

SAINT CHARLES SAINTS GIRLS TRACK AND FIELD



2018

2018 DEPTH CHART

100 Meter Dash:

1. Lindsey Root — 13.37 (**Conf.—5/12**)
2. Antonia Smith—13.59 (**Conf.—5/12**)
3. Katie Kramer — 13.91 (**Subs—5/23**)
4. Bianca Harris — 14.31 (**Subs—5/23**)
5. Abbie Disbrow — 14.40 (Good Weather—4/12)
6. Katie Dailey — 14.77 (Cotter—5/17)
7. Ebony Mitchell — 14.91 (**Subs—5/23**)
8. Claire Dorman — 15.36 (**JH Conf.—5/15**)
9. Ashley Paul — 15.41 (Good Weather—4/12)
10. Erin Torres — 15.46 (JH Conf.—5/15)
11. Lydia O'Hara — 15.57 (Good Weather—4/12)
12. Liz Montgomery — 16.10 (Cotter—5/17)
13. Isabelle Gray — 16.64 (JH Conf.—5/15)
14. Taylin Andring — 16.72 (PEM JH—4/12)
15. Sophia Littlefield — 17.35 (JH Conf.—5/15)
16. Brynna Wilson — 17.60 (PEM JH—4/27)

200 Meter Dash:

1. Antonia Smith — 27.83 (Cotter—5/17)
2. Lindsey Root — 27.85 (**TRUE TEAM—5/8**)
3. Abbie Disbrow — 28.90 (Good Weather—4/12)
4. Lucia Smith — 29.22 (LA—4/27)
5. Lydia O'Hara — 29.37 (**Subs—5/23**)
6. Ebony Mitchell — 30.88 (Cotter—5/17)
7. Katie Kramer — 30.90 (Good Weather—4/12)
8. Piper Krenik — 31.75 (Good Weather—4/12)
9. Claire Dorman — 32.32 (LA JH—5/10)
10. Taylin Andring — 33.28 (LA JH—5/10)
11. Liz Montgomery — 33.52 (**Subs—5/23**)
12. Erin Torres — 33.53 (PEM JH—4/27)
13. Isabelle Gray — 34.58 (JH Conf.—5/15)
14. Sophia Littlefield — 36.13 (JH Conf.—5/15)
15. Brynna Wilson — 37.25 (PEM JH—4/27)

400 Meter Dash:

1. Antonia Smith — 1:01.27 (**Sections—5/31**)
2. Lindsey Root — 1:04.25 (Verne Herman—4/24)
3. Gabby Stowell — 1:05.15 (**Subs—5/23**)
4. Piper Krenik — 1:08.01 (**Conf.—5/12**)
5. Erin Torres — 1:20.12 (DE JH—4/23)
6. Claire Dorman — 1:22.55 (DE JH—4/23)

400 Meter Splits:

1. Lindsey Root — 1:02.32 (**Subs—5/23**)
2. Antonia Smith — 1:02.91 (**Subs—5/23**)
3. Lucia Smith — 1:06.13 (**Subs—5/23**)
4. Gabby Stowell — 1:06.57 (Cotter—5/17)
5. Celia Cole — 1:07.81 (**Subs—5/23**)
6. Ashley Paul — 1:10.63 (Verne Herman—4/24)
7. Abbie Disbrow — 1:11.12 (LA—4/27)
8. Anna Daood — 1:11.79 (Cotter—5/17)
9. Jenny Kramer — 1:11.98 (Verne Herman—4/24)
10. Piper Krenik — 1:12.00 (Good Weather—4/12)
11. Erin Torres — 1:12.00 (JH Conf.—5/15)
12. Brooke Spaulding — 1:13.24 (Cotter—5/17)
13. Lydia O'Hara — 1:15.00 (Good Weather—4/12)
14. Alayna Repts — 1:15.00 (JH Conf.—5/15)
15. Taylin Andring — 1:16.89 (PEM 7-10—5/5)
16. Reliegh Hoover — 1:17.76 (PEM 7-10—5/5)
17. Olivia Drath — 1:21.89 (PEM 7-10—5/5)

800 Meter Run:

1. Celia Cole — 2:40.16 (**Subs—5/23**)
2. Anna Daood — 2:49.10 (**Subs—5/23**)
3. Brooke Spaulding — 2:51.47 (**Conf.—5/12**)
4. Allison Hansen — 2:59.25 (Cotter—5/17)

5. Alayna Repts — 3:00.28 (JH Conf.—5/15)
6. Olivia Drath — 3:10.27 (JH Conf.—5/15)
7. Tori Kittleson — 3:12.51 (Good Weather—4/12)
8. Reliegh Hoover — 3:14.12 (DE JH—4/23)

800 Meter Splits:

1. Celia Cole — 2:38.12 (**Conf.—5/12**)
2. Brooke Spaulding — 2:44.22 (**TRUE TEAM—5/8**)
3. Lucia Smith — 2:46.35 (LA—4/27)
4. Anna Daood — 2:46.48 (**Sections—5/31**)
5. Antonia Smith — 2:47.12 (LA—4/27)
6. Allison Hansen — 2:49.60 (**Sections—5/31**)
7. Jenny Kramer — 2:57.86 (**TRUE TEAM—5/8**)
8. Piper Krenik — 3:16.00 (Good Weather—4/12)
9. Tori Kittleson — 3:16.00 (Good Weather—4/12)

1600 Meter Run:

1. Allison Hansen — 6:04.84 (**TRUE TEAM—5/8**)
2. Celia Cole — 6:20.99 (Cotter—5/17)
3. Anna Daood — 6:26.63 (Cotter—5/17)
4. Alayna Repts — 6:35.39 (**TRUE TEAM—5/8**)
5. Ramona Eizentale — 6:49.56 (Stout—3/24)
6. Tori Kittleson — 7:04.12 (**Subs—5/23**)
7. Olivia Drath — 7:33.25 (LA JH—5/10)
8. Reliegh Hoover — 7:42.80 (PEM JH—4/12)

3200 Meter Run

1. Allison Hansen — 13:51.74 (**TRUE TEAM—5/8**)
2. Tori Kittleson — 14:32.21 (**TRUE TEAM—5/8**)
3. Anna Daood — 14:35.48 (Verne Herman—4/24)

100 Meter Hurdles

1. Lucia Smith — 18.25 (**Conf.—5/12**)
2. Ashley Paul —18.26 (**Subs—5/23**)
3. Abbie Disbrow — 18.76 (**Conf.—5/12**)
4. Jenny Kramer — 19.79 (**Subs—5/23**)
5. Gabby Stowell — 20.39 (**Subs—5/23**)
6. Leah Mundt — 21.22 (Good Weather—4/12)

300 Meter Hurdles

1. Lucia Smith — 50.10 (**Subs—5/23**)
2. Abbie Disbrow — 50.58 (**Subs—5/23**)
3. Ashley Paul — 52.86 (**Subs—5/23**)
4. Jenny Kramer — 57.30 (LA—4/27)
5. Gabby Stowell — 59.86 (Good Weather—4/12)
6. Leah Mundt — 1:00.70 (Good Weather—4/12)

High Jump

1. Lindsey Root — 4-08 (LA—4/27)
2. Leah Mundt — 4-08 (**TRUE TEAM—5/8**)
3. Katie Dailey — 4-07 (**Subs—5/23**)
4. Bianca Harris — 4-06 (Cotter—5/17)
5. Piper Krenik — 4-00 (Good Weather—4/12)
6. Ashley Paul — 4-00 (LA—4/27)
7. Sophia Littlefield — 3-08 (LA JH—5/10, JH Conf.—5/15)

Long Jump

1. Lindsey Root — 16-07.75 (**Conf.—5/12**)
2. Abbie Disbrow — 16-06.50 (Cotter—5/17)
3. Jenny Kramer — 13-10.75 (**Conf.—5/12**)
4. Claire Dorman — 12-11.00 (JH Conf.—5/15)
5. Katie Kramer — 12-04.00 (LA—4/27)
6. Taylin Andring — 12-03.50 (DE JH—4/23)
7. Olivia Drath — 11-08.00 (JH Conf.—5/15)
8. Leah Mundt — 11-07.00 (LA—4/27)

Triple Jump

1. Antonia Smith — 31-04.75 (**Conf.—5/12**)
2. Lucia Smith — 30-06.00 (**Conf.—5/12**)
3. Ashley Paul — 28-07.00 (**Conf.—5/12**)

Pole Vault

1. Katie Kramer — 7-00 (**TRUE TEAM—5/8**)

2. Katie Dailey — 6-07 (**Subs—5/23**)
3. Taylin Andring — 6-06 (PEM JH—4/27, PEM 7-10—5/5)
4. Erin Torres — 6-06 (JH Conf.—5/15)
5. Lydia O'Hara — 6-00 (Stout—3/24)
6. Brooke Spaulding — 5-00 (Good Weather—4/12)

Shot Put

1. Triniti Gbala — 28-06.75 (Stout—3/24)
2. Abby McCready — 26-09.50 (Verne Herman—4/24)
3. Sonia Howen — 26-00.00 (Verne Herman—4/24)
4. Bianca Harris — 23-06.00 (Lewiston—4/12)
5. Liz Muschler — 23-03.00 (LA—4/27)
6. Marit Ronneberg — 22-10.00 (PEM 7-10—5/5)
7. Annika O'Hara — 21-11.00 (Hayfield—4/27)
8. Hannah Bunke — 19-04.00 (LA—4/27)
9. Alexia Flores — 17-06.00 (LA JH—5/10)*

Discus

1. Sonia Howen — 85-10.00 (**Subs—5/23**)
2. Abby McCready — 75-02.00 (LA—4/27)
3. Triniti Gbala — 71-08.00 (**Subs—5/23**)
4. Liz Muschler — 65-03.00 (Cotter—5/17)
5. Marit Ronneberg — 64-00.00 (LA—4/27)
6. Annika O'Hara — 57-00.00 (LA—4/27)
7. Hannah Bunke — 53-03.00 (LA—4/27)
8. Alexia Flores — 43-05.00 (LA JH—5/10)

4x100 Meter Relay

1. L. Smith, J. Kamer, Disbrow, A. Smith — 54.22 (Cotter—5/17)
2. L. O'Hara, Harris, K. Kramer, Disbrow — 54.64 (**TRUE TEAM—5/8**)
3. L. O'Hara, Harris, A. Smith, K. Kramer — 55.23 (LA—4/27)
4. L. O'Hara, Dailey, Harris, K. Kramer — 55.26 (**Subs—5/23**)
5. L. O'Hara, K. Kramer, Disbrow, Root — 55.45 (Good Weather—4/12)
6. L. O'Hara, Dailey, Harris, K. Kramer — 56.12 (**Conf.—5/12**)
7. L. O'Hara, Dailey, Harris, K. Kramer — 56.33 (Cotter—5/17)
8. Paul, Stowell, A. Smith, Harris — 56.90 (Good Weather—4/12)
9. L. O'Hara, J. Kramer, Stowell, Harris — 58.08 (Verne Herman—4/24)
10. Torres, Gray, Andring, Dorman — 1:01.44 (JH Conf.—5/15)
11. Andring, Gray, Dorman, Torres — 1:03.34 (PEM 7-10—5/5)
12. Andring, Gray, Dorman, Torres — 1:03.93 (PEM JH—4/27)
13. Torres, Gray, Dorman, Andring — 1:04.53 (PEM JH—4/12)

4x200 Meter Relay

1. A. Smith, L. Smith, Disbrow, Root—1:50.96 (**Subs—5/23**)
2. A. Smith, L. Smith, Disbrow, Root—1:53.11 (Cotter—5/17)
3. L. O'Hara, K. Kramer, L. Smith, Disbrow — 1:55.81 (**TRUE TEAM—5/8**)
4. L. O'Hara, Stowell, Paul, K. Kramer — 1:59.43 (**Conf.—5/12**)
5. L. O'Hara, Stowell, Paul, K. Kramer — 1:59.49 (Cotter—5/17)
6. L. O'Hara, Paul, K. Kramer, Disbrow — 2:00.47 (LA—4/27)
7. Torres, Gray, Dorman, Andring — 2:15.60 (DE JH—4/23)

4x400 Meter Relay

1. A. Smith, Cole, L. Smith, Root — 4:19.37 (**Subs—5/23**)
2. A. Smith, Cole, L. Smith, Root — 4:25.65 (**Conf.—5/12**)
3. A. Smith, Disbrow, L. Smith, Root — 4:28.80 (LA—4/27)
4. Paul, L. Smith, A. Smith, Root — 4:30.71 (Stout—3/24)
5. Krenik, L. Smith, A. Smith, Root — 4:35.94 (Good Weather—4/12)
6. Paul, Krenik, Cole, A. Smith — 4:37.92 (**TRUE TEAM—5/8**)
7. Stowell, Daood, Spaulding, Cole — 4:39.93 (Cotter—5/17)
8. Paul, Stowell, J. Kramer, Cole — 4:44.43 (Verne Herman—4/24)
9. Paul, Krenik, J. Kramer, Cole — 4:57.16 (LA—4/27)
10. L. O'Hara, Daood, J. Kramer, Cole — 4:57.61 (Good Weather—4/12)
11. Andring, Drath, Hoover, Torres — 5:11.78 (PEM 7-10—5/5)
12. Andring, Drath, Reps, Hoover — 5:22.22 (PEM JH—4/12)
13. Torres, Drath, Hoover, Reps—5:23.89 (JH Conf.—5/15)

4x800 Meter Relay

1. Daood, Hansen, Spaulding, Cole — 11:06.82 (**Sections—5/31**)
2. Daood, Spaulding, J. Kramer, Cole — 11:09.99 (**TRUE TEAM—5/8**)
3. Daood, Hansen, Spaulding, Cole — 11:15.28 (**Subs—5/23**)
4. Daood, Spaulding, J. Kramer, Cole — 11:17.71 (**Conf.—5/12**)
5. L. Smith, Daood, A. Smith, Cole — 11:25.00 (LA—4/27)
6. Daood, Krenik, Spaulding, Cole — 11:51.29 (Cotter—5/17)
7. Daood, Spaulding, J. Kramer, Cole — 11:52.99 (Verne Herman—4/24)
8. L. Smith, Kittleson, A. Smith, J. Kramer — 12:03.00 (Good Weather—4/12)
9. Daood, Spaulding, Krenik, Cole — 12:19.00 (Good Weather—4/12)

2018 FINAL LETTER POINT TOTAL

Lindsey Root — 206
Antonia Smith — 144.5 (146.5)*
Abbie Disbrow — 146
Lucia Smith — 140.5
Ashley Paul — 75.5
Celia Cole — 75
Katie Kramer — 69
Lydia O'Hara — 48
Allison Hansen — 46
Anna Daood — 41
Triniti Gbala — 14.3 (33.3)*
Leah Mundt — 32.5
Jenny Kramer — 31
Sonia Howen — 21 (31)*
Bianca Harris — 30
Brooke Spaulding — 26
Abby McCready — 23
Piper Krenik — 21.5
Tori Kittleson — 20
Katie Dailey — 19.5
Ebony Mitchell — 1 (19)*
Taylin Andring — 11
Gabby Stowell — 8.5
Alayna Reps — 8

Athletes who lettered are highlighted in **bold**. *Denotes that an athlete carried letter points over from last year. When an athlete scores points in a season but does not meet the 25-point qualification for lettering, he/she carries those points over. For such athletes, the first number is the total points scored this season. The second number (in parentheses) is the TOTAL points they have (last year's plus this year's). For full letter points rules and explanations, see the team page on the school website.

2018 ST. CHARLES WOMEN'S TRACK AND FIELD PENTATHLON RESULTS

| NAME | FLYING 55 | 600M | SHOT (ft) | VERT. (in) | LONG (ft) |
|----------------------|----------------------|------------------|--------------------|-------------------|------------------|
| Bianca Harris | 7.78 (9) | 4:13 | 20'1" (5) | 21 (2t) | 5'11" (6) |
| Lydia O'Hara | 7.75 (8) | 2:25 | 17'3" | 16 | 5'8" (7t) |
| Ramona Eizentale | 8.75 | 2:22 | 17'2" | 13 | 5'6" |
| Katie Kramer | 7.65 (5) | 2:21 (8t) | 19'8" (6) | 17.5 (9t) | 6'3" (1t) |
| Piper Krenik | 7.62 (4) | 2:21 (8t) | 19'5" (7) | 18.5 (8) | 5'2" |
| Ebony Mitchell | 9.28 | 2:39 | 6'2" | 14 | 4'7" |
| Elizabeth Montgomery | 9.22 | 2:59 | 14'2" | 15 | 4'6" |
| Hannah Bunke | 7.84 | 4:05 | 18'5" | 13 | 4'2" |
| Allison Hansen | 8.88 | 2:14 (7) | 17'9" | 13.5 | 4'2" |
| Sonia Howen | 10.25 | 3:55 | 20'3" (4) | 12.5 | 4'2" |
| Jenny Kramer | 7.72 (6t) | 2:46 | 18'9" (8t) | 15 | 5'2" |
| Marit Ronneberg | 9.46 | 3:07 | 18'9" (8t) | 15 | 5'2" |
| Katie Dailey | ----- | ----- | 22'3" (3) | 24 (1) | ----- |
| Anna Daood | 8.38 | 2:07 (4t) | 18'8" (10t) | 14 | 4'8" |
| Trinity Gbala | 8.74 | 3:21 | 24'4" (1) | 15 | 5'8" (7t) |
| Abby McCready | 9.37 | 3:21 | 22'9" (2) | 16 | 4'8" |
| Leah Mundt | 8.35 | 2:59 | 18'7" | 14 | 6'0" (4t) |
| Ashley Paul | 7.72 (6t) | 2:18 (10) | 15'9" | 15.5 | 5'2" |
| Lindsey Root | 7.44 (2) | 1:59 (1) | 18'7" | 20 (4t) | 6'3" (1t) |
| Brooke Spaulding | 8.41 | 2:49 | 13'2" | 17 | 5'1" |
| Gabby Stowell | 7.85 | 2:43 | 18'0" | 17 | 4'7" |
| Celia Cole | 7.81 (10) | 2:07 (4t) | 14'5" | 20 (4t) | 6'0" (4t) |
| Abbie Disbrow | 7.29 (1) | 2:13 (6) | 15'3" | 21 (2t) | 6'2" (3) |
| Olivia Drath | 8.35 | 2:34 | 17'10" | 17.5 (9t) | 5'8" (7t) |
| Alexia Flores | 10.06 | 4:18 | 14'8" | 10 | 4'1" |
| Sophia Littlefield | 9.60 | 4:03 | 14'11" | 16 | 4'0" |
| Alayna Reps | 8.45 | 2:35 | 13'8" | 13.5 | 4'6" |
| Antonia Smith | 7.56 (3) | 2:00 (2) | 18'8" (10t) | 20 (4t) | 5'6" |
| Lucia Smith | 8.12 | 2:03 (3) | 15'11" | 17.5 (9t) | 5'8" (7t) |
| Erin Torres | 8.31 | 2:39 | 16'6" | 16 | 4'8" |
| Brynna Wilson | 9.09 | 4:07 | 8'3" | 15 | 3'4" |
| Taylin Andring | 8.78 | 2:27 | 14'10" | 15 | 5'2" |
| Claire Dorman | 8.28 | 3:02 | 15'7" | 16 | 4'6" |
| Isabelle Gray | 10.32 | 3:02 | 13'2" | 17.5 (9t) | 3'5" |
| Reliegh Hoover | 8.59 | 2:53 | 14'1" | 19 (7) | 5'5" |
| Abby Spitzer | 9.25 | 2:53 | 12'11" | 12 | 3'8" |

2018 PENTATHLON LEADERBOARD:

Flying 55 — Abbie Disbrow (7.29)
600 Meter Run — Lindsey Root (1:59)
Shot Put — Triniti Gbala (24'4")
Vertical Spring — Katie Dailey (24in)
Standing Long — Katie Kramer & Lindsey Root (6'3")

Results:

| | | | |
|-------------------------------|-------------|---------------------|-----|
| 1. <u>Lindsey Root</u> | 3450 | 12. Anna Daood | 700 |
| 2. Abbie Disbrow | 3150 | 12. Sonia Howen | 700 |
| 3. Katie Kramer | 2375 | 12. Jenny Kramer | 700 |
| 4. Antonia Smith | 2350 | 15. Leah Mundt | 650 |
| 5. Bianca Harris | 2150 | 16. Lydia O'Hara | 550 |
| 6. Celia Cole | 2000 | 16. Ashley Paul | 550 |
| 7. Katie Dailey | 1800 | 18. Allison Hansen | 400 |
| 8. Piper Krenik | 1650 | 18. Reliegh Hoover | 400 |
| 9. Triniti Gbala | 1250 | 20. Olivia Drath | 325 |
| 10. Lucia Smith | 1125 | 21. Marit Ronneberg | 250 |
| 11. Abby McCready | 900 | 22. Isabelle Gray | 75 |

PENTATHLON HISTORY GIRLS

Pentathlon Champions:

2014: Analise Fabre/Abby Ludens—3400 (no vert. spring)
2015: Anna Smith—4300
2016: Anna Smith—4350
2017: Anna Smith—4000
2018: Lindsey Root — 3450

EVENT RECORDS:

Varsity:

Flying 55—Anna Smith—7.03 (2015)
600 Meter Run—Lindsey Root—1:59 (2018)
Shot Put—Triniti Gbala—24'4 (2018)
Standing Long Jump—Anna Smith—7'7 (2016)
Vertical Spring—Katie Dailey—24" (2018)

Junior High:

Flying 55—Abbie Disbrow—7.29 (2018)
600—Antonia Smith—2:00 (2018)
Shot Put—Abby McCready—21'2" (2017)
Standing LJ—Lindsey Root—6-07.00 (2017)
Vertical Spring—Abbie Disbrow—21" (2018)

NORTHERN BADGER INDOOR (UW-Stout)--March 24th, 2018

Team Scores

1. St. Croix Falls 75
2. Byron 54.50
3. Shell Lake 40
4. Abbotsford 36
5. Cameron 35
5. Colby 35
7. Spencer 27.50
8. Arcadia 27
- 9. St. Charles 25**
10. Amery 22
11. Ladysmith 20.50
12. Flambeau 20
13. Grantsburg 18
14. Athens 16
15. Somerset 15
16. Cadott 8
16. Boyceville 8
18. Prairie Farm 7
19. Glenwood City 6
20. Elk Mound 4
20. Cornell/Lake Holcomb 4
22. Colfax 3
23. Chetek-Weyerhaeuser 0.50

55m Dash

1. Hestad Cameron 7.63
2. Braund St. Croix 7.71
3. Klein St. Croix 7.77
4. Elmhorst Colby 7.82
5. Pitcher Somerset 7.84
6. Lambrecht Byron 7.90
7. Kalepp Abbotsford 8.01
8. Werle Amery 8.05

200m Dash

1. Sevals Cameron 27.91
2. Harmon Grantsburg 28.20
3. Driscoll St. Croix 28.59
- 4. Disbrow SC 29.07**
5. Zastrow Arcadia 29.32
6. Werle Amery 29.44
7. Meredith Colfax 29.60
8. Atkins Somerset 29.66

400m Dash

1. Klein St. Croix 1:02.95
2. McCurdy St. Croix 1:04.82
3. Nielsen Shell Lake 1:05.27
4. Becker Ladysmith 1:05.50
5. Skattebo Shell Lake 1:06.70
6. Northup Spencer 1:07.19
7. Wink Glenwood 1:07.21
8. Schleusner Colfax 1:07.26

800m Run

1. Lawton Flambeau 2:34.87

2. Klein St. Croix 2:38.74
3. Wanik Cameron 2:38.76
4. Gerber Grantsburg 2:40.76
5. Clark Shell Lake 2:42.33
6. Ruesch Abbotsford 2:44.10
7. Johnson Byron 2:45.32
8. Eiler Cadott 2:46.36

1600m Run

1. Lawton Flambeau 5:33.09
2. Klein St. Croix Falls 5:53.80
3. Romo Arcadia 5:57.33
4. Ruesch Abbotsford 5:59.12
5. Feiten Colby 6:00.87
6. Monson Amery 6:02.45
7. VanRixel Athens 6:09.71
8. Arteaga Byron 6:13.69

3200m Run

1. Loe Ladysmith 12:27.88
2. Monson Amery 13:07.09
3. Hamilton Byron 13:22.30
4. Hediger Colby 13:42.86
5. Kevan Shell Lake 13:45.82
- 6. Hansen SC 13:55.38**
7. Gerber Grantsburg 14:09.10
8. Felonk Cameron 14:15.81

55m Hurdles

1. Zastrow Spencer 8.98
2. Pokorny Shell Lake 9.07
3. Weatherly Byron 9.13
4. Kunze Abbotsford 9.44
5. Manier Cadott 9.65
6. Falteisek Abbotsford 10.10
7. Anderson Shell Lake 10.30
8. Halvorsen Arcadia 10.56

4x400m Relay

1. St. Croix Falls 4:25.80
- 2. St. Charles 4:30.71**
- Paul, L.Smith, A.Smith, Root**
3. Byron 4:32.85
4. Ladysmith 4:40.45
5. Glenwood City 4:45.82
6. Cadott 4:46.82
7. Arcadia 4:47.18
8. Colby 4:48.12

High Jump

1. Halvorsen Arcadia 5-00.00
2. Gartner Byron 4-10.00
3. Williamson Amery 4-10.00
4. Skattebo Shell Lake 4-10.00
5. Pronschins Arcadia 4-10.00
6. Kunze Abbotsford 4-10.00

7. Christenson Prairie 4-10.00
 8. Zastrow Spencer 4-08.00
- ### Pole Vault

1. Janke Athens 10-03
2. Hintzman Boyceville 8-06
3. Coleman Byron 8-00
3. Eichman Spencer 8-00
5. Lebal Cornell 8-00
6. Zastrow Spencer 7-06
7. Erickson St. Croix Falls 7-06
8. Becker Ladysmith 7-00

Long Jump

1. Falteis Abbotsford 15-02.25
2. Sevals Cameron 14-09.25
- 3. Disbrow SC 14-09.00**
4. Fode Byron 14-08.50
5. Zastrow Spencer 14-05.75
- 6. Root SC 14-04.75**
7. Kehret Byron 14-04.50
8. Northup Spencer 14-02.25

Triple Jump

1. Voelker Colby 34-08.00
2. Weatherly Byron 34-00.50
3. McCurdy St. Croix 31-00.00
4. Decker Abbotsford 30-11.00
5. Simpsio Elk Mound 30-11.00
6. Harmon Grantsburg 30-08.00
7. Sampson Byron 30-05.00
8. Meister Shell Lake 29-05.00

Shot Put

1. Goldstein Somerset 42-01.00
2. Huber Colby 37-01.00
3. Meister Shell Lake 35-07.25
4. Miller Prairie Farm 33-11.00
5. Zinkowich Athens 32-06.50
6. Hoverman St. Croix 32-02.75
7. Gurtner Colby 31-04.75
8. Gustafson Amery 31-04.50

Non-Scoring Performances

- Root 8.02
Harris 8.42, 4-00
K. Kramer 8.46, 31.37
L. O'Hara 8.56, 31.30, 6-00
Stowell 1:12.50, 11.87
Cole 2:52.76
Daood 3:00.78
Eizentale 6:49.56
Paul 11.25
L. Smith 29-03.00
A. Smith 28-11.50
Gbala 28-06.75
McCready 23-10.75

GOOD WEATHER MEMORIAL (Lewiston)-- April 12th, 2018

Team Scores

1. L-FC-MC 80.5
- 2. St. Charles 61.5**
3. Lewiston Altura 45.5

100m Dash

1. Miller LAHS 13.99
2. Miner LFC 14.11
- 3. Root SC 14.24**
- 4. Disbrow SC 14.40**
5. Norby LFC 4.60

200m Dash

- 1. Disbrow SC 28.90**
2. Ruen LFC 29.03
3. Miller LAHS 29.60
4. Norby LFC 29.84
5. Berg LFC 30.29

800m Run

1. Prinsen LFC 2:41.89
2. Miner LFC 2:53.17
3. Ellinghuysen LAHS 2:57.62
4. Tessum LFC 3:07.32
- 5. Spaulding SC 3:12.49**

1600m Run

1. Arndt LFC 5:31.68
2. Tessum LFC 6:42.90
3. Stettler LFC 6:45.70

100m Hurdles

1. Breitsprecher LFC 18.10
2. Nesler LAHS 18.88
3. Ristau LFC 20.43
4. Wicklow LAHS 20.88
- 5. Mundt SC 21.22**

300m Hurdles

1. Breitsprecher LFC 50.18
- 2. L. Smith SC 54.25**
3. Nesler LAHS 55.68
- 4. Paul SC 56.78**
5. Ristau LFC 58.60

4x100m Relay

- 1. St. Charles A 55.45**
L.O'Hara, K.Kramer, Disbrow, Root

2. LFC A 55.96

- 3. St. Charles B 56.90**
Paul, Stowell, A.Smith, Harris

4. LAHS A 57.85

4x100m THROWERS Relay

1. LAHS A 1:05.20

- 2. St. Charles A 1:12.40**
Howen, A.O'Hara, McCreedy, Gbala

3. LFC A 1:16.60

4x400m Relay

1. LFC A 4:23.87

- 2. St. Charles A 4:35.94**
Krenik, L.Smith, A.Smith, Root

3. LAHS A 4:48.75

- 4. St. Charles B 4:57.61**
L.O'Hara, Daood, J.Kramer, Cole

4x800m Relay

1. LFC A 10:24.00

- 2. St. Charles A 12:03.00**
L.Smith, Kittleson, A.Smith, J.Kramer

- 3. St. Charles B 12:19.00**
Daood, Spaulding, Krenik, Cole

High Jump

1. Breitsprecher LFC J4-08.00

- 2. Root SC J4-06.00**

2. Miller LAHS J4-06.00

- 2. Mundt SC J4-06.00**

5. Nesler LAHS J4-04.00

- 5. Harris SC 4-04.00**

Pole Vault

1. Miner LAHS 8-06

2. Larsen LAHS 7-06

3. Freese LFC 6-06

- 4. Spaulding SC 5-00**

- 4. Kramer SC 5-00**

- 4. L. O'Hara SC 5-00**

Long Jump

- 1. Disbrow SC 14-07.00**

2. Greden LAHS 13-08.00

3. Salvetti LAHS 13-01.00

3. Ruen LFC 13-01.00

5. Ruzek LAHS 13-00.00

Triple Jump

- 1. A. Smith SC 28-05.00**

2. Ruen LFC 27-11.00

- 3. L. Smith SC 27-02.00**

4. Schmitz LAHS 27-00.00

- 5. Paul SC 26-07.50**

Shot Put

1. Soulier LAHS 30-07.00

2. Taylor LFC 30-01.00

3. Meyer LAHS 27-10.00

- 4. Gbala SC 26-08.00**

5. Ozcon LFC 26-06.00

Discus

1. Mundt LAHS 105-00

2. Taylor LFC 84-10

3. Cambern LFC 82-09

4. Guenther LFC 82-04

5. Ellinghuysen LAHS 78-03

Non-Scoring Performances

K. Kramer 14.98, 30.90

Harris 15.34, 23-06/00

Paul 15.41

L. O'Hara 15.57

Mitchell 16.12, 33.30

Montgomery 17.20, 35.80

Krenik 31.75, 4-00

Kittleson 3:12.51

Stowell 21.32, 59.86

J. Kramer 1:00.20, 12-07.00

Mundt 1:00.70

Howen 22-03.00, 65-02

Muschler 21-11.00, 52-03

McCreedy 21-11.00, 72-01

Ronneberg 21-05.00, 54-00

A. O'Hara 20-11.00, 55-07

Bunke 17-07.00, 52-10

Gbala 67-06

VERNE HERMAN INVITATIONAL (Elgin)-- April 24th, 2018

Team Scores

1. PEM 145
2. Byron 128.5
3. Stewartville 112.5
4. GMLOKS 104.5
5. Kasson-Mantorville 85.5
6. Dover-Eyota 48.5
7. Lewiston Altura 37.5
- 8. St. Charles 34**
9. Cotter 22.5
10. Schaeffer Academy 21.5

100m Dash

1. Lambrecht BGT 13.34
2. McCullough PEM 13.67
3. Reiland GMLOKS 13.71
4. Hovden GMLOKS 13.78
5. Koebele KM 13.79
6. Magnuson DE 13.84
7. Miller LAHS 13.88
7. Gardner Cotter 13.88

200m Dash

1. Peterson STEW 27.62
2. Reiland GMLOKS 28.12
3. McCullough PEM 28.14
4. McCullough PEM 28.65

5. Root SC 29.05

6. A. Smith SC 29.08

7. Koebele KM 29.18
8. Park SA 29.19
- 8 Orser KM 29.19

400m Dash

1. McCullough PEM 1:03.29
2. Queensl GMLOKS 1:03.77
- 3. Root SC 1:04.25**
- 4. A. Smith SC 1:04.75**
5. Buchhol GMLOKS 1:04.88
6. Hall PEM 1:06.04
7. Harris SA 1:06.28
8. Amundson SA 1:06.30

800m Run

1. Kreitinger BGT 2:26.39
2. Evans KM 2:31.19
3. Nelson DE 2:34.55
4. Doughty PEM 2:35.73
5. Schmidt DE 2:38.54
6. Johnson BGT 2:39.36
7. Waltman STEW 2:40.10
8. Akervik BGT 2:42.64

1600m Run

1. Malone STEW 5:36.19
2. Wiebke KM 5:39.04
3. Arnold Cotter 5:46.09
4. Wiskow DE 6:00.47
5. Nelson STEW 6:10.01
6. Gossard KM 6:13.40
7. Schalow PEM 6:41.02
8. Alstat GMLOKS 6:41.10

3200m Run

1. Wiebke KM 11:58.45
2. Simon PEM 12:10.47
3. Juenemann DE 12:22.85
4. Orvis STEW 12:28.25
5. Coons PEM 13:08.00
6. Ruggeberg DE 13:08.69
7. Schneid GMLOKS 14:25.26
8. Greshik Cotter 14:25.49

100m Hurdles

1. Weatherly BGT 16.80
2. Hindt GMLOKS 16.86
3. Hindt GMLOKS 17.91
4. Schumacher PEM 18.21

5. Coleman BGT 18.32

6. Dean BGT 18.52
7. Schubert KM 18.72

8. L. Smith SC 18.86

300m Hurdles

1. Hanson SA 50.69
2. Schubert KM 51.19
3. Hindt GMLOKS 51.63
4. Graham BGT 51.79
5. Warmsbecker BGT 52.39
5. Holtz PEM 52.39
7. Hindt GMLOKS 52.55

8. L. Smith SC 52.67

4x100m Relay

1. GMLOKS 51.78
2. BGT 52.38
3. KM 52.60
4. Stewartville 53.11
5. PEM 54.96
6. Cotter 57.06

7. SC 58.08

L.O'Hara, J.Kramer, Stowell, Harris

8. DE 1:00.94

4x200m Relay

1. GMLOKS 1:50.66
2. Schaeffer Academy 1:51.90
3. KM 1:55.39

4. BGT 1:55.85
5. PEM 1:59.78
6. Stewartville 2:04.88
7. DE 2:06.99
8. LAHS 2:07.97

1600m Sprint Medley

1. Stewartville 4:04.29
2. LAHS 4:13.27
3. PEM 4:15.10
4. Cotter 4:18.76
5. GMLOKS 4:21.00
6. DE 4:22.92

7. KM 4:32.29

8. BGT 4:35.36

4x400m Relay

1. Stewartville 4:13.02
2. PEM 4:22.78
3. BGT 4:24.98

4. DE 4:31.93

5. KM 4:33.57

6. GMLOKS 4:38.06

7. LAHS 4:42.07

8. SC 4:44.43

Paul, Stowell, J.Kramer, Cole

4x800m Relay

1. Stewartville 10:05.21
2. PEM 10:20.87
3. BGT 10:27.21
4. DE 10:34.82
5. Cotter 11:25.31

6. SC 11:52.99

Daood, Spaulding, J.Kramer, Cole

7. GMLOKS 12:14.90

High Jump

1. Lambrecht BGT 5-00.00
2. Doughty PEM 4-10.00
3. Holtz PEM J4-10.00
4. Brower STEW J4-10.00
5. Rehtzigel KM J4-10.00
6. Magnuson DE J4-10.00
7. Gartner BGT 4-08.00
8. Queensl GMLOKS 4-06.00
8. Gartner BGT 4-06.00

Pole Vault

1. Ranta PEM 8-06.00
2. Coleman BGT 8-00.00
3. Johnson BGT 7-06.00
3. Nelson PEM 7-06.00
5. Hovden GMLOKS J7-06.00

6. Krueger STEW J7-06.00
7. Graham BGT 7-00.00
8. Onsager DE J7-00.00
8. Fryer STEW J7-00.00

Long Jump

1. Buchhol GMLOKS 16-03.00
2. Weatherly BGT 16-02.00
- 3. Root SC 14-11.75**
4. Brower STEW 14-10.50
5. Kehret BGT 14-07.50
6. Buchh GMLOKS J14-07.50
7. Nichols Cotter 14-07.25
8. Schneider KM 14-07.00

Triple Jump

1. Weatherly BGT 34-08.00
2. Schneider KM 33-10.00
3. Rechtzigel KM 33-06.00
4. Holtz PEM 32-10.50
5. McCullough PEM 31-10.00
6. Sampson BGT 31-06.50
7. Glynn GMLOKS 31-04.00
8. Bro STEW 31-02.00

Shot Put

1. Theobald STEW 30-08.25
2. Soulier LAHS 29-11.75
3. Rahman PEM J29-11.75
4. Beach STEW 29-11.00
5. Rahman PEM 29-08.25
6. Ellinghuyse LAHS 28-10.50
7. Mauseth DE 27-02.00
8. Meyer LAHS 27-00.25

Discus

1. Theobald STEW 109-07
2. Mundt LAHS 106-05
3. Rahman PEM 97-00.75
4. Ellinghuys LAHS 82-08.25
5. Beach STEW 77-06
6. Hallstrom KM 74-05
- 7. Howen SC 74-01.25**
8. Rahman PEM 73-09.75

Non-Scoring Performances

Paul 19.39, 53.75, 27-03.50
Disbrow 20.09, 53.55, 14-06.25
A. Smith 14.04, 30-00.00
Harris 14.79, 4-04
Mitchell 15.41
Sprint Medley 4:40.70
(Stowell, C.Mueller, Mundt, O'Hara)
Cole 2:46.73
Spaulding 3:09.28
L. O'Hara 31.90, 5-06
Daood 14:35.48
Mundt 4-04.00
J. Kramer 13-04.00
L. Smith 29-04.00
McCready 73-08.50, 26-09.50
Gbala 60-06.50, 25-04.25
Howen 26-00.00

HAYFIELD VIKING INVITATIONAL-- April 26th, 2018

Team Scores

1. Rochester Lourdes 160
2. Hayfield Vikings 92
3. Kasson-Mantorville 79
4. Bethlehem Academy Faribault 76
5. Triton High School 75
6. Lyle-Pacelli Athletics 70
7. Kenyon-Wanamingo 65
8. Blooming Prairie 49

Shot Put

1. 38-03.00 Fett LP Athletics
2. 33-06.00 Gronseth HHS
3. 33-02.50 Beckmann BA Cardinals
4. 33-02.00 Thoe HHS
5. 30-00.00 Gullickson Kasson-Manto
6. 28-05.50 Johnston HHS
7. 24-05.00 Hallstrom Kasson-Manto
8. 24-04.00 Huerta BA Cardinals

Discus

1. 108-05 Thoe HHS
2. 103-00 Beckmann BA Cardinals
3. 96-06 Gronseth HHS
4. 95-01 Fett LP Athletics
5. 85-10 Baumgartner Triton
6. 69-00 Hallstrom Kasson-Manto
7. 65-05 Villarreal BP
8. 64-10 Voegele Knights

Non-Scoring Performances

- 22-08.00 Muschler St. Charles
- 22-00.25 Ronneberg St. Charles
- 21-11.00 A. O'Hara St. Charles
- 56-00 Ronneberg St. Charles
- 54-03 A. O'Hara St. Charles
- 53-00 Bunke St. Charles

LEWISTON-ALTURA INVITATIONAL-- April 27th, 2018

Team Scores

1. Lewiston Altura 101.166
- 2. St. Charles 95.3333**
3. Alma-Pepin 35
4. Wabasha Kellogg 23.5

100m Dash

1. Miller LAHS 13.72
- 2. Root SC 13.81**
3. Carothers Alma 14.55
- 4. Harris SC 15.05**
- 5. Mitchell SC 15.60**

200m Dash

- 1. L. Smith SC 29.22**
2. Carothers Alma 29.56
3. Ruzek LAHS 30.23
4. Schneider Falcons 30.30
- 5. L. O'Hara SC 30.42**

400m Dash

1. Ellinghuys LAHS 1:09.60
- 2. Krenik SC 1:09.82**
3. Carothers Alma 1:14.25
4. Pronschins LAHS 1:19.66
5. Rojas, LAHS 1:24.52

800m Run

1. Sholing Falcons 2:36.59
2. Ellinghuys LAHS 3:05.34

1600m Run

1. Wallerich Falcons 6:19.82
2. Kreidermac LAHS 6:27.88
- 3. Hansen SC 6:30.99**
- 4. Cole SC 6:43.35**
- 5. Daood SC 6:51.54**

3200m Run

- 1. Kittleson SC 16:00.00**
- 2. Hansen SC 16:30.00**

100m Hurdles

1. Nesler LAHS 18.83
- 2. Disbrow SC 18.98**
- 3. Paul SC 19.65**
4. Brevick Alma 20.52

5. Gunnarson LAHS 20.92
300m Hurdles

1. Nesler LAHS 54.61
2. Brevick Alma 55.30
- 3. J. Kramer SC 57.30**
4. Wicklow LAHS 58.54
5. Greden LAHS 58.55

4x100m Relay

- 1. SC A 55.23**
L.O'Hara, Harris, A.Smith,
K.Kramer

2. LAHS A 57.26

4x200m Relay

- 1. SC A 2:00.47**
L.O'Hara, Paul, K.Kramer,
Disbrow

2. LAHS A 2:02.47

4x400m Relay

- 1. SC A 4:28.80**
A.Smith, Disbrow, L.Smith,
Root

2. LAHS A 4:48.30

3. LAHS B 4:55.67

- 4. SC B 4:57.16**

Paul, Krenik, J.Kramer, Cole

4x800m Relay

- 1. SC A 11:25.00**
L.Smith, Daood, A.Smith, Cole

High Jump

- 1. Root SC 4-08.00**
2. Miller LAHS 4-06.00
2. Sholing Falcons 4-06.00
- 4. Mundt SC 4-04.00**
- 4. Harris SC 4-04.00**
- 4. Dailey SC 4-04.00**

Pole Vault

1. Larsen LAHS 7-00.00
- 2. K. Kramer SC 6-00.00**
3. Gunnarson LAHS J6-00.00
4. Greden LAHS J6-00.00
- 5. L. O'Hara SC 5-06.00**

Long Jump

- 1. Disbrow SC 14-07.00**
- 2. Root SC 13-09.00**
3. Miller LAHS 13-08.00
- 4. J. Kramer SC 12-10.00**
5. Larsen LAHS 12-09.00

Triple Jump

1. Ruzek LAHS 27-00.00
2. Salvetti LAHS 26-08.00
3. Scholing Falcons 25-08.00
4. Schmitz LAHS 25-07.00

Shot Put

1. Brecka Alma 34-01.00
2. Raethke Alma 32-09.00
3. Schmoker Falcons 31-05.00
4. Soulier LAHS 29-10.00
- 5. Gbala SC 28-00.00**

Discus

1. Brecka Alma 143-11
2. Mundt LAHS 130-02
3. Raethke Alma 107-02
4. Schmitz LAHS 78-07
- 5. McCready SC 75-02**

Non-Scoring Performances

- Montgomery 16.30, 34.72
Mitchell 31.08
Kittleson 7:17.42
Stowell 21.47, 1:00.06
Mundt 21.66, 1:04.80, 11-07.00
J. Kramer 21.90
Paul 4-00.00
K. Kramer 12-04.00
McCready 25-01.00
Muschler 23-03.00, 60-02
Howen 22-08.00, 62-11
A. O'Hara 21-09.00, 57-00
Ronneberg 20-05.00, 64-00
Bunke 19-04.00 53-03
Gbala 62-09

7-10 MEDAL MEET (Elgin) – May 5th, 2018

Team Scores

1. PEM 190
2. Century 120.5
3. Pine Island 96
4. Stewartville 68
5. RACE 59
6. DE 52.5
7. Chatfield 33
8. Wabasha Kellogg 5

JV Shot Put

- | | | |
|--------------|--------------|----------|
| 1. Noll | Pine Island | 28-11.00 |
| 2. Courson | DE | 27-07.00 |
| 3. Russell | PLEM | 27-05.00 |
| 4. Lacey | DE | 26-10.00 |
| 5. Nordstrom | Race Jaguars | 25-11.00 |
| 6. Kahn | PLEM | 25-07.00 |
| 7. Thompson | DE | 24-10.00 |
| 8. Norstad | Pine Island | 23-11.00 |

JV Discus

- | | | |
|-------------|-------------|-------|
| 1. Courson | DE | 84-09 |
| 2. Lacey | DE | 76-10 |
| 3. Thompson | DE | 72-10 |
| 4. Tentis | PLEM | 72-07 |
| 5. Clausen | Pine Island | 70-07 |
| 6. Noll | Pine Island | 70-06 |
| 7. Norstad | Pine Island | 68-02 |
| 8. Kahn | PLEM | 66-01 |

Non-Scoring Performances

- | | |
|-----------|-----------------|
| Ronneberg | 22-10.00, 53-05 |
| A. O'Hara | 20-05.00, 52-04 |

Section 1A True Team
 Dover-Eyota HS - 5/8/2018
 Results

Girls 100 Meter Dash

Finals

| | | | | | | |
|----|---------------------|----|--------------|-------|---|----|
| 1 | Reiland, Anika | 7 | Grand Meadow | 13.22 | 3 | 30 |
| 2 | Hovden, Emily | 12 | Grand Meadow | 13.27 | 4 | 29 |
| 3 | Miller, Ella | 9 | Lewiston-Alt | 13.29 | 2 | 28 |
| 4 | Hinz, Kjersta | 11 | Rushford-Pet | 13.38 | 3 | 27 |
| 5 | Amundson, Breea | | Schaeffer Ac | 13.48 | 3 | 26 |
| 6 | Root, Lindsey | 9 | St Charles | 13.55 | 3 | 25 |
| 7 | Smith, Antonia | 8 | St Charles | 13.66 | 1 | 24 |
| 8 | Pederson, Macy | 12 | Chatfield | 13.72 | 1 | 23 |
| 9 | Magnuson, Grace | 11 | Dover-Eyota | 13.73 | 1 | 22 |
| 10 | Norby, Aubrey | 12 | Lanesboro/Fi | 13.76 | 1 | 21 |
| 11 | Burnett, Rylee | 9 | Chatfield | 13.79 | 2 | 20 |
| 12 | Yankowiak, Kiley | 12 | Triton | 13.84 | 3 | 19 |
| 13 | Bieberdorf, Kaitlyn | 11 | Rushford-Pet | 13.96 | 1 | 18 |
| 14 | George, Dana | 11 | Zumbrota-Maz | 14.06 | 2 | 17 |
| 15 | Lentsch, Hanna | 10 | Kenyon-Wanam | 14.08 | 1 | 16 |
| 16 | Jensen, Jenna | 11 | Triton | 14.12 | 2 | 15 |
| 17 | Birkholz, Salem | 11 | Dover-Eyota | 14.16 | 4 | 14 |
| 18 | Nichols, Kyra | 11 | Zumbrota-Maz | 14.28 | 1 | 13 |
| 19 | Larson, Sierra | 7 | Blooming Pra | 14.54 | 3 | 12 |
| 20 | Schmidt, Vanessa | 7 | Kenyon-Wanam | 14.55 | 2 | 11 |
| 21 | Purrier, Brooke | 9 | Medford | 14.59 | 4 | 10 |
| 22 | DeLeon, Isabel | 8 | Medford | 14.63 | 2 | 9 |
| 23 | Lea, Madi | 7 | Blooming Pra | 15.05 | 4 | 8 |
| 24 | Miner, Ashley | 12 | Lanesboro/Fi | 15.12 | 4 | 7 |
| 25 | Brown, Makayla | 8 | Lewiston-Alt | 15.14 | 4 | 6 |
| 26 | Hayden, Haley | 8 | Hayfield | 15.25 | 4 | 5 |
| 27 | Vold, Kaylie | 7 | Wabasha-Kell | 15.58 | 4 | 4 |
| 28 | Zahnle, Brooke | 12 | Hayfield | 15.76 | 3 | 3 |
| 29 | Nielsen, Maria | 11 | Wabasha-Kell | 15.94 | 3 | 2 |
| 30 | Montalvo, Marissa | | Schaeffer Ac | 19.41 | 2 | 1 |

Girls 200 Meter Dash

| | | | | | | |
|----|-------------------|----|--------------|-------|---|----|
| 1 | Reiland, Anika | 7 | Grand Meadow | 27.42 | 2 | 30 |
| 2 | Miller, Ella | 9 | Lewiston-Alt | 27.78 | 3 | 29 |
| 3 | Queensland, Riley | 10 | Grand Meadow | 27.79 | 4 | 28 |
| 4 | Root, Lindsey | 9 | St Charles | 27.85 | 3 | 27 |
| 5 | Hanson, Julianne | 12 | Schaeffer Ac | 28.05 | 4 | 26 |
| 6 | Yeakel, Lana | 11 | Zumbrota-Maz | 28.30 | 1 | 25 |
| 7 | Miner, Ashley | 12 | Lanesboro/Fi | 28.59 | 4 | 24 |
| 8 | Hokanson, Tess | 12 | Kenyon-Wanam | 28.75 | 2 | 23 |
| 9 | Magnuson, Grace | 11 | Dover-Eyota | 28.89 | 4 | 22 |
| 10 | Sommer, Elise | 8 | Lewiston-Alt | 28.94 | 2 | 21 |
| 11 | Hopp, Megan | 12 | Chatfield | 29.08 | 3 | 20 |
| 12 | Disbrow, Abbie | 8 | St Charles | 29.19 | 2 | 19 |
| 13 | Birkholz, Salem | 11 | Dover-Eyota | 29.20 | 2 | 18 |
| 14 | Luebbe, Rachael | 11 | Medford | 29.24 | 3 | 17 |
| 15 | Berg, Alida | 10 | Lanesboro/Fi | 29.32 | 1 | 16 |
| 16 | Eide, Alyvia | 9 | Rushford-Pet | 29.45 | 3 | 15 |
| 17 | Banks, Maddie | 11 | Zumbrota-Maz | 29.49 | 3 | 14 |
| 18 | Yankowiak, Kiley | 12 | Triton | 29.64 | 3 | 13 |
| 19 | Priebe, Zayda | 8 | Chatfield | 29.76 | 2 | 12 |
| 20 | Lentsch, Hanna | 10 | Kenyon-Wanam | 29.83 | 1 | 11 |
| 21 | Jensen, Jenna | 11 | Triton | 30.05 | 1 | 10 |
| 22 | Stasko, Abby | 11 | Hayfield | 30.08 | 2 | 9 |
| 23 | Braaten, Abby | 9 | Blooming Pra | 30.27 | 1 | 8 |
| 24 | Mason, Stoney | 8 | Rushford-Pet | 30.31 | 4 | 7 |

| | | | | | | |
|----|------------------|----|--------------|-------|---|---|
| 25 | Ingvalson, Ayren | 12 | Blooming Pra | 31.16 | 4 | 6 |
| 26 | Vold, Kaylie | 7 | Wabasha-Kell | 32.16 | 1 | 5 |
| 27 | Walker, Grace | 8 | Hayfield | 32.27 | 1 | 4 |
| 28 | Scholing, Grace | 9 | Wabasha-Kell | 33.08 | 4 | 3 |

Girls 400 Meter Dash

| | | | | | | | |
|----|--------------------|----|--------------|---------|---|----|----------|
| 1 | Graham, Nell | 11 | Triton | 59.98 | 2 | 30 | |
| 2 | Ruen, Bailey | 12 | Lanesboro/Fi | 61.93 | 2 | 29 | |
| 3 | Queensland, Riley | 10 | Grand Meadow | 62.23 | 4 | 28 | |
| 4 | Hokanson, Tess | 12 | Kenyon-Wanam | 62.97 | 2 | 27 | |
| 5 | Smith, Antonia | 8 | St Charles | 63.36 | 4 | 26 | |
| 6 | Norby, Aubrey | 12 | Lanesboro/Fi | 63.43 | 3 | 25 | |
| 7 | Papenfuss, Allison | 9 | Rushford-Pet | 63.95 | 1 | 24 | |
| 8 | Keller, Kasandra | 11 | Kenyon-Wanam | 64.17 | 4 | 23 | |
| 9 | Yeakel, Lana | 11 | Zumbrota-Maz | 64.86 | 1 | 22 | |
| 10 | Root, Lindsey | 9 | St Charles | 65.56 | 3 | 21 | |
| 11 | Wurst, Samantha | 12 | Blooming Pra | 65.72 | 4 | 20 | |
| 12 | Ideker, Megan | 8 | Dover-Eyota | 66.36 | 1 | 19 | |
| 13 | Gomez, Karla | 9 | Chatfield | 66.48 | 4 | 18 | |
| 14 | Buchholtz, Ellie | 9 | Grand Meadow | 66.63 | 1 | 17 | |
| 15 | Greden, Josie | 12 | Lewiston-Alt | 67.07 | 4 | 16 | |
| 16 | Moeller, Isabelle | 7 | Dover-Eyota | 67.68 | 3 | 15 | |
| 17 | Ellis, Sydney | 7 | Chatfield | 67.84 | 2 | 14 | 1:07.832 |
| 18 | Hunstad, Ali | 10 | Zumbrota-Maz | 67.84 | 2 | 13 | 1:07.839 |
| 19 | Walker, Grace | 8 | Hayfield | 69.57 | 1 | 12 | |
| 20 | Ruzek, Myia | 10 | Lewiston-Alt | 70.01 | 3 | 11 | |
| 21 | Kneifel, Clara | 8 | Medford | 70.20 | 1 | 10 | |
| 22 | Rasmussen, Lakyn | 9 | Rushford-Pet | 70.88 | 2 | 9 | |
| 23 | Kittleson, Anna | 9 | Blooming Pra | 72.80 | 1 | 8 | |
| 24 | Iverson, Brylee | 7 | Triton | 72.82 | 3 | 7 | |
| 25 | Nielsen, Maria | 11 | Wabasha-Kell | 74.31 | 2 | 6 | |
| 26 | Malakowsky, Klowee | 12 | Wabasha-Kell | 77.62 | 3 | 5 | |
| 27 | Becker, Grace | 9 | Hayfield | 1:30.17 | 3 | 4 | |

Girls 800 Meter Run

| | | | | | | |
|----|-----------------------|----|--------------|---------|---|----|
| 1 | Graham, Nell | 11 | Triton | 2:28.58 | 2 | 30 |
| 2 | Arndt, Kaylee | 9 | Lanesboro/Fi | 2:29.33 | 1 | 29 |
| 3 | Sholing, Ellie | 11 | Wabasha-Kell | 2:33.66 | 2 | 28 |
| 4 | Prinsen, Katelin | 11 | Lanesboro/Fi | 2:35.89 | 2 | 27 |
| 5 | Wiskow, Madison | 10 | Dover-Eyota | 2:37.47 | 1 | 26 |
| 6 | Schmidt, Christina | 11 | Dover-Eyota | 2:37.56 | 2 | 25 |
| 7 | Gomez, Karla | 9 | Chatfield | 2:41.34 | 2 | 24 |
| 8 | Ellinghuysen, Sam | 10 | Lewiston-Alt | 2:42.43 | 1 | 23 |
| 9 | Cole, Celia | 8 | St Charles | 2:42.81 | 2 | 22 |
| 10 | Jacobson, Skyler | 12 | Zumbrota-Maz | 2:43.70 | 2 | 21 |
| 11 | Essig, Brenna | 9 | Triton | 2:43.99 | 1 | 20 |
| 12 | Scholl, Calen | 10 | Zumbrota-Maz | 2:44.73 | 1 | 19 |
| 13 | McMillin, Abigail | 8 | Wabasha-Kell | 2:45.99 | 1 | 18 |
| 14 | Allen, Sydney | 8 | Chatfield | 2:48.53 | 1 | 17 |
| 15 | Kreidermacher, Sierra | 8 | Lewiston-Alt | 2:48.77 | 2 | 16 |
| 16 | Helgemoe, Alayna | 9 | Rushford-Pet | 2:48.86 | 2 | 15 |
| 17 | Stasko, Aine | 8 | Hayfield | 2:53.10 | 2 | 14 |
| 18 | Queensland, Kendyl | 7 | Grand Meadow | 2:53.83 | 1 | 13 |
| 19 | Daood, Anna | 9 | St Charles | 2:54.13 | 1 | 12 |
| 20 | O'Connor, Lillie | 11 | Hayfield | 2:55.86 | 1 | 11 |
| 21 | Woodard, Maci | 8 | Rushford-Pet | 2:55.87 | 1 | 10 |
| 22 | Sunde, Isabel | 8 | Blooming Pra | 2:55.96 | 2 | 9 |
| 23 | Bissen, Sydney | 11 | Grand Meadow | 2:58.66 | 2 | 8 |
| 24 | Dummer, Riley | 10 | Kenyon-Wanam | 3:00.76 | 2 | 7 |
| 25 | Fischer, Hannah | 12 | Kenyon-Wanam | 3:04.90 | 1 | 6 |
| 26 | Hanson, Beth Ann | 12 | Medford | 3:05.83 | 2 | 5 |
| 27 | Oswald, Megan | 9 | Blooming Pra | 3:14.23 | 1 | 4 |

Girls 1600 Meter Run

| | | | | | |
|----|-----------------------|----|--------------|---------|----|
| 1 | Sortland, Natasha | 7 | Zumbrota-Maz | 5:15.61 | 30 |
| 2 | West, Courtney | 12 | Triton | 5:15.69 | 29 |
| 3 | Sortland, Katrina | | Zumbrota-Maz | 5:18.14 | 28 |
| 4 | Arndt, Kaylee | 9 | Lanesboro/Fi | 5:21.34 | 27 |
| 5 | Juenemann, Annika | 12 | Dover-Eyota | 5:39.65 | 26 |
| 6 | Prinsen, Katelin | 11 | Lanesboro/Fi | 5:45.05 | 25 |
| 7 | Berg, Lauren | 12 | Kenyon-Wanam | 5:52.20 | 24 |
| 8 | Gillespie, Abbi | 8 | Chatfield | 5:54.64 | 23 |
| 9 | Didier, Emily | 11 | Rushford-Pet | 5:55.81 | 22 |
| 10 | Schneider, Aubrie | 7 | Grand Meadow | 5:57.38 | 21 |
| 11 | McMahon, Tessa | 8 | Chatfield | 5:58.20 | 20 |
| 12 | Ruggeberg, Tierra | 9 | Dover-Eyota | 5:58.74 | 19 |
| 13 | Essig, Brenna | 9 | Triton | 6:02.11 | 18 |
| 14 | Victoria, Wallerich | 7 | Wabasha-Kell | 6:02.36 | 17 |
| 15 | Buchanan, Grace | 8 | Rushford-Pet | 6:03.58 | 16 |
| 16 | Hansen, Allison | 10 | St Charles | 6:04.84 | 15 |
| 17 | O'Connor, McKenna | 8 | Hayfield | 6:06.57 | 14 |
| 18 | Kreidermacher, Sierra | 8 | Lewiston-Alt | 6:07.44 | 13 |
| 19 | Slaathaug, Payton | 11 | Hayfield | 6:11.90 | 12 |
| 20 | Alstat, Sydney | 8 | Grand Meadow | 6:17.45 | 11 |
| 21 | Smith, Abby | 7 | Blooming Pra | 6:23.72 | 10 |
| 22 | Kendall, Zimmerman | 7 | Wabasha-Kell | 6:31.25 | 9 |
| 23 | Reps, Alayna | 8 | St Charles | 6:35.39 | 8 |
| 24 | Alwes, Ashleigh | 9 | Blooming Pra | 7:28.40 | 7 |
| 25 | Soulier, Hailey | 9 | Lewiston-Alt | 9:29.01 | 6 |

Girls 3200 Meter Run

| | | | | | |
|----|--------------------|----|--------------|----------|----|
| 1 | Sortland, Natasha | 7 | Zumbrota-Maz | 11:41.48 | 30 |
| 2 | Sortland, Katrina | | Zumbrota-Maz | 11:55.33 | 29 |
| 3 | West, Courtney | 12 | Triton | 12:02.51 | 28 |
| 4 | Nelson, Malia | 8 | Dover-Eyota | 12:24.75 | 27 |
| 5 | Juenemann, Annika | 12 | Dover-Eyota | 12:26.56 | 26 |
| 6 | Berg, Lauren | 12 | Kenyon-Wanam | 12:50.35 | 25 |
| 7 | Young, Maryx | 9 | Hayfield | 13:05.90 | 24 |
| 8 | Didier, Emily | 11 | Rushford-Pet | 13:15.45 | 23 |
| 9 | Martin, Beatrice | 10 | Chatfield | 13:23.08 | 22 |
| 10 | Tessum, Malia | 8 | Lanesboro/Fi | 13:26.94 | 21 |
| 11 | Linder, Hannah | 9 | Rushford-Pet | 13:27.00 | 20 |
| 12 | Berg, Isabelle | 9 | Chatfield | 13:29.44 | 19 |
| 13 | Schneider, Aubrie | 7 | Grand Meadow | 13:42.97 | 18 |
| 14 | Stettler, Kendall | 9 | Lanesboro/Fi | 13:50.25 | 17 |
| 15 | Hansen, Allison | 10 | St Charles | 13:51.74 | 16 |
| 16 | Weiss, Hannah | 11 | Wabasha-Kell | 14:12.33 | 15 |
| 17 | Kittleson, Tori | 10 | St Charles | 14:32.21 | 14 |
| 18 | Dion, Hope | 10 | Grand Meadow | 14:45.38 | 13 |
| 19 | Malakowsky, Klowee | 12 | Wabasha-Kell | 14:46.85 | 12 |
| 20 | Jax, Jerrin | 12 | Blooming Pra | 14:52.10 | 11 |
| 21 | Anderson, Kristina | 8 | Triton | 15:04.05 | 10 |
| 22 | Lighthizer, Asha | 8 | Blooming Pra | 15:07.82 | 9 |
| 23 | Wegman, Leann | 8 | Lewiston-Alt | 16:10.38 | 8 |
| 24 | Knudson, Hannah | 11 | Hayfield | 16:43.29 | 7 |

Girls 100 Meter Hurdles

| | | | | | | |
|---|---------------------|----|--------------|-------|---|----|
| 1 | Breitsprecher, Emma | 10 | Lanesboro/Fi | 16.75 | 1 | 30 |
| 2 | Hindt, Hailey | 9 | Grand Meadow | 16.96 | 4 | 29 |
| 3 | Hindt, Madison | 9 | Grand Meadow | 17.23 | 2 | 28 |
| 4 | Hoff, Olivia | 12 | Rushford-Pet | 17.53 | 2 | 27 |
| 5 | Boyum, Juliana | 10 | Kenyon-Wanam | 17.63 | 4 | 26 |
| 6 | Salerno, Joanna | 9 | Chatfield | 17.83 | 3 | 25 |
| 7 | Staub, Chloe | 9 | Triton | 17.96 | 3 | 24 |
| 8 | Smith, Lucia | 8 | St Charles | 18.42 | 2 | 23 |
| 9 | Nesler, Shelby | 9 | Lewiston-Alt | 18.62 | 3 | 22 |

| | | | | |
|-----------------------|-----------------|-------|---|----|
| 10 Vold, Kaitlyn | 11 Kenyon-Wanam | 18.67 | 1 | 21 |
| 11 Fredrickson, Carly | 11 Zumbrota-Maz | 18.75 | 1 | 20 |
| 12 Thostenson, Asia | 12 Blooming Pra | 18.78 | 3 | 19 |
| 13 Oswald, Rachael | 11 Blooming Pra | 18.84 | 2 | 18 |
| 14 Klocke, Kalli Jo | 12 Hayfield | 18.93 | 3 | 17 |
| 15 Sommer, Elise | 8 Lewiston-Alt | 18.96 | 2 | 16 |
| 16 Paul, Ashley | 9 St Charles | 19.05 | 1 | 15 |
| 17 Petersohn, Kendra | 10 Triton | 19.57 | 4 | 14 |
| 18 Fox, Becca | 9 Chatfield | 19.79 | 1 | 13 |
| 19 Ristau, Kelly | 9 Lanesboro/Fi | 19.83 | 2 | 12 |
| 20 Lundquist, Caitlyn | 10 Hayfield | 19.94 | 4 | 11 |
| 21 Fries, Maia | 10 Wabasha-Kell | 21.34 | 1 | 10 |
| 22 Olson, Kalli | 10 Zumbrota-Maz | 22.73 | 3 | 9 |
| 23 Schneider, Ella | 9 Wabasha-Kell | 23.69 | 4 | 8 |
| 24 Johnson, Alexa | 10 Rushford-Pet | 26.33 | 3 | 7 |

Girls 300 Meter Hurdles

| | | | | |
|-----------------------|-----------------|-------|---|----|
| 1 Breitsprecher, Emma | 10 Lanesboro/Fi | 48.68 | 3 | 30 |
| 2 Hindt, Hailey | 9 Grand Meadow | 51.11 | 3 | 29 |
| 3 Hanson, Julianne | 12 Schaeffer Ac | 51.35 | 1 | 28 |
| 4 Smith, Lucia | 8 St Charles | 52.29 | 4 | 27 |
| 5 Hoff, Olivia | 12 Rushford-Pet | 52.65 | 3 | 26 |
| 6 Fredrickson, Carly | 11 Zumbrota-Maz | 52.73 | 4 | 25 |
| 7 Hindt, Madison | 9 Grand Meadow | 53.16 | 2 | 24 |
| 8 Petersohn, Kendra | 10 Triton | 53.37 | 1 | 23 |
| 9 Nesler, Shelby | 9 Lewiston-Alt | 53.52 | 1 | 22 |
| 10 Paul, Ashley | 9 St Charles | 53.66 | 2 | 21 |
| 11 Vold, Kaitlyn | 11 Kenyon-Wanam | 53.79 | 1 | 20 |
| 12 Salerno, Joanna | 9 Chatfield | 53.85 | 4 | 19 |
| 13 Ristau, Kelly | 9 Lanesboro/Fi | 54.73 | 4 | 18 |
| 14 Oswald, Rachael | 11 Blooming Pra | 55.01 | 2 | 17 |
| 15 Albrecht, Jenny | 10 Rushford-Pet | 55.17 | 2 | 16 |
| 16 Fox, Becca | 9 Chatfield | 55.28 | 1 | 15 |
| 17 Lundquist, Caitlyn | 10 Hayfield | 55.40 | 3 | 14 |
| 18 Steinfadt, Miranda | 12 Hayfield | 55.84 | 2 | 13 |
| 19 Kellen, Mackenzie | 8 Medford | 55.91 | 4 | 12 |
| 20 Jacobson, Skyler | 12 Zumbrota-Maz | 57.29 | 3 | 11 |
| 21 Wicklow, Ayla | 9 Lewiston-Alt | 57.51 | 3 | 10 |
| 22 Dahl, Julia | 8 Kenyon-Wanam | 58.59 | 4 | 9 |
| 23 West, Courtney | 12 Triton | 58.60 | 2 | 8 |
| 24 Sunde, Greta | 9 Blooming Pra | 59.56 | 1 | 7 |
| 25 LaVigne, Morgan | 10 Wabasha-Kell | 59.96 | 1 | 6 |

Girls 4x100 Meter Relay

| | | | |
|--------------------------------|-------|---|----|
| 1 Grand Meadow/LeRoy-Ost/Kings | 51.94 | 2 | 45 |
| 2 Lanesboro/Fillmore Central/M | 53.24 | 1 | 42 |
| 3 Chatfield | 53.98 | 1 | 39 |
| 4 Triton | 54.59 | 1 | 36 |
| 5 St Charles | 54.64 | 1 | 33 |
| 6 Medford | 55.28 | 1 | 30 |
| 7 Kenyon-Wanamingo | 55.45 | 2 | 27 |
| 8 Blooming Prairie | 55.78 | 2 | 24 |
| 9 Dover-Eyota | 56.03 | 2 | 21 |
| 10 Rushford-Peterson/Houston | 56.09 | 1 | 18 |
| 11 Zumbrota-Mazeppa | 56.80 | 2 | 15 |
| 12 Lewiston-Altura | 57.20 | 1 | 12 |
| 13 Hayfield | 57.66 | 2 | 9 |
| 14 Schaeffer Academy | 59.02 | 2 | 6 |
| 15 Wabasha-Kellogg | 61.26 | 2 | 3 |

Girls 4x200 Meter Relay

| | | | |
|--------------------------------|---------|---|----|
| 1 Grand Meadow/LeRoy-Ost/Kings | 1:49.14 | 1 | 45 |
| 2 Schaeffer Academy | 1:51.24 | 2 | 42 |

| | | | | |
|----|------------------------------|---------|---|----|
| 3 | Lanesboro/Fillmore Central/M | 1:52.07 | 1 | 39 |
| 4 | Rushford-Peterson/Houston | 1:52.52 | 1 | 36 |
| 5 | Kenyon-Wanamingo | 1:54.71 | 2 | 33 |
| 6 | Chatfield | 1:54.88 | 2 | 30 |
| 7 | Blooming Prairie | 1:55.78 | 1 | 27 |
| 8 | St Charles | 1:55.81 | 1 | 24 |
| 9 | Zumbrota-Mazeppa | 1:58.64 | 2 | 21 |
| 10 | Hayfield | 2:00.30 | 2 | 18 |
| 11 | Lewiston-Altura | 2:01.54 | 2 | 15 |
| 12 | Dover-Eyota | 2:02.82 | 2 | 12 |
| 13 | Wabasha-Kellogg | 2:09.19 | 1 | 9 |
| 14 | Triton | 2:11.28 | 1 | 6 |

Girls 4x400 Meter Relay

| | | | | |
|----|------------------------------|---------|---|----|
| 1 | Lanesboro/Fillmore Central/M | 4:18.01 | 1 | 45 |
| 2 | Grand Meadow/LeRoy-Ost/Kings | 4:25.44 | 2 | 42 |
| 3 | Zumbrota-Mazeppa | 4:26.08 | 2 | 39 |
| 4 | Chatfield | 4:27.88 | 2 | 36 |
| 5 | Dover-Eyota | 4:34.03 | 2 | 33 |
| 6 | Lewiston-Altura | 4:36.02 | 1 | 30 |
| 7 | Kenyon-Wanamingo | 4:37.40 | 1 | 27 |
| 8 | St Charles | 4:37.92 | 2 | 24 |
| 9 | Hayfield | 4:44.24 | 1 | 21 |
| 10 | Rushford-Peterson/Houston | 4:45.63 | 1 | 18 |
| 11 | Blooming Prairie | 4:46.84 | 2 | 15 |
| 12 | Medford | 4:47.12 | 2 | 12 |
| 13 | Wabasha-Kellogg | 4:57.62 | 1 | 9 |
| 14 | Triton | 5:09.22 | 2 | 6 |

Girls 4x800 Meter Relay

| | | | |
|----|------------------------------|----------|----|
| 1 | Dover-Eyota | 10:16.91 | 45 |
| 2 | Lanesboro/Fillmore Central/M | 10:21.74 | 42 |
| 3 | Zumbrota-Mazeppa | 10:58.36 | 39 |
| 4 | Chatfield | 11:05.02 | 36 |
| 5 | St Charles | 11:09.99 | 33 |
| 6 | Hayfield | 11:12.03 | 30 |
| 7 | Rushford-Peterson/Houston | 11:13.09 | 27 |
| 8 | Wabasha-Kellogg | 11:17.66 | 24 |
| 9 | Grand Meadow/LeRoy-Ost/Kings | 11:34.61 | 21 |
| 10 | Kenyon-Wanamingo | 11:43.49 | 18 |
| 11 | Blooming Prairie | 11:46.04 | 15 |
| 12 | Medford | 11:47.18 | 12 |
| 13 | Lewiston-Altura | 11:51.03 | 9 |
| 14 | Triton | 12:13.26 | 6 |
| -- | Schaeffer Academy | NT | |

Girls High Jump

| | | | | | |
|----|---------------------|----|--------------|----------|-------|
| 1 | Luebbe, Rachael | 11 | Medford | 5-00.00 | 30 |
| 2 | Hinz, Kjersta | 11 | Rushford-Pet | J5-00.00 | 29 |
| 3 | Staub, Chloe | 9 | Triton | J5-00.00 | 28 |
| 4 | Wurst, Samantha | 12 | Blooming Pra | J5-00.00 | 27 |
| 5 | Graham, Nell | 11 | Triton | 4-08.00 | 24.50 |
| 5 | Magnuson, Grace | 11 | Dover-Eyota | 4-08.00 | 24.50 |
| 5 | Queensland, Riley | 10 | Grand Meadow | 4-08.00 | 24.50 |
| 5 | Breitsprecher, Emma | 10 | Lanesboro/Fi | 4-08.00 | 24.50 |
| 9 | Warren, Ann | 10 | Chatfield | J4-08.00 | 21.50 |
| 9 | Mundt, Leah | 9 | St Charles | J4-08.00 | 21.50 |
| 11 | Mulholland, Maggie | 8 | Zumbrota-Maz | 4-06.00 | 18.50 |
| 11 | Hovden, Hannah | 10 | Grand Meadow | 4-06.00 | 18.50 |
| 11 | Birkholz, Salem | 11 | Dover-Eyota | 4-06.00 | 18.50 |
| 11 | Woodard, Maci | 8 | Rushford-Pet | 4-06.00 | 18.50 |
| 15 | Cole, Lauren | 8 | Chatfield | J4-06.00 | 16 |
| 16 | Banks, Maddie | 11 | Zumbrota-Maz | 4-04.00 | 14.50 |

| | | | |
|------------------------|-----------------|----------|-------|
| 16 Miller, Ella | 9 Lewiston-Alt | 4-04.00 | 14.50 |
| 17 Dailey, Katie | 9 St Charles | J4-04.00 | 13 |
| 19 DeLeon, Isabel | 8 Medford | 4-02.00 | 12 |
| 20 Thoe, Katrina | 12 Hayfield | J4-02.00 | 10 |
| 20 Sholing, Ellie | 11 Wabasha-Kell | J4-02.00 | 10 |
| 20 Ristau, Kelly | 9 Lanesboro/Fi | J4-02.00 | 10 |
| 23 Victoria, Wallerich | 7 Wabasha-Kell | J4-02.00 | 8 |
| 24 Oswald, Megan | 9 Blooming Pra | J4-02.00 | 7 |
| 25 Ramirez, Aisha | 9 Kenyon-Wanam | J4-02.00 | 6 |
| 26 Nesler, Shelby | 9 Lewiston-Alt | J4-02.00 | 5 |
| 27 Doehling, Carrie | 9 Kenyon-Wanam | 4-00.00 | 4 |
| 28 Knudson, Lynsey | 9 Hayfield | 3-10.00 | 3 |
| -- Tebben, Allison | 12 Schaeffer Ac | NH | |

Girls Pole Vault

| | | | |
|-----------------------|-----------------|-----------|-------|
| 1 Miner, Ashley | 12 Lanesboro/Fi | 10-00.00 | 30 |
| 2 Klocke, Kalli Jo | 12 Hayfield | J10-00.00 | 29 |
| 3 Hoff, Olivia | 12 Rushford-Pet | 8-06.00 | 28 |
| 4 Hovden, Emily | 12 Grand Meadow | J8-06.00 | 27 |
| 5 McCarthy, Jenna | 12 Medford | J8-06.00 | 26 |
| 6 Larsen, Jannessa | 9 Lewiston-Alt | 8-00.00 | 25 |
| 7 Onsager, Sophie | 8 Dover-Eyota | J8-00.00 | 24 |
| 8 Banks, Maddie | 11 Zumbrota-Maz | 7-06.00 | 23 |
| 9 Johnson, Gemini | 10 Blooming Pra | 7-00.00 | 21.50 |
| 9 Beck, Shelby | 8 Grand Meadow | 7-00.00 | 21.50 |
| 11 Friedrichs, Grace | 12 Chatfield | J7-00.00 | 20 |
| 12 Kramer, Katie | 11 St Charles | J7-00.00 | 19 |
| 13 Gunnarson, Jonna | 8 Lewiston-Alt | 6-06.00 | 16.50 |
| 13 Alfson, Hailey | 8 Rushford-Pet | 6-06.00 | 16.50 |
| 13 Freese, Alison | 9 Lanesboro/Fi | 6-06.00 | 16.50 |
| 13 Stadler, Paetyn | 11 Hayfield | 6-06.00 | 16.50 |
| 16 Sortland, Katrina | Zumbrota-Maz | J6-06.00 | 13.50 |
| 16 Kellen, Mackenzie | 8 Medford | J6-06.00 | 13.50 |
| 19 Kohlmeyer, Mikaela | 12 Chatfield | 6-00.00 | 12 |
| 20 Andring, Taylin | 7 St Charles | J6-00.00 | 11 |
| 21 Thompson, Allison | 9 Dover-Eyota | 5-06.00 | 9.50 |
| 21 Sunde, Isabel | 8 Blooming Pra | 5-06.00 | 9.50 |
| -- Shadow, Natalie | 8 Triton | NH | |

Girls Long Jump

| | | | |
|-----------------------|-----------------|----------|----|
| 1 Graham, Nell | 11 Triton | 15-04.50 | 30 |
| 2 Hokanson, Tess | 12 Kenyon-Wanam | 15-00.50 | 29 |
| 3 Glynn, Jordyn | 11 Grand Meadow | 14-11.50 | 28 |
| 4 Root, Lindsey | 9 St Charles | 14-11.00 | 27 |
| 5 Yeakel, Lana | 11 Zumbrota-Maz | 14-10.00 | 26 |
| 6 Buchholtz, Lauren | 11 Grand Meadow | 14-08.50 | 25 |
| 7 Disbrow, Abbie | 8 St Charles | 14-08.00 | 24 |
| 8 Lawston, Lauren | 11 Rushford-Pet | 14-04.00 | 23 |
| 9 Ruen, Brielle | 8 Lanesboro/Fi | 14-02.25 | 22 |
| 10 Baum, Alyssa | 9 Chatfield | 14-02.00 | 21 |
| 11 Steffen, Bella | 9 Medford | 14-01.25 | 20 |
| 12 Albrecht, Jenny | 10 Rushford-Pet | 13-11.25 | 19 |
| 13 Wurst, Samantha | 12 Blooming Pra | 13-10.75 | 18 |
| 14 Johnson, Gemini | 10 Blooming Pra | 13-10.50 | 17 |
| 15 Greden, Josie | 12 Lewiston-Alt | 13-10.00 | 16 |
| 16 DeLeon, Isabel | 8 Medford | 13-08.50 | 15 |
| 17 Miller, Ella | 9 Lewiston-Alt | 13-08.25 | 14 |
| 18 Jensen, Jenna | 11 Triton | 13-08.00 | 13 |
| 19 Onsager, Sophie | 8 Dover-Eyota | 13-06.00 | 12 |
| 20 Brogle, Macayla | 8 Lanesboro/Fi | 13-05.50 | 11 |
| 21 LaVigne, Morgan | 10 Wabasha-Kell | 13-01.50 | 10 |
| 22 Fredrickson, Carly | 11 Zumbrota-Maz | 12-09.25 | 9 |
| 23 Schmidt, Vanessa | 7 Kenyon-Wanam | 12-08.50 | 8 |

| | | | | | |
|----|--------------------|----|--------------|----------|---|
| 24 | Steinfadt, Miranda | 12 | Hayfield | 12-08.25 | 7 |
| 25 | Hayden, Haley | 8 | Hayfield | 12-08.00 | 6 |
| 26 | Hopp, Megan | 12 | Chatfield | 12-06.00 | 5 |
| 27 | Peter, Brianna | 9 | Dover-Eyota | 12-05.25 | 4 |
| 28 | Scholing, Grace | 9 | Wabasha-Kell | 12-05.25 | 3 |

Girls Triple Jump

| | | | | | |
|----|---------------------|----|--------------|----------|----|
| 1 | Staub, Chloe | 9 | Triton | 33-06.75 | 30 |
| 2 | Bieberdorf, Kaitlyn | 11 | Rushford-Pet | 32-09.50 | 29 |
| 3 | Hinz, Kjersta | 11 | Rushford-Pet | 31-05.50 | 28 |
| 4 | Keller, Kasandra | 11 | Kenyon-Wanam | 31-04.00 | 27 |
| 5 | Smith, Antonia | 8 | St Charles | 31-02.75 | 26 |
| 6 | Glynn, Jordyn | 11 | Grand Meadow | 30-10.00 | 25 |
| 7 | Pederson, Macy | 12 | Chatfield | 30-07.00 | 24 |
| 8 | Nichols, Kyra | 11 | Zumbrota-Maz | 30-01.00 | 23 |
| 9 | Jacobson, Skyler | 12 | Zumbrota-Maz | 29-06.50 | 22 |
| 10 | Boyum, Juliana | 10 | Kenyon-Wanam | 29-05.50 | 21 |
| 11 | Smith, Lucia | 8 | St Charles | 29-02.25 | 20 |
| 12 | Hayden, Haley | 8 | Hayfield | 29-01.75 | 19 |
| 13 | Harris, Olivia | 11 | Schaeffer Ac | 28-11.25 | 18 |
| 14 | Ruzek, Myia | 10 | Lewiston-Alt | 28-08.75 | 17 |
| 15 | Kellen, Mackenzie | 8 | Medford | 28-06.75 | 16 |
| 16 | Bradt, Stephanie | 9 | Chatfield | 28-06.50 | 15 |
| 17 | Purrier, Bailey | 11 | Medford | 28-05.75 | 14 |
| 18 | Onsager, Sophie | 8 | Dover-Eyota | 28-04.00 | 13 |
| 19 | Sathre, Jaselyn | 8 | Grand Meadow | 27-11.75 | 12 |
| 20 | Norby, Aubrey | 12 | Lanesboro/Fi | 27-11.25 | 11 |
| 21 | Essig, Brenna | 9 | Triton | 27-09.00 | 10 |
| 22 | Ruen, Bailey | 12 | Lanesboro/Fi | 27-08.00 | 9 |
| 23 | Schmitz, Nikole | 12 | Lewiston-Alt | 27-05.25 | 8 |
| 24 | Zahnle, Brooke | 12 | Hayfield | 27-01.75 | 7 |
| 25 | Oswald, Megan | 9 | Blooming Pra | 26-11.00 | 6 |
| 26 | Sunde, Greta | 9 | Blooming Pra | 26-09.50 | 5 |
| 27 | Scholing, Grace | 9 | Wabasha-Kell | 26-00.75 | 4 |
| 28 | Moeller, Isabelle | 7 | Dover-Eyota | 24-05.50 | 3 |
| 29 | Vold, Kaylie | 7 | Wabasha-Kell | 24-01.50 | 2 |

Girls Shot Put

| | | | | | |
|----|----------------------|----|--------------|-----------|----|
| 1 | Thoe, Katrina | 12 | Hayfield | 33-03.00 | 30 |
| 2 | Blagsvedt, Nicole | 12 | Rushford-Pet | 33-00.00 | 29 |
| 3 | Davis, Kaleah | 10 | Rushford-Pet | 31-00.00 | 28 |
| 4 | Schmoker, Abby | 11 | Wabasha-Kell | J31-00.00 | 27 |
| 5 | Taylor, Sydney | 9 | Lanesboro/Fi | 30-03.00 | 26 |
| 6 | Erickson, Silja | 10 | Chatfield | 30-01.00 | 25 |
| 7 | Miller, Lauren | 12 | Zumbrota-Maz | 29-06.00 | 24 |
| 8 | Horsman, Kaylee | 11 | Wabasha-Kell | 29-05.00 | 23 |
| 9 | Ozcon, Elif | 12 | Lanesboro/Fi | 29-00.00 | 22 |
| 10 | Johnston, Madison | 9 | Hayfield | 28-11.00 | 21 |
| 11 | Courson, Kyra | 9 | Dover-Eyota | 28-03.00 | 20 |
| 12 | Amundson, Breea | | Schaeffer Ac | J28-03.00 | 19 |
| 13 | Ellinghuysen, Alexa | 11 | Lewiston-Alt | 28-00.00 | 18 |
| 14 | Warmka, Greta | 11 | Grand Meadow | 27-09.00 | 17 |
| 15 | Goldsmith, Kaci | 11 | Chatfield | J27-09.00 | 16 |
| 16 | Meyer, Megan | 9 | Lewiston-Alt | 27-02.00 | 15 |
| 17 | Trihus, Micalyn | 9 | Blooming Pra | J27-02.00 | 14 |
| 18 | Reiland, Madison | 10 | Grand Meadow | J27-02.00 | 13 |
| 19 | Gbala, Triniti | 9 | St Charles | 27-00.00 | 12 |
| 20 | McCready, Abby | 9 | St Charles | 25-08.00 | 11 |
| 21 | Mauseth, Carly | 11 | Dover-Eyota | J25-08.00 | 10 |
| 22 | Hunstad, Ali | 10 | Zumbrota-Maz | J25-08.00 | 9 |
| 23 | Baumgartner, Allison | 12 | Triton | 25-06.00 | 8 |
| 24 | Berg, Jenna | 9 | Medford | 24-09.00 | 7 |
| 25 | Voegele, Stephanie | 12 | Kenyon-Wanam | 23-01.00 | 6 |

| | | | |
|-------------------------|-----------------|-----------|---|
| 26 Selthun, Isabella | 8 Triton | J23-01.00 | 5 |
| 27 Flikke, Clara | 12 Kenyon-Wanam | 22-07.00 | 4 |
| 28 Villareal, Viridiana | 10 Blooming Pra | 20-11.00 | 3 |
| 29 Codina, Sara | 12 Medford | 15-10.00 | 2 |

Girls Discus Throw

| | | | |
|-------------------------|-----------------|--------|-------|
| 1 Thoe, Katrina | 12 Hayfield | 124-05 | 30 |
| 2 Blagsvedt, Nicole | 12 Rushford-Pet | 118-01 | 29 |
| 3 Mundt, Madison | 12 Lewiston-Alt | 115-06 | 28 |
| 4 Erickson, Silja | 10 Chatfield | 105-00 | 27 |
| 5 Baumgartner, Allison | 12 Triton | 94-02 | 26 |
| 6 Davis, Kaleah | 10 Rushford-Pet | 93-10 | 25 |
| 7 Taylor, Sydney | 9 Lanesboro/Fi | 91-11 | 24 |
| 8 Miller, Lauren | 12 Zumbrota-Maz | 89-07 | 23 |
| 9 Baum, Sarah | 11 Chatfield | 85-04 | 22 |
| 10 Hunstad, Ali | 10 Zumbrota-Maz | 84-04 | 21 |
| 11 Johnston, Madison | 9 Hayfield | 82-11 | 20 |
| 12 Courson, Kyra | 9 Dover-Eyota | 81-01 | 19 |
| 13 Semmen, Josie | 12 Lanesboro/Fi | 79-11 | 18 |
| 14 Ellinghuysen, Alexa | 11 Lewiston-Alt | 79-02 | 17 |
| 15 Howen, Sonia | 10 St Charles | 78-06 | 16 |
| 16 Thompson, Allison | 9 Dover-Eyota | 74-04 | 15 |
| 17 Trihus, Micalyn | 9 Blooming Pra | 71-00 | 13.50 |
| 18 Kiefer, Callie | 11 Grand Meadow | J71-00 | 13.50 |
| 19 Flikke, Clara | 12 Kenyon-Wanam | 68-07 | 12 |
| 20 McCready, Abby | 9 St Charles | 66-09 | 11 |
| 21 Doehling, Claire | 12 Kenyon-Wanam | 66-07 | 10 |
| 22 Horsman, Kaylee | 11 Wabasha-Kell | 66-04 | 9 |
| 23 Warmka, Greta | 11 Grand Meadow | 62-07 | 8 |
| 24 Schmoker, Abby | 11 Wabasha-Kell | 61-01 | 7 |
| 25 Villareal, Viridiana | 10 Blooming Pra | 59-09 | 6 |
| 26 Berg, Jenna | 9 Medford | 58-09 | 5 |
| 27 Essig, Brenna | 9 Triton | 50-07 | 4 |
| 28 Codina, Sara | 12 Medford | 48-05 | 3 |

THREE RIVERS CONFERENCE CHAMPIONSHIPS— May 12th, 2018

Team Scores

1. PEM 199
2. RPH 139.5
3. La Crescent 110.5
- 4. St. Charles 97**
5. Chatfield 79
6. Cotter 78
7. LAHS 74.5
8. Dover-Eyota 72.5
9. Caledonia 47
10. Wabasha-Kellogg 18

100m Dash

1. Miller LAHS 13.12
2. Iverson LaCr 13.16
3. Conniff Cal 13.19
4. Hinz RPH 13.22
5. Nichols Cotter 13.24
- 6. Root SC 13.37**
7. Pederson Chat 13.43
8. Welscher Cal 13.47
- 9. A. Smith SC 13.59**
9. Bibber LaCr 13.59

200m Dash

1. Conniff Cal 27.39
2. Iverson LaCr 27.48
3. McCullough PEM 27.61
4. Miller LAHS 27.79
5. Bibber LaCr 28.23
- 6. Root SC 28.39**
7. Hopp Chat 28.50
8. Conniff Cal 28.73
9. Bradt Chat 28.90

400m Dash

1. McCullough PEM 1:02.90
- 2. A. Smith SC 1:03.92**
3. Schieber Cal 1:04.82
4. Papenfuss RPH 1:05.19
5. Hall PEM 1:06.17
6. Ideker DE 1:07.01
- 7. Stowell SC 1:07.43**
- 8. Krenik SC 1:08.01**
9. Anderson PEM 1:09.04

800m Run

1. Ping Cotter 2:20.84
2. Nelson PEM 2:29.12
3. Sholing WK 2:29.37
4. Danielson LaCr 2:35.79
5. Schmidt DE 2:37.79

6. Ellinghuysen LAHS

- 2:40.48
 7. Gomez Chat 2:41.86
 - 8. Cole SC 2:42.25**
 9. Allen Chat 2:45.88
- ### 1600m Run
1. Arnold Cotter 5:35.38
 2. Simon PEM 5:37.38
 3. Rugeberg DE 5:49.21
 4. Didier RPH 5:55.66
 5. Gillespie Chat 5:55.73
 6. Martin Chat 6:02.99
 7. Kriedermacher LAHS 6:03.87
 8. Wallerich WK 6:06.51
 9. Zimmerman WK 6:09.86

3200m Run

1. Ping Cotter 10:32.89
2. Williams Cotter 12:06.63
3. Nelson DE 12:13.70
4. Juenemann DE 12:14.94
5. Simon PEM 12:19.76
6. Rugeberg DE 12:48.26
7. Coons PEM 13:15.38
8. Martin Chat 13:20.47
9. Didier RPH 13:25.83

100m Hurdles

1. Baudek LaCr 17.41
2. Schumacher PEM 17.51
3. Hoff RPH 17.70
4. Salerno Chat 17.91
5. Furlong LaCr 18.21
- 6. L. Smith SC 18.25**
7. Welsh Cal 18.31
8. Holtz PEM 18.63
- 9. Disbrow SC 18.76**

300m Hurdles

1. Baudek LaCr 49.42
2. Holtz PEM 50.59
- 3. L. Smith SC 51.49**
4. Hoff RPH 52.32
- 5. Disbrow SC 52.39**
6. Augustine PEM 53.26
- 7. Paul SC 54.11**
8. Geiwitz RPH 55.10
9. Burnett PEM 55.20

4x100m Relay

1. RPH 53.23
2. Cal 53.27
3. Chat 53.79

4. PEM 54.02

5. LaCr 54.05
 6. DE 55.32
 - 7. SC 56.12**
 - L.O'Hara, Dailey, Harris, K.Kramer**
 8. LAHS 56.34
 9. Cotter 57.38
- ### 4x200m Relay
1. PEM 1:51.36
 2. RPH 1:53.64
 3. Chat 1:54.04
 4. LAHS 1:58.25
 - 5. SC 1:59.43**
 - L.O'Hara, Stowell, Paul, K.Kramer**
 6. DE 2:00.12
 7. LaCr 2:01.82
 8. Cal 2:04.04
- ### 4x400m Relay
- 1. SC 4:25.65**
 - A.Smith, Cole, L.Smith, Root**
 2. Chat 4:28.94
 3. DE 4:30.89
 4. LAHS 4:31.38
 5. PEM 4:36.85
 6. Cotter 4:39.42
 7. RPH 4:49.85
 8. LaCr 5:08.76
- ### 4x800m Relay
1. Cotter 9:58.17
 2. DE 10:35.57
 3. LaCr 10:54.19
 4. Chat 10:56.46
 5. WK 11:04.97
 6. PEM 11:08.24
 - 7. SC 11:17.71**
 - Daood, Spaulding, J.Kramer, Cole**
 8. RPH 11:19.43
- ### High Jump
1. Doughty PEM 5-00
 2. Dryden LaCr 5-00
 3. Hinz RPH 4-10
 4. Holtz PEM 4-08
 5. Magnuson DE 4-08
 6. Birkholz DE 4-06
 6. Miller DE 4-06
 - 6. Mundt SC 4-06**
 6. Woodard RPH 4-06

Pole Vault

1. Ranta PEM 8-06
2. Nelson PEM 8-06
3. Byom LaCr 8-00
4. Friedrichs Chat 8-00
5. Larsen LAHS 8-00
6. Onsager DE 7-06
7. Hoff RPH 7-00
8. Gunnarson LAHS 7-00
9. Greden LAHS 7-00

Long Jump

1. **Root SC 16-07.75**
2. Nichols Cotter 16-04.00
3. Holtz PEM 15-10.50
4. **Disbrow SC 15-09.00**
5. Albrecht RPH 15-06.75
6. Lawston RPH 15-02.75
7. Baum Chat 15-01.00
8. Geiwitz RPH 14-11.50
9. Schumacher PEM 14-08.00

Triple Jump

1. Doughty PEM 34-00.75
2. McCullough PEM 33-10.50
3. Bieberdorf RPH 33-06.75
4. Hinz RPH 33-01.50
5. Pederson Chat 32-02.50
6. **A. Smith SC 31-04.75**
7. **L. Smith SC 30-06.00**
8. Helgemoe RPH 29-10.75
9. Salvetti LAHS 29-7.250

Shot Put

1. Blagsvedt RPH 36-07.50
2. Davis RPH 32-04.50
3. Soulier LAHS 31-08.00
4. Rahman PEM 30-08.35
5. Meyer LAHS 30-00.50
6. Rahman PEM 30-00.50
7. Ellinghuys LAHS 29-06.25
8. Schmoker WK 29-05.50
9. Erickson Chat 29-01.50

Discus

1. Dryden LaCr 119-08
2. Blagsvedt RPH 119-01
3. Mundt LAHS 111-06
4. Rahman PEM 100-04
5. Davis RPH 94-10
6. Desner PEM 86-11
7. Baum Chat 85-05
8. Furlong LaCr 84-06
9. Goldsmith Chat 78-08

Non-Scoring Performances

Harris 14.40
Disbrow 28.99
L. O'Hara 30.43
Daood 2:50.78
Spaulding 2:51.47
Paul 19.13, 28-07.00
K. Kramer 6-06
J. Kramer 13-10.75
Howen 23-11.00, 76-01
McCready 22-10.25, 67-01
Muschler 22-02.50
A. O'Hara 49-04

COTTER INVITATIONAL—May 17th, 2018

100m Dash

1. Gardner Cotter 13.37
2. Iverson LaCr 13.46
3. Nichols Cotter 13.54
4. Hagstrom RACE 13.61
5. Ruelas RACE 13.72

200m Dash

1. Hagstrom RACE 27.48
2. **A. Smith SC 27.83**
3. Ruelas RACE 28.17
4. Nichols Cotter 28.19
5. Fuchsel LaCr 28.89

400m Dash

1. Hagstrom RACE 1:02.06
2. Castleberg RACE 1:04.74
3. Esser LaCr 1:05.55
4. Gardner Cotter 1:05.56
5. Costello Cotter 1:11.86

800m Run

1. Ping Cotter 2:20.05
2. Ping Cotter 2:20.78
3. Castleberg RACE 2:37.56
4. Ellinghuys LAHS 2:45.70
5. Mota Cotter 2:45.80

1600m Run

1. Williams Cotter 5:44.14
2. Hagstrom RACE 5:53.63
3. Danielson LaCr 6:00.85
4. Mota Cotter 6:03.76
5. Steffes LaCr 6:15.24

3200m Run

1. Perry RACE 12:21.44
2. Williams Cotter 12:37.60

100m Hurdles

1. Baudek LaCr 17.44
2. Thesing LaCr 18.35
3. Furlong LaCr 18.40
4. **L. Smith SC 18.62**
5. **Paul SC 19.0**

300m Hurdles

1. **Disbrow SC 51.16**
2. Baudek LaCr 52.09
3. Perry RACE 53.54
4. **Paul SC 54.34**
5. Wicklow LAHS 55.25

4x100m Relay

1. RPH 53.39
2. **SC A 54.22**
L.Smith, J. Kramer, Disbrow, A.Smith

3. LAHS 55.42
4. LaCr 56.08

5. **SC B 56.33**
L.O'Hara, Dailey, Harris, K.Kramer

4x200m Relay

1. **SC A 1:53.11**
A.Smith, L.Smith, Disbrow, Root

2. LaCr 1:54.67
3. LAHS 1:58.29

4. **SC B 1:59.49**
L.O'Hara, Paul, Stowell, K.Kramer

5. RACE 2:13.31

4x400m Relay

1. RACE 4:26.17
2. LaCr 4:27.60
3. LAHS 4:33.88

4. **SC 4:39.93**
Stowell, Daood, Spaulding, Cole

4x800m Relay

1. RPH 11:26.23
2. RACE 11:44.12
3. **SC 11:51.29**
Daood, Krenik, Spaulding, Cole

High Jump

1. Hottel RACE 4-10
2. Dryden LaCr 4-08
3. Thesing LaCr 4-06
4. **Harris SC 4-06**
5. Woodard RPH 4-06

Pole Vault

1. Hoff RPH 8-06
2. Larsen LAHS 8-00
3. Siegersma LaCr 7-06
4. Alfson RPH 7-06
5. Geiwitz RPH 6-06

5. Rasmussen RPH 6-06

Long Jump

1. Disbrow SC 16-06.50
2. Nichols Cotter 16-04.50
3. Hoff RPH 14-06.25
4. Sommer LAHS 14-06.00
5. Hagstrom RACE 14-06.00

Triple Jump

1. Salvetti LAHS 28-06.25
2. Stewart Cotter 27-09.00
3. Schmitz LAHS 27-04.75
4. Costello Cotter 25-04.50

Shot Put

1. Blagsvedt RPH 38-05.00
2. Davis RPH 34-00.50
3. Meyer LAHS 31-03.00
4. Soulier LAHS 31-01.00
5. Ellinghuys LAHS 29-00.50

Discus

1. Mundt LAHS 117-01
2. Blagsvedt RPH 110-04
3. Dryden LaCr 101-05
4. Davis RPH 92-04
5. Schoonover RPH 86-06

Other Performances

- Harris 14.56
Dailey 14.77, 4-04, 6-00
Mitchell 14.93, 30.88
Montgomery 16.10, 34.43
L. O'Hara 30.54
Hansen 2:59.25
Spaulding 3:01.76
Cole 6:20.99
Daood 6:26.63
J.Kramer 20.32, 57.58, 13-07
Stowell 59.95
K. Kramer 6-00
Gbala 27-03.50, 70-06
McCready 24-02.50, 66-02
Howen 23-05.25, 62-06
Muschler 22-06.50, 65-03
Ronneberg 21-06.00, 57-10
A. O'Hara 21-00.75
Bunke 50-00

SUB-SECTION 1A-3 (EYOTA)—May 23rd, 2018

Team Scores

1. PEM 174
2. Lake City 150
3. Rochester Lourdes 130.5
- 4. St. Charles 70.5**
5. Lewiston-Altura 69
6. Dover-Eyota 52
7. Schaeffer Academy 30
8. Wabasha-Kellogg 17

100m Dash

1. Adamson Lourdes 12.85
2. Miller LAHS 13.12
3. McCullough PEM 13.37
4. Magnuson DE 13.57
5. Coleman Lourdes 13.79
6. Sawyer PEM 13.89
- 7. K. Kramer SC 13.91**
8. Lukes LC 13.97

200m Dash

1. Adamson Lourdes 25.80
2. Hanson SA 26.71
3. Miller LAHS 27.07
4. McCullough PEM 27.26
5. Amundson SA 27.64
6. Braun LC 27.83
7. Grobe LC 27.96
8. Haugen Lourdes 28.24

400m Dash

1. Meincke LC 59.56
2. Nelson PEM 1:01.31
- 3. A. Smith SC 1:01.93**
4. McCullough PEM 1:02.61
5. Grobe LC 1:03.68
6. Thom Lourdes 1:04.20
7. Harris SA 1:04.23
8. Hall PEM 1:04.98

800m Run

1. Doughty PEM 2:25.67
2. Darnell LC 2:25.76
3. Renier Lourdes 2:25.83
4. Sholing WK 2:25.94
5. Gossman Lourdes 2:33.95
6. Nelson LC 2:35.32
7. Pennington LC 2:38.72
8. Ellinghuysen LAHS 2:39.93

1600m Run

1. Gossman Lourdes 5:39.61
2. Simon PEM 5:43.68
3. Clementson LC 5:46.73

4. Beltz LC 5:51.70
5. Victoria WK 5:59.35
6. Houfek Lourdes 6:00.76
7. Koplin LC 6:06.83
8. Coons PEM 6:07.51

3200m Run

1. Majerus LC 12:05.91
2. Juenemann DE 12:09.62
3. Schmitz LC 12:16.55
4. Simon PEM 12:26.66
5. Degen Lourdes 12:42.77
6. Ruggeberg DE 13:00.64
7. Kelly Lourdes 13:39.96
8. Hagen PEM 13:46.41

100m Hurdles

1. Veronen LC 17.31
2. Schumacher PEM 17.57
- 3. Paul SC 18.26**
4. Nesler LAHS 18.72
5. Downs Lourdes 19.27
6. Gunnarson LAHS 19.76
- 7. J. Kramer SC 19.79**
8. Kennedy LC 20.10

300m Hurdles

1. Veronen LC 48.34
2. Talbot Lourdes 48.95
3. Hanson SA 49.22
4. Holtz PEM 49.72
- 5. L. Smith SC 50.10**
- 6. Disbrow SC 50.58**
7. Nesler LAHS 52.41
- 8. Paul SC 52.86**

4x100m Relay

1. LC 52.64
2. PEM 52.68
3. Lourdes 52.72
4. LAHS 53.93
- 5. SC 55.26 (L.O'Hara, Dailey, Harris, K.Kramer)**
6. DE 55.37

4x200m Relay

1. SA 1:48.52
2. Lourdes 1:49.17
3. LC 1:49.39
4. PEM 1:49.74
- 5. SC 1:50.96 (A.Smith, L. Smith, Disbrow, Root)**
6. LAHS 1:57.61
7. DE 2:02.01
8. WK 2:08.74

4x400m Relay

1. PEM 4:10.14
 2. LC 4:10.63
 3. Lourdes 4:15.42
 - 4. SC 4:19.37 (A. Smith, Cole, L. Smith, Root)**
 5. DE 4:27.77
 6. LAHS 4:28.83
- 4x800m Relay
1. LC 10:18.89
 2. DE 10:33.39
 - 3. SC 11:15.28 (Daood, Hansen, Spaulding, Cole)**
 4. Lourdes 11:22.94
 5. WK 11:27.72
 6. PEM 11:32.73

High Jump

1. Doughty PEM 4-11
2. Magnuson DE 4-11
3. Veronen LC 4-09
4. Birkholz DE 4-07
- 5. Mundt SC 4-07**
5. Kielty Lourdes 4-07
- 7. Dailey SC 4-07**
- 8. Harris SC 4-05**

Pole Vault

1. Nelson PEM 8-07
2. Cordes Lourdes 8-07
3. Ranta PEM 8-07
4. Larsen LAHS 8-01
5. Onsager DE 7-07
6. Nelson LC 7-07
7. Grimm LC 7-07
8. Greden LAHS 7-01

Long Jump

1. Adamson Lourdes 16-05.00
- 2. Root SC 15-11.50**
- 3. Disbrow SC 15-06.50**
4. Cordes Lourdes 15-03.00
5. Schumacher PEM 15-02.50
6. Sellner Lourdes 15-01.00
7. Holtz PEM 14-06.50
8. Greden LAHS 14-00.50

Triple Jump

1. Doughty PEM 34-00.50
2. McCullough PEM 33-01.00
3. Braun LC 32-01.25
4. Thom Lourdes 31-05.50
- 5. A. Smith SC 30-03.00**
6. Young PEM 30-02.00
7. Sellner Lourdes 29-08.25
8. Onsager DE 29-04.75

Shot Put

1. Rahman PEM 32-07.25
2. Custer LC 31-00.25
3. Soulier LAHS 30-11.00
4. Rahman PEM 30-10.00
5. Meyer LAHS 30-08.00
6. Horsman WK 30-05.25
7. Desner PEM 30-00.50
8. Ellinghuysen LAHS 29-08.00

Discus

1. Mundt LAHS 117-06
2. Custer LC 109-04
3. Rahman PEM 107-02
4. Ellinghuysen LAHS 95-01
5. Rahman PEM 88-07
- 6. Howen SC 85-10**
7. Desner PEM 85-02
8. Courson DE 81-06

Non-Scoring Performances

Harris 14.31
Mitchell 14.91, 31.10
L. O'Hara 29.37
Montgomery 33.52
Stowell 1:05.15, 20.39
Krenik 1:08.23
Cole 2:40.16
Daood 2:49.10
Spaulding 2:56.91
Kittleson 7:04.12
K. Kramer 6-07
Dailey 6-07
J. Kramer 13-02.00
Paul 27-08.50
Gbala 25-09.50, 71-08
McCready 24-04.00, 71-03
Howen 23-09.50

SECTION 1A-3 MEET—MAY 29TH AND 31ST, 2018

Women - Team Rankings - 18 Events Scored

| | | | |
|--------------------------------|-----------|------------------------------|-------|
| 1) Byron | 80.50 | 2) Plainview-Elgin Millville | 69.50 |
| 3) Lake City | 69 | 4) Lanesboro/Fillmore Centra | 67 |
| 5) Rochester Lourdes | 66 | 6) Cotter | 65 |
| 7) Grand Meadow/LeRoy- Ost/Kin | 55 | 8) Stewartville | 53 |
| 9) Triton | 49 | 10) Hayfield | 33 |
| 11) Zumbrota-Mazeppa | 32 | 12) La Crescent | 28 |
| 13) Lyle- Pacelli | 25 | 14) Cannon Falls | 23 |
| 15) Rushford- Peterson/Houston | 22 | 16) Rochester Area Christian | 21 |
| 17) Bethlehem Academy | 20 | 18) Pine Island | 19 |
| 19) St Charles | 18 | 20) Medford | 14.50 |
| 21) Kenyon- Wanamingo | 14 | 21) Lewiston-Altura | 14 |
| 23) Caledonia/Spring Grove | 12 | 24) Schaeffer Academy | 10 |
| 25) Chatfield | 5 | 26) Wabasha- Kellogg | 4 |
| 26) Dover- Eyota | 4 | 28) Blooming Prairie | 3.50 |

Girls 400 Meter Dash

Meet Record: M 57.46 1993 Trisha Schumacher (Plainview)

58.71 QUAL

| Name | Year School | Finals | Points Alternate |
|------|-------------|--------|------------------|
|------|-------------|--------|------------------|

Finals

| | | | |
|--------------------|----------------------|------------|----|
| 1 Nell Graham | 11 Triton | 58.35 QUAL | 12 |
| 2 Lilly Meincke | 8 Lake City | 59.50 | 10 |
| 3 Rylee Nelson | 9 Plainview- El | 1:00.32 | 8 |
| 4 Tess Hokanson | 12 Kenyon- Wanamingo | 1:00.54 | 6 |
| 5 Antonia Smith | 8 St Charles | 1:01.27 | 5 |
| 6 Natalie Hagstrom | 11 Rochester Ar | 1:01.42 | 4 |
| 7 Maria Schieber | 12 Caledonia/Sp | 1:01.48 | 3 |
| 8 Aubrey Norby | 12 Lanesboro/Fi | 1:03.09 | 2 |

Girls 100 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Meet Record: M 14.71 1993 Kelly Schoberg (Plainview)

15.59 QUAL

| Name | Year School | Prelims | Wind H# | Alternate |
|------|-------------|---------|---------|-----------|
|------|-------------|---------|---------|-----------|

Preliminaries

| | | | | |
|----------------------|-----------------|--------|------|---|
| 1 Emma Breitsprecher | 10 Lanesboro/Fi | 16.08Q | +0.0 | 2 |
| 2 Emma Weatherly | 12 Byron | 16.28Q | -0.9 | 1 |
| 3 Hailey Hindt | 9 Grand Meadow | 16.18q | +0.0 | 2 |

| | | | | | | |
|----|-------------------|----|-------------------|--------|------|---|
| 4 | Brianna Radatz | 9 | Bethlehem Academy | 16.68q | +0.0 | 2 |
| 5 | Juliana Boyum | 10 | Kenyon-Wanamingo | 16.70q | -0.9 | 1 |
| 6 | Madison Hindt | 9 | Grand Meadow | 16.85q | -0.9 | 1 |
| 7 | Olivia Hoff | 12 | Rushford-Pet | 16.89q | -0.9 | 1 |
| 8 | Ella Baudek | 11 | La Crescent | 17.08q | +0.0 | 2 |
| 9 | Ashley Veronen | 9 | Lake City | 17.40 | +0.0 | 2 |
| 10 | Jordyn Schumacher | 9 | Plainview-El | 18.12 | -0.9 | 1 |
| 11 | Chloe Staub | 9 | Triton | 18.35 | +0.0 | 2 |
| 12 | Ashley Paul | 9 | St Charles | 18.40 | +0.0 | 2 |
| 13 | Emmarie Byom | 9 | La Crescent | 19.75 | -0.9 | 1 |

Girls 4x800 Meter Relay

=====
 Meet Record: M 9:29.97 1995 Plainview
 9:48.74 QUAL

| School | Finals | Points Alternate |
|----------------------------------|-------------------------|------------------|
| 1 Stewartville | 9:41.26 QUAL | 12 |
| 1) Kailee Malone 10 | 2) Abby Orvis 12 | |
| 3) Gracie Waltman 10 | 4) Laura Pedelty 11 | |
| 2 Lake City | 9:49.61 | 10 |
| 1) Liv Kozlowski 12 | 2) Hallie Willers 12 | |
| 3) Samantha Darnell 9 | 4) Lilly Meincke 8 | |
| 3 Zumbrota-Mazeppa | 9:54.43 | 8 |
| 1) Katrina Sortland 7 | 2) Natasha Sortland 7 | |
| 3) Calen Scholl 10 | 4) Skyler Jacobson 12 | |
| 4 Lanesboro/Fillmore Central/Mab | 9:58.75 | 6 |
| 1) Katelin Prinsen 11 | 2) Kaylee Arndt 9 | |
| 3) Brielle Ruen 8 | 4) Bailey Ruen 12 | |
| 5 Pine Island | 10:15.10 | 5 |
| 1) Jocasta Adelsman 12 | 2) Sara Schartau 12 | |
| 3) Kendra Kundert 11 | 4) Rebekah Gustine 10 | |
| 6 Dover-Eyota | 10:23.98 | 4 |
| 1) Tierra Ruggeberg 9 | 2) Carly Mauseth 11 | |
| 3) Annika Juenemann 12 | 4) Christina Schmidt 11 | |
| 7 Byron | 10:25.56 | 3 |
| 1) Michaela Hamilton 7 | 2) Ally Akervik 10 | |
| 3) Josilyn Cordes 10 | 4) Annika Johnson 10 | |

| | | | |
|----|--------------------------------|---------------------------|---|
| 8 | Grand Meadow/LeRoy-Ost/Kingsla | 10:54.91 | 2 |
| | 1) Ellie Buchholtz 9 | 2) Sydney Alstat 8 | |
| | 3) Kendyl Queensland 7 | 4) Shelby Beck 8 | |
| 9 | Chatfield | 11:00.87 | |
| | 1) Abbi Gillespie 8 | 2) Sydney Allen 8 | |
| | 3) Tessa McMahon 8 | 4) Karla Gomez 9 | |
| 10 | Hayfield | 11:05.21 | |
| | 1) Maryx Young 9 | 2) McKenna O'Connor 8 | |
| | 3) Lillie O'Connor 11 | 4) Payton Slaathaug 11 | |
| 11 | St Charles | 11:06.82 | |
| | 1) Anna Daood 9 | 2) Allison Hansen 10 | |
| | 3) Brooke Spaulding 9 | 4) Celia Cole 8 | |
| 12 | La Crescent | 11:16.18 | |
| | 1) Breigh Bierman 12 | 2) Ashley Muenzenberger 9 | |
| | 3) Katy Steffes 10 | 4) Molly Franzose 11 | |

Girls Long Jump

3 attempts -- top 9 to finals for 3 additional attempts

Meet Record: M 18-03.50 2006 Brittany Lubahn (Byron)

16-11.00 QUAL

| Name | Year | School | Finals | Wind | Points | Alternate |
|-----------------------|------|-------------------|---------------|------|--------|-----------|
| 1 Lana Yeakel | 11 | Zumbrota-Mazeppa | 17-00.00 QUAL | 0.9 | 12 | |
| 2 Claire Nichols | 11 | Cotter | 16-08.75 | 2.5 | 10 | |
| 3 Lindsey Root | 9 | St Charles | 16-06.50 | +0.0 | 8 | |
| 4 C.J. Adamson | 8 | Rochester Lourdes | 16-04.00 | 1.3 | 6 | |
| 5 Abbie Disbrow | 8 | St Charles | 16-04.00 | 1.7 | 5 | |
| 6 Emma Weatherly | 12 | Byron | 16-03.50 | 1.7 | 4 | |
| 7 Natalie Hagstrom | 11 | Rochester Ar | 15-08.50 | 0.1 | 3 | |
| 8 Jaci Newman | 9 | Pine Island | 15-06.00 | +0.0 | 2 | |
| 9 Lauren Buchholtz | 11 | Grand Meadow | 15-02.75 | 1.5 | | |
| 10 Katie Kehret | 10 | Byron | 15-02.50 | +0.0 | | |
| 11 Olivia Christianso | 10 | Lyle-Pacelli | 14-11.75 | 3.3 | | |
| 12 Emma Geiwitz | 9 | Rushford-Pet | 14-01.00 | +0.0 | | |
| 13 Megan Hopp | 12 | Chatfield | 13-11.50 | +0.0 | | |

AWARDS—2018

Captians: Lydia O'Hara

Letter Winners: Lindsey Root, Antonia Smith, Abbie Disbrow, Lucia Smith, Ashley Paul, Celia Cole, Katie Kramer, Lydia O'Hara, Allison Hansen, Anna Daood, Triniti Gbala, Leah Mundt, Jenny Kramer, Sonia Howen, Bianca Harris, Brooke Spaulding

Top 5 Scorers: Lindsey Root (206), Antonia Smith (146.5), Abbie Disbrow (146), Lucia Smith (140.5), Ashley Paul (75.5)

Conference Placers: Lindsey Root (100, 200, long jump), Antonia Smith (100, 400, triple jump), Gabby Stowell (400), Piper Krenik (400), Celia Cole (800), Lucia Smith (100h, 300h, triple jump), Abbie Disbrow (100h, 300h, long jump), Ashley Paul (300h), Leah Mundt (high jump), 4x100 (Lydia O'Hara, Katie Dailey, Bianca Harris, Katie Kramer), 4x200 (Lydia O'Hara, Gabby Stowell, Ashley Paul, Katie Kramer), 4x400 (Antonia Smith, Celia Cole, Lucia Smith, Lindsey Root), 4x800 (Anna Daood, Brooke Spaulding, Jenny Kramer, Celia Cole)

All-Conference: Antonia Smith, Celia Cole, Lucia Smith, Lindsey Root

Sub-Section Placers: Katie Kramer—100 (7); Antonia Smith—400 (3), triple jump (5); Ashley Paul—100h (3), 300h (8); Jenny Kramer—100h (7); Lucia Smith—300h (5); Abbie Disbrow—300h (6), long jump(3); 4x100—5 (Lydia O'Hara, Katie Dailey, Bianca Harris, Katie Kramer); 4x200—5 (Antonia Smith, Lucia Smith, Abbie Disbrow, Lindsey Root); 4x400—4 (Antonia Smith, Celia Cole, Lucia Smith, Lindsey Root); 4x800—3 (Anna Daood, Allison Hansen, Brooke Spaulding, Celia Cole); Leah Mundt—high jump (5); Katie Dailey—high jump (7); Bianca Harris—high jump (8); Lindsey Root—long jump (2); Sonia Howen—discus (6)

Section Meet Qualifiers: Antonia Smith (400), Ashley Paul (100h), Abbie Disbrow (long jump), Lindsey Root (long jump), 4x800 (Anna Daood, Allison Hansen, Brooke Spaulding, Celia Cole)

Section Meet Placers: Antonia Smith—400 (5), Lindsey Root—long jump (3), Abbie Disbrow—long jump (5)

MSHSL Honor Roll Qualifiers: Antonia Smith (400), Lucia Smith (300h), Lindsey Root (long jump), Abbie Disbrow (long jump), 4x200, 4x400

* * * * *

TEAM AWARDS—2018

There are three team awards presented each year in recognition of exceptional performance and contribution to the Saint Charles Track and Field team and the Saint Charles Track and Field program. These awards in no way should be interpreted as being given to the only people who met the criteria. They are awards given to those individuals by their teammates in recognition of what the team feels are *exceptional* contributions.

TOP SCORER: Awarded each year to the team's leading scorer.

2018 Top Scorer Award: Lindsey Root

MOST IMPROVED: The recipient of the Most Improved Athlete award is not based solely on statistics. Rather, it is given to an athlete who, through their hard work, dedication, and perseverance, noticeably improved their performances AND, as a result, helped improve the team's performances. This may be an improvement from last season to this season, or (in the case of a first-year athlete) from the beginning of this season to the end.

2018 Most Improved Award: Gabby Stowell

MOST DEDICATED: Given each year to an athlete whose dedication goes beyond their own events; this award goes to the athlete who is most dedicated to the St. Charles Track and Field program. These athletes are not necessarily the top performers. Recipients of this award are dedicated not only to their own performances, but also the performances of their teammates and of the program as a whole. They are dedicated to a positive attitude and positive environment, at practice, meets, and school. They are dedicated to working hard, and enabling and inspiring others to work hard as well. They are dedicated not only to the present of this program but making sure to put their positive stamp on the program's future, as well.

2018 Most Dedicated Award: Lindsey Root

2019 Captain: Katie Kramer

ST. CHARLES TRACK AND FIELD AWARDS HISTORY

2014—present

| YEAR | Top Scorer | Most Improved | Most Dedicated |
|-------------|---------------|----------------|-----------------|
| 2014 | Analise Fabre | Anna Smith | Allie McDonough |
| 2015 | Anna Smith | Macy Loechler | Katherine Smith |
| 2016 | Anna Smith | Macy Loechler | Ebony Mitchell |
| 2017 | Analise Fabre | Allison Hansen | Anna Smith |
| 2018 | Lindsey Root | Gabby Stowell | Lindsey Root |

CAPTAINS

2014: Katherine Smith, Abbey Ludens

2015: Katherine Smith

2016: Allie McDonough, Anna Smith, Analise Fabre

2017: Anna Smith, Analise Fabre

2018: Lydia O'Hara

2019: Katie Kramer

All-Conference: (champs in bold)

2014: none

2015: none

2016: Anna Smith

2017: Analise Fabre, Lindsey Root, Lydia O'Hara, Anna Smith

2018: **Antonia Smith, Celia Cole, Lucia Smith, Lindsey Root**

Section Qualifiers: (champs in bold)

2014: Abby Ludens (triple jump), Anna Smith (400)

2015: 4x100 Meter Dash (Lydia O'Hara, Anna Ferden, Bianca Harris, Analise Fabre), Bianca Harris (100)

2016: Anna Smith (400), Macy Loechler (1600)

2017: Abbie Disbrow (300h), Analise Fabre (pole vault, **triple jump**), 4x100 (Lydia O'Hara, Anna Smith, Katie Kramer, Analise Fabre)

2018: Antonia Smith (400), Ashley Paul (100h), Lindsey Root (long jump), Abbie Disbrow (long jump), 4x800 (Anna Daood, Allison Hansen, Brooke Spaulding, Celia Cole)

GIRLS TRACK AND FIELD SEASON WIN-LOSS RECORDS

2014—present

| Year | Won | Lost | Winning % | Conf. | True Team | TT State | Subsection | Section | STATE |
|------|-----|------|-----------|-------|-----------|----------|------------|---------|-------|
| 2014 | 3 | 54 | 5.2% | 8 | 18 | ----- | 8 | 25 | ----- |
| 2015 | 26 | 46 | 36.1% | 9 | 10 | ----- | 6 | DNS | ----- |
| 2016 | 9 | 68 | 11.7% | 10 | 14 | ----- | 8 | DNS | ----- |
| 2017 | 32 | 52 | 38.1% | 8 | 7 | ----- | 4 | 28 | ----- |
| 2018 | 38 | 28 | 57.6% | 4 | 6 | ----- | 4 | 19 | ----- |

ST. CHARLES SAINTS GIRLS HONOR ROLL

2014-present

100 Meter Dash

| | | | |
|-----|---------------|------|-------|
| 1. | Lindsey Root | 2018 | 13.37 |
| 2. | Antonia Smith | 2018 | 13.59 |
| 3. | Analise Fabre | 2014 | 13.61 |
| 4. | Katie Kramer | 2017 | 13.76 |
| 5. | Bianca Harris | 2015 | 13.76 |
| 6. | Abbie Disbrow | 2017 | 13.88 |
| 7. | Anna Smith | 2017 | 13.93 |
| 8. | Lydia O'Hara | 2016 | 14.10 |
| 9. | Anna Ferden | 2017 | 14.31 |
| 10. | Hannah Fynboh | 2017 | 14.67 |

200 Meter dash

| | | | |
|-----|---------------|------|-------|
| 1. | Antonia Smith | 2018 | 27.83 |
| 2. | Lindsey Root | 2018 | 27.85 |
| 3. | Anna Smith | 2014 | 28.13 |
| 4. | Analise Fabre | 2016 | 28.46 |
| 5. | Lydia O'Hara | 2017 | 28.69 |
| 6. | Abbie Disbrow | 2018 | 28.90 |
| 7. | Lucia Smith | 2018 | 29.22 |
| 8. | Katie Kramer | 2017 | 29.70 |
| 9. | Anna Ferden | 2017 | 29.79 |
| 10. | Bianca Harris | 2015 | 29.93 |

400 Meter dash

| | | | |
|-----|---------------|------|---------|
| 1. | Antonia Smith | 2018 | 1:01.27 |
| 2. | Anna Smith | 2016 | 1:02.02 |
| 3. | Lindsey Root | 2017 | 1:02.51 |
| 4. | Gabby Stowell | 2018 | 1:05.15 |
| 5. | Piper Krenik | 2017 | 1:05.77 |
| 6. | Abby Ludens | 2014 | 1:06.38 |
| 7. | Lydia O'Hara | 2015 | 1:08.38 |
| 8. | Antonia Smith | 2017 | 1:11.97 |
| 9. | Jenny Kramer | 2015 | 1:12.41 |
| 10. | Mimi Kivi | 2014 | 1:13.03 |

400 Meter Split

| | | | |
|-----|-----------------|------|---------|
| 1. | Lindsey Root | 2018 | 1:02.32 |
| 2. | Antonia Smith | 2018 | 1:02.91 |
| 3. | Anna Smith | 2015 | 1:03.44 |
| 4. | Lucia Smith | 2018 | 1:06.13 |
| 5. | Gabby Stowell | 2018 | 1:06.57 |
| 6. | Lydia O'Hara | 2015 | 1:07.10 |
| 7. | Piper Krenik | 2017 | 1:07.56 |
| 8. | Celia Cole | 2018 | 1:07.81 |
| 9. | Katherine Smith | 2015 | 1:10.00 |
| 10. | Ashley Paul | 2017 | 1:10.57 |

800 Meter Run

| | | | |
|-----|------------------|------|---------|
| 1. | Macy Loechler | 2016 | 2:39.86 |
| 2. | Celia Cole | 2018 | 2:40.16 |
| 3. | Allison Hansen | 2017 | 2:46.87 |
| 4. | Anna Daood | 2017 | 2:47.75 |
| 5. | Piper Krenik | 2015 | 2:50.74 |
| 6. | Brooke Spaulding | 2018 | 2:51.47 |
| 7. | Jaclyn Storey | 2015 | 2:53.22 |
| 8. | Lilli Shea | 2015 | 2:55.78 |
| 9. | Alayna Reps | 2018 | 3:00.28 |
| 10. | Evelyn Daood | 2014 | 3:00.40 |

800 Meter Run (split)

| | | | |
|-----|------------------|------|---------|
| 1. | Macy Loechler | 2015 | 2:36.31 |
| 2. | Celia Cole | 2018 | 2:38.12 |
| 3. | Lindsey Root | 2017 | 2:41.96 |
| 4. | Allison Hansen | 2017 | 2:43.55 |
| 5. | Brooke Spaulding | 2018 | 2:44.22 |
| 6. | Anna Daood | 2017 | 2:45.28 |
| 7. | Lucia Smith | 2018 | 2:46.35 |
| 8. | Antonia Smith | 2018 | 2:47.12 |
| 9. | Piper Krenik | 2017 | 2:50.00 |
| 10. | Anna Smith | 2015 | 2:50.53 |

1600 Meter Run

| | | | |
|-----|------------------|------|---------|
| 1. | Macy Loechler | 2016 | 5:46.69 |
| 2. | Allison Hansen | 2017 | 5:51.49 |
| 3. | Vanessa Perez | 2015 | 6:00.99 |
| 4. | Evelyn Daood | 2014 | 6:18.69 |
| 5. | Anna Daood | 2016 | 6:20.26 |
| 6. | Celia Cole | 2018 | 6:20.99 |
| 7. | Courtney Dayland | 2014 | 6:33.62 |
| 8. | Alayna Reps | 2018 | 6:35.39 |
| 9. | Taylor Mueller | 2016 | 6:35.48 |
| 10. | Jaclyn Storey | 2015 | 6:37.03 |

3200 Meter Run

| | | | |
|----|----------------|------|----------|
| 1. | Allison Hansen | 2017 | 12:51.16 |
| 2. | Evelyn Daood | 2014 | 13:02.64 |
| 3. | Lilli Shea | 2015 | 13:34.07 |
| 4. | Anna Daood | 2017 | 14:02.66 |
| 5. | Tori Kittleson | 2017 | 14:13.05 |
| 6. | Jaclyn Storey | 2015 | 14:45.20 |

100 Meter Hurdles

| | | |
|--------------------|------|-------|
| 1. Katherine Smith | 2015 | 18.19 |
| 2. Lucia Smith | 2018 | 18.25 |
| 3. Ashley Paul | 2018 | 18.26 |
| 4. Abbie Disbrow | 2017 | 18.60 |
| 5. Katie Dailey | 2017 | 18.73 |
| 6. Jenny Kramer | 2018 | 19.79 |
| 7. Mimi Kivi | 2015 | 19.93 |
| 8. Gabby Stowell | 2018 | 20.39 |
| 9. Leah Mundt | 2018 | 21.22 |
| 10. Grace Davis | 2016 | 21.41 |

300 Meter Hurdles

| | | |
|--------------------|------|-------|
| 1. Lucia Smith | 2018 | 50.10 |
| 2. Abbie Disbrow | 2018 | 50.58 |
| 3. Ashley Paul | 2018 | 52.86 |
| 4. Katherine Smith | 2014 | 53.81 |
| 5. Katie Dailey | 2017 | 54.09 |
| 6. Jenny Kramer | 2018 | 57.30 |
| 7. Gabby Stowell | 2017 | 58.40 |
| 8. Hannah Fynboh | 2017 | 59.42 |
| 9. Mimi Kivi | 2015 | 59.77 |
| 10. Grace Davis | 2016 | 59.99 |

High Jump

| | | |
|-------------------------|------|---------|
| 1. Bianca Harris | 2015 | 4-08.00 |
| 2. Lindsey Root | 2018 | 4-08.00 |
| 3. Leah Mundt | 2018 | 4-08.00 |
| 4. Katie Dailey | 2018 | 4-07.00 |
| 5. Taylor Ness | 2016 | 4-04.00 |
| 6. Allie McDonough | 2015 | 4-02.00 |
| 7. Hannah Fynboh | 2017 | 4-02.00 |
| 8. Piper Krenik | 2018 | 4-00.00 |
| 9. Ashley Paul | 2018 | 4-00.00 |
| 10. Christina McDonough | 2015 | 3-10.00 |
| 11. Madison Snyder | 2016 | 3-10.00 |

Long Jump

| | | |
|--------------------|------|----------|
| 1. Lindsey Root | 2018 | 16-07.75 |
| 2. Abbie Disbrow | 2018 | 16-06.50 |
| 3. Katherine Smith | 2014 | 14-08.00 |
| 4. Analise Fabre | 2017 | 14-01.50 |
| 5. Anna Smith | 2016 | 14-01.00 |
| 6. Jenny Kramer | 2018 | 13-10.75 |
| 7. Antonia Smith | 2017 | 13-08.25 |
| 8. Ashley Paul | 2017 | 13-02.50 |
| 9. Claire Dorman | 2018 | 12-11.00 |
| 10. Hannah Fynboh | 2017 | 12-10.50 |

Triple Jump

| | | |
|--------------------|------|----------|
| 1. Abby Ludens | 2014 | 34-02.75 |
| 2. Analise Fabre | 2017 | 33-09.25 |
| 3. Anna Smith | 2017 | 31-09.25 |
| 4. Antonia Smith | 2018 | 31-04.75 |
| 5. Katherine Smith | 2014 | 28-05.00 |
| 6. Lucia Smith | 2018 | 30-06.00 |
| 7. Ashley Paul | 2018 | 28-07.00 |

Pole Vault

| | | |
|----------------------|------|---------|
| 1. Analise Fabre | 2017 | 8-10.00 |
| 2. Katie Kramer | 2017 | 7-06.00 |
| 3. Courtney Dayland | 2014 | 7-00.00 |
| 4. Katie Dailey | 2018 | 6-07.00 |
| 5. Taylin Andring | 2018 | 6-06.00 |
| 6. Erin Torres | 2018 | 6-06.00 |
| 7. Ivy Hulshizer | 2015 | 6-00.00 |
| 8. Lydia O'Hara | 2017 | 6-00.00 |
| 9. Madison Snyder | 2016 | 5-00.00 |
| 10. Brooke Spaulding | 2018 | 5-00.00 |

Shot Put

| | | |
|---------------------|------|----------|
| 1. Triniti Gbala | 2018 | 28-06.75 |
| 2. Abby McCready | 2018 | 26-09.50 |
| 3. Sonia Howen | 2018 | 26-00.00 |
| 4. Erin Hongerholt | 2017 | 24-01.50 |
| 5. Allie McDonough | 2016 | 23-08.00 |
| 6. Bianca Harris | 2018 | 23-06.00 |
| 7. Liz Muschler | 2018 | 23-03.00 |
| 8. Marit Ronneberg | 2018 | 22-10.00 |
| 9. Lillie Shea | 2014 | 22-08.00 |
| 10. Erin Hongerholt | 2016 | 22-03.50 |

Discus

| | | |
|--------------------|------|-------|
| 1. Sonia Howen | 2018 | 85-10 |
| 2. Allie McDonough | 2016 | 80-10 |
| 3. Abby McCready | 2018 | 75-02 |
| 4. Triniti Gbala | 2018 | 71-08 |
| 5. Sammy Pietrzak | 2015 | 66-08 |
| 6. Liz Muschler | 2018 | 65-03 |
| 7. Marit Ronneberg | 2018 | 64-00 |
| 8. Erin Hongerholt | 2017 | 62-03 |
| 9. Lilli Shea | 2014 | 58-04 |
| 10. Annika O'Hara | 2018 | 57-00 |

4X100

1. Lydia O'Hara, Anna Smith, Katie Kramer, Analise Fabre—52.45 (2017)
2. Lydia O'Hara, Bianca Harris, Anna Smith, Analise Fabre—53.38 (2016)
3. Lucia Smith, Jenny Kramer, Abbie Disbrow, Antonia Smith—54.22 (2018)
4. Lydia O'Hara, Anna Ferden, Bianca Harris, Analise Fabre—54.63 (2015)

4X200

1. Antonia Smith, Lucia Smith, Abbie Disbrow, Lindsey Root—1:50.96 (2018)
2. Lydia O'Hara, Abbie Disbrow, Lindsey Root, Analise Fabre—1:52.81 (2017)
3. Lydia O'Hara, Anna Ferden, Analise Fabre, Anna Smith—1:54.48 (2016)
4. Anna Smith, Katherine Smith, Abby Ludens, Analise Fabre—1:54.66 (2014)
5. Lydia O'Hara, Anna Ferden, Analise Fabre, Anna Smith—1:55.95 (2015)

4X400

1. Antonia Smith, Celia Cole, Lucia Smith, Lindsey Root—4:19.37 (2018)
2. Anna Smith, Piper Krenik, Antonia Smith, Lindsey Root—4:29.92 (2017)
3. Katherine Smith, Vanessa Perez, Lydia O'Hara, Anna Smith—4:37.75 (2015)

4X800

1. Macy Loechler, Anna Daood, Celia Cole, Allison Hansen—10:57.32 (2017)
2. Anna Daood, Allison Hansen, Brooke Spaulding, Celia Cole—11:06.82 (2018)
3. Macy Loechler, Jaclyn Storey, Piper Krenik, Lilli Shea—11:18.16 (2015)

Junior High Girls All-Time Honor Roll

2014-Present

100 meter dash

| | | | | | |
|-------------------|------|-------|---------------------|------|---------|
| 1. Lindsey Root | 2017 | 13.58 | 2. Vanessa Perez | 2015 | 6:00.99 |
| 2. Antonia Smith | 2018 | 13.59 | 3. Anna Daood | 2016 | 6:20.26 |
| 3. Abbie Disbrow | 2017 | 13.88 | 4. Celia Cole | 2018 | 6:20.99 |
| 4. Hannah Fynboh | 2017 | 14.67 | 5. Allison Hanson | 2015 | 6:33.28 |
| 5. Lydia O'Hara | 2014 | 15.28 | 6. Courtney Dayland | 2014 | 6:33.62 |
| 6. Gabby Stowell | 2017 | 15.34 | 7. Alayna Reps | 2018 | 6:35.39 |
| 7. Claire Dorman | 2018 | 15.36 | 8. Taylor Mueller | 2015 | 6:35.48 |
| 8. Erin Torres | 2018 | 15.46 | 9. Brooke Spaulding | 2017 | 6:54.33 |
| 9. Ebony Mitchell | 2015 | 15.64 | 10. Nora Fritcher | 2017 | 6:54.42 |
| 10. Olivia Drath | 2017 | 16.20 | | | |

200 Meter Dash

| | | | | | |
|-------------------|------|-------|-------------------|------|-------|
| 1. Antonia Smith | 2018 | 27.83 | 1. Ashley Paul | 2016 | 19.71 |
| 2. Abbie Disbrow | 2018 | 28.90 | 2. Lucia Smith | 2017 | 19.74 |
| 3. Lucia Smith | 2018 | 29.22 | 3. Abbie Disbrow | 2017 | 20.23 |
| 4. Lindsey Root | 2017 | 29.30 | 4. Gabby Stowell | 2017 | 20.24 |
| 5. Gabby Stowell | 2017 | 30.69 | 5. Katie Dailey | 2017 | 20.96 |
| 6. Lydia O'Hara | 2014 | 31.26 | 6. Jenny Kramer | 2015 | 21.34 |
| 7. Katie Dailey | 2017 | 31.78 | 7. Hannah Fynboh | 2017 | 21.86 |
| 8. Ashley Paul | 2016 | 31.85 | 8. Lydia O'Hara | 2014 | 22.26 |
| 9. Jenny Kramer | 2015 | 32.05 | 9. Madison Snyder | 2016 | 22.43 |
| 10. Claire Dorman | 2018 | 32.32 | 10. Mimi Kivi | 2014 | 22.95 |

400 meter dash/split

| | | | | | |
|------------------|------|---------|-------------------|------|-------|
| 1. Antonia Smith | 2018 | 1:01.27 | 1. Ashley Paul | 2016 | 34.78 |
| 2. Lindsey Root | 2017 | 1:02.51 | 2. Lucia Smith | 2017 | 35.47 |
| 3. Lucia Smith | 2018 | 1:06.13 | 3. Hannah Fynboh | 2017 | 35.51 |
| 4. Celia Cole | 2018 | 1:07.81 | 4. Gabby Stowell | 2017 | 35.72 |
| 5. Ashley Paul | 2017 | 1:10.57 | 5. Jenny Kramer | 2015 | 36.47 |
| 6. Lydia O'Hara | 2014 | 1:10.98 | 6. Abbie Disbrow | 2017 | 36.61 |
| 7. Abbie Disbrow | 2018 | 1:11.12 | 7. Katie Dailey | 2017 | 37.10 |
| 8. Vanessa Perez | 2015 | 1:11.70 | 8. Madison Snyder | 2016 | 40.75 |
| 9. Erin Torres | 2018 | 1:12.00 | | | |
| 10. Jenny Kramer | 2015 | 1:12.41 | | | |

800 meter dash/split

| | | | | | |
|-------------------|------|---------|------------------------|------|---------|
| 1. Macy Loechler | 2015 | 2:36.31 | 1. Katie Dailey | 2017 | 4-06.00 |
| 2. Celia Cole | 2018 | 2:38.12 | 2. Hannah Fynboh | 2017 | 4-02.00 |
| 3. Lindsey Root | 2017 | 2:41.96 | 3. Madison Snyder | 2016 | 3-10.00 |
| 4. Anna Daood | 2017 | 2:45.28 | 4. Christina McDonough | 2015 | 3-10.00 |
| 5. Lucia Smith | 2018 | 2:46.35 | 5. Macy Loechler | 2015 | 3-08.00 |
| 6. Antonia Smith | 2018 | 2:47.12 | 6. Sophia Littlefield | 2018 | 3-08.00 |
| 7. Piper Krenik | 2016 | 2:50.74 | | | |
| 8. Allison Hansen | 2015 | 2:53.34 | | | |
| 9. Alayna Reps | 2018 | 3:00.28 | | | |
| 10. Lilli Shea | 2014 | 3:00.46 | | | |

1600 Meter Run

| | | | | | |
|------------------|------|---------|-------------------|------|----------|
| 1. Macy Loechler | 2015 | 5:58.90 | 1. Abbie Disbrow | 2018 | 16-06.50 |
| | | | 2. Lindsey Root | 2017 | 15-02.00 |
| | | | 3. Antonia Smith | 2017 | 13-08.25 |
| | | | 4. Ashley Paul | 2017 | 13-02.50 |
| | | | 5. Claire Dorman | 2018 | 12-11.00 |
| | | | 6. Hannah Fynboh | 2017 | 12-10.50 |
| | | | 7. Jenny Kramer | 2015 | 12-07.00 |
| | | | 8. Lucia Smith | 2017 | 12-06.00 |
| | | | 9. Taylin Andring | 2018 | 12-03.50 |

10. Vanessa Perez 2015 11-10.00

Triple Jump

1. Antonia Smith 2018 31-04.75
2. Lucia Smith 2018 30-06.00

Pole Vault

1. Courtney Dayland 2014 7-00.00
2. Taylin Andring 2018 6-06.00
3. Erin Torres 2018 6-06.00
4. Katie Dailey 2017 6-00.00
5. Madison Snyder 2016 5-00.00

Shot Put:

1. Triniti Gbala 2017 28-01.50
2. Abby McCready 2017 26-01.50
3. Sonia Howen 2016 24-01.50*
4. Annika O'Hara 2016 25-03.00*
5. Lilli Shea 2014 22-08.00*
6. Erin Hongerholt 2015 21-02.00*
7. Liz Jabs 2016 19-04.00*
8. Alexia Flores 2018 17-06.00*

Discus

1. Abby McCready 2017 74-08
2. Triniti Gbala 2017 71-05
3. Sonia Howen 2016 58-08

4. Lilli Shea 2014 58-04
5. Annika O'Hara 2016 52-03
6. Erin Hongerholt 2016 46-02
7. Liz Jabs 2015 43-07
8. Alexia Flores 2018 43-05

4x100

1. Antonia Smith, Erin Torres, Lucia Smith, Abbie Disbrow—1:00.04 (2017)
2. Erin Torres, Isabelle Gray, Taylin Andring, Claire Dorman—1:01.44 (2018)

4x200

1. Ashley Paul, Katie Dailey, Hannah Fynboh, Gabby Stowell—2:05.96 (2017)
2. Erin Torres, Isabelle Gray, Claire Dorman, Taylin Andring—2:15.60 (2018)

4x400

1. Ashley Paul, Celia Cole, Antonia Smith, Lindsey Root—4:46.73 (2017)
2. Taylin Andring, Olivia Drath, Reliegh Hoover, Erin Torres—5:11.78 (2018)

4x800

1. Anna Daood, Nora Fritcher, Brooke Spaulding, Celia Cole—12:19.63 (2017)

SAINT CHARLES SAINTS ALL TIME TRACK AND FIELD RECORDS

| | | | |
|--------------------|-------------------------------------------------------------------|-----------|------|
| 4 X 800 M | Kirsten Mueller, Jenna Jensen, Katie Mueller, Amber Mazzitelli | 9:55 | |
| 100 HH | Melissa Koenig | 16.8 | |
| 100M | Kristen Benedett | 12.96 | |
| 4 X 200M | Jodi Habeck, Amy Clausen Kathy Benedett, Cathy Siebenaler | 1:49.2 | 1992 |
| 1600M | Rochelle Swiggum | 5:19.95 | |
| 4 X 100 M | Melissa Koenig, Kathy Benedett, Amy Clausen, Cathy Siebenaler | 51.3 | |
| 400 M | Kaitlin Gathje | 60.21 | 2010 |
| 300 LH | Brigid Smith | 47.91 | |
| 800 M | Kirsten Mueller | 2:24.97 | |
| 200 M | Sue Jones | 26.6 | |
| 3200 M | Rochelle Swiggum | 11 :34.40 | |
| 4 X 400 M | Bridgid Smith, Ahna Buntrock Brandi Blattner, Kaitlyn Gathje | 4:05.54 | 2011 |
| High Jump | Amie Siebenaller | 5-05.00 | |
| Long Jump | Amie Siebenaller | 17-00.00 | |
| Triple Jump | Abby Ludens | 34-08.75 | 2013 |
| Shot | Chloe Spaeth | 35-08.00 | |
| Discus | Karen Koenig | 135-09.75 | |
| Pole Vault | Analise Fabre | 8-10 | 2017 |