87

### Girls 4x400M Relay

1. STEW 4:35.31
2. DE 4:38.20
3. Lourdes 4:40.52
4. Jaguars 4:45.61
5. PEM 4:48.19
6. WK 4:54.16

### Girls Shot Put

1. Rahman PEM 26'7.5
2. Kittleson STEW 24'5.5

3. Mauseth DE 23'8

4. Redinski STEW 22'11.5

5. Schott DE 22'10.5

6. **Hongerholt SC 22'3.5**

7. Sawyer PEM 22'1

8. Hanson DE 22'0

### Girls Discus Throw

1. Rahman PEM 81'7
2. Patel Lourdes 69'3
3. Mauseth DE 63'10
4. Kittleson STEW 63'9
5. Schott DE 61'1
6. Hanson DE 55'3
7. Carr Jaguars 54'9
8. Hottel Jaguars 40'5

### Girls Long Jump

1. Cordes Lourdes 14'9.75
2. Augustine PEM 14'6.5
3. Sylvester PEM 14'4
4. Sloane Jaguars 13'6.75
5. Rubin PEM 13'0
6. Talwalkar Lourdes 13'0
7. Dettinger Lourdes 11'8.5
8. Kittleson STEW 10'7

### Girls Triple Jump

1. Augustine PEM 30'10.75
2. McCullough PEM 29'9
3. Harris SA 29'5.25
4. Redinski STEW 24'5.75

### Girls High Jump

1. Kielty Lourdes 4'6
2. Lee DE 4'6
3. Birkholz DE 4'4
4. Dettinger Lourdes 4'2
5. Cordes Lourdes 4'2
6. Hagstrom Jaguars 4'0
7. Castleberg Jaguars 4'0
8. McCullough PEM 3'10

### Girls Pole Vault

1. Cordes Lourdes 7'6
2. Jurgensen PEM 7'0
3. Adams Lourdes 6'0

### Girls Non Placing Results

O'Hara 14.49, 1:11.35

Mitchell 16.09, 32.91

Ferden 31.33

Hongerholt 40'1

Harris 3'10

# ST. CHARLES INVITE—MAY 3<sup>rd</sup>, 2016

## Women Team Rankings

1. PEM 126
2. Waseca 90.5
3. DE 71.5
4. LFC 61.5
5. ZM 54
6. **SC 25.5**

## Girls 4x800M Relay

1. LFC 10:28.01
2. Waseca 10:33.20
3. DE 11:06.57
4. PEM 11:37.80

## Girls 100M Hurdles

1. Haag ZM 17.36
2. Gehloff Waseca 17.44
3. Richter DE 17.68
4. Thompson PEM 18.81
5. Glynn DE 19.40
6. Eversole LFC 20.06
7. Perrizo Waseca 20.15
8. Fredrickson ZM 20.47

## Girls 100M Dash

1. Shindelar PEM 13.49
2. Frye Waseca 13.93
3. Haag ZM 14.36
4. McCullough PEM 14.38
5. Nichols ZM 14.59
6. Donlinger LFC 14.80
7. Homeier Waseca 14.86
8. **Harris SC 14.88**

## Girls 4x200M Relay

1. PEM 1:54.90
  2. LFC 1:57.10
  3. **SC 1:58.24**
- O'Hara, Ferden  
Fabre, Smith**
4. Waseca 1:59.32
  5. PEM 2:00.65
  6. DE 2:00.97
  7. PEM 2:01.62
  8. ZM 2:02.92

## Girls 1600M Run

1. Jacobson ZM 5:36.87
2. McCabe Waseca 5:39.54
3. Ruen LFC 5:40.66
4. Stucky PEM 5:50.35
5. Ruen LFC 5:52.84
6. Holtz PEM 5:56.41
7. Doughty PEM 6:00.33
8. **Loechler SC 6:04.3**

## Girls 4x100M Relay

1. Waseca 53.03
  2. **SC 55.35**
- O'Hara, Ferden  
Harris, Fabre**
3. PEM 57.12
  4. LFC 57.90
  5. ZM 58.29
  6. DE 1:01.20
  7. ZM 1:04.17

## Girls 400M Dash

1. Shindelar PEM 1:01.45
2. Holtz PEM 1:01.48
3. **Smith SC 1:04.12**
4. Kingsley PEM 1:05.35
5. McCullough PEM 1:05.37
6. Anderson PEM 1:06.97
7. Lee DE 1:07.47
8. Yeakel ZM 1:08.09

## Girls 300M Hurdles

1. Breitsprecher LFC 48.12
2. Richter DE 48.18
3. Gehloff Waseca 50.82
4. Sylvester PEM 51.29
5. Haag ZM 52.47
6. Thompson PEM 54.57
7. Glynn DE 55.66
8. Eversole LFC 55.88

## Girls 800M Run

1. Dufault Waseca 2:29.86
2. Olson DE 2:32.21
3. Jacobson ZM 2:33.66
4. Holtz PEM 2:35.06
5. Miner LFC 2:36.00
6. McCullough PEM 2:38.13
7. Arndt LFC 2:38.82
8. Hall PEM 2:41.92

## Girls High Jump

1. Holtz PEM 5'0
2. Gehloff Waseca 4'10
- 3t. Hubbard PEM 4'8
- 3t. Holm ZM 4'8
- 5t. Lee DE 4'6
- 5t. Breitsprecher LFC 4'6
7. Doughty PEM 4'6
8. Herman Waseca 4'6

## Girls Pole Vault

1. Miner LFC 9'6
2. Brazee LFC 9'0

3. Bale DE 9'0
4. Jurgenson PEM 8'6
5. Ranta PEM 7'6
6. Pederson Waseca 7'6
7. **Fabre SC 7'6**

## Girls Long Jump

1. Shindelar PEM 17'4.5
2. Nelson DE 15'5.5
3. Haag ZM 15'5
4. Bale DE 15'4.5
5. Augustine PEM 14'8
6. Sylvester PEM 14'6.5
7. Ruud LFC 14'3
- 8t. Sylvester PEM 14'1
- 8t. **Smith SC 14'1**

## Girls Triple Jump

1. McCullough PEM 33'6
2. Bale DE 32'7
3. Holtz PEM 32'4
4. **Smith SC 31'9**
- 5t. **Fabre SC 31'4.5**
- 5t. Herman Waseca 31'4.5
7. Augustine PEM 31'2
8. Wolf Waseca 31'1

## Girls Shot Put

1. Hart PEM 37'8.25
2. Highum Waseca 36'7.5
3. Kearn DE 35'4
4. Finstuen DE 32'2.75
5. Miller ZM 31'0.75
6. Breck Waseca 27'9.25
7. Standinger PEM 27'5
8. Rahman PEM 26'3.25

## Girls Non Placing Performances

Hulshizer 22.52  
Davis 22.78, 1:01.84  
Mitchell 16.01  
Ness 1:15.28  
Hongerholt 54'10, 20'4.25  
McDonough 22'8.75

## Letter Points

Lydia—7  
Anna F—7  
Ana F—8.5  
Anna S—13  
Bianca—4

# THREE RIVERS CONFERENCE CHAMPIONSHIPS—MAY 14<sup>th</sup>, 2016

## Women Team Rankings

1. PEM 233
2. DE 151
3. LaCre 117
4. RP 98
5. Cotter 72.5
6. CHAT 72
7. Cal 58
8. LA 40
9. WK 38
- 10. SC 31.5**

## Girls 100M Dash

1. Schroeder Cal 12.72
2. Sweet RP 13.02
3. Nichols Cotter 13.25
4. Agrimson RP 13.27
5. Miller LA 13.44
6. Coniff Cal 13.47
7. Bale DE 13.66
8. McCullough PEM 13.66

## Girls 200M Dash

1. Shindelar PEM 27.10
2. Sweet RP 27.52
3. Miller LA 28.12
4. Richter DE 28.32
- 5. Smith SC 28.34**
6. Sylvester PEM 28.50
7. Hopp CHAT 28.75
8. Steiger LaCre 28.84

## Girls 400M Dash

1. Holtz PEM 1:02.71
- 2. Smith SC 1:03.92**
3. Schieber Cal 1:04
4. Kingsley PEM 1:05.80
5. Anderson PEM 1:06.49
6. Lee DE 1:06.84
7. Wagner Cal 1:07.09
8. Haxton WK 1:08.21

## Girls 800M Run

1. Sholing WK 2:21.94
2. Ping Cotter 2:24.29
3. Baudek LaCre 2:25.11
4. Bierman LaCre 2:34.51
5. Olson DE 2:36.69
6. McCullough PEM 2:28.48
7. Flanagan Cotter 2:38.97
8. Hanenberger DE 2:39

## Girls 1600M Run

1. Ping Cotter 5:06.90
2. Stucky PEM 5:39.96

3. Holtz PEM 5:47.53
4. Arnold Cotter 5:50.66
5. Schmidt DE 5:51.92
6. Doughty PEM 5:52.94
7. Haake LA 5:55.47
- 8. Loechler SC 5:56.15**

## Girls 3200M Hurdles

1. Arnold Cotter 12:27.34
2. Juenemann DE 13:07.28
3. Clark PEM 13:09.90
4. Didier RP 13:28.91
5. Maker CHAT 13:33.06
6. Steffes LaCre 13:43.90
7. Martin CHAT 13:45.18
8. Franzose LaCre 14:03.65

## Girls 100M Hurdles

1. Shepardson LaCre 16.73
2. Richter DE 17.05
3. Pederson CHAT 17.72
4. Koll Cotter 17.76
5. Holien RP 17.89
6. Baudek LaCre 17.98
7. Parlin Cotter 18.09
8. Zehnder Cal 18.27

## Girls 300M Hurdles

1. Shepardson LaCre 47.26
2. Richter DE 47.42
3. McCullough PEM 50.32
4. Pederson CHAT 50.79
5. Sylvester PEM 51.05
6. Baudek LaCre 53.11
7. Salerno CHAT 54.69
8. Thompson PEM 54.76

## Girls 4x100M Relay

1. Cal 52.39
2. PEM 52.39
3. LaCre 53.44
4. RP 54.05
5. CHAT 54.37

## **6. SC 55.31**

### **O'Hara, Ferden**

### **Harris, Fabre**

7. Cotter 55.86
8. LA 58.14

## Girls 4x200M Relay

1. PEM 1:50.85
2. LaCre 1:51.98
3. Cal 1:55.22
- 4. SC 1:55.90 O'Hara, Ferden  
Fabre, Smith**

5. CHAT 1:56.40
6. DE 1:59.48
7. Cotter 2:00.46
8. LA 2:02.56

## Girls 4x400M Relay

1. PEM 4:16.46
2. DE 4:19.24
3. LaCre 4:23.68
4. CHAT 4:33.84
5. Cotter 4:46.48
6. LA 4:50.87
7. RP 4:52.91
8. WK 4:58.03

## Girls 4x800M Relay

1. DE 10:19.92
2. PEM 10:26.15
3. WK 10:36.23
4. RP 11:44.71
5. CHAT 11:50.76
6. LaCre 11:57.16

## Girls High Jump

1. Holtz PEM 5'1
2. Magnuson DE 4'8
3. Hubbard PEM 4'8
4. Dryden LaCre 4'8
5. Miller LA 4'8
6. King Cal 4'8
7. Doughty PEM 4'8
8. Dokken CHAT 4'6

## Girls Pole Vault

1. Bale DE 8'0
- 2t. Friederichs CHAT 8'0
- 2t. Jurgensen PEM 8'0
- 4t. Lind RP 7'0
- 4t. Anderson PEM 7'0
- 4t. Ranta PEM 7'0
- 7. Fabre SC 7'0**
8. Prigge LA 7'0

## Girls Long Jump

1. Shindelar PEM 17'1.5
2. Shepardson LaCre 15'6
3. Bell CHAT 15'3.75
4. Agrimson RP 15'3.5
5. Nelson DE 15'3
6. Lawston RP 14'8.5
7. Conniff Cal 14'8.25
8. Augustine PEM 14'5.75

### Girls Triple Jump

1. McCullough PEM 34'0.5
2. Bieberdorf RP 32'7.5
3. Bale DE 32'1
4. Steiger LaCre 32'0.75
5. Holtz PEM 31'11.75
6. Nelson DE 31'8
7. Augustine PEM 31'6.5
8. **Smith SC 31'4.75**

### Girls Shot Put

1. Hart PEM 39'2.5
2. Kern DE 35'5.25
3. Schmoker WK 34'1.5
4. Blagsvedt RP 33'2
5. Finstuen DE 31'6.75
6. Holland RP 30'4
7. Kamooneh LA 27'9.75
8. Ness Cal 27'7.5

### Girls Discus Throw

1. Finstuen DE 116'7
2. Dryden LaCre 109'9
3. Holland RP 106'2
4. Mundt LA 105'6
5. Schmoker WK 93'11
6. Rother PEM 93'11
7. Standinger PEM 90'3
8. Erickson CHAT 83'8

### Girls Non Placing Performances

Mitchell 15.43, 32.09  
Harris 14.20, 4'4  
O'Hara 29.61  
Ness 1:16.76, 4'4  
Hulshizer 21.67  
Davis 21.88, 59.99, 11'2  
Fabre 30'7.50  
Hongerholt 20'2.75, 46'0  
McDonough 22'9.2

### Letter Points

Anna—19.5  
Macy—2  
Ana—8  
Anna F—5  
Lydia—5  
Bianca—2

# DOVER-EYOTA INVITE—MAY 19<sup>th</sup>, 2016

## Team Scores:

1. Dover-Eyota 137
2. LFC 102
3. Chatfield 84
4. Zumbrota-Mazeppa 77
5. Caledonia/Spring Grove 71
6. Lewiston-Altura 52
7. RP/H 40.50
8. **Saint Charles 34.50**

## 100 Meter Dash

1. Schroeder Cale 12.70
2. Miller LA 13.39
3. Conniff Cale 13.57
4. Bale DE 13.63
5. Nichols Z-M 13.68
6. **Fabre SC 13.77**
7. King Cale 13.89

## 200 Meter Dash

1. Schroeder Cale 26.10
2. Miller LA 27.88
3. Schieber Cale 28.27
4. **Fabre SC 28.46**
5. Yeakel ZM 28.50
6. Lee DE 28.64
7. Snyder LFC 28.99

## 400 Meter Dash

1. **Smith SC 1:03.52**
2. Olson DE 1:03.57
3. Wagner Cale 1:04.57
4. Yeakel ZM 1:05.46
5. Birkholz DE 1:07.91
6. Hinckley Chat 1:09.10
7. Beebe ZM 1:13.08

## 800 Meter Run

1. Smith LFC 2:27.42
2. Schmidt DE 2:33.34
3. **Loechler SC 2:39.86**
4. Mauseth DE 2:47.49
5. Holm ZM 2:50.11
6. Woltz Chat 2:51.98
7. Linder RP 2:53.44

## 1600 Meter Run

1. Jacobson ZM 5:45.01
2. Haake LA 6:02.80
3. Berg Chat 6:04.32
4. Biel LFC 6:41.27
5. Alders ZM 6:50.09
6. Watkins DE 6:55.69
7. Walsh Chat 7:05.26

## 3200 Meter Run

1. Olson LFC 12:05.09
2. Arndt LFC 12:42.05

## 100 Meter Hurdles

1. Haag ZM 16.53

2. Richter DE 17.23
  3. Pederson Chat 17.66
  4. Glynn DE 17.82
  5. Zehnder Cale 17.85
  6. Holien Rush 18.37
  7. Eversole LFC 19.38
- ## 300 Meter Hurdles
1. Richter DE 47.39
  2. Breitsprecher LFC 47.86
  3. Pederson Chat 50.82
  4. Salerno Chat 53.82
  5. Eversole LFC 54.38
  6. Fredrickson ZM 55.81
  7. Decker LFC 57.50

## 4x100 Meter Relay

1. Rushford 52.66
2. Caledonia 53.11
3. **SC 53.62**

## O'Hara, Harris, Smith, Fabre

4. Chatfield 54.15
5. DE 54.19
6. Zumbrota 54.60
7. Lewiston 56.70

## 4x200 Meter Relay

1. Caledonia 1:56.20
2. Lanesboro 1:56.26
3. Chatfield 1:56.45
4. Zumbrota 1:57.72
5. Zumbrota B 2:03.70
6. Chatfield B 2:04.05
7. Rushford B 2:06.64

## 4x400 Meter Relay

1. Lanesboro 4:07.92
2. DE 4:16.02
3. Chatfield 4:26.05

## 4x800 Meter Relay

1. Lanesboro 9:57.81
2. DE 10:37.28
3. Chatfield 11:28.39
4. Chatfield B 11:56.61
5. Lewiston 12:11.84

## High Jump

1. Holm ZM 4-10.00
2. Warren Chat 4-08.00
3. Lee DE 4-08.00
4. King Cale 4-06.00
5. Dokken Chat 4-06.00
6. Wagner Cale 4-06.00
7. Birholz DE 4-06.00

## Pole Vault

1. Miner LFC 9-00.00
2. Bale DE 9-00.00
3. Friedrichs Chat 8-00.00
4. **Fabre SC 7-06.00**
5. Lind Rush 7-06.00

6. Donlinger LFC 7-00.00
7. Prigge LA 7-00.00

## Long Jump

1. Nelson DE 14-07.75
2. Haag ZM 14-06.50
3. Ruud LFC 14-03.50
4. Bell Chat 14-00.75
5. Woellner Rush 13-10.75
6. Lawston Rush 13-09.50
7. Neldner LA 13-08.75

## Triple Jump

1. Ruud LFC 31-01.00
2. Bale DE 30-09.00
3. Nichols ZM 29-10.00
4. Seymour Cale 29-06.50
5. **Smith SC 29-02.00**
6. Schmitz LA 29-00.00
7. Neldner LA 28-11.00

## Shot Put

1. Kearn DE 37-06.00
2. Blagsvedt Rush 33-10.00
3. Miller ZM 33-01.50
4. Kamonneh LA 28-08.00
5. Soulier LA 28-05.50
6. Erickson Chat 27-09.00
7. Ness Cale 27-01.00

## Discus Throw

1. Finstuen DE 120-04
2. Mundt LA 106-10
3. Holland Rush 105-03
4. Blagsvedt Rush 102-04
5. Erickson Chat 87-05
6. Miller ZM 83-08
7. Kearn DE 83-06

## Non-scoring Perf

- O'Hara 14.10  
Ferden 14.38  
Ness 15.32, 32.10, 4-04.00  
Davis 21.41, 1:02.23, 10-08.50  
Hulshizer 21.74  
Harris 4-04.00  
McDonough 21-11.50, 74-01  
Hongerholt 20-07.00, 53.01

## Letter Points:

- Ana—12.5  
Anna—16  
Macy—6  
Lydia—3  
Bianca—3



## SECTION 1A SUBSECTION 3 MEET (ELGIN)—MAY 14<sup>th</sup>, 2016

### Team Scores

1. PEM 207.5
2. LC 127.5
3. Lourdes 105
4. DE 98.5
5. WK 46.5
6. Schaeffer 36
7. LA 36
8. **SC 31**

### 100 Meter Dash

1. Shindelar PEM 12.75
2. Miller LA 13.25
3. Adler LC 13.29
4. McCullough PEM 13.45
5. Brunn LC 13.60
6. Amundson Schaeffer 13.67
7. Bale DE 13.69
8. Wolf PEM 13.75

### 200 Meter Dash

1. Shindelar PEM 26.83
2. Ziller Lourdes 27.03
3. Miller LA 27.80
4. Corey LC 28.05
5. Hanson Schaeffer 28.22
6. Ziebell LC 28.24
7. Einertson Lourdes 28.39
8. McCullough PEM 28.71

### 400 Meter Dash

1. Holtz PEM 1:01.02
2. Hanson Schaeffer 1:01.65
3. **Smith SC 1:02.54**
4. Harris Schaeffer 1:03.89
5. Hall PEM 1:05.24
6. Kingsley PEM 1:05.39
7. Jostock LC 1:05.57
8. Hanenberger DE 1:05.64

### 800 Meter Run

1. Sholing WK 2:21.02
2. Gossman Lourdes 2:27.42
3. Peterson Schaeffer 2:28.69
4. Holtz PEM 2:32.26
5. McCullough PEM 2:37.60
6. Heitman LC 2:39.59
7. Tjossem Lourdes 2:40.29
8. Harris Schaeffer 2:40.59

### 1600 Meter Run

1. Sailer WK 5:45.79
2. **Loechler SC 5:46.69**
3. Clark PEM 5:53.88
4. Haake LA 6:03.72

5. Doughty PEM 6:09.76
6. Nelson LC 6:12.76
7. Bauer Lourdes 6:18.99
8. Dao Lourdes 6:33.99

### 3200 Meter Run

1. Stucky PEM 12:24.05
2. Renier Lourdes 12:34.01
3. Renelt LC 12:47.49
4. Degen Lourdes 13:10.14
5. Clark PEM 13:26.36
6. Weiss WK 13:50.57
7. Keller LC 14:01.53
8. Bauer Lourdes 14:22.87

### 100 Meter Hurdles

1. Richter DE 16.82
2. Pennington LC 17.21
3. Glynn DE 17.22
4. Hanson Schaeffer 17.57
5. Grace Weinrich LC 17.91
6. Taylor Thompson PEM 17.99
7. Gruszynski Lourdes 18.78
8. Talle WK 20.03

### 300 Meter Hurdles

1. Richter DE 47.41
2. McCullough PEM 48.85
3. Pennington LC 49.73
4. Weinrich LC 52.28
5. Thompson PEM 53.13
6. Gruszynski Lourdes 55.79
7. Downs Lourdes 56.84
8. Fick LC 57.06

### 4x100 Meter Relay

1. LC 52.20
2. Lourdes 52.38
3. PEM 52.53
4. **SC 53.38**
5. DE 53.98
6. LA 56.52
7. WK 1:02.47

### 4X200 Meter Relay

1. PEM 1:48.96
2. LC 1:50.61
3. Lourdes 1:51.34
4. **SC 1:54.48**
5. Schaeffer 2:00.19
6. LA 2:01.22
7. DE 2:01.94

### 4x400 Meter Relay

1. PEM 4:08.45

2. LC 4:10.27
3. DE 4:13.86
4. Lourdes 4:29.84
5. WK 4:42.10

### 4X800 Meter Relay

1. DE 10:01.07
2. LC 10:09.65
3. Lourdes 10:22.98
4. PEM 10:26.38
5. WK 10:47.93

### High Jump

1. Holtz 5-00.00
2. Green LC 4-10.00
3. Heitman LC 4-10.00
4. Hubbard PEM 4-08.00
5. Kielty Lourdes 4-08.00
6. Lee DE 4-06.00
7. Doughty PEM 4-06.00
8. Magnuson DE 4-06.00

### Pole Vault

1. Jurgensen PEM 8-10.00
2. Bale DE 8-10.00
3. Cordes Lourdes 8-04.00
4. Jurgensen PEM 7-10.00
5. **Fabre SC 7-10.00**
6. Ranta PEM 7-04.00
7. Prigge LA 7-04.00
8. Poss LC 6-10.00

### Long Jump

1. Shindelar PEM 16-02.50
2. Adler LC 16-01.75
3. Cordes Lourdes 15-01.50
4. Nelson DE 14-08.25
5. Anderson LC 14-02.50
6. Talwalkar Lourdes 13-11.26
7. Augustine PEM 13-10.00
8. Holtz PEM 13-09.75

### Triple Jump

1. McCullough PEM 33-10.25
2. Nelson DE 33-00.00
3. Holtz PEM 32-07.00
4. Patel Lourdes 32-05.50
5. Anderson LC 32-04.00
6. **Fabre SC 31-10.25**
7. Bale DE 31-09.50
8. Brunn LC 31-02.75

### Discus Throw

1. Thompson Lourdes 116-00
2. Finstuen DE 114-00

3. Mundt LA 107-03
4. Hart 97-10
5. Schmoker WK 97-03
6. Rother PEM 97-03
7. Standinger PEM 93-06
8. Beisell WK 85-10

Shot Put

1. Hart PEM 38-08.50
2. Kern DE 35-04.50
3. Schmoker WK 32-06.50
4. Finstuen DE 32-03.75
5. Jostock LC 28-06.75
6. Kamooneh LA 28-01.50
7. Thompson Lourdes 28-00.25
8. Nelson WK 27-11.00

Non-placing Perf:

Harris 14.02, 4-02  
Mitchell 15.03, 31.85  
Ness 15.57, 1:16.14, 4-02  
O'Hara 28.89  
Loechler 2:41.94  
Davis 21.64, 1:02.33, 11-01.50  
Hulshizer 22.16  
Smith 30-10.25  
McDonough 77-09, 23-08.00  
Hongerholt 47-01, 18-03.75

Letter Points:

Anna—11  
Ana—12  
Macy—8  
Lydia—5  
Bianca—2.5  
Anna F—2.5

# SECTION 1A CHAMPIONSHIP—MAY 31<sup>st</sup>/JUNE 2<sup>nd</sup>, 2016—Triton

## Girls 400 Meter Dash

**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

=====				
Meet Record: M		57.46	1993	Trisha Schumacher (Plainview)
		58.73	QUAL	
Name	Year	School	Prelims	H#
=====				
<b>Preliminaries</b>				
1	Lauren Buchholtz	9 Grand Meadow	1:00.03Q	1
2	Chloe Holtz	12 Plainview-El	1:00.56Q	2
3	Ashley Miner	10 Lanesboro/Fi	1:00.75q	1
4	Hailey Lewis	7 Stewartville	1:01.34q	2
5	Maria Schieber	10 Caledonia/Sp	1:01.36q	1
6	Tess Hokanson	10 Kenyon-Wanamingo	1:01.50q	2
7	Julianne Hanson	10 Schaeffer Academy	1:01.52q	2
8	Breigh Bierman	10 La Crescent	1:01.55q	1
<b>9</b>	<b>Anna Smith</b>	<b>11 St. Charles</b>	<b>1:02.02</b>	<b>1</b>
10	Riley Queensland	8 Grand Meadow	1:02.50	2
11	Lana Yeakel	9 Zumbrota-Mazepa	1:03.74	1
12	Danielle Hansen	12 Cannon Falls*	1:04.07	2

## Girls 1600 Meter Run

=====					
Meet Record: M		4:51.00	2013	Emi Trost (Cannon Falls)	
		5:11.66	QUAL		
Name	Year	School	Finals	Points	
=====					
1	Grace Ping	7 Cotter*	5:04.04 QUAL	12	
2	Taylor Kreitinger	9 Byron	5:09.79 QUAL	10	
3	Courtney West	10 Triton	5:15.26	8	
4	Kayla Christophers	9 Lyle-Pacelli*	5:21.87	6	
5	Katherine Hoffman	12 Cannon Falls*	5:22.96	5	
6	Skyler Jacobson	10 Zumbrota-Mazepa	5:27.45	4	
7	Sophie Epps	9 Cannon Falls*	5:29.41	3	
8	Kailee Malone	8 Stewartville	5:37.15	2	
9	Nell Graham	9 Triton	5:42.28		
10	Kaylee Arndt	7 Lanesboro/Fi	5:47.91		
<b>11</b>	<b>Macy Loechler</b>	<b>9 St. Charles</b>	<b>5:49.52</b>		
12	Olivia Sailer	10 Wabasha-Kellogg	5:50.43		
13	Linnea Clark	11 Plainview-El	5:53.14		
14	Emily Didier	9 Rushford-Pet	5:53.83		

# AWARDS—2016

Captain: Analise Fabre, Allie McDonough, Anna Smith

Letter Winners: Anna Smith, Analise Fabre, Lydia O'Hara, Bianca Harris, Macy Loechler, Anna Ferden, Allie McDonough, Grace Davis, Ivy Hulshizer

Top 5 Scorers: Anna Smith (189.5), Analise Fabre (182.5), Lydia O'Hara (108.5), Bianca Harris (83.5), Macy Loechler (68)

Conference Placers: Anna Smith (200, 400, TJ), Macy (800), 4x100 (Lydia O'Hara, Anna Ferden, Anna Smith, Analise Fabre), 4x200 (Lydia O'Hara, Anna Ferden, Anna Smith, Analise Fabre).

All-Conference: Anna Smith

Subsection Placers: Anna Smith (400, 3<sup>rd</sup>), Macy Loechler (1600, 2<sup>nd</sup>), 4x100 (O'Hara, Harris, Smith, Fabre—4<sup>th</sup>), 4x200 (O'Hara, Ferden, Fabre, Smith—4<sup>th</sup>), Analise Fabre (PV, 5<sup>th</sup>, and TJ, 6<sup>th</sup>)

Section Meet Qualifiers: Anna Smith (400), Macy Loechler (1600)

Section Meet Placers: none

MSHSL Honor Roll Qualifiers: Anna Smith (400)

\* \* \* \* \*

There are three team awards presented each year in recognition of exceptional performance and contribution to the Saint Charles Track and Field team and the Saint Charles Track and Field program. These awards in no way should be interpreted as being given to the only people who met the criteria. They are awards given to those individuals by their teammates in recognition of what the team feels are *exceptional* contributions.

MOST VALUABLE: Awarded each year to the team's leading scorer

**2015 Most Valuable Award: Anna Smith**

MOST IMPROVED: The recipient of the Most Improved Athlete award is not be based solely on statistics. Rather, it is given to an athlete who, through their hard work, dedication, and perseverance, noticeably improved their performances AND, as a result, helped improve the team's performances. This may be an improvement from last season to this season, or (in the case of a first-year athlete) from the beginning of this season to the end.

**2015 Most Improved Award: Macy Loechler**

MOST DEDICATED: Given each year to an athlete whose dedication goes beyond their own events; this award goes to the athlete who is most dedicated to the St. Charles Track and Field program. These athletes are not necessarily the top performers. Recipients of this award are dedicated not only to their own performances, but also the performances of their teammates and of the program as a whole. They are dedicated to a positive attitude and positive environment, at practice, meets, and school. They are dedicated to working hard, and enabling and inspiring others to work hard as well. They are dedicated not only to the present of this program, but making sure to put their positive stamp on the program's future as well.

**2015 Most Dedicated Award: Ebony Mitchell**

2017 Captains: Anna Smith, Ana Fabre

# ST. CHARLES TRACK AND FIELD AWARDS HISTORY

2014—present

YEAR	Most Valuable	Most Improved	Most Dedicated
2014	Analise Fabre	Anna Smith	Allie McDonough
2015	Anna Smith	Macy Loechler	Katherine Smith
2016	Anna Smith	Macy Loechler	Ebony Mitchell

## CAPTAINS

2014: Katherine Smith, Abbey Ludens

2015: Katherine Smith

2016: Allie McDonough, Anna Smith, Analise Fabre

2017: Anna Smith, Analise Fabre

## All-Conference:

2014: none

2015: none

2016: Anna Smith

## Section Qualifiers

2014: Abby Ludens (triple jump), Anna Smith (400)

2015: 4x100 Meter Dash (Lydia O'Hara, Anna Ferden, Bianca Harris, Analise Fabre), Bianca Harris (100)

2016: Anna Smith (400), Macy Loechler (1600)

# ST. CHARLES SAINTS GIRLS HONOR ROLL

## 2014-present

### 100 Meter Dash

1.	Analise Fabre	2014	13.61
2.	Bianca Harris	2015	13.76
3.	Anna Smith	2015	14.09
4.	Lydia O'Hara	2016	14.10
5.	Anna Ferden	2016	14.38
6.	Sammy Pietrzak	2014	14.87
7.	Ebony Mitchell	2016	15.03
8.	Ivy Hulshizer	2016	15.30
9.	Taylor Ness	2016	15.32
10.	Grace Davis	2016	15.77

### 200 Meter dash

1.	Anna Smith	2014	28.13
2.	Analise Fabre	2016	28.46
3.	Lydia O'Hara	2016	28.98
4.	Bianca Harris	2015	29.93
5.	Ashley Paul	2016	31.85
6.	Ebony Mitchell	2016	31.85
7.	Jenny Kramer	2015	32.05
8.	Taylor Ness	2016	32.10
9.	Sammy Pietrzak	2014	32.13
10.	Ivy Hulshizer	2015	32.61

### 400 Meter dash

1.	Anna Smith	2016	1:02.02
2.	Abby Ludens	2014	1:06.38
3.	Lydia O'Hara	2015	1:08.38
4.	Jenny Kramer	2015	1:12.41
5.	Mimi Kivi	2014	1:13.03
6.	Lydia O'Hara	2015	1:15.28
7.	Vanessa Perez	2015	1:15.76
8.	Ivy Hulshizer	2015	1:18.97
9.	Bianca Harris	2015	1:23.76

### 400 Meter Split

1.	Anna Smith	2015	1:03.44
2.	Lydia O'Hara	2015	1:07.10
3.	Katherine Smith	2015	1:10.00
4.	Ashley Paul	2016	1:11.65
5.	Vanessa Perez	2015	1:11.70
6.	Taylor Ness	2016	1:13.27
7.	Jaclyn Storey	2015	1:14.00
8.	Anna Ferden	2015	1:15.00
9.	Anna Daood	2016	1:16.00
10.	Bianca Harris	2015	1:18.30

### 800 Meter Run

1.	Macy Loechler	2016	2:39.86
2.	Anna Daood	2016	2:50.69
3.	Piper Krenik	2016	2:50.74
4.	Jaclyn Storey	2015	2:53.22
5.	Allison Hansen	2015	2:53.34
6.	Lilli Shea	2015	2:55.78
7.	Evelyn Daood	2014	3:00.40
8.	Taylor Mueller	2016	3:00.70
9.	Grace Davis	2015	3:03.38
10.	Tori Kittleson	2015	3:08.86

### 800 Meter Run (split)

1.	Macy Loechler	2015	2:36.31
2.	Anna Smith	2015	2:50.53
3.	Piper Krenik	2015	2:51.60
4.	Jaclyn Storey	2015	2:52.73
5.	Lilli Shea	2015	2:57.72
6.	Grace Davis	2015	3:03.85

### 1600 Meter Run

1.	Macy Loechler	2016	5:46.69
2.	Vanessa Perez	2015	6:00.99
3.	Evelyn Daood	2014	6:18.69
4.	Anna Daood	2016	6:20.26
5.	Allison Hansen	2015	6:33.28
6.	Courtney Dayland	2014	6:33.62
7.	Taylor Mueller	2016	6:35.48
8.	Jaclyn Storey	2015	6:37.03
9.	Tori Kittleson	2015	6:53.53
10.	Grace Davis	2015	6:55.42

### 3200 Meter run

1.	Evelyn Daood	2014	13:02.64
2.	Lilli Shea	2015	13:34.07
3.	Jaclyn Storey	2015	14:45.20

### 100 Meter Hurdles

1.	Katherine Smith	2015	18.19
2.	Mimi Kivi	2015	19.93
3.	Grace Davis	2016	21.41
4.	Ivy Hulshizer	2016	21.51
5.	Lydia O'Hara	2014	22.26
6.	Anna Ferden	2015	26.37

### 300 Meter Hurdles

1.	Katherine Smith	2014	53.81
2.	Mimi Kivi	2015	59.77
3.	Grace Davis	2016	59.99
4.	Anna Ferden	2015	1:00.26
5.	Ivy Hulshizer	2016	1:08.27

### High Jump

1.	Bianca Harris	2015	4-08.00
2.	Taylor Ness	2016	4-04.00
3.	Allie McDonough	2015	4-02.00
4.	Christina McDonough	2015	3-10.00
5.	Madison Snyder	2016	3-10.00
6.	Hannah Fynboh	2016	3-08.00
7.	Macy Loechler	2015	3-08.00

### Long Jump

1.	Katherine Smith	2014	14-08.00
2.	Anna Smith	2016	14-01.00
3.	Jenny Kramer	2015	12-07.00
4.	Mimi Kivi	2015	12-00.00
5.	Vanessa Perez	2015	11-10.00
6.	Grace Davis	2016	11-09.59
7.	Piper Krenik	2015	11-09.00
8.	Ashley Paul	2016	11-06.25
9.	Hannah Fynboh	2016	10-11.00
10.	Gabby Stowell	2016	10-02.00

**Triple Jump**

1. Abby Ludens	2014	34-02.75
2. Analise Fabre	2015	32-00.05
3. Anna Smith	2016	31-09.00
4. Katherine Smith	2014	28-05.00

**Pole Vault**

1. Analise Fabre	2015	8-02.00
2. Courtney Dayland	2014	7-00.00
3. Ivy Hulshizer	2015	6-00.00
4. Madison Snyder	2016	5-00.00

**Shot Put**

1. Allie McDonough	2016	23-08.00
2. Lillie Shea	2014	22-08.00
3. Erin Hongerholt	2016	22-03.50
4. Sammy Pietrzak	2014	20-06.50

**Discus**

1. Allie McDonough	2016	80-10
2. Sammy Pietrzak	2015	66-08
3. Lilli Shea	2014	58-04
4. Erin Hongerholt	2016	55-03.5

**4x100:** L. O'Hara, Harris, Smith, Fabre—53.38—2016

**4x200:** L. O'Hara, Ferden, Fabre, Smith—1:54.48—2016

**4x400:** K. Smith, Perez, O'Hara, A. Smith--4:37.75--2015

**4x800:** Loechler, Storey, Krenik, Shea—11:18.16--2015

## SAINT CHARLES SAINTS ALL TIME TRACK AND FIELD RECORDS

<b>4 X 800 M</b>	Kirsten Mueller, Jenna Jensen, Katie Mueller, Amber Mazzitelli	9:55	
<b>100 HH</b>	Melissa Koenig	16.8	
<b>100M</b>	Kristen Benedett	12.96	
<b>4 X 200M</b>	Jodi Habeck, Amy Clausen Kathy Benedett, Cathy Siebenaler	1:49.2	1992
<b>1600M</b>	Rochelle Swiggum	5:19.95	
<b>4 X 100 M</b>	Melissa Koenig, Kathy Benedett, Amy Clausen, Cathy Siebenaler	51.3	
<b>400 M</b>	Kaitlin Gathje	60.21	2010
<b>300 LH</b>	Brigid Smith	47.91	
<b>800 M</b>	Kirsten Mueller	2:24.97	
<b>200 M</b>	Sue Jones	26.6	
<b>3200 M</b>	Rochelle Swiggum	11 :34.40	
<b>4 X 400 M</b>	Bridgid Smith, Ahna Buntrock Brandi Blattner, Kaitlyn Gathje	4:05.54	2011
<b>High Jump</b>	Amie Siebenaller	5-05.00	
<b>Long Jump</b>	Amie Siebenaller	17-00.00	
<b>Triple Jump</b>	Abby Ludens	34-08.75	2013
<b>Shot</b>	Chloe Spaeth	35-08.00	
<b>Discus</b>	Karen Koenig	135-09.75	
<b>Pole Vault</b>	Paige Devine Kaitlyn Gathje	8-06.00 8-06.00	