

R-P/H April 2, 2019 Meet
Ben Niggle Sports Complex
Results

Girls 100 Meter Dash

Name	School	Finals		
Finals				
1 Amanda Iverson	LaCres.-Hokah	13.74	8	
2 Riley Fuchsel	LaCres.-Hokah	14.19	6	
3 Alida Berg	L/FC/M-C	14.44	4	
4 Macayla Brogle	L/FC/M-C	14.54	2	
5 Emma Siegersma	LaCres.-Hokah	14.85	1	
6 Lauren Brogle	L/FC/M-C	14.87		
7 Bridget Fuchsel	LaCres.-Hokah	14.90		
8 Erin Jaquette	LaCres.-Hokah	14.97		
8 Ava McCormick	LaCres.-Hokah	14.97		
10 Emma Geiwitz	RPH	15.11		
11 Alyvia Eide	RPH	15.37		
12 Maria Dorransoro	St. Charles	15.50		
13 Olyvia Willford	L/FC/M-C	15.57		
14 Kiara Keip	LaCres.-Hokah	15.58		
15 Michelle Sauerborn	Schaeffer Acad.	15.59		
16 Megan Bubbers	LaCres.-Hokah	15.64		
17 Michaela Davis	Schaeffer Acad.	15.92		
18 Leslie Gasca	St. Charles	16.39		
19 Amelia Torgerson	RPH	16.55		
20 Saioa Legal	L/FC/M-C	16.61		
21 Shelby Semling	RPH	16.62		
22 Joanna Rojas	St. Charles	16.67		
23 Izzy Maxwell	Schaeffer Acad.	17.09		
24 Anna Erickson	L/FC/M-C	17.14		
25 Grace Rohweder	RPH	17.43		
26 Ariana Berg	L/FC/M-C	17.45		
27 Ariana Rasmussen	RPH	17.46		
28 Kilee Sipusich	LaCres.-Hokah	18.55		
29 Sophia Littlefield	St. Charles	18.74		
30 Stephany Aguirre	L/FC/M-C	18.75		
31 Liliana Hewitt	St. Charles	18.77		
32 Lara Ahmed	RPH	19.39		
--- Ebony Mitchell	St. Charles	FS		
--- Halle McCormick	St. Charles	DNS		

Girls 200 Meter Dash

Name	School	Finals		
Finals				
1 Lindsey Root	St. Charles	29.03	8	
2 Abbie Disbrow	St. Charles	29.59	6	
3 Alida Berg	L/FC/M-C	29.69	4	
4 Macayla Brogle	L/FC/M-C	30.16	2	
5 Jaelyn Connaughty	RPH	30.47	1	
6 Piper Krenik	St. Charles	30.53		
7 Olivia Harris	Schaeffer Acad.	30.63		
7 Gabby Stowell	St. Charles	30.63		
9 Bridget Fuchsel	LaCres.-Hokah	30.84		
10 Malia Tessum	L/FC/M-C	31.13		
11 Kiara Keip	LaCres.-Hokah	31.16		
12 Erin Jaquette	LaCres.-Hokah	31.48		
13 Olyvia Willford	L/FC/M-C	32.11		
14 Kori Baer	LaCres.-Hokah	32.31		

15 Michaela Davis	Schaeffer Acad.	32.64		
16 Michelle Sauerborn	Schaeffer Acad.	32.85		
17 Kaylor Soiney	L/FC/M-C	33.23		
18 Jayden Serres	RPH	33.28		
19 Joanna Rojas	St. Charles	33.67		
20 Nora Fritcher	St. Charles	34.30		
21 Leslie Gasca	St. Charles	34.73		
22 Lakyn Rasmussen	RPH	34.77		
23 Izzy Maxwell	Schaeffer Acad.	35.07		
24 Grace Rohweder	RPH	35.84		
25 Anna Erickson	L/FC/M-C	36.08		
26 Ebony Mitchell	St. Charles	36.10		
27 Lydia Betz	L/FC/M-C	38.81		
28 Liliana Hewitt	St. Charles	40.00		
--- Maria Dorransoro	St. Charles	DNS		
--- Jackie Vazquez	St. Charles	DNS		
--- Halle McCormick	St. Charles	DNS		
--- Lauren Brogle	L/FC/M-C	DNS		
--- Tayler Helgemoe	RPH	DNS		
--- Kilee Sipusich	LaCres.-Hokah	DNS		
--- Megan Bubbers	LaCres.-Hokah	DNS		
--- Makenzie Knutson	RPH	DNS		
--- Sophia Littlefield	St. Charles	DNS		

Girls 400 Meter Dash

Name	School	Finals		
Finals				
1 Lindsey Root	St. Charles	1:07.92	8	
2 Piper Krenik	St. Charles	1:08.52	6	
3 Olivia Harris	Schaeffer Acad.	1:08.62	4	
4 Morgan Pickett	L/FC/M-C	1:09.14	2	
5 Alayna Helgemoe	RPH	1:09.47	1	
6 Tayler Helgemoe	RPH	1:11.24		
7 Allison Papenfuss	RPH	1:14.16		
8 Lauren Honken	RPH	1:15.54		
9 Lakyn Rasmussen	RPH	1:21.09		
10 Shelby Semling	RPH	1:21.41		
11 Megan York	RPH	1:34.40		

Girls 800 Meter Run

Name	School	Finals		
Finals				
1 Molly Franzose	LaCres.-Hokah	2:48.98	8	
2 Katelyn Kleiboer	L/FC/M-C	2:51.09	6	
3 Halle Norby	L/FC/M-C	2:56.11	4	
4 Grace Springer	L/FC/M-C	2:57.36	2	
5 Kennette Duffy	LaCres.-Hokah	3:02.90	1	
6 Ashley Muenzenberger	LaCres.-Hokah	3:04.03		
7 Grace Buchanan	RPH	3:04.93		
8 Therese Jore	RPH	3:11.14		
9 Leora Smith	RPH	3:15.14		
10 Olivia Drath	St. Charles	3:18.01		

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Girls 1600 Meter Run

Name	School	Finals
Finals		
1 Brielle Ruen	L/FC/M-C	6:04.39 8
2 Lydia Rosendahl	LaCres.-Hokah	6:10.59 6
3 Malia Tessum	L/FC/M-C	6:22.29 4
4 Madison Simon	L/FC/M-C	6:24.96 2
5 Hannah Linder	RPH	6:43.79 1
6 Julia Lechnir	LaCres.-Hokah	6:52.18
--- Kendall Stettler	L/FC/M-C	SCR

Girls 3200 Meter Run

Name	School	Finals
Finals		
1 Celia Cole	St. Charles	14:12.22 8
2 Emily Didier	RPH	14:12.29 6
--- Tori Kittleson	St. Charles	DNS

Girls 100 Meter Hurdles

Name	School	Finals
Finals		
1 Emma Breitsprecher	L/FC/M-C	17.08 8
2 Ella Baudek	LaCres.-Hokah	17.47 6
3 Emmarie Byom	LaCres.-Hokah	18.02 4
4 Sarah Thesing	LaCres.-Hokah	18.89 2
5 Emily Ludwig	LaCres.-Hokah	19.12 1
6 Jaelyn Connaughty	RPH	19.23
7 Lucia Smith	St. Charles	19.34
8 Ashley Paul	St. Charles	19.89
9 Alexis Myhre	LaCres.-Hokah	20.13
10 Skyler Check	L/FC/M-C	20.42
11 Brielle Rasmussen	RPH	20.54
12 Kelly Ristau	L/FC/M-C	21.22
13 Sadie Treptow	LaCres.-Hokah	21.52
14 Allie Kingsley	RPH	22.90
15 Halle Norby	L/FC/M-C	25.29
16 Lydia Betz	L/FC/M-C	26.46
--- Cassandra Boyum	RPH	DNS
--- Alison Freese	L/FC/M-C	DNS

Girls 300 Meter Hurdles

Name	School	Finals
Finals		
1 Emma Breitsprecher	L/FC/M-C	51.95 8
2 Lola Baudek	LaCres.-Hokah	52.53 6
3 Lucia Smith	St. Charles	53.78 4
4 Ella Baudek	LaCres.-Hokah	54.22 2
5 Ashley Paul	St. Charles	56.23 1
6 Emily Ludwig	LaCres.-Hokah	57.73
7 Brielle Rasmussen	RPH	57.95
8 Kelly Ristau	L/FC/M-C	58.54
9 Lynsey Ruen	L/FC/M-C	58.80
10 Adeline Miner	L/FC/M-C	59.37
11 Madison Simon	L/FC/M-C	59.41
12 Skyler Check	L/FC/M-C	1:00.97

13 Leah Mundt	St. Charles	1:05.78
--- Alison Freese	L/FC/M-C	DNS

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 RPH		54.52 8
1) Kjersta Hinz	2) Alyvia Eide	
3) Jenny Albrecht	4) Allison Papenfuss	
2 La Crescent-Hokah		55.87 6
1) Emma Siegersma	2) Amanda Iverson	
3) Kori Baer	4) Riley Fuchsel	
3 St. Charles		58.69 4
1) Ashley Paul	2) Jackie Vazquez	
3) Leslie Gasca	4) Abbie Disbrow	
4 RPH	B	1:00.79
1) Madalyn Schutte	2) Lauren Honken	
3) Allie Kingsley	4) Brielle Rasmussen	
--- L/FC/M-C		DQ
1) Ariana Berg	2) Saioa Legal	
3) Kaylor Soiney	4) Lydia Betz	

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 St. Charles		1:54.80 8
1) Antonia Smith	2) Lucia Smith	
3) Abbie Disbrow	4) Lindsey Root	
2 RPH		1:59.52 6
1) Alayna Helgemoe	2) Tayler Helgemoe	
3) Emma Geiwitz	4) Allison Papenfuss	
3 La Crescent-Hokah		2:03.45 4
1) Alexis Myhre	2) Sadie Treptow	
3) Sarah Thesing	4) Lola Baudek	
4 L/FC/M-C		2:05.27 2
1) Lynsey Ruen	2) Katelyn Kleiboer	
3) Lauren Brogle	4) Kammry Broadwater	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 L/FC/M-C		4:27.78 8
1) Morgan Pickett	2) Emma Breitsprecher	
3) Kammry Broadwater	4) Brielle Ruen	
2 RPH		5:14.58 6
1) Alayna Helgemoe	2) Jadeyn Rasmussen	
3) Jayden Serres	4) Lakyn Rasmussen	

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 RPH		12:23.37 8
1) Hannah Linder	2) Emily Didier	
3) Grace Buchanan	4) Therese Jore	

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Finals ... (Girls 4x800 Meter Relay)

Team	Relay	Finals
2 St. Charles		12:31.71 6
1) Tori Kittleson	2) Macy Loechler	
3) Olivia Drath	4) Celia Cole	

Girls High Jump

Name	School	Finals
Finals		
1 Kjersta Hinz	RPH	4-08.00 8
2 Kelly Ristau	L/FC/M-C	4-06.00 6
3 Sarah Thesing	LaCres.-Hokah	4-06.00 4
4 Leah Mundt	St. Charles	4-04.00 0.8
4 Jayden Serres	RPH	4-04.00 0.8
4 Kaitlyn Bieberdorf	RPH	4-04.00 0.8
4 Emily Ludwig	LaCres.-Hokah	4-04.00 0.8
8 Payton Dryden	LaCres.-Hokah	4-04.00
9 Saioa Legal	L/FC/M-C	4-02.00
10 Sadie Treptow	LaCres.-Hokah	4-00.00
11 Allison Papenfuss	RPH	3-10.00
--- Sophia Littlefield	St. Charles	NH
--- Maci Woodard	RPH	SCR

Girls Pole Vault

Name	School	Finals
Finals		
1 Emma Breitsprecher	L/FC/M-C	8-06.00 8
2 Emmarie Byom	LaCres.-Hokah	8-06.00 6
3 Emma Siegersma	LaCres.-Hokah	8-00.00 4
4 Jadeyn Rasmussen	RPH	7-00.00 1.5
4 Hailey Alfson	RPH	7-00.00 1.5
6 Madison Simon	L/FC/M-C	7-00.00
7 Adeline Miner	L/FC/M-C	7-00.00
8 Malia Tessum	L/FC/M-C	6-06.00
9 Nora Fritcher	St. Charles	6-00.00
10 Emma Geiwitz	RPH	6-00.00
--- Alison Freese	L/FC/M-C	DNS

Girls Long Jump

Name	School	Finals
Finals		
1 Abbie Disbrow	St. Charles	16-11.00 8
2 Lindsey Root	St. Charles	15-08.00 6
3 Emma Geiwitz	RPH	15-06.25 4
4 Brielle Ruen	L/FC/M-C	15-06.00 2
5 Jenny Albrecht	RPH	15-05.00 1
6 Macayla Brogle	L/FC/M-C	15-01.00
7 Michaela Davis	Schaeffer Acad.	13-09.50
8 Hailey Alfson	RPH	13-07.00
9 Kammry Broadwater	L/FC/M-C	13-00.75
10 Maria Dorronsoro	St. Charles	12-10.50
11 Alexis Myhre	LaCres.-Hokah	12-07.50
12 Makenzie Knutson	RPH	10-09.25
13 Karly Rieke	St. Charles	9-11.50
--- Jackie Vazquez	St. Charles	FOUL
--- Amelia Torgerson	RPH	FOUL

---	Halle McCormick	St. Charles	DNS
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Girls Triple Jump

Name	School	Finals
Finals		
1 Emmarie Byom	LaCres.-Hokah	33-06.75 8
2 Kaitlyn Bieberdorf	RPH	33-03.25 6
3 Alayna Helgemoe	RPH	28-10.00 4
4 Allie Kingsley	RPH	28-01.00 2
5 Madalyn Schutte	RPH	27-11.50 1
6 Kelly Ristau	L/FC/M-C	27-01.50
7 Katelyn Kleiboer	L/FC/M-C	24-11.25
8 Kenna Gallion	RPH	20-11.00
--- Morgan Pickett	L/FC/M-C	FOUL
--- Olivia Harris	Schaeffer Acad.	DNS

Girls Shot Put

Name	School	Finals
Finals		
1 Kaleah Davis	RPH	33-03.50 8
2 Sydney Taylor	L/FC/M-C	30-09.50 6
3 Trinita Gbala	St. Charles	28-00.25 4
4 Emmaline Zabel	LaCres.-Hokah	27-04.25 2
5 Ashlyn Guenther	L/FC/M-C	27-04.00 1
6 Payton Dryden	LaCres.-Hokah	26-02.50
7 Michelle Sauerborn	Schaeffer Acad.	25-04.50
8 Ella Cambern	L/FC/M-C	24-09.00
9 Abby McCready	St. Charles	24-07.25
10 Liz Jandt	RPH	24-05.75
11 Madison Krage	L/FC/M-C	23-07.00
12 Sonia Howen	St. Charles	21-07.50
13 Hannah Bunke	St. Charles	21-03.00
14 Lindsey Smith	LaCres.-Hokah	21-02.50
15 Brooke Lambrecht	L/FC/M-C	20-06.50
16 Lea Deutschmann	L/FC/M-C	20-01.50
17 Arwen Johnson	RPH	20-01.00
18 Elly Malone	RPH	19-10.50
19 Alexia Flores	St. Charles	19-10.00
20 Annika O'Hara	St. Charles	18-09.50
21 Marina Martos	St. Charles	16-06.75
--- Sonya Schoonover	RPH	SCR

Girls Discus Throw

Name	School	Finals
Finals		
1 Payton Dryden	LaCres.-Hokah	108-01 8
2 Sydney Taylor	L/FC/M-C	93-03 6
3 Kaleah Davis	RPH	90-03 4
4 Ashlyn Guenther	L/FC/M-C	86-07 2
5 Abby McCready	St. Charles	80-07 1
6 Ella Cambern	L/FC/M-C	78-09
7 Sonia Howen	St. Charles	76-11
8 Emmaline Zabel	LaCres.-Hokah	76-03
9 Trinita Gbala	St. Charles	74-05
10 Jenny Albrecht	RPH	74-03
11 Madison Krage	L/FC/M-C	71-08

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Finals ... (Girls Discus Throw)

Name	School	Finals
12 Liz Jandt	RPH	70-09
13 Lindsey Smith	LaCres.-Hokah	70-07
14 Michelle Sauerborn	Schaeffer Acad.	58-10
15 Elly Malone	RPH	57-04
16 Lea Deutschmann	L/FC/M-C	56-03
17 Jaime Rein	L/FC/M-C	54-08
18 Alexia Flores	St. Charles	53-06
19 Brynn Howerton	L/FC/M-C	50-05
20 Arwen Johnson	RPH	48-04
21 Annika O'Hara	St. Charles	47-04
22 Brooke Lambrecht	L/FC/M-C	46-01
23 Hannah Bunke	St. Charles	45-08
24 Marina Martos	St. Charles	36-08
--- Sonya Schoonover	RPH	SCR

Boys 100 Meter Dash

Name	School	Finals
1 Carson Kiehne	L/FC/M-C	12.28 8
2 Kaine Johnson	LaCres.-Hokah	12.63 6
3 Romy Whitford	LaCres.-Hokah	12.68 4
4 Noah Disbrow	St. Charles	12.75 1,5
4 Brady Gile	RPH	12.75 1,5
6 Cole Berends	St. Charles	12.81
7 Mitchell Roberts	LaCres.-Hokah	13.00
8 Kyle Putzier	St. Charles	13.16
9 Nathanael Betz	L/FC/M-C	13.33
10 Daniel Kramer	St. Charles	13.48
11 Isaac Heyer	RPH	13.58
12 Hadrian Williams	L/FC/M-C	13.63
13 Carter Mueller	St. Charles	13.66
14 Parker Howland	LaCres.-Hokah	13.86
15 Coleton Barnacle	Schaeffer Acad.	13.92
16 Simon Warmkagathje	St. Charles	13.93
17 Hayden Griggs	LaCres.-Hokah	13.95
18 Nathan Albrecht	LaCres.-Hokah	14.05
19 Carter Hogan	LaCres.-Hokah	14.08
20 Ethan Warmkagathje	St. Charles	14.17
21 Cody Kreidermacher	St. Charles	14.19
22 Jon Smith	RPH	14.23
23 Matt Meyer	LaCres.-Hokah	14.28
24 Arlo Darling	LaCres.-Hokah	14.32
25 Owen Johnson	LaCres.-Hokah	14.53
26 Carter Jilk	RPH	14.73
27 Kody Ackman	St. Charles	16.17
--- Wyatt Walters	RPH	DNS
--- Gage Highum	L/FC/M-C	DNS
--- Drew Wyffels	L/FC/M-C	DNS
--- Luke Berends	St. Charles	DNS

Boys 200 Meter Dash

Name	School	Finals
1 Carson Kiehne	L/FC/M-C	24.07 8

2 Isaac Davidson	St. Charles	25.00 6
3 John Benfield	LaCres.-Hokah	25.27 4
4 Dalton Balcome	St. Charles	26.14 2
5 Keegan McCarthy	LaCres.-Hokah	26.36 1
6 Tony Haack	LaCres.-Hokah	26.46
7 Kyle Putzier	St. Charles	26.56
8 Joe Dayland	St. Charles	27.01
9 Joey Schreier	LaCres.-Hokah	27.13
10 Joe Carter	Schaeffer Acad.	27.29
11 Sam Shimshak	LaCres.-Hokah	27.31
12 Alex Schuster	LaCres.-Hokah	27.50
13 Carter Mueller	St. Charles	27.56
14 Jarrell Carter	LaCres.-Hokah	27.84
15 Ethan Warmkagathje	St. Charles	28.22
16 Coleton Barnacle	Schaeffer Acad.	28.26
17 Simon Warmkagathje	St. Charles	28.30
18 Parker Howland	LaCres.-Hokah	28.59
19 Carter Hogan	LaCres.-Hokah	28.60
20 Austin Agrimson	RPH	28.70
21 Hayden Griggs	LaCres.-Hokah	29.69
22 Nathan Albrecht	LaCres.-Hokah	29.76
23 Ryan Kelly	L/FC/M-C	29.97
24 Owen Johnson	LaCres.-Hokah	30.18
25 Jackson Bergan	RPH	30.34
26 Kody Ackman	St. Charles	32.66
27 Carter King	L/FC/M-C	33.86
28 Brendon Honken	RPH	34.29
--- Drew Wyffels	L/FC/M-C	DNS
--- Cody Kreidermacher	St. Charles	DNS
--- Nathanael Betz	L/FC/M-C	DNS
--- Trenten Chiglo	L/FC/M-C	DNS
--- Gage Highum	L/FC/M-C	DNS
--- Jett Thoreson	St. Charles	DNS
--- Daniel Kramer	St. Charles	DNS
--- Isaac Heyer	RPH	DNS

Boys 400 Meter Dash

Name	School	Finals
1 Carter Clarke	L/FC/M-C	59.18 8
2 Alex Van Gundy	RPH	1:02.44 6
3 Jonah Sievers	RPH	1:04.70 4
4 Arlo Darling	LaCres.-Hokah	1:05.89 2
5 Joey Lash	Schaeffer Acad.	1:06.22 1
6 Jaden Einerwold	LaCres.-Hokah	1:06.24
7 Matt Meyer	LaCres.-Hokah	1:07.99
8 Joe Carter	Schaeffer Acad.	1:08.06
9 Carter King	L/FC/M-C	1:11.08
10 Kody Ackman	St. Charles	1:12.15
11 Jordan Jonsgaard	LaCres.-Hokah	1:17.10
12 D'Andre Hawkins	LaCres.-Hokah	1:24.79
--- Justin Homme	Schaeffer Acad.	DNS

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Boys 800 Meter Run

Name	School	Finals
Finals		
1 Alex Boudreau	LaCres.-Hokah	2:07.01 8
2 Dane McCormick	LaCres.-Hokah	2:09.22 6
3 Ricky Buchanan	RPH	2:14.87 4
4 Dominic Jenkins	RPH	2:16.41 2
5 Alex Danielson	LaCres.-Hokah	2:24.38 1
6 Tate Pieper	L/FC/M-C	2:26.37
7 Jared Peterson	L/FC/M-C	2:33.31
8 Jesse O'Driscoll	Schaeffer Acad.	2:36.43
9 Joey Lash	Schaeffer Acad.	2:41.00
10 Will Barnacle	Schaeffer Acad.	2:41.05
11 Shane Arnold	St. Charles	2:41.18
12 Brad Colbenson	RPH	2:42.85
13 Diego Sanchez	St. Charles	2:45.08
14 Josh Burmeister	L/FC/M-C	2:49.84
15 Michael Hansen	St. Charles	2:50.07
16 Jonas Tilburt	Schaeffer Acad.	2:52.91
--- Justin Homme	Schaeffer Acad.	DNS
--- Tyler Groth	LaCres.-Hokah	DNS
--- Cody Kowalski	LaCres.-Hokah	SCR

Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Jake Boudreau	LaCres.-Hokah	5:06.46 8
2 Thomas Lechnir	LaCres.-Hokah	5:07.10 6
3 Mitchell Ledebuhr	RPH	5:10.75 4
4 Tyler Rislov	RPH	5:18.19 2
5 Carson Ruen	L/FC/M-C	5:18.97 1
6 Bryan Chavez	St. Charles	5:21.59
7 Jeremy O'Connor	L/FC/M-C	5:25.52
8 Reid Crawford	L/FC/M-C	5:25.95
9 Tyler Groth	LaCres.-Hokah	5:34.54
10 Jesse O'Driscoll	Schaeffer Acad.	5:39.68
11 Mitchell Apse	St. Charles	5:40.36
12 Brad Colbenson	RPH	5:45.83
13 Erik Ness	St. Charles	5:52.51
14 Will Barnacle	Schaeffer Acad.	5:54.64
15 Jonas Tilburt	Schaeffer Acad.	5:55.21
16 Ben Erickson	L/FC/M-C	6:18.30
17 Josh Gatzlaff	RPH	6:36.87
18 Brendon Honken	RPH	6:39.17
19 Zach Hursh	St. Charles	7:06.23
--- Ben Eversole	L/FC/M-C	DNS

Boys 3200 Meter Run

Name	School	Finals
Finals		
1 Axel Daood	St. Charles	10:40.68 8
2 Korrigan Diercks	St. Charles	10:45.45 6
3 Andrew O'Hara	St. Charles	10:56.28 4
4 Mitchell Ledebuhr	RPH	11:14.91 2
5 Camdan Nolop	LaCres.-Hokah	11:23.39 1

6 Bryce Duffy	LaCres.-Hokah	12:12.59
7 Hunter Mart	RPH	12:40.41

Boys 110 Meter Hurdles

Name	School	Finals
Finals		
1 Mitchell Dryden	LaCres.-Hokah	18.21 8
2 Drew Wieser	LaCres.-Hokah	18.59 6
3 Logan Putzier	St. Charles	18.84 4
4 Connor Ruen	L/FC/M-C	19.43 2
5 Sam Shimshak	LaCres.-Hokah	19.56 1
6 Hunter Jackley	St. Charles	19.69
7 Nick Schmitz	RPH	19.71
8 Aaron Prinsen	RPH	20.39
9 Tyler Lampert	LaCres.-Hokah	21.40
10 Jaden Einerwold	LaCres.-Hokah	22.92

Boys 300 Meter Hurdles

Name	School	Finals
Finals		
1 Drew Wieser	LaCres.-Hokah	44.42 8
2 Mitchell Dryden	LaCres.-Hokah	44.57 6
3 Logan Putzier	St. Charles	45.84 4
4 Connor Ruen	L/FC/M-C	46.91 2
5 Hunter Jackley	St. Charles	48.86 1
6 Tyler Lampert	LaCres.-Hokah	56.72
7 Jared Mart	St. Charles	59.44
--- Nick Schmitz	RPH	SCR
--- Logan Jenson	L/FC/M-C	SCR
--- Romario Gonzales	L/FC/M-C	SCR
--- JT Rein	L/FC/M-C	SCR

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 La Crescent-Hokah		47.24 8
	1) Romy Whitford	2) Jacob Hogan
	3) Mitchell Roberts	4) John Benfield
2 L/FC/M-C		50.11 6
	1) Frank Ochtrup-Dekeyrel	2) Greysen Higbe-Harrah
	3) Trenten Chiglo	4) Nathanael Betz
3 St. Charles		50.50 4
	1) Carter Mueller	2) William Davidson
	3) Joe Dayland	4) Daniel Kramer
4 RPH		52.12 2
	1) Robert Walker	2) Riley Koop
	3) Jon Smith	4) Wyatt Walters
5 St. Charles	B	54.18
	1) Cody Kreidermacher	2) Jared Mart
	3) Ethan Warmkagathje	4) Simon Warmkagathje

R-P/H April 2, 2019 Meet
Ben Niggle Sports Complex
Results

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 L/FC/M-C		1:39.74 8
1) Drew Wyffels	2) Carson Schwichtenberg	
3) Jake Gathje	4) Carson Kiehne	
2 RPH		1:40.85 6
1) Triton Meldahl	2) Nick Schmitz	
3) Alex Van Gundy	4) Brady Gile	
3 La Crescent-Hokah		1:47.29 4
1) Alex Schuster	2) Tony Haack	
3) Joey Schreier	4) Jarrell Carter	
--- St. Charles		DNS
1) Noah Disbrow	2) Jett Thoreson	
3) Cole Berends	4) Luke Berends	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 La Crescent-Hokah		3:41.47 8
1) Thomas Lechnir	2) Dane McCormick	
3) Alex Boudreau	4) Jacob Hogan	
2 St. Charles		3:49.94 6
1) Dan Jones	2) Logan Putzier	
3) Bryan Chavez	4) Dalton Balcome	
3 L/FC/M-C		4:00.50 4
1) JT Rein	2) Carter Clarke	
3) Jake Gathje	4) Carson Schwichtenberg	
4 St. Charles	B	4:00.68
1) Jett Thoreson	2) William Davidson	
3) Mitchell Apse	4) Kyle Putzier	
5 RPH		4:17.87 2
1) Tyler Rislov	2) Aaron Prinsen	
3) Robert Walker	4) Ricky Buchanan	
--- L/FC/M-C	B	DNS
1) Ben Eversole	2) Jeremy O'Connor	
3) Carson Ruen	4) Romario Gonzales	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 RPH		10:08.98 8
1) Dominic Jenkins	2) Ricky Buchanan	
3) Dalton Hoel	4) Hunter Mart	

Boys High Jump

Name	School	Finals
Finals		
1 Dalton Balcome	St. Charles	5-08.00 8
2 Greysen Higbe-Harrah	L/FC/M-C	5-08.00 6
3 John Luhmann	RPH	5-06.00 4
4 Alex Van Gundy	RPH	5-06.00 2
5 Mitchell Dryden	LaCres.-Hokah	5-04.00 1
6 Connor Ruen	L/FC/M-C	5-02.00
7 Frank Ochtrup-Dekeyrel	L/FC/M-C	5-02.00

8 Hunter Jackley	St. Charles	5-02.00
9 Drew Wieser	LaCres.-Hokah	5-00.00
10 Tony Haack	LaCres.-Hokah	5-00.00
11 Cody Kreidermacher	St. Charles	4-10.00
--- Luke Berends	St. Charles	NH
--- Carson Schwichtenberg	L/FC/M-C	DNS

Boys Pole Vault

Name	School	Finals
Finals		
1 Greysen Higbe-Harrah	L/FC/M-C	11-06.00 8
2 Dan Jones	St. Charles	10-06.00 5
2 Russell Drye	LaCres.-Hokah	10-06.00 5
4 Tate Pieper	L/FC/M-C	9-06.00 2
5 Connor Ruen	L/FC/M-C	9-00.00 1
6 Carlos Horton	RPH	9-00.00
7 John Luhmann	RPH	9-00.00
8 Riley Koop	RPH	9-00.00
9 Simon Warmkagathje	St. Charles	8-06.00
10 Aaron Prinsen	RPH	8-00.00
11 Ryan Kelly	L/FC/M-C	8-00.00
11 Jared Mart	St. Charles	8-00.00
13 Joe Dayland	St. Charles	7-00.00
--- Tyler Lampert	LaCres.-Hokah	NH
--- Trenten Chiglo	L/FC/M-C	DNS
--- Jett Thoreson	St. Charles	DNS

Boys Long Jump

Name	School	Finals
Finals		
1 Triton Meldahl	RPH	22-02.25 8
2 Cole Berends	St. Charles	18-02.75 6
3 Hunter Jackley	St. Charles	17-10.50 4
4 Dan Jones	St. Charles	17-08.25 2
5 Kyle Putzier	St. Charles	17-07.00 1
6 Noah Disbrow	St. Charles	17-03.75
7 Jonah Sievers	RPH	17-03.50
8 Romy Whitford	LaCres.-Hokah	17-03.50
9 Jake Gathje	L/FC/M-C	17-02.25
10 Isaiah Rasmussen	RPH	16-10.25
11 William Davidson	St. Charles	16-07.50
12 Joe Dayland	St. Charles	16-03.50
13 Ryan Kelly	L/FC/M-C	16-03.25
14 Carson Kiehne	L/FC/M-C	16-02.00
15 Jon Smith	RPH	15-03.75
16 Brendon Honken	RPH	10-06.75
--- Luke Berends	St. Charles	DNS
--- Ben Eversole	L/FC/M-C	DNS
--- Wyatt Walters	RPH	DNS
--- Grant Kennedy	LFC JV	16-02.50

Boys Triple Jump

Name	School	Finals
Finals		
1 Brady Gile	RPH	38-06.50 8
2 Frank Ochtrup-Dekeyrel	L/FC/M-C	38-04.00 6

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Results

Finals ... (Boys Triple Jump)

Name	School	Finals	
3 Alex Van Gundy	RPH	36-07.50	4
4 Dane McCormick	LaCres.-Hokah	36-04.00	2
5 Dan Jones	St. Charles	36-04.00	1
6 Isaiah Rasmussen	RPH	36-03.50	
7 William Davidson	St. Charles	34-03.50	
8 Alex Boudreau	LaCres.-Hokah	34-01.00	
9 Cole Berends	St. Charles	33-08.50	
10 Noah Disbrow	St. Charles	31-07.00	
11 Ethan Warmkagathje	St. Charles	30-06.50	
--- Josiah Rasmussen	RPH	DQ	
--- Logan Jenson	L/FC/M-C	DNS	
--- Grant Kennedy	LFC JV	35-00.00	

Boys Shot Put

Name	School	Finals	
1 Ben Wieser	RPH	47-06.50	8
2 Jacob Stokes	St. Charles	39-02.00	6
3 Joe Gathje	L/FC/M-C	36-01.50	4
4 Matt Nelson	RPH	35-02.00	2
5 Trevor Atkinson	L/FC/M-C	34-10.00	1
6 Hadrian Williams	L/FC/M-C	34-08.00	
7 Brett Betthausen	RPH	32-09.00	
8 Michael Barrett	L/FC/M-C	31-08.00	
9 Eli DeChamps	St. Charles	30-06.00	
10 Stefan Nikoloski	L/FC/M-C	30-04.00	
11 Riley Ferden	St. Charles	29-03.00	
12 Kean Hansen	LaCres.-Hokah	28-08.00	
13 Jacob Harris	St. Charles	28-07.00	
14 Evan Pechacek	LaCres.-Hokah	28-06.50	
15 Trevor Ruen	L/FC/M-C	27-06.00	
16 Evan Timm	St. Charles	27-03.00	
17 Xavier Colbert	LaCres.-Hokah	25-07.50	
18 Carter Jilk	RPH	25-06.00	
19 Jarrett Jonsgaard	LaCres.-Hokah	24-10.50	
20 Sam Krohse	St. Charles	24-04.25	
--- Jacob Peterson	L/FC/M-C	DNS	

Boys Discus Throw

Name	School	Finals	
1 Ben Wieser	RPH	126-03	8
2 Jacob Stokes	St. Charles	106-07	6
3 Matt Nelson	RPH	101-11	4
4 Joe Gathje	L/FC/M-C	101-10	2
5 Michael Barrett	L/FC/M-C	93-06	1
6 Stefan Nikoloski	L/FC/M-C	92-09	
7 Jake Gathje	L/FC/M-C	90-07	
8 Brett Betthausen	RPH	84-05	
9 Trevor Atkinson	L/FC/M-C	81-02	
10 Kean Hansen	LaCres.-Hokah	80-02	
11 Eli DeChamps	St. Charles	79-02	
12 Jacob Harris	St. Charles	77-05	
13 Hadrian Williams	L/FC/M-C	74-07	

14 Xavier Colbert	LaCres.-Hokah	71-04
15 Trevor Ruen	L/FC/M-C	70-08
16 Carter Jilk	RPH	70-04
17 Evan Timm	St. Charles	69-00
18 Evan Pechacek	LaCres.-Hokah	68-02
19 Jonas Tilburt	Schaeffer Acad.	60-00
20 Jarrett Jonsgaard	LaCres.-Hokah	59-05
21 Sam Krohse	St. Charles	45-11
--- Joe Carter	Schaeffer Acad.	FOUL
--- Jacob Peterson	L/FC/M-C	DNS

Women - Team Rankings - 18 Events Scored

1) Lanesboro/Fillmore Central/M-C	97
2) La Crescent-Hokah	93.75
3) Rushford-Peterson/Houston	79.5
4) St. Charles	78.75
5) Schaeffer Academy	4

Men - Team Rankings - 18 Events Scored

1) La Crescent-Hokah	104
2) Rushford-Peterson/Houston	91.5
3) St. Charles	85.5
4) Lanesboro/Fillmore Central/M-C	78
5) Schaeffer Academy	1