

SAINT CHARLES SAINTS GIRLS TRACK AND FIELD



2019

2019 DEPTH CHART

100 Meter Dash:

1. Abbie Disbrow — 13.37 (**TRUE TEAM—5/7**)
2. Halle McCormick — 13.81 (**Subs—5/22**)
3. Katie Kramer — 13.91 (**Subs—5/22**)
4. Jackie Vazquez — 14.60 (**Conference—5/11**)
5. Maria Dorrnsoro — 14.65 (DE—4/15)
6. Nora Fritcher — 14.72 (**Subs—5/22**)
7. Joanna Rojas — 15.45 (Verne Herman—4/23)
8. Ebony Mitchell — 15.58 (DE—4/15)
9. Leslie Gasca — 15.87 (DE—4/15)
10. Adi Karlen — 15.88 (DE JH—4/9)
11. Teia Hulshizer — 16.16 (JH Conference—5/14)
12. Shelby Mosdal — 16.19 (DE JH—4/9)
13. Leah Mundt — 16.53 (Home—5/2)
14. Morgan Carlson — 16.94 (DE JH/Varsity—3/28)
15. Rachel Elliott — 17.09 (JH Conference—5/14)
16. Sophia Littlefield — 17.37 (Verne Herman—4/23)
17. Liliana Hewitt — 17.43 (DE—4/15)
18. Karly Rieke — 18.08 (Home—5/2)
19. Addrianna Ellsworth — 18.63 (JH Conference—5/14)

200 Meter Dash:

1. Lindsey Root — 27.13 (**Sections- 5/28**)
2. Antonia Smith — 27.57 (**TRUE TEAM—5/7**)
3. Gabby Stowell — 28.35 (Cotter—5/16)
4. Abbie Disbrow — 28.38 (DE—4/15)
5. Piper Krenik — 29.55 (**Conference—5/11**)
6. Halle McCormick — 29.63 (**Conference—5/11**, Cotter—5/16)
7. Jackie Vazquez — 30.24 (Cotter—5/16)
8. Maria Dorrnsoro — 30.44 (Home—5/2)
9. Shelby Mosdal — 31.07 (PEM 7-10—5/4)
10. Joanna Rojas — 31.24 (Home—5/2)
11. Adi Karlen — 31.37 (PEM 7-10—5/4)
12. Ebony Mitchell — 33.59 (**Subs—5/22**)
13. Leslie Gasca — 33.62 (DE—4/15)
14. Teia Hulshizer — 34.23 (JH Conference—5/14)
15. Nora Fritcher — 34.30 (Rushford—4/2)
16. Taylin Andring — 34.37 (DE JH/Varsiy—3/28)
17. Leah Mundt — 34.39 (Home—5/2)
18. Rachel Elliot — 35.70 (JH Conference—5/14)
19. Morgan Carlson — 35.97 (JH Conference—5/14)
20. Karly Rieke — 36.62 (**Subs—5/22**)
21. Sophia Littlefield — 36.82 (DE—4/15)
22. Liliana Hewitt — 37.36 (Verne Herman—4/23)
23. Addrianna Ellsworth — 39.61 (JH Conference—5/14)

400 Meter Dash:

1. Antonia Smith — 1:02.74 (Verne Herman—4/23)
2. Gabby Stowell — 1:04.67 (**TRUE TEAM—5/7**)
3. Lindsey Root — 1:05.54 (Stout—3/23)
4. Piper Krenik — 1:06.91 (DE JH/Varsity—3/28)

400 Meter Splits:

1. Piper Krenik—1:02.28 (**Sections—5/28**)
2. Gabby Stowell — 1:02.40 (**Sections—5/28**)
3. Lindsey Root — 1:02.88 (Home—5/2)
4. Lucia Smith — 1:03.11 (**Section—5/30**)
5. Celia Cole — 1:06.95 (Cotter—5/16)
6. Katie Kramer — 1:09.78 (Cotter—5/16)
7. Shelby Mosdal — 1:10.89 (JH Conference—5/14)
8. Anna Daood — 1:11.06 (Cotter—5/16)
9. Adi Karlen — 1:11.37 (JH Conference—5/14)

10. Macy Loechler — 1:12.76 (Cotter—5/16)
11. Taylin Andring — 1:14.13 (JH Conference—5/14)
12. Riley Ward — 1:17.07 (JH Conference—5/14)
13. Tori Kittleson — 1:18.10 (Fingers Crossed—3/29)

800 Meter Run:

1. Celia Cole — 2:36.29 (**Conference—5/11**)
2. Anna Daood — 2:49.35 (Cotter—5/16)
3. Olivia Drath — 2:50.97 (**TRUE TEAM—5/7**)
4. Macy Loechler — 2:54.13 (**Subs—5/22**)
5. Tori Kittleson — 2:58.03 (Cotter—5/16)
6. Riley Ward — 3:00.00 (PEM JH—4/16)
7. Reliegh Hoover — 3:21.56 (DE JH/Varsity—3/28)

800 Meter Splits:

1. Celia Cole — 2:37.32 (Verne Herman—4/23)
2. Piper Krenik — 2:41.26 (**Conference—5/11**)
3. Anna Daood — 2:47.29 (**TRUE TEAM—5/7**)
4. Macy Loechler — 2:55.31 (**TRUE TEAM—5/7**)
5. Olivia Drath — 2:56.73 (**Conference—5/11**)
6. Tori Kittleson — 2:59.19 (Caledonia—4/5)

1600 Meter Run:

1. Celia Cole — 5:52.50 (**Sections—5/30**)
2. Tori Kittleson — 6:34.44 (**Conference—5/11**)
3. Riley Ward — 6:35.41 (PEM JH—4/16)
4. Anna Daood — 6:38.98 (DE—4/15)
5. Olivia Drath — 6:50.63 (Cotter—5/16)
6. Macy Loechler — 6:56.03 (Home—5/2)

3200 Meter Run

1. Celia Cole — 14:12.22 (Rushford—4/2)
2. Anna Daood — 14:21.29 (**TRUE TEAM—5/7**)
3. Riley Ward — 14:29.57 (**TRUE TEAM—5/7**)
4. Katie Kramer — 16:45.21 (Home—5/2)

100 Meter Hurdles

1. Ashley Paul — 17.65 (**Subs—5/22**)
2. Lucia Smith — 17.87 (Cotter—5/16)
3. Katie Dailey — 19.32 (Fingers Crossed—3/29)
4. Leah Mundt — 20.40 (**Subs—5/22**)

300 Meter Hurdles

1. Lucia Smith — 48.88 (**Subs—5/22**)
2. Ashley Paul — 52.76 (Home—5/2)
3. Leah Mundt — 1:02.15 (**Conference—5/11**)

High Jump

1. Katie Dailey — 4-06 (Stout—3/23)
2. Leah Mundt — 4-06 (Stout—3/23, Home—5/2, **Conference—5/11**, Cotter—5/16)
3. Maria Dorrnsoro — 4-04 (Caledonia—4/5, Verne Herman—4/23, Home—5/2)
4. Adi Karlen — 4-04 (PEM JH—4/16)
5. Taylin Andring — 4-02 (PEM JH—4/16, JH Conference—5/14)
6. Shelby Mosdal — 4-00 (JH Conference—5/14)

Long Jump

1. Lindsey Root — 17-09.50 (**Sections—5/28**)
2. Abbie Disbrow — 17-02.50 (**Conference—5/11**)
3. Halle McCormick — 14-07.00 (Home—5/2)
4. Maria Dorrnsoro — 14-01.00 (**Subs—5/22**)
5. Jackie Vazquez — 11-08.50 (Fingers Crossed—3/29)

- Morgan Carlson — 11-02.25 (PEM JH—4/26)
- Rachel Elliott — 10-09.00 (JH Conference—5/14)
- Karly Rieke — 9-11.50 (Rushford—4/2)

Triple Jump

- Lucia Smith — 31-03.50 (**TRUE TEAM—5/7**)
- Antonia Smith—30-09.75 (Home—5/2)
- Piper Krenik — 27-11.50 (Home—5/2)
- Ashley Paul — 27-08.00 (Stout—3/23)

Pole Vault

- Nora Fritcher — 7-04 (**Subs—5/22**)
- Lucia Smith — 7-00 (**Conference—5/11**)
- Taylin Andring — 6-06 (Home—5/2, JH Conference—5/14)

Shot Put

- Triniti Gbala — 30-00.50 (Home—5/2)
- Abby McCready — 24-07.25 (Rushford—4/2)
- Annika O'Hara — 23-02.00 (**Conference—5/11**)
- Sonia Howen — 23-01.00 (Fingers Crossed—3/29)
- Hannah Bunke — 22-08.50 (Home—5/2)
- Alexia Flores — 21-05.00 (Fingers Crossed—3/29)
- Marina Martos — 17-08.50 (Cotter—5/16)
- Mariana Arriaga — 23-08.00 (JH Conference—5/14)**
- Krishna Brahmhatt — 20-10.50 (PEM JH—4/16)**

Discus

- Sonia Howen — 90-09.00 (Cotter—5/16)
- Triniti Gbala — 85-03.00 (Cotter—5/16)
- Abby McCready — 83-00.00 (Fingers Crossed—3/29)
- Annika O'Hara — 65-10.00 (**Conference—5/11**)
- Hannah Bunke — 53-08.00 (Cotter—5/16)
- Alexia Flores — 53-06.00 (Rushford—4/2)
- Marina Martos — 52-00.00 (Cotter—5/16)
- Mariana Arriaga — 64-11.00 (DE JH—4/9)**
- Krishna Brahmhatt — 60-01.00 (JH Conference—5/14)**

4x100 Meter Relay

- Paul, Dorronsoro, McCormick, Disbrow — 54.31 (Home—5/2)
- Stowell, Dorronsoro, McCormick, Disbrow — 55.11 (DE—4/15)
- Paul, Vazquez, McCormick, Disbrow — 55.17 (**Conference—5/11**)
- Paul, Dorronsoro, McCormick, Disbrow — 55.46 (Verne Herman—4/23)
- Paul, Dorronsoro, McCormick, Kramer — 55.92 (**Subs—5/22**)
- Paul, Vazquez, McCormick, Kramer — 55.96 (Cotter—5/16)
- Paul, Vazquez, Gasca, Disbrow — 57.61 (Fingers Crossed—3/29)
- Paul, Vazquez, Gasca, Disbrow — 58.69 (Rushford—4/2)
- Fritcher, Gasca, Rojas, Vazquez — 59.40 (Home—5/2)
- Paul, Dorronsoro, Rieke, Disbrow — 1:00.86 (Caledonia—4/5)
- Karlen, Carlson, Hulshizer, Mosdal — 1:01.56 (JH Conference—5/14)
- Karlen, Carlson, Hulshizer, Mosdal — 1:03.23 (PEM 7-10—5/4)
- Andring, Carlson, Mosdal, Karlen — 1:03.59 (DE JH—4/9)
- Andring, Carlson, Mosdal, Karlen — 1:03.98 (DE JH/Varsity—3/28)

- Andring, Carlson, Hulshizer, Karlen — 1:04.98 (PEM JH—4/16)
- Hulshizer, Ellsworth, Elliott, Carlson — 1:10.21 (PEM JH—4/26)

4x200 Meter Relay

- L. Smith, Krenik, Stowell, Root — 1:49.84 (**Sections—5/28**)
- L. Smith, Krenik, Stowell, Root — 1:50.18 (**Sections—5/30**)
- Disbrow, L. Smith, A. Smith, Root—1:50.73 (**TRUE TEAM—5/7**)
- Disbrow, L. Smith, Stowell, Root — 1:50.78 (**Conference—5/11**)
- L. Smith, Krenik, Stowell, Root — 1:52.46 (**Subs—5/22**)
- Disbrow, Krenik, A. Smith, Root — 1:54.02 (Caledonia—4/5)
- Krenik, L. Smith, Stowell, Root — 1:54.70 (Cotter—5/16)
- Disbrow, L. Smith, A. Smith, Root — 1:54.80 (Rushford 4/2)
- Paul, Rieke, Dorronsoro, Stowell — 2:10.85 (Caledonia—4/5)
- Karlen, Carlson, Andring, Mosdal — 2:07.99 (JH Conference—5/14)
- Karlen, Carlson, Hulshizer, Mosdal — 2:14.03 (PEM 7-10—5/4)
- Andring, Hulshizer, Mosdal, Karlen — 2:14.89 (PEM JH—4/16)

4x400 Meter Relay

- L. Smith, Krenik, Stowell, Root—4:11.83 (**Sections—5/28**)
- L. Smith, Krenik, Stowell, Root—4:13.12 (**Sections—5/30**)
- L. Smith, Cole, Stowell, Root — 4:21.69 (**Subs—5/22**)
- Krenik, Cole, Stowell, Root — 4:24.31 (**TRUE TEAM—5/7**)
- Krenik, Cole, Stowell, Root — 4:27.11(**Conference—5/11**)
- Krenik, Cole, Stowell, Root — 4:28.17 (Home—5/2)
- Krenik, Cole, Stowell, Root — 4:29.57 (DE—4/15)
- Krenik, Cole, Stowell, Root — 4:35.72 (Verne Herman—4/23)
- L. Smith, Cole, Stowell, Root — 4:36.14 (Stout—3/23)
- Kramer, Loechler, Daood, Cole — 4:40.67 (Cotter—5/16)
- L. Smith, Kittleson, Cole, Root — 4:45.94 (Fingers Crossed—3/29)
- Karlen, Ward, Andring, Mosdal—4:53.52 (JH Conference—5/14)
- Karlen, Mosdal, Andring, Ward — 5:13.03 (DE JH—4/9)

4x800 Meter Relay

- Krenik, Drath, Daood, Cole—11:18.93(**Conference—5/11**)
- Krenik, Drath, Daood, Cole — 11:20.96 (**Subs—5/22**)
- Krenik, Loechler, Kittleson, Daood — 11:25.02 (**TRUE TEAM—5/7**)
- Krenik, Loechler, Drath, Cole — 11:26.63 (Verne Herman—4/23)
- Krenik, Kittleson, Daood, Cole — 11:31.03 (Cotter—5/16)
- Krenik, Kittleson, Daood, Cole — 11:39.56 (Home—5/2)
- Daood, Drath, Kittleson, Cole — 12:00.36(Caledonia—4/5)
- Daood, Drath, Kittleson, Cole — 12:15.78 (Fingers Crossed—3/29)
- Kittleson, Krenik, Drath, Cole — 12:31.71 (Rushford—4/2)

** - Denotes JH weight

2019 LETTER POINT TOTAL

Lindsey Root – 349.5
Abbie Disbrow – 247
Lucia Smith – 212.5
Celia Cole – 146
Gabby Stowell – 123 (131.5)*
Antonia Smith – 129.5
Piper Krenik – 92.5 (114)*
Ashley Paul – 88
Halle McCormick – 57
Tori Kittleson – 33.5 (53.5)*
Triniti Gbala – 52
Anna Daood – 40.5
Abby McCready – 13 (36)*
Maria Dorrnsoro – 36
Olivia Drath – 27
Nora Fritcher – 25.5
Taylin Andring – 13.5 (24.5)*
Katie Dailey – 3 (22.5)*
Ebony Mitchell – (19)*
Leah Mundt – 18.8
Riley Ward – 17
Sonia Howen – 16
Macy Loechler – 14.5
Jackie Vasquez – 5.5
Leslie Gasca – 5
Katie Kramer – 3.5
Karly Rieke – 1

Athletes who lettered are highlighted in **bold**. *Denotes that an athlete carried letter points over from last year. When an athlete scores points in a season but does not meet the 25-point qualification for lettering, he/she carries those points over. For such athletes, the first number is the total points scored this season. The second number (in parentheses) is the TOTAL points they have (last year's plus this year's). For full letter points rules and explanations, see the team page on the school website.

2019 ST. CHARLES WOMEN'S TRACK AND FIELD PENTATHLON RESULTS

NAME	FLYING 55	600M	SHOT (ft)	VERT. (in)	LONG (ft)
Katie Kramer	7.59 (5)	2:15 (5)	20'	17.5"	5' 11" (10t)
Piper Krenik	7.66 (6)	2:03 (4)	23' 5" (2t)	17.5"	5' 9"
Macy Loechler	8.95	2:40	17' 0"	15.5"	5' 11" (10t)
Halle McCormick	7.83 (10)	2:16 (6t)	19' 9"	17.0"	6' 2" (6t)
Ebony Mitchell	9.72	3:05	13' 2"	9.0"	4' 5"
Karly Rieke	9.93	3:55	12' 3"	15.5"	5' 2"
Hannah Bunke	10.10	3:58	20' 8"	13.5"	4' 1"
Maria Dorronsoro	7.96	2:41	15' 9"	17.5"	6' 2" (6t)
Sonia Howen	9.56	3:44	21' 8" (7)	14.5"	4' 7"
Tori Kittleson	8.67	2:23	-----	13.0"	-----
Marina Martos	11.55	3:56	10' 10"	12.0"	3' 10"
Annika O'Hara	9.65	3:36	21' 9" (6)	15.0"	4' 4"
Katie Dailey	7.99	2:22	23' 1" (4)	22.5" (1)	6' 6" (3)
Anna Daood	8.54	2:17 (9)	19' 4"	16.5"	4' 6"
Triniti Gbala	8.64	3:07	26' 8" (1)	15.0"	5' 4"
Abby McCready	9.34	3:36	23' 5" (2t)	17.0"	5' 4"
Leah Mundt	8.59	3:44	18' 4"	13.5"	5' 8"
Ashley Paul	7.69 (7)	2:21 (10)	20' 4"	18.0" (8t)	6' 3" (5)
Lindsey Root	7.21 (2)	1:58 (2t)	22' 2" (5)	21.0" (2t)	6' 11" (1)
Gabby Stowell	7.79 (9)	2:32	16' 0"	18.0" (8t)	5' 4"
Celia Cole	7.77 (8)	2:16 (6t)	19' 7"	19.0" (6)	4' 11"
Abbie Disbrow	7.48 (3)	2:16 (6t)	20' 10" (8)	19.5" (4t)	6' 0" (9)
Olivia Drath	8.34	3:02	19' 6"	16.0"	5' 8"
Nora Fritcher	8.42	2:37	19' 11"	17.0"	4' 7"
Alexia Flores	11.04	5:10	20' 9" (9t)	15.0"	3' 6"
Sophia Littlefield	9.81	3:15	15' 8"	14.5"	3' 10"
Antonia Smith	7.10 (1)	1:56 (1)	17' 3"	21.0" (2t)	6' 8" (2)
Lucia Smith	7.53 (4)	1:58 (2t)	20' 9" (9t)	19.5" (4t)	6' 4" (4)
Erin Torres	8.21	2:34	-----	-----	-----
Taylin Andring	9.04	2:38	15' 3"	16.0"	5' 6"
Krishna Brahmhatt	10.29	3:56	19' 2"	10.5"	4' 5"
Rachel Elliot	9.36	2:52	14' 9"	13.0"	4' 9"
Reliegh Hoover	8.73	2:44	16' 6"	18.0" (8t)	5' 8"
Riley Ward	8.89	2:28	14' 5"	12.5"	3' 8"
Morgan Carlson	9.52	3:02	14' 3"	12.5"	4' 3"
Addrianna Ellsworth	9.98	3:25	10' 8"	9.5"	4' 3"
Teia Hulshizer	8.75	2:49	17' 8"	12.5"	4' 4"
Shelby Mosdal	8.26	2:55	15' 0"	18.5" (7)	4' 10"
Jackie Vazquez	8.21	2:49	19' 0"	14.0"	6' 1" (8)

2019 PENTATHLON LEADERBOARD:

Flying 55 — Antonia Smith (7.10)
600 Meter Run — Antonia Smith (1:56) **NEW RECORD**
Shot Put — Triniti Gbala (26'8") **NEW RECORD**
Vertical Spring — Katie Dailey (22.5")
Standing Long — Lindsey Root (6'11")

Results:

1. Lindsey Root	4200	12. Abby McCready	850
2. Antonia Smith	3750	13. Annika O'Hara	500
3. Lucia Smith	3050	14. Maria Darronsara	450
4. Katie Dailey	2500	15. Sonia Howen	400
5. Abbie Disbrow	2350	15. Gabby Stowell	400
6. Piper Krenik	2050	15. Shelby Mosdal	400
7. Ashley Paul	1300	18. Jackie Vazquez	300
8. Katie Kramer	1250	19. Anna Daood	200
9. Celia Cole	1200	19. Reliegh Hoover	200
10. Triniti Gbala	1000	20. Alexia Flores	150
11. Halle McCormick	950	21. Macy Loechler	50

PENTATHLON HISTORY GIRLS

Pentathlon Champions:

2014: Analise Fabre/Abby Ludens — 3400 (no vert. spring)
2015: Anna Smith — 4300
2016: Anna Smith — 4350
2017: Anna Smith — 4000
2018: Lindsey Root — 3450
2019: Lindsey Root — 4200

EVENT RECORDS:

Varsity:

Flying 55—Anna Smith—7.03 (2015)
600 Meter Run—Antonia Smith—1:56 (2019)
Shot Put—Triniti Gbala—26'8" (2019)
Standing Long Jump—Anna Smith—7'7 (2016)
Vertical Spring—Katie Dailey—24" (2018)

Junior High:

Flying 55—Abbie Disbrow—7.29 (2018)
600—Antonia Smith—2:00 (2018)
Shot Put—Abby McCready—21'2" (2017)
Standing LJ—Lindsey Root—6-07.00 (2017)
Vertical Spring—Abbie Disbrow—21" (2018)

NORTHERN BADGER INDOOR (UW-Stout)—March 24th, 2018

Team Scores

1) Prescott	47
2) Spencer	41
3) Colby	39
4) Marathon	35
5) Byron	33.5
6) Saint Croix Falls	30
6) St. Charles	30
8) Ladysmith	29.5
9) Abbotsford	26
10) Flambeau	24
11) Arcadia	20.5
12) Cameron	20
13) Athens	17
14) Lake Holcombe/Cornell	16
14) Colfax	16
16) Augusta	15
17) Shell Lake	13
18) Amery	12
19) Somerset	8
19) Turtle Lake/Clayton	8
19) Eau Claire Immanuel Lutheran	8
22) Prairie Farm	6
23) Independence	4
23) Fall Creek	4
25) Barron	3
26) Frederic/Luck	1
27) Cadott	0.5

55m Dash

1. Syverson Prescott	7.73
2. Carlson Prescott	7.80
3. Blume Marathon	7.87
4. Williamson Amery	7.94
5. Henk St. Croix	7.99
6. Werle Amery	8.00
7. Lehman Barron	8.04
8. Streveler Colby	8.07

200m Dash

1. Kunze Abbotsford	27.62
2. Sevals Cameron	28.29
3. Blume Marathon	28.37
4. Becker Ladysmith	28.42
5. Klawiter Fall Creek	28.51
6. Simeon Turtle Lake	28.53
7. Skattebo Shell Lake	28.64
8. Wall Cameron	28.71

400m Dash

1. Benck Prescott	1:03.66
2. Lechleit Lake Holc	1:04.31
3. McCurdy St. Croix	1:04.36
4. Root SC	1:05.54
5. Noeldner EC Imm	1:06.19
6. Gerber Cameron	1:06.22
7. Lawton Flambeau	1:07.49
8. Nielson Shell Lake	1:07.92

800m Run

1. Kreitinger Byron	2:28.06
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2. Lawton Flambeau	2:30.18
3. Loe Ladysmith	2:39.86
4. Klein St. Croix	2:42.98
5. VanRixel Athens	2:44.00
6. Johnson Turtle Lake	2:45.90
7. Johnson Byron	2:46.59
8. Murphy Prescott	2:47.64

1600m Run

1. Lawton Flambeau	5:38.07
2. Romo Arcadia	5:42.65
3. Loe Ladysmith	5:43.74
4. Shult Augusta	5:55.98
5. Klein St. Croix	5:56.35
6. Givens Marathon	5:56.72
7. Suchla Arcadia	6:01.50
8. Monson Amery	6:08.47

3200m Run

1. Shult Augusta	12:54.98
2. Feiten Colby	13:40.48
3. Hamilton Byron	13:42.63
4. Cleven Marathon	13:52.25
5. Best Colfax	14:03.98
6. Osero Amery	14:07.35
7. Riehle Athens	14:08.82
8. Auleciem Prescott	14:12.10

55m Hurdles

1. Zastrow Spencer	8.89
2. Kunze Abbotsford	9.09
3. Meredith Colfax	9.23
4. Zastrow Spencer	9.42
5. Conner Independence	9.49
6. Becker Ladysmith	9.59
7. Gilles Prescott	9.62
8. Borst St. Croix	10.62

4x400

1. Prescott	4:34.69
2. St. Charles	4:36.14

L. Smith, Cole, Stowell, Root

3. Colfax	4:38.69
4. Ladysmith	4:39.42
5. Flambeau	4:40.34
6. St. Croix	4:41.08
7. Cameron	4:41.70
8. Colby	4:42.63

High Jump

1. Zastrow Spencer	5-02
2. Skattebo Shell Lake	5-00
3. Pronschins Arcadia	4-10
3. Halvorsen Arcadia	4-10
3. Aschbrenn Marathon	4-10
6. Gartner Byron	4-08
7. Simeon Turtle Lake	4-08
8. Podevels Colby	4-08

Pole Vault

1. Eichman Spencer	9-00
2. Lebal Lake Holcom	9-00

3. Zastrow Spencer	8-06
4. Iberg Prescott	8-06
5. Felzkowski Athens	8-00
6. Coleman Byron	8-00
7. Schalk Marathon	7-00
7. Nybakka Ladysmith	7-00
7. Aschbrenn Marathon	7-00
7. Woodford Cadott	7-00
7. Kupka Arcadia	7-00
7. Graham Byron	7-00

Long Jump

1. Disbrow SC 15-10.00

2. Voelker Colby	15-06.25
3. Severt Cameron	15-02.50

4. Root SC 15-00.00

5. Williams EC Imm	14-09.75
6. Becker Ladysmith	14-08.75
7. McCurdy St. Croix	14-08.50
8. Lehman Barron	14-03.00

Triple Jump

1. Voelker Colby	33-08.50
2. Decker Abbotsford	31-03.00
3. Warmsbe Byron	30-11.75
4. McCurdy St. Croix	30-09.50
5. Mueller Athens	29-06.25
6. Dean Byron	29-04.00

7. L. Smith St. Charles 28-11.50

8. Meltz Ladysmith	28-03.00
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Shot Put

1. Huber Colby	41-09
2. Goldstein Somerset	41-04
3. Miller Prairie Farm	36-01
4. Krautkram Marathon	35-08
5. Zemke Marathon	34-09
6. Zinkowich Athens	34-08
7. Schunck Shell Lake	32-10
8. Christensen Frederic	32-04

Non-Scoring Performances

McCormick	8.25
Dorrnsoro	8.57
Disbrow	29.06
Stowell	30.63
Krenik	1:10.14
Cole	2:54.99
Drath	3:25.89
Kittleson	6:47.79
Daood	7:23.77
L. Smith	10.27
Paul	10.55
Dailey	10.91, 4-06
Mundt	4-06
Paul	27-08.00
Gbala	29-02
McCready	23-05

DOVER-EYOTA VARSITY/JH MEET—March 28th, 2019

Team Scores

- 1) Dover-Eyota 54
- 2) Lanesboro FC 34
- 3) St. Charles 13**

100m Dash

1. Burrichter DE 14.40
2. Magnuson DE 14.45
- 3. McCormick SC 15.03**
4. Willford LFC 15.27

200m Dash

- 1. Krenik SC 29.66**
2. Birkholz DE 29.95
3. Burrichter DE 30.24
- 4. McCormick SC 30.87**

400m Dash

1. Keeran DE 1:03.73
- 2. Krenik SC 1:06.91**
3. Nelson DE 1:08.03
4. Moeller DE 1:08.69

800m Run

1. Mauseth DE 2:45.06
2. Williams DE 2:58.31
- 3. Loechler SC 3:33.12**

Non-Scoring Performances

- Dorrnsoro 15.34, 31.87
Mitchell 16.26, 36.05

FINGERS CROSSED INVITATIONAL (St. Charles)—March 29th, 2019

Team Scores

1) PEM	117
2) St. Charles	55
3) Cotter	31
4) KW	27
5) USCAC	23

4x800m Relay

1. PEM	11:26.88
2. KW	12:06.42
3. St. Charles	12:15.78

Daood, Drath, Kittleson, Cole

100m Hurdles

1. Boyum KW	17.60
2. Schumacher PEM	18.60
3. Paul SC	18.99
4. L. Smith SC	19.04
5. Dailey SC	19.32
5. Vold KW	19.32

100m Dash

1. Gardner Cotter	13.81
2. Curry USCAC	13.93
3. Disbrow SC	14.15
4. Gormley USCAC	14.31
5. Schmidt KW	14.55

4x200m Relay

1. PEM A	1:59.54
2. KW	2:05.11
3. PEM C	2:07.22
4. PEM B	2:08.87
5. Cotter	2:30.57

1600m Run

1. Arnold Cotter	5:39.45
2. Simon PEM	5:49.99
3. Hagen PEM	6:18.40
4. Cole SC	6:44.48
4. Coons PEM	6:44.48

4x100m Relay

1. PEM A	56.15
2. St. Charles	57.61

Paul, Gasca, Vazquez, Disbrow

3. PEM C	58.86
4. Cotter	1:08.06

400m Dash

1. Nelson PEM	1:02.95
2. Gardner Cotter	1:07.27
3. Keller KW	1:07.73
4. Stowell SC	1:08.07
5. Speltz Cotter	1:10.14

300m Hurdles

1. Holtz PEM	51.68
2. L. Smith SC	52.53
3. Nesseth KW	54.75
4. Vold KW	56.75

5. Schumacher PEM 57.35

800m Run

1. Doughty PEM	2:31.59
2. Arnold Cotter	2:38.13
3. Servantez USCAC	2:38.31
4. Simon PEM	2:40.81
5. Zebro USCAC	2:46.34

200m Dash

1. Root SC	28.66
2. Gardner Cotter	28.92
3. Disbrow SC	28.97
4. Gormley USCAC	30.21
5. Hall PEM	30.49

4x400m Relay

1. PEM A	4:31.93
2. St. Charles	4:45.94

L. Smith, Kittleson, Stowell, Root

3. USCAC	4:52.28
4. PEM B	4:57.89

Long Jump

1. Root SC	16-05.50
2. Disbrow SC	15-09.00
3. Holtz PEM	14-09
4. Schumacher PEM	13-09.50
5. Augustine PEM	13-06.50

Triple Jump

1. Doughty PEM	33-00.50
2. Nelson PEM	31-08.00
3. Boyum KW	30-10.50
4. Augustine PEM	29-03.00
5. Stewart Cotter	28-03.50

High Jump

1. Doughty PEM	5-00
2. Holtz PEM	4-10
3. Dailey SC	4-04
3. Tlougan PEM	4-04
5. Schmidt KW	4-02

5. Mundt SC 4-02

Pole Vault

1. Nelson PEM	8-06
2. LaRocque PEM	6-00
2. Clark PEM	6-00

Shot Put

1. Niebuhr USCAC	32-10
2. Rahman PEM	29-11
3. Dessner PEM	29-06
4. Sailor USCAC	27-03
5. Niebuhr USCAC	26-01

Discus

1. Rahman PEM	105-02
2. McCready SC	83-00
3. Howen SC	71-08
4. Dessner PEM	71-00
5. Cranor Cotter	67-06

Non-Scoring Performances

Mundt	22.76
Vazquez	15.34, 11-08.50
Fritcher	16.23
Gasca	16.75, 35.31
Hewitt	18.63, 39.92
Drath	7:46.14
McCready	23-05
Howen	23-01
Flores	21-05, 36-02.50
O'Hara	20-04, 53-03.50
Bunke	20-02, 47-03
Martos	15-09, 42-03

RPH INVITE (Rushford)—April 2nd, 2019

Team Scores

1) Lanesboro FC	97
2) La Crescent	93.75
3) Rushford-Peterson	79.5
4) St Charles	78.75
5) Schaeffer Academy	4

100m Dash

1. Iverson LaCr	13.74
2. Fuchsel LaCr	14.19
3. Berg LFC	14.44
4. Brogle LFC	14.54
5. Siegersma LaCr	14.85

200m Dash

1. Root SC	29.03
2. Disbrow SC	29.59
3. Berg LFC	29.69
4. Brogle LFC	30.16
5. Connaughty RPH	30.47

400m Dash

1. Root SC	1:07.92
2. Krenik SC	1:08.52
3. Harris Schaefer	1:08.62
4. Pickett LFC	1:09.14
5. Helgemoe RPH	1:09.47

800m Run

1. Franzose LaCr	2:48.98
2. Kleiboer LFC	2:51.09
3. Norby LFC	2:56.11
4. Springer LFC	2:57.36
5. Duffy LaCr	3:02.90

1600m Run

1. Ruen LFC	6:04.39
2. Rosendahl LaCr	6:10.59
3. Tessum LFC	6:22.29
4. Simon LFC	6:24.96
5. Linder RPH	6:43.79

3200m Run

1. Cole SC	14:12.22
2. Didier RPH	14:12.29

100m Hurdles

1. Breitsprecher LFC	17.08
2. Baudek LaCr	17.47
3. Byom LaCr	18.02
4. Thesing LaCr	18.89
5. Ludwig LaCr	19.12

300m Hurdles

1. Breitsprecher LFC	51.95
2. Baudek LaCr	52.53
3. L. Smith SC	53.78
4. Baudek LaCr	54.22

5. Paul SC 56.23

4x100m Relay

1. RPH A	54.52
2. LaCr	55.87

3. St. Charles 58.69

Paul, Vazquez, Gasca, Disbrow

4. RPH B	1:00.79
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4x200m Relay

1. St. Charles	1:54.80
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A. Smith, L. Smith, Disbrow, Root

2. RPH	1:59.52
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3. LaCr	2:03.45
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4. LFC	2:05.27
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4x400m Relay

1. LFC	4:27.78
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2. RPH	5:14.58
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4x800m Relay

1. RPH	12:23.37
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2. St. Charles	12:31.71
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Kittleston, Loechler, Drath, Cole

High Jump

1. Hinz RPH	4-08
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2. Ristau LFC	4-06
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3. Thesing LaCr	4-06
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4. Mundt SC	4-04
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4. Serres RPH	4-04
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4. Bieberdorf RPH	4-04
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4. Ludwig LaCr	4-04
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Pole Vault

1. Breitsprecher LFC	8-06
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2. Byom LaCr	8-06
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3. Siegersma LaCr	8-00
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4. Rasmussen RPH	7-00
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4. Alfson RPH	7-00
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Long Jump

1. Disbrow SC	16-11.00
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2. Root SC	15-08.00
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3. Geiwitz RPH	15-06.25
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4. Ruen LFC	15-06.00
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5. Albrecht RPH	15-05.00
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Triple Jump

1. Byom LaCr	33-06.75
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2. Bieberdorf. RPH	33-03.25
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3. Helgemoe RPH.	28-10.00
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4. Kingsley RPH.	28-01.00
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Schutte RPH.	27-11.50
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Shot Put

1. Davis RPH	33-03.50
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2. Taylor LFC	30-09.50
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3. Gbala SC	28-00.25
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4. Zabel LaCr	27-04.25
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5. Guenther LFC	27-04.00
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Discus

1. Dryden LaCr	108-01
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2. Taylor LFC	93-03
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3. Davis RPH	90-03
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4. Guenther LFC	86-07
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5. McCready SC	80-07
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Non-Scoring Performances

Dorrnsoro	15.50, 12-10.50
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Gasca	16.39, 34.73
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Rojas	16.67, 33.67
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Littlefield	18.74
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Hewitt	18.77
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Krenik	30.53
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Stowell	30.63
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Fritcher	34.30, 6-00
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Mitchell	36.10
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Drath	3:18.01
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L. Smith	19.34
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Paul	19.89
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Mundt	1:05.78
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Rieke	9-11.50
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McCready	24-07.25
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Howen	21-07.50, 76-11
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Bunke	21-03.00, 45-08
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Flores	19-10.00, 53-06
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O'Hara	18-09.50, 47-04
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Martos	16-06.75, 36-08
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Gbala	74-05
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CALEDONIA/SPRING GROVE INVITATIONAL—April 5th, 2019

Team Scores

1) Rushford-Peterson	148
2) La Crosse Central	127
3) Cotter	108
4) St. Charles	95
5) La Crosse Aquinas	39
6) Caledonia	24

100m Dash

1. Welscher Cal	13.81
2. Disbrow SC	13.95
3. Nichols Cotter	14.03
4. Whitford LAX Cen	14.07
5. Gyllander LAX Aqu	14.08
6. Thicke LAX Aqu	14.21

200m Dash

1. Root SC	28.33
2. Gyllander LAX Aqu	29.05
3. Hinz RPH	29.45
4. Wichelt LAX Cen	29.59
5. Krenik SC	29.66
6. Wynos LAX Cen	30.21

400m Dash

1. Wichelt LAX Cen	1:07.43
2. Stowell SC	1:10.28
3. Strittmater LAX Cen	1:14.18
4. Costello Cotter	1:14.59
5. Torgerson RPH	1:15.65
6. Rasmussen RPH	1:15.99

800m Run

1. Arnold Cotter	2:34.69
2. Williams Cotter	2:35.38
3. Degenhardt LAX Cen	2:40.25
4. Wintin LAX Cen	2:41.73
5. Cole SC	2:42.69
6. Honken RPH	2:58.26

1600m Run

1. Ping Cotter	5:12.68
2. Ping Cotter	5:13.29
3. Arnold Cotter	5:35.60
4. Williams Cotter	5:44.36
5. Pinkowski LAX Cen	5:48.36
6. Didier RPH	6:24.96
7. Linder RPH	6:33.12

3200m Run

1. Ping Cotter	10:36.41
2. Ping Cotter	10:52.52
3. Meyer LAX Aqu	13:08.18
4. Eckhardt LAX Cen	13:11.81
5. Ellis LAX Aqu	13:18.52
6. Winga LAX Cen	14:11.24

100m Hurdles

1. Connaughty RPH	19.26
2. Semling RPH	21.90
3. Schultheis LAX Cen	22.14
4. Hansen LAX Cen	22.87

5. Mundt SC 24.24

6. Fisher LAX Cen	25.00
300m Hurdles	
1. Gyllander LAX Aqu	54.72
2. Thicke LAX Aqu	55.13
3. Rasmussen RPH	55.93
4. Speltz Cotter	58.26
5. Glodowski Cotter	1:00.34
6. Constanti LAX Cen	1:02.63

4x100m Relay

1. RPH	54.04
2. Caledonia	54.94
3. LAX Central	56.67
4. Cotter A	58.27

5. St. Charles 1:00.86

Paul, Dorrnsoro, Rieke, Disbrow

6. Cotter B	1:04.21
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4x200m Relay

1. St. Charles A 1:54.02 Disbrow, Krenik, A. Smith, Root

2. RPH	1:58.83
3. LAX CentralA	1:59.55
4. LAX CentralB	2:05.01

5. St. Charles B 2:10.85

Paul, Rieke, Dorrnsoro, Stowell

6. Caledonia	2:12.64
7. Cotter	2:18.59

4x400m Relay

1. LAX CentralA	4:33.35
2. Cotter	4:57.40
3. LAX CentralB	5:01.94
4. RPH	5:11.96

4x800m Relay

1. St. Charles	12:00.36
Daood, Drath, Kittleson, Cole	
2. LAX Central	12:12.49
3. Cotter	12:39.15

High Jump

1. Hinz RPH	4-06
2. Marsolek LAX Cen	4-06
3. Bieberdorf RPH	4-04
4. Constanti LAX Cen	4-04
4. Serres RPH	4-04

6. Dorrnsoro SC 4-04

6. Mundt SC 4-04

Pole Vault

1. Geiwitz RPH	7-00
1. Alfson RPH	7-00
3. Fritcher SC	6-06
3. Rasmussen RPH	6-06
5. Ehlers LAX Cen	6-00
6. Brekke LAX Cen	6-00

Long Jump

1. Disbrow SC	16-07.00
2. Root SC	16-01.00
3. Nichols Cotter	15-03.00

4. Bieberdorf RPH 15-02.00

5. Tostonson Cal	14-04.50
6. Gasper LAX Cen	13-09.00
Triple Jump	
1. Gasper LAX Cen	31-02.00
2. Alfson RPH	29-11.00
3. Wynos LAX Cen	28-10.00
4. Dickman LAX Cen	27-07.00
5. Costello Cotter	27-02.00

Shot Put

1. Davis RPH	32-01
2. Gbala SC	28-05
3. Albrecht RPH	26-11
4. Morris LAX Cen	25-11
5. Weisbrod LAX Aqu	25-05
6. Jandt RPH	24-10

Discus

1. Davis RPH	100-10
2. Howen SC	81-09
3. Albrecht RPH	76-07
4. Row Cotter	75-03
5. Stafslie LAX Cen	75-02
6. McCready SC	74-05

Non-Scoring Performances

Fritcher	15.78
Rojas	15.79
Daood	3:04.17
Kittleson	6:56.79
Drath	7:41.68
Mundt	1:08.86
Dorrnsoro	12-05.00
McCready	24-01
O'Hara	19-04
Gbala	70-03

DOVER-EYOTA VARSITY MEET—April 15th, 2019

Team Scores

1. Lanesboro FC	128
2. Dover-Eyota	111
3. Rushford-Peterson	109.16
4. Chatfield	99.83
5. St. Charles	96
6. KW	47

4x800m Relay

1. LFC	10:38.95
2. DE	10:44.15
3. Chat	11:34.88
4. RPH	12:07.57
5. KW	13:13.04

100m Hurdles

1. Boyum KW	17.14
2. Fox Chat	17.96
3. L. Smith SC	18.05
4. Nesseth KW	18.85
5. Vold KW	19.32
6. Ristau LFC	20.22
7. Erickson Chat	20.57

100m Dash

1. Keeran DE	13.39
2. Hinz RPH	13.64
3. Burrichter DE	13.70
4. Brogle LFC	13.98
5. Schmidt KW	14.02
6. Nesseth KW	14.03
7. Burnett Chat.	14.19

4x200m Relay

1. RPH A	1:55.46
2. Chat	1:58.72
3. LFC	2:01.17
4. DE A	2:01.80
5. DE B	2:08.27
6. RPH B	2:13.11

1600m Run

1. Tessum LFC	6:03.12
2. Cole SC	6:06.29
3. McMahon Chat	6:12.75
4. Gillespie Chat	6:17.49
5. Berg Chat	6:20.63
6. Wiskow DE	6:30.75
7. Williams DE	6:35.95

4x100m Relay

1. RPH	54.30
2. St. Charles	55.11

Stowell, Dorrnsoro, McCormick, Disbrow

3. Chat	56.60
4. LFC	56.67
5. DE	58.75

400m Dash

1. Keeran DE	1:02.36
2. Ruen LFC	1:03.57
3. Broadwater LFC	1:06.11

4. Lentsch KW	1:06.79
5. Keller KW	1:10.05
6. Vollrath DE	1:11.41
7. Alfson RPH	1:14.41
300m Hurdles	
1. Breitsprecher LFC	48.61
2. L. Smith SC	51.20
3. Nesseth KW	53.77
4. Vold KW	56.33
5. Andring DE	56.91
6. Fox Chat	57.06
7. Schmidt DE	57.27

800m Run

1. Nelson DE	2:41.36
2. Mauseth DE	2:42.42
3. Cole SC	2:45.24
4. Simon LFC	2:46.94
5. Williams DE	2:53.13
6. Norby LFC	2:54.02
7. Novotny Chat	2:57.86

200m Dash

1. Root SC	27.82
2. Disbrow SC	28.38
3. Birkholz DE	28.59
4. Brogle LFC	28.94
5. Stowell SC	29.11
6. Schmidt KW	29.44
7. Pickett LFC	29.64

3200m Run

1. Strande Chat	13:35.07
2. Martin. Chat	13:52.47
3. Linder RPH	14:22.01
4. Dornack Chat	14:34.32

4x400m Relay

1. St. Charles	4:29.57
Krenik, Cole, Stowell, Root	

2. DE	4:33.46
3. Chat	4:34.49
4. LFC	4:53.77
5. RPH	4:59.81

High Jump

1. Ristau LFC	4-08
2. Hinz RPH	4-08
3. Birkholz DE	4-06
4. Woodard RPH	4-04
5. Warren. Chat	4-04
6. Bieberdorf RPH	4-02
6. Cole Chat	4-02

Pole Vault

1. Andring DE	8-00
2. Breitsprecher. LFC	7-06
3. Miner LFC	7-06
4. Simon LFC	7-00
5. Burrichter. DE	7-00
6. Fritcher. SC	7-00

7. Rasmussen RPH	6-06
7. Geiwitz RPH	6-06
7. Freese LFC	6-06
7. Tessum LFC	6-06
7. Allen Chat	6-06
Long Jump	

1. Disbrow SC 15-08.50

2. Root SC 15-04.00

3. Geiwitz RPH	14-09.50
4. Lawston RPH	14-06.75
5. Albrecht RPH	14-01.75
6. Ruen LFC	13-10.25
7. Burnett Chat	13-10.00

Triple Jump

1. Bieberdorf. RPH	31-01.50
2. Ristau LFC	30-00.25
3. Helgemoe RPH	29-07
4. Alfson RPH	29-07.00
5. Boyum KW	29-04.25
6. L. Smith SC	29-00.50
7. Andring DE	28-00.25

Discus

1. Erickson. Chat	101-05
2. Davis RPH	98-10
3. Taylor LFC	92-10
4. Guenther. LFC	87-00
5. Courson DE	85-05
6. Priebe Chat	83-05

7. McCready SC 80-01

Shot Put

1. Davis. RPH	31-06.50
2. Goldsmith Chat	30-03.00
3. Gbala SC	29-11.00
4. Taylor LFC	29-05.50
5. Courson DE	28-09
6. Albrecht RPH	27-11.00
7. Guenther LFC	26-09

Non-Scoring Performances

McCormick	14.49, 30.25, 13-03.50
Dorrnsoro	14.65, 4-02, 11-09.50
Vazquez	14.65, 31.98
Fritcher	15.42
Mitchell	15.58, 33.94
Gasca	15.87, 33.62
Hewitt	16.52, 39.20
Littlefield	17.59, 36.82
Daood	6:38.98, 3:00.99
Drath	7:19.86, 3:13.38
Loechler	3:20.77
Gbala	71-11
Howen	70-08
O'Hara	49-04, 18-09
Martos	47-03, 15-05
Bunke	46-05, 19-00
McCready	22-08.50

VERNE HERMAN INVITATIONAL (Elgin)—April 23rd, 2019

Team Scores	2. Wiskow DE 5:53.96	4. Schwantz PEM 13:59.26
1) PEM 177.5	3. Hagen PEM 5:54.54	5. Barker DE 14:16.64
2) Dover-Eyota 121	4. Skov Kasson 6:02.47	6. Daood SC 14:34.19
3) Kasson-Mant 105.5	5. Prinsen LFC 6:03.79	7. Ward SC 14:37.50
4) St. Charles 104	6. Peterson Kasson 6:12.98	8. Kramer SC 17:30.00
5) Lanesboro FC 77	7. Kleiboer LFC 6:15.33	4x400m Relay
6) Cotter 76	8. Peterson Kasson 6:15.94	1. PEM 4:16.76
7) Lewiston 68	4x100m Relay	2. DE 4:18.80
8) Schaeffer 3	1. Kasson 53.32	3. LFC 4:22.34
	2. Cotter 53.13	4. Kasson 4:24.25
4x800m Relay	3. Lewiston 54.81	5. Lewiston 4:33.56
1. PEM 10:00.90	4. PEM 54.84	6. St. Charles 4:35.72
2. Kasson 10:10.75	5. DE 54.92	Krenik, Cole, Stowell, Root
3. DE 10:42.14	6. St. Charles 55.46	7. Cotter 4:40.04
4. Lewiston 11:04.20	Paul, Dorronsoro, McCormick, Disbrow	High Jump
5. St. Charles 11:26.63	7. LFC 1:00.38	1. Doughty PEM 4-10
Krenik, Loechler, Drath, Cole	400m Dash	2. Magnuson DE 4-10
6. Cotter 11:29.41	1. Keeran DE 1:01.55	3. Ruzek Lewiston 4-08
100m Hurdles	2. A. Smith SC 1:02.74	4. Breitsprecher LFC 4-08
1. Schumacher PEM 17.89	3. Root SC 1:05.61	5. Evans Kasson 4-06
2. L. Smith SC 18.01	4. Hall PEM 1:05.66	5. Holtz PEM 4-06
3. Nessler Lewiston 19.24	5. Stowell SC 1:05.81	7. Kelley Kasson 4-06
4. Wicklow Lewiston 19.75	6. Evers PEM 1:06.16	8. Ristau LFC 4-06
5. Swanson PEM 19.94	7. Anderson PEM 1:07.71	Pole Vault
6. Freese LFC 20.00	8. Krenik SC 1:08.19	1. Andring DE 8-06
7. Ristau LFC 20.02	300m Hurdles	2. Nelson PEM 8-06
8. Burnett. PEM 20.64	1. L. Smith SC 50.10	3. Gergen Kasson 8-00
100m Dash	2. Holtz PEM 50.32	4. Oudekirk Kasson 8-00
1. Gardner Cotter 13.58	3. Sveen PEM 51.98	5. Larsen Lewiston 7-06
2. Koebele Kasson 13.68	4. Speltz Cotter 53.57	6. Harfmann Kasson 7-00
3. Magnuson DE 13.69	5. Swanson PEM 54.19	7. Lamphere Kasson 7-00
4. Disbrow. SC 13.71	6. Nesler Lewiston 54.90	8. Fritcher SC 7-00
5. Miller Lewiston 13.91	7. Andring DE 55.45	Long Jump
6. Nichols Cotter 13.94	8. Schmidt DE 56.32	1. Disbrow SC 16-10.50
7. Burrichter DE 13.99	800m Run	2. Root SC 16-05.00
8. Kelley Kasson 14.11	1. Deno Kasson 2:23.62	3. Holtz PEM 15-06.00
4x200m Relay COED	2. Evans Kasson 2:32.88	4. Miller Lewiston 15-05.50
1. LFC 1:42.31	3. Wiebke Kasson 2:33.60	5. Nichols Cotter 15-05.00
2. PEM 1:48.71	4. Williams Cotter 2:40.41	6. Schumacher PEM 15-02.00
3. Lewiston 1:54.02	5. Cole SC 2:43.93	7. Andring DE 14-09.00
4. DE 1:54.95	6. Bode PEM 2:47.16	8. Speltz Cotter 14-04.00
5. Kasson 1:56.24	7. Barton PEM 2:47.49	Triple Jump
6. Cotter 1:58.31	8. Russell PEM 2:49.33	1. Schneider Kasson 34-09.50
7. St. Charles 1:58.40	200m Dash	2. Nelson PEM 33-02.50
S. Warmkagathje, Gasca, E.	1. Keeran DE 27.50	3. Doughty PEM 32-01.00
Warmkagathje, Vazquez	2. Root SC 27.89	4. Andring DE 30-04.50
1600m Sprint Medley COED	3. Gardner Cotter 28.35	5. Harden DE 30-02.50
1. LFC 4:08.59	4. Disbrow SC 28.39	6. Nelson DE 30-00.00
2. PEM 4:13.69	5. Birkholz DE 28.78	7. Augustine PEM 29-02.00
3. St. Charles 4:17.35	6. Orser Kasson 28.97	8. Costello Cotter 28-08.50
Paul, Dayland, L. Smith, O'Hara	7. Kelley Kasson 29.21	Discus
4. Cotter 4:25.92	8. Brogle LFC 29.30	1. Taylor LFC 99-05
5. DE 4:29.57	3200m Run	2. Guenther LFC 97-09
6. Schaeffer 4:29.97	1. Arnold Cotter 11:29.39	3. Dessner PEM 97-07
1600m Run	2. Simon PEM 11:54.87	4. Snyder LFC 92-06
1. Williams Cotter 5:42.55	3. Coons PEM 13:46.61	5. Courson DE 84-07

6. Ellinghuysen Lewiston 82-05

7. Lacey DE 78-11

8. Howen SC 77-09

Shot Put

1. Dessner PEM 30-11.00

2. Taylor LFC 30-02.00

3. Meyer Lewiston 29-09.50

4. Lacey DE 28-00.00

5. Courson DE 27-08.00

6. Ellinghuysen Lewiston 27-07.50

7. Soulier Lewiston 27-06.00

8. Gbala SC 27-01.00

Non-Scoring Performances

McCormick 14.42, 30.29, 13-02.50

Fritcher 15.44

Rojas 15.45

Mitchell 16.44

Littlefield 17.37

Daood 6:44.06

Drath 3:08.59

Loechler 3:08.64

Stowell 29.37

Dorrnsoro 30.52, 4-04, 12-00.50

Hewitt 37.36

Mundt 4-04

McCready 74-11, 22-10.00

Gbala 73-07

O'Hara 53-07, 20-05.00

Bunke 42-04, 20-06.00

Flores 35-00, 19-03.50

ST. CHARLES VARSITY INVITE—May 2nd, 2019

Team Scores

- 1) PEM 162
- 2) St. Charles 110.5**
- 3) Lanesboro FC 93.5
- 4) Dover-Eyota 66
- 5) Chatfield 63
- 6) Lewiston 59

4x800m Relay

1. PEM A 10:40.64
 2. LFC 10:45.32
 3. DE 10:45.69
 4. PEM B 11:10.42
 5. Chatfield 11:36.13
 - 6. St. Charles 11:39.56**
- Krenik, Kittleson, Daood, Cole**

100m Hurdles

1. Breitsprecher LFC 16.26
2. Schumacher PEM 18.16
3. Holtz PEM 18.46
4. Nessler Lewiston 18.73
5. Salerno Chatfield 19.01
- 6. Paul SC 19.28**

100m Dash

- 1. Disbrow SC 13.77**
2. Miller Lewiston 13.90
3. Ruen LFC 14.04
4. McCullough PEM 14.30
- 5. McCormick SC 14.31**
6. Doughty PEM 14.34

4x200m Relay

- 1. St. Charles 1:56.57**
- Disbrow, L. Smith, A. Smith, Root**
2. Chatfield 1:58.79
 3. PEM 2:00.02
 4. DE 2:06.91
 5. Lewiston 2:07.45

1600m Run

1. Simon PEM 5:42.44
2. Wiskow DE 5:53.98
3. McMahon Chatfield 6:03.79
4. Kreidermacher Lewiston 6:09.88
5. Gillespie Chatfield 6:10.38
6. Tessum LFC 6:13.48

4x100m Relay

1. DE 54.21
 2. Chatfield 54.25
 - 3. St. Charles 54.31**
- Paul, Dorrnsoro, McCormick, Disbrow**
4. PEM 55.16
 5. LFC 55.36

400m Dash

1. Nelson PEM 1:00.57
- 2. A. Smith SC 1:02.87**
- 3. Stowell SC 1:05.17**
4. Birkholz DE 1:05.47

5. McCullough PEM 1:06.29

6. Moeller DE 1:07.19

300m Hurdles

1. Breitsprecher LFC 47.25
2. Fox Chatfield 52.31

3. Paul SC 52.76

4. Sveen PEM 53.43
5. Schmidt DE 53.99
6. Nesler Lewiston 54.16

800m Run

1. Ruen LFC 2:34.63
2. Wiskow DE 2:34.70
3. Doughty PEM 2:36.18
4. Ellinghuysen Lewiston 2:37.02
5. Evers PEM 2:40.74

6. Cole SC 2:41.97

200m Dash

- 1. Root SC 27.41**
2. Nelson PEM 27.80
- 3. A. Smith SC 27.91**
4. Birkholz DE 28.50
5. Berg LFC 28.75
6. Brogle LFC 29.00

3200m Run

1. Hagen PEM 12:35.46
2. Strande Chatfield 12:59.72
3. Barker DE 13:32.49
4. Miner LFC 13:35.64
5. Simon LFC 13:37.23
6. Martin Chatfield 13:41.36

4x400m Relay

- 1. St. Charles 4:28.17**
- Krenik, Cole, Stowell, Root**
2. Lewiston A 4:30.49
 3. PEM 4:35.04
 4. Chatfield 4:37.21
 5. Lewiston B 4:37.66
 6. DE 4:41.47

High Jump

1. Breitsprecher LFC 4-10
2. Ruzek Lewiston 4-10
3. Magnuson DE 4-08
3. Cole Chatfield 4-08
3. Doughty PEM 4-08

6. Mundt SC 4-06

6. Holtz PEM 4-06

Pole Vault

1. Nelson PEM 9-06
2. Breitsprecher LFC 9-00
3. Broadwater LFC 8-06
3. Andring DE 8-06
5. Simon LFC 7-06
5. Larsen Lewiston 7-06
5. Burrichter DE 7-06

Long Jump

- 1. Disbrow SC 16-05.50**

1. Root SC 16-05.50

3. Brogle LFC 14-10.50

4. McCormick SC 14-07.00

5. Holtz PEM 14-05.00
6. Ruen LFC 14-04.00

Triple Jump

1. Doughty PEM 33-10.75
2. Nelson PEM 33-00.00
- 3. A. Smith SC 30-09.75**
4. Salvetti Lewiston 30-01.50
- 5. L. Smith SC 29-08.00**
6. Andring DE 29-04.25

Discus

1. Rahman PEM 105-04
2. Erickson Chatfield 101-02
3. Guenther LFC 99-08
4. Dessner PEM 96-04
5. Taylor LFC 93-06
6. Ellinghuysen Lewiston 89-10

Shot Put

1. Rahman PEM 35-09.00
2. Meyer Lewiston 31-08.75
3. Dessner PEM 31-01.00
4. Ellinghuysen Lewiston 30-02.25
- 5. Gbala SC 30-00.50**
6. Soulier Lewiston 30-00.00

Non-Scoring Performances

- | | |
|-----------------------------------|--------------------|
| Dorrnsoro | 14.94, 30.44, 4-04 |
| Vazquez | 15.02, 32.01 |
| Rojas | 15.56, 31.24 |
| Fritcher | 15.78, 6-00 |
| Mitchell | 16.16, 36.00 |
| Gasca | 16.18 |
| Mundt | 16.53, 34.39 |
| Rieke | 18.08 |
| Kittleson | 6:52.49 |
| Loechler | 6:56.03, 3:05.18 |
| Drath | 7:02.08, 3:08.02 |
| 4x100 B | 59.40 |
| (Fritcher, Gasca, Rojas, Vazquez) | |
| McCormick | 29.95 |
| Daood | 14:49.53 |
| Ward | 14:57.16 |
| Kramer | 16:45.21 |
| Andring | 6-06 |
| L. Smith | 6-00 |
| Krenik | 27-11.50 |
| Gbala | 84-00 |
| Howen | 78-05 |
| McCready | 70-11, 22-06.00 |
| O'Hara | 61-06, 19-11.00 |
| Martos | 48-08, 17-00.50 |
| Bunke | 43-09, 22-08.50 |

Licensed to Dover-Eyota High School HY-TEK's Meet Manager 5/8/2019 10:19 PM
 Section 1A True Team
 Dover-Eyota High School - 5/7/2019
 Results

Event 1 Girls 4x800 Meter Relay

School	Seed	Finals	Points
Finals			
1 Lanesboro/Fillmore Central/M		10:29.10	45
2 Dover-Eyota		10:37.89	42
3 Grand Meadow/LeRoy-Ost/Kings		10:44.51	39
4 Lewiston-Altura		11:08.63	36
5 Wabasha-Kellogg		11:10.83	33
6 Chatfield		11:14.97	30
7 Hayfield		11:16.07	27
8 Rushford-Peterson/Houston		11:23.02	24
9 St Charles		11:25.02	21
10 Kenyon-Wanamingo		11:47.94	18
11 Zumbrota-Mazeppa		11:49.51	15
12 Blooming Prairie		12:12.36	12

Event 3 Girls 100 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1 Emma Breitsprecher	11	Lanesboro/Fi		15.83	2	30
2 Hailey Hindt	10	Grand Meadow		16.25	2	29
3 Juliana Boyum	11	Kenyon-Wanam		16.67	1	28
4 Madison Hindt	10	Grand Meadow		17.45	4	27
5 Rebecca Fox	10	Chatfield		18.11	1	26
6 Chloe Staub	10	Triton		18.18	3	25
7 Lucia Smith	9	St Charles		18.19	4	24
8 Kaitlyn Vold	12	Kenyon-Wanam		18.53	3	23
9 Greta Sunde	10	Blooming Pra		18.68	1	22
10 Rachael Oswald	12	Blooming Pra		18.72	4	21
11 Joanna Salerno	10	Chatfield		18.84	2	20
12 Carly Fredrickson	12	Zumbrota-Maz		18.85	2	19
13 Ashley Paul	10	St Charles		18.85	3	18
14 Shelby Nesler	10	Lewiston-Alt		19.25	3	17
15 Courtney Burcher	11	Dover-Eyota		19.27	3	16
16 Jonna Gunnarson	9	Lewiston-Alt		19.38	4	15
17 Kelly Ristau	10	Lanesboro/Fi		19.71	3	14
18 Caitlyn Lundquist	11	Hayfield		19.85	1	13
19 Maia Fries	11	Wabasha-Kell		19.87	3	12
20 Chelsey Burcher	9	Dover-Eyota		19.94	2	11
21 Brielle Rasmussen	8	Rushford-Pet		20.03	4	10
22 Rachel Kropp	7	Wabasha-Kell		20.88	1	9
23 Olivia Seymour	9	Zumbrota-Maz		21.56	1	8
24 Shelby Semling	10	Rushford-Pet		22.59	1	7

Event 5 Girls 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Anika Reiland	8	Grand Meadow		12.83	4	30
2 Lauren Buchholtz	12	Grand Meadow		13.15	2	29
3 Abbie Disbrow	9	St Charles		13.37	4	28
4 Lana Yeakel	12	Zumbrota-Maz		13.39	1	27
5 Kjersta Hinz	12	Rushford-Pet		13.42	2	26
6 Brielle Ruen	9	Lanesboro/Fi		13.42	4	25
7 Grace Magnuson	12	Dover-Eyota		13.46	4	24

8	Emma Johnson	7	Wabasha-Kell	13.52	3	23
9	Ella Miller	10	Lewiston-Alt	13.65	1	22
10	Vanessa Schmidt	8	Kenyon-Wanam	13.77	4	21
11	Jacquelyn Cole	7	Medford	13.86	3	20
12	Kaitlyn Bieberdorf	12	Rushford-Pet	13.94	3	19
13	Halle McCormick	12	St Charles	13.95	2	18
14	Courtney Burrichter	11	Dover-Eyota	14.03	3	17
15	Rachel Nesseth	9	Kenyon-Wanam	14.04	3	16
16	Rylee Burnett	10	Chatfield	14.11	4	15
17	Kammry Broadwater	7	Lanesboro/Fi	14.16	1	14
18	Brooke Purrier	10	Medford	14.22	2	13
19	Alyssa Baum	10	Chatfield	14.23	3	12
20	Elise Sommer	9	Lewiston-Alt	14.29	4	11
21	Kyra Nichols	12	Zumbrota-Maz	14.46	3	10
22	Chloe Evers	9	Wabasha-Kell	14.59	4	9
23	Mackenzie Geers	8	Triton	14.71	1	8
24	Abby Braaten	10	Blooming Pra	14.92	1	7
25	Izzy Maxwell	11	Schaeffer Ac	15.25	1	6
26	Rosie Radford	10	Hayfield	15.34	1	5
27	Chelsea Christopherson	7	Hayfield	15.46	2	4
28	Abby Hefling	8	Blooming Pra	15.74	2	3
29	Elle Myer	12	Triton	15.74	3	2

Event 7 Girls 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 St Charles		1:50.73	1	45
2 Grand Meadow/LeRoy-Ost/Kings		1:51.12	1	42
3 Rushford-Peterson/Houston		1:53.67	2	39
4 Lanesboro/Fillmore Central/M		1:55.24	2	36
5 Medford		1:55.28	1	33
6 Zumbrota-Mazeppa		1:56.57	2	30
7 Dover-Eyota		1:59.52	1	27
8 Chatfield		2:00.27	2	24
9 Triton		2:00.69	1	21
10 Blooming Prairie		2:01.01	2	18
11 Kenyon-Wanamingo		2:01.15	1	15
12 Lewiston-Altura		2:01.24	2	12
13 Schaeffer Academy		2:03.94	1	9
14 Wabasha-Kellogg		2:05.53	2	6
15 Hayfield		2:07.12	2	3

Event 9 Girls 1600 Meter Run

Name	Year	School	Seed	Finals	Points	
1		Natasha Sortland	8	Zumbrota-Maz	5:07.85	30
2		Katrina Sortland	8	Zumbrota-Maz	5:08.45	29
3		Kaylee Arndt	10	Lanesboro/Fi	5:34.53	28
4		Madison Wiskow	11	Dover-Eyota	5:45.27	27
5		Abbi Gillespie	9	Chatfield	5:50.45	26
6		Tessa McMahon	9	Chatfield	5:52.71	25
7		Aubrie Schneider	8	Grand Meadow	5:57.42	24
8		Malia Tessum	9	Lanesboro/Fi	6:00.75	23
9		Celia Cole	9	St Charles	6:02.74	22
10		Maddy Bhend	9	Grand Meadow	6:03.69	21
11		Sierra Kreidermacher	9	Lewiston-Alt	6:03.82	20
12		Victoria Wallerich	8	Wabasha-Kell	6:04.37	19
13		Emily Didier	12	Rushford-Pet	6:17.90	18
14		Hannah Linder	10	Rushford-Pet	6:18.13	17
15		Josi Flom	8	Kenyon-Wanam	6:19.55	16
16		Alexandra Williams	11	Dover-Eyota	6:26.58	15

17 Hannah Weiss	12 Wabasha-Kell	6:27.77	14
18 Jenna Klocke	7 Hayfield	6:28.06	13
19 Kylie Hatch	8 Hayfield	6:45.40	12
20 Tori Kittleson	11 St Charles	6:46.65	11
21 Kelsey Walock	12 Medford	6:53.42	10
22 Asha Lighthizer	9 Blooming Pra	7:00.95	9
23 Ashleigh Alwes	10 Blooming Pra	7:13.75	8
24 Hailey Soulier	10 Lewiston-Alt	7:49.07	7

Event 11 Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Grand Meadow/LeRoy-Ost/Kings		52.11	2	45
2 Rushford-Peterson/Houston		52.95	2	42
3 Medford		53.36	2	39
4 Kenyon-Wanamingo		53.62	2	36
5 St Charles		54.62	1	33
6 Lewiston-Altura		54.76	1	30
7 Lanesboro/Fillmore Central/M		54.87	1	27
8 Dover-Eyota		54.88	2	24
9 Chatfield		55.33	1	21
10 Zumbrota-Mazeppa		56.49	1	18
11 Triton		57.03	2	15
12 Blooming Prairie		57.86	1	12
13 Wabasha-Kellogg		59.09	2	9
14 Hayfield		1:01.16	2	6

Event 13 Girls 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Nell Graham	12	Triton		59.25	3	30
2 Brielle Ruen	9	Lanesboro/Fi		1:01.41	4	29
3 Anika Reiland	8	Grand Meadow		1:01.85	3	28
4 Ellie Sholing	12	Wabasha-Kell		1:02.06	4	27
5 Hayley Lentsch	7	Kenyon-Wanam		1:03.56	4	26
6 Lana Yeakel	12	Zumbrota-Maz		1:04.31	3	25
7 Antonia Smith	9	St Charles		1:04.33	1	24
8 Kammry Broadwater	7	Lanesboro/Fi		1:04.62	2	23
9 Gabby Stowell	10	St Charles		1:04.67	2	22
10 Salem Birkholz	12	Dover-Eyota		1:05.13	4	21
11 Emma Geiwitz	10	Rushford-Pet		1:05.30	1	20
12 Siddha Hunt	9	Zumbrota-Maz		1:05.37	2	19
13 Lauren Cole	9	Chatfield		1:06.17	1	18
14 Karla Gomez	10	Chatfield		1:06.57	4	17
15 Myia Ruzek	11	Lewiston-Alt		1:07.34	4	16
16 Isabelle Moeller	8	Dover-Eyota		1:07.86	1	15
17 Clara Kniefel	9	Medford		1:08.00	4	14
18 Elise Sommer	9	Lewiston-Alt		1:08.06	3	13
19 Kasandra Keller	12	Kenyon-Wanam		1:08.34	1	12
20 Grace Walker	9	Hayfield		1:08.90	3	11
21 Jordyn Glynn	12	Grand Meadow		1:08.90	1	10
22 Tayler Helgemoe	7	Rushford-Pet		1:09.89	3	9
23 Michelle Sauerborn	10	Schaeffer Ac		1:12.45	4	8
24 Rachel Kropp	7	Wabasha-Kell		1:14.47	2	7
25 Taylor Wurst	10	Blooming Pra		1:15.38	3	6
26 Lotte Evers	11	Triton		1:19.01	2	5
27 Josie Lorenz	9	Blooming Pra		1:19.48	2	4
28 Grace Becker	10	Hayfield		1:21.75	1	3

Event 15 Girls 300 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1 Emma Breitsprecher	11	Lanesboro/Fi		47.25	2	30
2 Hailey Hindt	10	Grand Meadow		47.28	4	29
3 Lucia Smith	9	St Charles		50.11	4	28
4 Rebecca Fox	10	Chatfield		52.00	4	27
5 Lila Gronseth	11	Hayfield		52.25	3	26
6 Kaitlyn Vold	12	Kenyon-Wanam		52.53	4	25
7 Kendra Petersohn	11	Triton		53.03	2	24
8 Carly Fredrickson	12	Zumbrota-Maz		53.10	3	23
9 Rachel Nesseth	9	Kenyon-Wanam		53.19	3	22
10 Rachael Oswald	12	Blooming Pra		53.46	3	21
11 Brielle Rasmussen	8	Rushford-Pet		53.75	2	20
12 Madison Hindt	10	Grand Meadow		53.80	1	19
13 Emma Buck	9	Zumbrota-Maz		53.81	2	18
14 Ashley Paul	10	St Charles		53.84	3	17
15 Ayla Wicklow	10	Lewiston-Alt		54.73	2	16
16 Christina Schmidt	12	Dover-Eyota		55.09	4	15
17 Mackenzie Kellen	9	Medford		55.12	2	14
18 Lynsey Ruen	7	Lanesboro/Fi		55.54	3	13
19 Sophie Andring	9	Dover-Eyota		55.69	1	12
20 Hanna Strom	8	Triton		56.13	4	11
21 Joanna Salerno	10	Chatfield		56.56	3	10
22 Caitlyn Lundquist	11	Hayfield		56.63	1	9
23 Allie Kingsley	8	Rushford-Pet		59.00	1	8
24 Katie Ellinghuysen	10	Lewiston-Alt		59.42	1	7
25 Megan Oswald	10	Blooming Pra		59.44	1	6

Event 17 Girls 800 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1 Katrina Sortland	8	Zumbrota-Maz		2:21.49	2	30
2 Madison Wiskow	11	Dover-Eyota		2:34.54	2	29
3 Sam Ellinghuysen	11	Lewiston-Alt		2:36.21	2	28
4 Malia Nelson	9	Dover-Eyota		2:36.52	1	27
5 Abbi Gillespie	9	Chatfield		2:38.94	1	26
6 Shelby Beck	9	Grand Meadow		2:38.98	2	25
7 Celia Cole	9	St Charles		2:39.73	2	24
8 Kendyl Queensland	8	Grand Meadow		2:40.62	1	23
9 Olivia Harris	12	Schaeffer Ac		2:40.65	2	22
10 Katelyn Kleiboer	10	Lanesboro/Fi		2:40.66	2	21
11 Allison Schumacher	11	Lewiston-Alt		2:40.74	1	20
12 Morgan Pickett	9	Lanesboro/Fi		2:40.89	1	19
13 Natasha Sortland	8	Zumbrota-Maz		2:41.94	1	18
14 Maryx Young	10	Hayfield		2:42.07	2	17
15 Abigail McMillin	9	Wabasha-Kell		2:42.81	1	16
16 Tessa McMahan	9	Chatfield		2:43.21	2	15
17 Anna Kittelson	10	Blooming Pra		2:43.57	2	14
18 Clara Kniefel	9	Medford		2:50.12	2	13
19 Olivia Drath	9	St Charles		2:50.97	1	12
20 Lauren Honken	7	Rushford-Pet		2:51.70	2	11
21 Tessa Erlandson	8	Kenyon-Wanam		2:52.51	2	10
22 Grace Buchanan	9	Rushford-Pet		2:54.35	1	9
23 Kendall Zimmerman	8	Wabasha-Kell		2:55.38	2	8
24 Lillie O'Connor	12	Hayfield		2:57.96	1	7
25 Riley Dummer	11	Kenyon-Wanam		3:02.25	1	6
26 Isabelle Sunde	9	Blooming Pra		3:03.67	1	5
27 Savannah Larson	7	Medford		3:12.88	1	4

Event 19 Girls 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Nell Graham	12	Triton		25.93	1	30
2 Anika Reiland	8	Grand Meadow		26.00	1	29
3 Lana Yeakel	12	Zumbrota-Maz		26.73	4	28
4 Emma Johnson	7	Wabasha-Kell		27.06	4	27
5 Allison Papenfuss	10	Rushford-Pet		27.09	3	26
6 Lindsey Root	10	St Charles		27.23	4	25
7 Brielle Ruen	9	Lanesboro/Fi		27.27	4	24
8 Riley Queensland	11	Grand Meadow		27.36	4	23
9 Antonia Smith	9	St Charles		27.57	1	22
10 Hayley Lentsch	7	Kenyon-Wanam		27.76	2	21
11 Salem Birkholz	12	Dover-Eyota		28.12	3	20
12 Lauren Cole	9	Chatfield		28.27	2	19
13 Alida Berg	11	Lanesboro/Fi		28.34	3	18
14 Abby Stasko	12	Hayfield		28.50	3	17
15 Zayda Priebe	9	Chatfield		28.63	3	16
16 Ella Miller	10	Lewiston-Alt		28.65	2	15
17 Sierra Larson	8	Blooming Pra		28.99	3	14
18 Jacquelyn Cole	7	Medford		29.17	4	13
19 Maddie Banks	12	Zumbrota-Maz		29.47	3	12
20 Taylor Rice	8	Dover-Eyota		29.71	2	11
21 Gemini Johnson	11	Blooming Pra		29.76	1	10
22 Alayna Helgemoe	10	Rushford-Pet		29.77	1	9
23 Myia Ruzek	11	Lewiston-Alt		30.01	4	8
24 Michaela Davis	11	Schaeffer Ac		30.85	4	7
25 Eliana Tobar	9	Medford		30.89	2	6
26 Maia Fries	11	Wabasha-Kell		31.76	2	5
27 Izzy Maxwell	11	Schaeffer Ac		32.56	2	4
28 Paulina Gautrin	11	Triton		33.35	3	3
29 Kerstin Lindquist	11	Hayfield		33.53	1	2
30 Josi Flom	8	Kenyon-Wanam		34.21	1	1

Event 21 Girls 3200 Meter Run

Name	Year	School	Seed	Finals	Points
1 Natasha Sortland	8	Zumbrota-Maz		11:25.34	30
2 Aletta Strande	8	Chatfield		12:58.45	29
3 Adeline Miner	8	Lanesboro/Fi		13:15.53	28
4 Madison Simon	8	Lanesboro/Fi		13:21.54	27
5 Carly Mauseth	12	Dover-Eyota		13:30.75	26
6 Beatrice Martin	11	Chatfield		13:37.25	25
7 McKenna O'Connor	9	Hayfield		13:42.01	24
8 Aubrie Schneider	8	Grand Meadow		13:45.12	23
9 Sierra Kreidermacher	9	Lewiston-Alt		13:51.48	22
10 Emily Didier	12	Rushford-Pet		13:58.16	21
11 Sydney Alstat	9	Grand Meadow		14:02.33	20
12 Hannah Linder	10	Rushford-Pet		14:03.46	19
13 Hannah Weiss	12	Wabasha-Kell		14:08.01	18
14 Abby Smith	8	Blooming Pra		14:17.82	17
15 Anna Daood	10	St Charles		14:21.29	16
16 Riley Ward	8	St Charles		14:29.57	15
17 Reese Barker	7	Dover-Eyota		15:04.48	14
18 Asha Lighthizer	9	Blooming Pra		15:06.41	13
19 Annika Angerman	10	Zumbrota-Maz		15:10.63	12
20 Jonna Gunnarson	9	Lewiston-Alt		15:14.19	11

Event 23 Girls 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Zumbrota-Mazeppa		4:17.76	1	45
2 Lanesboro/Fillmore Central/M		4:23.77	1	42
3 St Charles		4:24.31	1	39
4 Grand Meadow/LeRoy-Ost/Kings		4:25.84	1	36
5 Dover-Eyota		4:31.49	2	33
6 Lewiston-Altura		4:33.14	1	30
7 Chatfield		4:34.26	2	27
8 Rushford-Peterson/Houston		4:38.89	2	24
9 Hayfield		4:40.29	1	21
10 Blooming Prairie		4:43.97	1	18
11 Triton		4:48.51	2	15
12 Kenyon-Wanamingo		4:55.30	2	12
13 Wabasha-Kellogg		5:01.64	2	9

Event 25 Girls Long Jump

Name	Year	School	Seed	Finals	Points
1 Lindsey Root	10	St Charles		16-10.00	30
2 Abbie Disbrow	9	St Charles		16-07.00	29
3 Lana Yeakel	12	Zumbrota-Maz		16-01.00	28
4 Emma Kniefel	11	Medford		15-10.00	27
5 Ella Miller	10	Lewiston-Alt		15-05.00	26
6 Kiley Nihart	11	Medford		15-03.50	25
7 Lauren Buchholtz	12	Grand Meadow		15-03.00	24
8 Chloe Staub	10	Triton		15-00.50	23
9 Brielle Ruen	9	Lanesboro/Fi		14-10.00	22
10 Emma Geiwitz	10	Rushford-Pet		14-09.00	21
11 Isabelle Olson	11	Grand Meadow		14-05.00	20
12 Jenny Albrecht	11	Rushford-Pet		14-04.00	19
13 Madelyn Neldner	12	Lewiston-Alt		14-03.50	18
14 Gemini Johnson	11	Blooming Pra		14-02.00	17
15 Macayla Brogle	9	Lanesboro/Fi		14-00.75	16
16 Sophie Andring	9	Dover-Eyota		13-10.25	15
17 Juliana Boyum	11	Kenyon-Wanam		13-07.25	14
18 Caitlyn Lundquist	11	Hayfield		13-06.75	13
19 Lena Herfeldt	11	Wabasha-Kell		13-05.25	12
20 Michaela Davis	11	Schaeffer Ac		13-04.25	11
21 Josi Quam	8	Kenyon-Wanam		13-03.50	10
22 Haley Hayden	9	Hayfield		13-02.50	9
23 Rylee Burnett	10	Chatfield		13-01.75	8
24 Joanna Salerno	10	Chatfield		12-07.25	7
25 Ella DeFrang	8	Zumbrota-Maz		12-07.00	6
26 Abby Braaten	10	Blooming Pra		12-01.75	5
27 Malia Nelson	9	Dover-Eyota		11-10.00	4
28 Chloe Evers	9	Wabasha-Kell		11-08.50	3
29 Lotte Evers	11	Triton		11-07.00	2

Event 27 Girls Triple Jump

Name	Year	School	Seed	Finals	Points
1 Emma Kniefel	11	Medford		34-04.50	30
2 Chloe Staub	10	Triton		33-10.25	29
3 Jordyn Glynn	12	Grand Meadow		32-06.50	28
4 Kyra Nichols	12	Zumbrota-Maz		31-07.00	27
5 Kaitlyn Bieberdorf	12	Rushford-Pet		31-04.50	26
6 Lucia Smith	9	St Charles		31-03.50	25
7 Rylee Nelson		Zumbrota-Maz		30-06.50	24

8 Mackenzie Kellen	9 Medford	30-06.50	23
9 Sophie Andring	9 Dover-Eyota	30-02.00	22
10 Kammry Broadwater	7 Lanesboro/Fi	30-01.75	21
11 Lila Gronseth	11 Hayfield	30-00.25	20
12 Antonia Smith	9 St Charles	30-00.00	19
13 Juliana Boyum	11 Kenyon-Wanam	29-11.00	18
14 Haley Hayden	9 Hayfield	29-10.25	17
15 Jaselyn Sathre	9 Grand Meadow	29-10.25	16
16 Janae Salvetti	10 Lewiston-Alt	29-07.00	15
17 Emma Johnson	7 Wabasha-Kell	29-02.50	14
18 Kelly Ristau	10 Lanesboro/Fi	28-11.75	13
19 Kasandra Keller	12 Kenyon-Wanam	28-08.75	12
20 Madison Harden	8 Dover-Eyota	28-08.00	11
21 Alayna Helgemoe	10 Rushford-Pet	28-08.00	10
22 Megan Oswald	10 Blooming Pra	27-10.00	9
23 Makayla Brown	9 Lewiston-Alt	27-07.50	8
24 Zayda Priebe	9 Chatfield	27-07.00	7
25 Kaylie Vold	8 Wabasha-Kell	26-10.50	6
26 Tessa McMahon	9 Chatfield	26-10.25	5
-- Greta Sunde	10 Blooming Pra		ND

Event 29 Girls High Jump

Name	Year School	Seed	Finals	Points
1 Rachael Luebbe	12 Medford		5-00.00	30
2 Nell Graham	12 Triton		5-00.00	29
3 Lauren Cole	9 Chatfield		4-10.00	27.50
3 Riley Queensland	11 Grand Meadow		4-10.00	27.50
5 Emma Breitsprecher	11 Lanesboro/Fi		4-08.00	25.50
5 Grace Magnuson	12 Dover-Eyota		4-08.00	25.50
7 Kjersta Hinz	12 Rushford-Pet		4-08.00	24
8 Marly Tuma	8 Dover-Eyota		4-08.00	23
9 Hailey Hindt	10 Grand Meadow		4-06.00	22
10 Isabel DeLeon	9 Medford		4-04.00	19.50
10 Myia Ruzek	11 Lewiston-Alt		4-04.00	19.50
10 Maggie Mulholland	9 Zumbrota-Maz		4-04.00	19.50
10 Ann Warren	11 Chatfield		4-04.00	19.50
14 Shelby Nesler	10 Lewiston-Alt		4-04.00	17
15 Hanna Strom	8 Triton		4-04.00	16
16 Ellie Sholing	12 Wabasha-Kell		4-04.00	15
17 Kelly Ristau	10 Lanesboro/Fi		4-04.00	14
18 Leah Mundt	10 St Charles		4-04.00	13
19 Vanessa Schmidt	8 Kenyon-Wanam		4-02.00	11
19 Kaitlyn Bieberdorf	12 Rushford-Pet		4-02.00	11
19 Brenna Thomas	9 Zumbrota-Maz		4-02.00	11
22 Anna Pauly	8 Blooming Pra		4-00.00	8
22 Sierra Larson	8 Blooming Pra		4-00.00	8
22 Maria Dorrnsoro	11 St Charles		4-00.00	8
-- Lynsey Knudson	10 Hayfield		NH	
-- Chelsea Christopherson	7 Hayfield		NH	
-- Victoria Wallerich	8 Wabasha-Kell		NH	

Event 31 Girls Pole Vault

Name	Year School	Seed	Finals	Points
1 Gemini Johnson	11 Blooming Pra		8-06.00	30
2 Sophie Andring	9 Dover-Eyota		8-06.00	29
3 Cassidy Broadwater	11 Lanesboro/Fi		8-00.00	28
4 Shelby Beck	9 Grand Meadow		8-00.00	27
5 Madison Simon	8 Lanesboro/Fi		7-06.00	25
5 Jennessa Larsen	10 Lewiston-Alt		7-06.00	25

5 Maddie Banks	12 Zumbrota-Maz	7-06.00	25
8 Hailey Alfson	9 Rushford-Pet	7-06.00	23
9 Mackenzie Kellen	9 Medford	7-06.00	22
10 Kenzie Cordes	10 Zumbrota-Maz	7-06.00	21
11 Courtney Burrichter	11 Dover-Eyota	7-00.00	20
12 Emma Mulhern	8 Chatfield	6-06.00	17.50
12 Nora Fritcher	9 St Charles	6-06.00	17.50
12 Kasandra Keller	12 Kenyon-Wanam	6-06.00	17.50
12 Jonna Gunnarson	9 Lewiston-Alt	6-06.00	17.50
16 Taylin Andring	8 St Charles	6-00.00	13.50
16 Isabelle Sunde	9 Blooming Pra	6-00.00	13.50
16 Jayden Rasmussen	12 Rushford-Pet	6-00.00	13.50
16 Sydney Ellis	8 Chatfield	6-00.00	13.50
20 Natalie Shadow	9 Triton	5-00.00	9.50
20 Elise O'Connor	9 Grand Meadow	5-00.00	9.50
20 Grace Becker	10 Hayfield	5-00.00	9.50
20 Lena Herfeldt	11 Wabasha-Kell	5-00.00	9.50

Event 33 Girls Shot Put

Name	Year	School	Seed	Finals	Points
1 Lila Gronseth	11	Hayfield		34-05.00	30
2 Kinsey Cronin	10	Medford		34-00.00	29
3 Kaleah Davis	11	Rushford-Pet		33-10.00	28
4 Madison Johnston	10	Hayfield		33-08.00	27
5 Micalyn Trihus	10	Blooming Pra		32-00.00	26
6 Megan Meyer	10	Lewiston-Alt		30-10.00	25
7 Greta Warmka	12	Grand Meadow		30-09.00	24
8 Jenny Albrecht	11	Rushford-Pet		29-10.00	23
9 Sydney Taylor	10	Lanesboro/Fi		29-04.00	22
10 Alexa Ellinghuysen	12	Lewiston-Alt		29-00.00	21
11 Kyra Courson	10	Dover-Eyota		28-09.00	20
12 Kaylee Horsman	12	Wabasha-Kell		28-08.00	19
13 Kaci Goldsmith	12	Chatfield		28-05.00	18
14 Triniti Gbala	10	St Charles		28-00.00	17
15 Madison Reiland	11	Grand Meadow		27-11.00	16
16 Isabella Selthun	9	Triton		27-11.00	15
17 Kylie Lacey	10	Dover-Eyota		27-10.00	14
18 Ella Cambern	9	Lanesboro/Fi		27-05.00	13
19 Olyvia Horsman	12	Wabasha-Kell		27-00.00	12
20 Cambryn Rubin	12	Triton		26-08.00	11
21 Jenna Berg	10	Medford		25-06.00	10
22 Sarah Baum	12	Chatfield		25-03.00	9
23 Natasha Ludington	10	Zumbrota-Maz		24-10.00	8
24 Brooke Loomer	9	Zumbrota-Maz		24-09.00	7
25 Abby McCreedy	10	St Charles		24-03.00	6
26 Celia Woock	12	Kenyon-Wanam		23-08.00	5
27 Viridiana Villareal	11	Blooming Pra		21-11.00	4
28 Michelle Sauerborn	10	Schaeffer Ac		21-10.00	3
29 Julia Patterson	8	Kenyon-Wanam		19-09.00	2

Event 35 Girls Discus Throw

Name	Year	School	Seed	Finals	Points
1 Kaleah Davis	11	Rushford-Pet		112-01	30
2 Lila Gronseth	11	Hayfield		111-08	29
3 Silja Erickson	11	Chatfield		105-01	28
4 Greta Warmka	12	Grand Meadow		103-03	27
5 Ashlyn Guenther	10	Lanesboro/Fi		99-03	26
6 Sydney Taylor	10	Lanesboro/Fi		97-01	25
7 Kyra Courson	10	Dover-Eyota		92-09	24

8 Micalyn Trihus	10 Blooming Pra	91-00	23
9 Kinsey Cronin	10 Medford	90-09	22
10 Alexa Ellinghuysen	12 Lewiston-Alt	90-05	21
11 Madison Johnston	10 Hayfield	85-07	20
12 Zayda Priebe	9 Chatfield	85-06	19
13 Kylie Lacey	10 Dover-Eyota	85-02	18
14 Kaylee Horsman	12 Wabasha-Kell	83-07	17
15 Callie Kiefer	12 Grand Meadow	83-05	16
16 Isabella Selthun	9 Triton	81-02	15
17 Triniti Gbala	10 St Charles	80-04	14
18 Georgia Mundt	7 Lewiston-Alt	78-00	13
19 Cambryn Rubin	12 Triton	75-10.50	12
20 Anna Pauly	8 Blooming Pra	73-04	11
21 Michelle Sauerborn	10 Schaeffer Ac	68-09	10
22 Brooke Loomer	9 Zumbrota-Maz	68-08	9
23 Lauren Lawston	12 Rushford-Pet	67-02	8
24 Natasha Ludington	10 Zumbrota-Maz	63-00	7
25 Jenna Berg	10 Medford	62-09	6
26 Celia Woock	12 Kenyon-Wanam	58-03	5
27 Sonia Howen	11 St Charles	57-11	4
28 Lena Herfeldt	11 Wabasha-Kell	51-07	3
29 Julia Patterson	8 Kenyon-Wanam	50-09	2

Women - Team Rankings - 18 Events Scored

1) Grand Meadow/LeRoy-Ost/Kin	808	2) Lanesboro/Fillmore Centra	766.50
3) St Charles	660	4) Dover-Eyota	651.50
5) Zumbrota-Mazeppa	638.50	6) Rushford-Peterson/Houston	614.50
7) Chatfield	607	8) Lewiston-Altura	582
9) Medford	422.50	10) Kenyon-Wanamingo	404.50
11) Blooming Prairie	394.50	11) Hayfield	394.50
13) Wabasha-Kellogg	361.50	14) Triton	350.50
15) Schaeffer Academy	80		

THREE RIVERS CONFERENCE CHAMPIONSHIPS (Cotter)—May 11th, 2019

Team Scores		4. McMahon Chat 5:53.32	8. Wabasha 2:03.26
1) PEM 171.50		5. Wallerich WK 6:01.91	4x400m Relay
2) Rushford-Peterson 133		6. Steffes LaCr 6:05.44	1. PEM 4:15.08
3) La Crescent 109		7. Kreidermacher Lewiston 6:07.02	2. La Crescent 4:21.02
4) St. Charles 94.50		8. Schwantz PEM 6:10.53	3. DE 4:24.88
5) Dover-Eyota 93		9. Coons PEM 6:11.04	4. St. Charles 4:27.11
6) Cotter 90		3200m Run	Krenik, Cole, Stowell, Root
7) Lewiston-Altura 83.50		1. Ping Cotter 10:37.17	5. Cotter 4:28.78
8) Chatfield 76		2. Ping Cotter 10:55.09	6. Lewiston 4:31.37
9) Wabasha-Kellogg 42.50		3. Arnold Cotter 11:28.82	7. Chatfield 4:34.02
10) Caledonia 27		4. Simon PEM 12:19.53	8. Rushford 4:52.58
		5. Strande Chat 12:29.67	4x800m Relay
100m Dash		6. Hagen PEM 12:34.94	1. Cotter 9:46.51
1. Iverson LaCr 12.93		7. Rosendahl LaCr 13:23.10	2. PEM 9:52.66
2. Welscher Cal 13.42		8. Martin Chat 13:28.76	3. DE 10:34.04
3. Hinz RPH 13.47		9. Barker DE 13:48.34	4. Lewiston 10:43.82
4. Disbrow SC 13.49		100m Hurdles	5. St. Charles 11:18.93
5. Nichols Cotter 13.57		1. Schumacher PEM 17.15	Krenik, Drath, Daood, Cole
6. Gardner Cotter 13.59		2. Ludwig LaCr 17.86	6. Chatfield 11:24.07
7. Magnuson DE 13.60		3. L. Smith SC 18.03	7. La Crescent 11:32.79
8. Fuchsel LaCr 13.68		4. Fox Chat 18.05	8. Rushford 11:52.70
9. Miller Lewiston 13.72		5. Holtz PEM 18.10	High Jump
200m Dash		6. Nessler Lewiston 18.12	1. Ruzek Lewiston 4-10
1. Papenfuss RPH 27.98		7. Thesing LaCr 18.15	2. Dryden LaCr 4-10
2. Johnson WK 28.07		8. Paul SC 18.21	3. Magnuson DE 4-10
3. Rasmussen RPH 28.40		9. Salerno Chat 18.69	4. Cole Chat 4-08
4. Root SC 28.49		300m Hurdles	5. Hinz RPH 4-08
5. Welscher Cal 29.13		1. Baudek LaCr 48.89	6. Woodard RPH 4-08
6. Priebe Chat 29.16		2. Holtz PEM 50.17	6. Sholing WK 4-08
7. Birkholz DE 29.39		3. L. Smith SC 51.18	8. Mundt SC 4-06
8. Krenik SC 29.55		4. Wicklow Lewiston 53.41	8. Callanan PEM 4-06
9. Heaney Cal 29.63		5. Salerno Chat 53.55	Pole Vault
400m Dash		6. Ludwig LaCr 53.71	1. Nelson PEM 9-06
1. Nelson PEM 1:02.99		7. Paul SC 53.95	2. Andring DE 8-06
2. Sholing WK 1:02.99		8. Fox Chat 54.58	3. Gunnarson Lewiston 8-06
3. Stowell SC 1:05.35		9. Rasmussen RPH 54.78	4. Siegersma LaCr 8-00
4. Geiwitz RPH 1:05.36		4x100m Relay	5. Clark PEM 8-00
5. Hall PEM 1:06.76		1. La Crescent 52.56	6. Burrichter DE 8-00
6. Helgemoe RPH 1:06.84		2. Rushford 52.67	7. Larsen Lewiston 7-06
7. Keip LaCr 1:07.83		3. Caledonia 53.66	7. Rasmussen RPH 7-06
8. Harden DE 1:07.85		4. Cotter 53.72	9. Geiwitz RPH 7-00
9. Vollrath DE 1:07.97		5. DE 53.77	Long Jump
800m Run		6. Chatfield 54.63	1. Root SC 17-05.00
1. Wiskow DE 2:29.08		7. PEM 54.92	2. Disbrow SC 17-02.50
2. Nelson DE 2:31.89		8. Lewiston 55.02	3. Nichols Cotter 16-03.50
3. Sholing WK 2:32.48		9. St. Charles 55.17	4. Miller Lewiston 15-03.25
4. Evers PEM 2:34.31		Paul, Vazquez, McCormick, Disbrow	5. Lawston RPH 15-02.50
5. Ellinghuysen Lewiston 2:34.62		4x200m Relay	6. Albrecht RPH 15-00.25
6. Cole SC 2:36.29		1. St. Charles 1:50.78	7. Tostonson Cal 14-11.75
7. Schumacher Lewiston 2:36.94		Disbrow, L. Smith, Stowell, Root	8. Schumacher PEM 14-11.75
8. Gillespie Chat 2:40.43		2. Rushford 1:50.82	9. Speltz Cotter 14-10.75
9. Beguin Cotter 2:42.59		3. PEM 1:53.41	Triple Jump
1600m Run		4. Cotter 1:53.97	1. Doughty PEM 33-02.50
1. Williams Cotter 5:40.62		5. Chatfield 1:54.39	2. Bieberdorf RPH 32-05.25
2. Gillespie Chat 5:45.94		6. Lewiston 2:00.73	3. Andring DE 30-11.50
3. Hagen PEM 5:49.09		7. La Crescent 2:01.08	4. Salvetti Lewiston 30-08.25

5. Helgemoe RPH 30-01.75
6. Alfson RPH 29-10.00
7. Harden DE 29-07.00
8. Augustine PEM 29-03.75
9. Johnson WK 28-11.00

Shot Put

1. Davis RPH 34-04.75
2. Rahman PEM 33-11.50
3. Dessner PEM 32-03.25
4. Meyer Lewiston 32-02.00
5. Albrecht RPH 31-10.00
6. Ellinghuysen Lewiston 30-05.75
7. Goldmith Chat 30-01.00
8. Courson DE 29-04.00
9. Soulier Lewiston 28-11.50

Discus

1. Dryden LaCr 114-04
2. Rahman PEM 108-05
3. Erickson Chat 106-04
4. Davis RPH 101-00
5. Dessner PEM 100-04
6. Courson DE 94-00
7. Horsman WK 90-01
8. Lawston RPH 87-04
9. Lacey DE 84-07

Non-Scoring Performances

McCormick 13.96, 29.63, 13-04.00
Vazquez 14.60
Drath 2:58.52
Loechler 2:58.84
Kittleson 6:34.44
Daood 6:41.38
Mundt 20.62, 1:02.15
L. Smith 7-00
Fritcher 6-06
Gbala 28-09.00, 77-03
O'Hara 23-02.00, 65-10
Bunke 20-01.50
Howen 84-01

COTTER INVITATIONAL (Winona)—May 16th, 2019

4x800m Relay

1. Cotter 11:27.89
 - 2. St. Charles 11:31.03**
- Krenik, Kittleson, Daood, Cole**

100m Hurdles

1. Byom LaCr 16.89
2. Ludwig LaCr 17.18
- 3. L. Smith SC 17.87**
4. Thesing LaCr 18.19
- 5. Paul SC 18.70**

100m Dash

1. Gardner Cotter 13.23
2. Rasmussen RPH 13.28
3. Hagstrom Race 13.28
4. Nichols Cotter 13.33
5. Nessler Lewiston 13.50

1600m Sprint Medley

1. Cotter A 4:28.94
2. Cotter B 4:57.62
3. RPH 5:02.13

4x200m Relay

1. La Crescent 1:51.31
 - 2. St. Charles A 1:54.70**
- Krenik, L. Smith, Stowell, Root**
3. Lewiston A 2:00.99
 4. Lewiston B 2:03.43
 - 5. St. Charles B 2:14.83**

Vazquez, Rieke, Gasca, Rojas

1600m Run

1. Ping Cotter 5:11.41
- 2. Cole SC 5:52.56**
3. Rosendahl LaCr 5:56.27
4. Hagstrom Race 5:56.34
5. Muenzenberger LaCr 6:25.09

4x100m Relay

1. RPH 53.07
 2. Cotter 55.76
 3. La Crescent 55.81
 - 4. St. Charles 55.96**
- Paul, Vazquez, McCormick, Kramer**
5. Lewiston 56.05

4x100m Relay THROWERS

1. Lewiston 1:04.53
 - 2. St. Charles 1:08.35**
- Howen, McCready, O'Hara, Gbala**
- ### 400m Dash
1. Esser LaCr 1:05.40
 - 2. Root SC 1:07.36**
 3. Franzose LaCr 1:07.95
 4. Kreidermacher Lewiston 1:11.68
 5. Goetz Race 1:28.85

300m Hurdles

1. Baudek LaCr 50.11
- 2. L. Smith SC 50.44**
3. Ludwig LaCr 53.25
- 4. Paul SC 53.79**
5. Perry Race 54.27

800m Run

1. Hagstrom Race 2:26.52
2. Perry Race 2:35.86
3. Hagstrom Race 2:41.05
4. Stewart Cotter 2:42.92
5. Lechnir LaCr 2:44.83

200m Dash

1. Iverson LaCr 26.60
2. Rasmussen RPH 27.43
3. Hagstrom Race 27.84
- 4. Stowell SC 28.35**
5. Ellinghuysen Lewiston 29.60

3200m Run

1. Steffes LaCr 13:08.29
2. Rabe LaCr 13:41.29
3. Johnson RPH 15:28.67

4x400m Relay

1. La Crescent 4:39.26
 - 2. St. Charles 4:40.67**
- Kramer, Loechler, Daood, Cole**

High Jump

1. Ruzek Lewiston 4-10
2. Dryden LaCr 4-08
3. Woodard RPH 4-08
4. Thesing LaCr 4-08
- 5. Mundt SC 4-06**
5. Lawston RPH 4-06

Pole Vault

1. Gunnarson Lewiston 8-06
2. Larsen Lewiston 8-00
3. Siegersma LaCr 7-06
3. Rasmussen RPH 7-06
5. Alfson RPH. 7-00

Long Jump

1. Nichols Cotter 16-04.00
- 2. Root SC 16-02.50**
3. Bieberdorf RPH 15-04.00
4. Hagstrom Race 15-01.50
5. Speltz Cotter 14-11.50

Triple Jump

1. Geiwitz RPH 31-00.00
2. Albrecht RPH 30-09.75
3. Salvetti Lewiston 30-07.00
4. Sommer Lewiston 29-08.00
5. Stewart. Cotter 28-10.00

Discus

1. Dryden LaCr 105-11
 2. Davis RPH. 104-09
 - 3. Howen SC 90-09**
 4. Mundt Lewiston 86-01
 5. Jandt RPH 86-01
- ### Shot Put
1. Davis RPH 34-05.50
 2. Albrecht RPH 31-10.00
 3. Meyer Lewiston 31-10.00
 4. Dryden LaCr 30-10.00
 5. Ellinghuysen Lewiston 30-01.50

Other Performances

- Mundt 21.06, 1:04.05
McCormick 13.95, 29.63, 13-11.25
Kramer 14.25
Fritcher 14.80, 6-06
Mitchell 15.95, 36.05
Drath 6:50.63, 2:56.29
Loechler 7:08.55
4x100 B 1:00.16
(Fritcher, Rieke, Gasca, Rojas)
Daood 2:49.35
Kittleson 2:58.03
Vazquez 30.24
Rojas 31.42
L. Smith 6-00
Gbala 85-03, 29-03.50
McCready 76-06, 22-11.00
O'Hara 61-11, 21-11.00
Bunke 53-08, 21-08.50
Martos 52-00, 17-08.50

SUB-SECTION 1A-3 (Elgin)—May 22nd, 2019

Team Scores

1) Rochester Lourdes	163.5
2) PEM	154
3) Lake City	130
4) Dover-Eyota	95
5) Lewiston	65
5) St. Charles	65
7) Wabasha-Kellogg	17.5

100m Dash

1. Adamson Lourdes	12.52
2. Magnuson DE	13.31
3. Miller Lewiston	13.41
4. Buntrock Lourdes	13.58
5. Swanson PEM	13.60
6. McCormick SC	13.81
7. Augustine PEM	13.84
8. Kramer SC	13.91

200m Dash

1. Adamson Lourdes	25.74
2. Root SC	27.48
3. Thom Lourdes	27.80
4. Haugen Lourdes	28.04
5. Birkholz DE	28.37
6. Sholing WK	28.41
7. Krier. PEM	28.53
8. Tentis PEM	28.98

400m Dash

1. Nelson PEM	1:01.45
2. Sholing WK	1:02.60
3. Meincke Lake City	1:03.28
4. Stowell SC	1:05.70
5. Otto Lourdes	1:07.28
6. Harden DE	1:08.15
7. Hall PEM	1:08.66
8. Vollrath DE	1:08.96

800m Run

1. Schmitz Lake City	2:26.95
2. Renier Lourdes	2:27.04
3. Nelson DE	2:30.81
4. Wiskow DE	2:31.02
5. Schmidt DE	2:32.05
6. Evers PEM	2:32.34
7. Darnell Lake City	2:35.77
8. Ellinghuysen Lewiston	2:35.95

1600m Run

1. Gossman Lourdes	5:43.10
2. Cox Lourdes	5:52.99
3. Cole SC	5:54.59
4. Beltz Lake City	5:54.99
5. Hagen PEM	5:58.00
6. Clementson Lake City	6:00.71
7. Coons PEM	6:15.14
8. Williams DE	6:28.67

3200m Run

1. Majerus Lake City	11:52.40
2. Simon PEM	12:23.20
3. Degen Lourdes	12:26.09
4. Mauseth DE	12:50.00
5. Hagen PEM	12:51.00
6. Nelson Lake City	13:00.00
7. Koplín Lake City	13:23.00
8. Barker DE	19:00.00

100m Hurdles

1. Veronen Lake City	15.43
2. Schumacher PEM	16.97
3. Nesler Lewiston	17.42
4. Paul SC	17.65
5. Oelkers Lake City	17.95
6. Swanson PEM	18.38
7. Downs Lourdes	18.57
8. Johnson Lourdes	18.83

300m Hurdles

1. Veronen Lake City	47.37
2. L. Smith SC	48.88
3. Holtz PEM	50.05
4. Sveen PEM	52.20
5. Oelkers Lake City	52.82
6. Bowron Lourdes	53.20
6. Downs Lourdes	53.20
8. Paul SC	53.84

4x100m Relay

1. Lourdes	50.96
2. DE	53.16
3. Lake City	53.55
4. PEM	53.64
5. Lewiston	54.03
6. St. Charles	55.92

Paul, Dorronsoro, McCormick, Kramer

4x200m Relay

1. Lourdes	1:50.38
2. St. Charles	1:52.46
L. Smith, Krenik, Stowell, Root	
3. PEM	1:52.49
4. Lake City	1:54.02
5. Lewiston	1:59.70
6. DE	2:01.61

4x400m Relay

1. PEM	4:11.75
2. DE	4:20.06
3. St. Charles	4:21.69
L. Smith, Cole, Stowell, Root	
4. Lake City	4:29.07
5. Lewiston	4:36.12
6. Lourdes	4:41.50

4x800m Relay

1. Lake City	10:03.53
2. PEM	10:09.77
3. DE	10:23.01
4. Lourdes	10:28.45
5. Lewiston	11:11.53

6. St. Charles 11:20.96 Krenik, Drath, Daood, Cole

High Jump

1. Veronen Lake City	5-01
2. Morey Lourdes	4-11
3. Ruzek Lewiston	4-09
4. Kielty Lourdes	4-09
5. Magnuson DE	4-09
6. Callanan PEM	4-09
7. Sholing WK	4-07
7. Houfek Lourdes	4-07

Pole Vault

1. Nelson PEM	9-10
2. Cordes Lourdes	9-04

3. Andring DE 8-10

4. Gunnarson. Lewiston	8-04
5. Clark PEM	8-04
6. Nelson Lake City	7-10
7. Burrichter DE	7-10
8. Grimm Lake City	7-04

Long Jump

1. Adamson Lourdes	17-06.25
2. Root SC	17-05.25
3. Sellner Lourdes	15-10.50
4. Miller Lewiston	15-10.00
5. Cordes Lourdes	15-06.75
6. Holtz PEM	15-03.50
7. Neldner Lewiston	14-08.25
8. Marchini Lake City	14-07.50

Triple Jump

1. Doughty PEM	34-00.50
2. Sellner Lourdes	32-04.75
3. Andring DE	31-10.50
4. Thom Lourdes	31-09.25
5. Harden DE	31-03.75
6. Sommer Lewiston	30-07.25
7. Russell PEM	30-06.00
8. Augustine PEM	30-01.75

Discus

1. Rahman PEM	113-05
2. Custer Lake City	107-01
3. Ellinghuysen Lewiston	93-11
4. Courson DE	92-11
5. Desner PEM	92-06
6. Horsman WK	91-08
7. Bremer Lake City	88-03
8. Rott PEM	85-09

Shot Put

1. Custer. Lake City	34-04.00
2. Rahman PEM	33-03.75
3. Meyer Lewiston	31-11.00
4. Desner PEM	31-06.50
5. Courson DE	31-02.75
6. Ellinghuysen Lewiston	30-04.75
7. Horsman WK	29-08.00
8. Lacey DE	29-02.75

Non-Scoring Performances

Fritcher	14.72, 7-04
Mitchell	33.59
Rieke	36.62
Loechler	2:54.13
Daood	2:55.37
Drath	2:57.47
Mundt	20.40
Mundt	1:03.40
Dorronsoro	4-03, 14-01.00
McCormick	13-03.50
Howen	80-03
Gbala	78-07, 28-02.00
McCready	73-09, 23-05.50
O'Hara	20-00.50

SECTION 1A MEET (Winona)—May 28th and 30th, 2019

Women - Team Rankings - 18 Events Scored

1) Stewartville	88	14) Medford	25
2) Rochester Lourdes	77	15) St Charles	24
3) Grand Meadow/LeRoy-Ost/Kin	71	15) Hayfield	24
4) Lanesboro/Fillmore Centra	67	17) Dover-Eyota	16
5) Lake City	66	18) Cannon Falls	15.66
6) Cotter	60	19) Lyle-Pacelli	13
7) Triton	51	20) Kenyon-Wanamingo	11
8) Plainview-Elgin Millville	50.66	21) Rochester Area Christian E	10
9) Byron	46.66	21) Lewiston-Altura	10
10) Zumbrota-Mazeppa	46	21) Bethlehem Academy	10
11) La Crescent	41	24) Wabasha-Kellogg	5
12) Pine Island	36	24) Caledonia/Spring Grove	5
13) Rushford-Peterson/Houston	26	26) Chatfield	3

Girls 200 Meter Dash

Meet Record: M 25.42 2016 Mariah Schroeder (Caledonia/S.G.) 26.06 QUAL				
Name	Year School	Finals	Wind	Points
Finals				
1 CJ Adamson	9 Rochester Lourdes	25.71 QUAL	+0.0	12
2 Nell Graham	12 Triton	26.02 QUAL	+0.0	10
3 Anika Reiland	8 GMLOK	26.16	+0.0	8
4 Amanda Iverson	10 La Crescent	26.33	+0.0	6
5 Lana Yeakel	12 Zumbrota-Mazeppa	26.88	+0.0	5
6 Brielle Rasmussen	8 Rushford-Pet	26.91	+0.0	4
7 Breanna Ihde	12 Pine Island	26.99	+0.0	3
8 Lindsey Root	10 St Charles	27.79	+0.0	2

Girls 1600 Meter Run

2-alley starting positions				
Meet Record: M 4:51.00 2013 Emi Trost (Cannon Falls) 5:10.51 QUAL				
Name	Year School	Finals		Points
1 Lauren Ping	8 Cotter	5:00.67 QUAL		12
2 Grace Ping	10 Cotter	5:03.95 QUAL		10
3 Natasha Sortland	8 Zumbrota-Mazeppa	5:05.00 QUAL		8
4 Amelia Gossman	8 Rochester Lourdes	5:20.98		6
5 Kayla Christophers	12 Lyle-Pacelli	5:24.44		5
6 Kaylee Arndt	10 Lanesboro/Fi	5:28.76		4
7 Rory Bickler	11 Lyle-Pacelli	5:45.82		3
8 Paige Halder	7 Byron	5:48.21		2
9 Naomi Hagstrom	11 Rochester Area C	5:49.61		
10 Gracie Waltman	11 Stewartville	5:52.34		
11 Celia Cole	9 St Charles	5:52.50		
12 Payton Satzke	7 Byron	5:54.26		
-- Cate Cox	8 Rochester Lourdes	DNS		

Girls 300 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Meet Record: M 45.34 1985 (hh+) Gretchen Otto (Rochester Lourdes)

Meet Record: M 45.47 2006 Megan Rasmussen (Kasson-Mantorville)

Meet Record: M 45.47 1989 Cathy Stehr (Zumbrota-Mazeppa)

46.64 QUAL

Name	Year School	Prelims	H#
Preliminaries			
1 Emma Breitsprecher	11 Lanesboro/Fi	45.62QUAL	1
2 Hailey Hindt	10 GMLOK	46.69Q	2
3 Ashley Veronen	10 Lake City	46.98q	2
4 Lola Baudek	10 La Crescent	47.85q	1
5 Brianna Radatz	10 Bethlehem Academy	47.93q	2
6 Hannah Coleman	10 Byron	48.76q	2
7 Rebecca Fox	10 Chatfield	49.49q	1
8 Macy Holtz	10 Plainview-El	49.63q	1
9 Lucia Smith	9 St Charles	49.72	1
10 Haylie Strum	8 Stewartville	50.56	2
11 Lila Gronseth	11 Hayfield	50.82	1
12 Rachel Nesseth	9 Kenyon-Wanamingo	51.25	2

Girls 4x200 Meter Relay

Meet Record: M 1:44.54 2018 Grand Meadow/L-O/K/S A Reiland, E Hovden, L Buchholtz, R Queensland

1:46.42 QUAL

School	Finals	Points
Finals		
1 Grand Meadow/LeRoy-Ost/Kingsla	1:45.18 QUAL	12
1) Anika Reiland 8	2) Hailey Hindt 10	
3) Lauren Buchholtz 12	4) Riley Queensland 11	
2 Stewartville	1:46.61	10
1) Jaidyn Brower 10	2) Laura Pedelty 12	
3) Hailey Lewis 10	4) Maia Peterson 10	
3 Rochester Lourdes	1:47.72	8
1) Sarah Dravis 11	2) Maggie Thom 10	
3) Jade Einertson 12	4) Kiara Haugen 9	
4 Rushford-Peterson/Houston	1:48.53	6
1) Kjersta Hinz 12	2) Brielle Rasmussen 8	
3) Jenny Albrecht 11	4) Allison Papenfuss 10	
5 St Charles	1:50.18	5
1) Lucia Smith 9	2) Piper Krenik 12	
3) Gabby Stowell 10	4) Lindsey Root 10	
6 Zumbrota-Mazeppa	1:50.89	4
1) Lana Yeakel 12	2) Carly Fredrickson 12	
3) Maddie Banks 12	4) Emma Buck 9	
7 Plainview-Elgin Millville	1:51.22	3
1) Courtney Krier 11	2) Madison McCullough 12	
3) Madison Tentis 11	4) Macy Holtz 10	
8 Lanesboro/Fillmore Central/Mab	1:53.39	2
1) Alida Berg 11	2) Kammry Broadwater 7	
3) Lauren Brogle 7	4) Macayla Brogle 9	

Girls 4x400 Meter Relay

Meet Record: M 4:00.63 2018 Stewartville K Malone, L Pedelty, H Lewis, M Peterson
 4:04.57 QUAL

School	Finals	Points
Finals		
1 Stewartville	4:02.55 QUAL	12
1) Kailee Malone 11	2) Laura Pedelty 12	
3) Hailey Lewis 10	4) Maia Peterson 10	
2 Plainview-Elgin Millville	4:02.90 QUAL	10
1) Madison McCullough 12	2) Macy Holtz 10	
3) Alyx Doughty 10	4) Rylee Nelson 10	
3 Byron	4:04.74	8
1) Katie Lambrecht 10	2) Olivia Amundson 9	
3) Michaela Hamilton 8	4) Taylor Kreitinger 12	
4 Lanesboro/Fillmore Central/Mab	4:08.24	6
1) Macayla Brogle 9	2) Brielle Ruen 9	
3) Kammry Broadwater 7	4) Emma Breitsprecher 11	
5 St Charles	4:13.12	5
1) Lucia Smith 9	2) Piper Krenik 12	
3) Gabby Stowell 10	4) Lindsey Root 10	
6 Pine Island	4:14.42	4
1) Kiley House 9	2) Megan Gerhart 11	
3) Breanna Ihde 12	4) Avri Kundert 12	
7 Zumbrota-Mazeppa	4:19.18	3
1) Lana Yeakel 12	2) Katrina Sortland 8	
3) Siddha Hunt 9	4) Natasha Sortland 8	
8 Dover-Eyota	4:32.32	2
1) Salem Birkholz 12	2) Christina Schmidt 12	
3) Malia Nelson 9	4) Madison Wiskow 11	

Girls Long Jump

attempts -- top 9 to finals for 3 additional attempts

Meet Record: M 18-03.50 2006 Brittany Lubahn (Byron)

16-11.00 QUAL

Name	Year School	Finals	Wind	H#	Points
Lindsey Root	10 St Charles	17-09.50 QUAL	+0.0	2	12
2 Jaci Newman	10 Pine Island	17-01.50 QUAL	0.3	2	10
3 Lauren Buchholtz	12 GMLOK	17-01.50 QUAL	0.3	2	8
4 Lana Yeakel	12 Zumbrota-Mazeppa	16-08.75	+0.0	2	6
5 CJ Adamson	9 Rochester Lourdes	16-06.00	0.9	2	5
6 Cassidy Kirtz	12 GMLOK	15-11.50	0.1	2	4
7 Sawyer Gorman	10 Pine Island	15-08.00	+0.0	1	3
8 Claire Nichols	12 Cotter	15-06.50	+0.0	1	2
9 Katie Lambrecht	10 Byron	15-04.00	0.3	2	
10 Beth Sellner	10 Rochester Lourdes	15-01.50	1.1	1	
11 Emma Geiwitz	10 Rushford-Pet	14-02.50	+0.0	1	
12 Kaitlyn Bieberdorf	12 Rushford-Pet	13-10.75	1.6	1	
-- Chloe Staub	10 Triton	FOUL		1	

MSHSL STATE CHAMPIONSHIP (Hamline University)—June 7th and 8th, 2019

Women - Class A - Team Rankings - 22 Events Scored

1) The Blake School	57	2) Cotter	44
3) Rockford	42.50	4) Park Christian	34
4) Pequot Lakes	34	6) Rochester Lourdes	30
7) Belle Plaine	29	8) Mesabi East	28
9) Watertown-Mayer	27	10) Grand Meadow/LeRoy-Ost/Ki	26
10) Luverne	26	12) Stewartville	24
13) Waterville-Elysian-Morrist	23.83	14) Concordia Academy-Rosevil	22
14) Maple Lake	22	16) Maple River	20
17) Minnewaska Area	18.50	18) Perham	17
19) Osakis	16	19) Pelican Rapids	16
19) Heron Lake-Okabena/Fulda	16	22) Canby/Minneota	15
22) Albany	15	24) Lanesboro/Fillmore Centra	14
25) Morris Area/Chokio-Alberta	13.33	26) Windom Area	13
27) Zumbrota-Mazeppa	12	28) Providence Academy	11
28) Frazee	11	28) Melrose Area	11
28) Triton	11	32) Byron	10
32) SWMCH-EHS	10	32) Northome/Kelliher/Blackdu	10
32) East Grand Forks	10	36) Spectrum	9.33
37) Plainview-Elgin Millville	9	38) Minnehaha Academy	8
38) Braham	8	38) Milaca	8
38) Rush City	8	38) Barnum	8
38) Brooklyn Center	8	44) Eden Valley-Watkins/Kimba	7
44) Jordan	7	46) United North Central Warr	6
46) St Charles	6	48) Eveleth-Gilbert	5.50
49) Mounds Park Academy	5	49) Bigfork	5
49) Lake City	5	49) Fairmont	5
49) Mora	5	54) LCWM-Nicollet	4
54) St Croix Lutheran	4	54) Barnesville	4
54) United Clay-Becker	4	54) Park Rapids Area	4
54) Glencoe-Silver Lake	4	60) St Croix Preparatory Acad	3.50
61) Pine Island	3	61) Two Harbors	3
61) Northwest Nighthawks	3	64) Ottertail Central	2
64) Cannon Falls	2	64) Clearbrook-Gonvick	2
64) Annandale	2	64) Crookston	2
64) Crosby-Ironton	2	64) Martin County West	2
71) Pillager	1	71) St Peter	1
71) Janesville-Waldorf-Pembert	1	71) Pine City	1
71) Jackson County Central	1	71) Breck School	1
71) Dilworth-Glyndon-Felton	1	78) St. Clair/Immanuel Luther	0.50

Girls Long Jump Class A

Class A Rec: # 19-02.25	2009	Analisa Huschle, Bagley/Fosston				
MN All Time: ! 19-03.75	6/8/2018	Patricia Johnson, Orono				
Nat'l H.S.: + 22-01.75	1976	Kathy McMillan, Raeford Hoke Co., NC				
'18 Champion: 18-03	6/8/2018	Robbie Grace, The Blake School				
Name	Year	School	Seed	Finals	Wind H#	Points
1 Robbie Grace	12	The Blake School	19-03.50	19-01.50	0.3 2	12
FOUL	17-08(0.1)	19-01.50(0.3)	18-06(0.8)	FOUL(+0.0)	PASS	
2 Karley Motschenbacher	11	Park Christian	17-09.75	17-11.75	0.2 2	10
16-10.50(+0.0)	17-00(+0.0)	17-10(4.0)	17-11.75(0.2)	FOUL(0.9)	17-11(0.4)	
3 Nayeli Williams	10	Brooklyn Center	17-05.75	17-06.75	3.5 2	8
16-06.50(+0.0)	16-07.50(2.9)	17-06.75(3.5)	16-02(0.3)	17-01.75(0.5)	FOUL(0.2)	
4 Lindsey Root	10	St Charles	17-09.50	17-03.25	1.0 2	6
16-10.50(0.6)	17-03.25(1.0)	16-04.25(+0.0)	FOUL	FOUL	16-08(-0.0)	
5 Ailsa Gilbert	12	Watertown-Mayer	16-11.00	17-01.00	+0.0 1	5
15-09.50(1.7)	16-02.25(1.5)	15-11.50(+0.0)	15-10(-0.3)	17-00.75(2.9)	17-01(+0.0)	
6 Molly Schultz	11	Rockford	17-04.00	16-09.75	+0.0 2	4

	16-09(3.2)	16-09.75(+0.0)	FOUL(2.6)	15-08.50(+0.0)	16-07.75(2.6)	16-08.50(+0.0)			
7	Jaci Newman		10 Pine Island		17-01.50	16-08.00	3.9	2	3
	16-01.25(0.2)	FOUL(+0.0)	16-02.75(0.1)	15-04.50(+0.0)	FOUL(2.7)	16-08(3.9)			
8	Jaylen Struck-Schmitz		11 Belle Plaine		16-09.50	16-07.50	0.8	1	2
	16-07.50(0.8)	15-05(1.1)	16-00(2.9)	15-11.75(1.9)	FOUL(1.1)	16-01.75(0.1)			
9	Aleigha Henderson		12 Jackson County C		16-11.75	16-05.50	0.7	1	1
	FOUL	15-07(1.7)	16-05(4.2)	15-07(+0.0)	15-10.25(1.1)	16-05.50(0.7)			
10	Mikaela Malone		10 Wadena Deer Cree		17-05.50	16-00.00	0.5	2	
	15-07.50(0.1)	15-07(0.4)	16-00(0.5)						
11	Jordyn VanVickle		11 Pillager		17-00.00	15-11.00	+0.0	1	
	FOUL	13-06(0.4)	15-11(+0.0)						
12	Amari Piepkorn		11 Christs Househol		16-11.50	15-10.50	2.4	1	
	15-10.50(2.4)	14-06(2.5)	15-06.50(2.2)						
13	Abigail McGlynn		12 West Marshal		17-00.00	15-10.25	1.5	1	
	15-01.25(1.7)	15-10.25(1.5)	15-09(+0.0)						
14	Avery Bartunek		11 Lac qui Parle Va		16-03.00	15-10.00	0.4	1	
	15-09.50(1.2)	15-10(0.4)	15-05(1.8)						
15	Brielle Kallberg		11 Ely		16-01.50	15-10.00	+0.0	1	
	15-06(1.0)	15-10(+0.0)	15-06(0.7)						
16	Shaily Hakamaki		11 Cromwell-Wright		16-06.00	15-10.00	0.5	1	
	15-03(+0.0)	15-10(0.5)	15-04(3.4)						
17	Madi Kes		11 Jordan		16-09.50	15-09.00	2.9	1	
	14-11(1.8)	14-09.50(-0.4)	15-09(2.9)						
18	Lauren Buchholtz		12 GMLOK		17-01.50	15-02.00	3.9	2	
	FOUL	FOUL	15-02(3.9)						
19	Mesa Schultz		12 Perham		17-03.00	15-00.00	+0.0	2	
	FOUL	15-00(+0.0)	FOUL						

AWARDS—2019

Captians: Katie Kramer

Letter Winners: Lindsey Root, Abbie Disbrow, Lucia Smith, Celia Cole, Gabby Stowell, Antonia Smith, Piper Krenik, Ashley Paul, Halle McCormick, Tori Kittleson, Triniti Gbala, Anna Daood, Abby McCready, Maria Dorrnsoro, Olivia Drath, Nora Fritcher

Top 5 Scorers: Lindsey Root (331.5), Abbie Disbrow (247), Lucia Smith (212.5), Celia Cole (146), Gabby Stowell (131.5)

Conference Placers: Abbie Disbrow—100 (4), long jump (2); Lindsey Root—200 (4), long jump (1); Piper Krenik—200 (8); Gabby Stowell—400 (3); Celia Cole—800 (6); Lucia Smith—100h (3), 300h (3); Ashley Paul—100h (8), 300h (7); 4x100—Paul, Vazquez, McCormick, Disbrow (9); 4x200—Disbrow, L. Smith, Stowell, Root (1); 4x400—Krenik, Cole, Stowell, Root (4); 4x800—Krenik, Drath, Daood, Cole (5), Leah Mundt—high jump (8)

Conference Champions: Lindsey Root (long jump), 4x200 (Disbrow, L. Smith, Stowell, Root)

All-Conference: Abbie Disbrow, Lucia Smith, Gabby Stowell, Lindsey Root, Celia Cole

Sub-Section Placers: Halle McCormick—100 (6); Katie Kramer—100 (8); Lindsey Root—200 (2), long jump (2); Gabby Stowell—400 (4) Celia Cole—1600 (3), Ashley Paul—100h (4), 300h (8); Lucia Smith—300h (2), 4x100—Paul, Dorrnsoro, McCormick, Kramer (6), 4x200—L. Smith, Krenik, Stowell, Root (2), 4x400—L. Smith, Cole, Stowell, Root (3), 4x800—Krenik, Drath, Daood, Cole (6)

Section Meet Qualifiers: Lindsey Root (200, long jump), Celia Cole (1600), Lucia Smith (300h), 4x200 (L. Smith, Krenik, Stowell, Root), 4x400 (L. Smith, Cole, Stowell, Root)

Section Meet Placers: Lindsey Root—200 (8), long jump (1); 4x200 (5); 4x400 (5)

Section Champions: Lindsey Root (long jump)

State Meet Qualifiers: Lindsey Root (long jump)

State Meet Placers: Lindsey Root—long jump (4)

All-State: Lindsey Root

MSHSL Honor Roll Qualifiers: Lindsey Root (200, long jump); Antonia Smith (400); Lucia Smith (300h), Abbie Disbrow (long jump); 4x200; 4x400

New Records: Lindsey Root—17-09.50 (long jump)

TEAM AWARDS—2019

There are three team awards presented each year in recognition of exceptional performance and contribution to the Saint Charles Track and Field team and the Saint Charles Track and Field program. These awards in no way should be interpreted as being given to the only people who met the criteria. They are awards given to those individuals by their teammates in recognition of what the team feels are *exceptional* contributions.

TOP SCORER: Awarded each year to the team's leading scorer.

2019 Top Scorer Award: Lindsey Root

MOST IMPROVED: The recipient of the Most Improved Athlete award is not based solely on statistics. Rather, it is given to an athlete who, through their hard work, dedication, and perseverance, noticeably improved their performances AND, as a result, helped improve the team's performances. This may be an improvement from last season to this season, or (in the case of a first-year athlete) from the beginning of this season to the end.

2019 Most Improved Award: Gabby Stowell

MOST DEDICATED: The recipient of the Most Dedicated Athlete award goes to an athlete whose dedication goes beyond their own events; this award goes to the athlete who is most dedicated to the St. Charles Track and Field program. These athletes are not necessarily the top performers. Recipients of this award are dedicated not only to their own performances, but also the performances of their teammates and of the program as a whole. They are dedicated to a positive attitude and positive environment, at practice, meets, and school. They are dedicated to working hard, and enabling and inspiring others to work hard as well. Their dedication is not limited to just the months of the season, but they remain just as dedicated, in both action and attitude, to the success of the program during the offseason as well. They are dedicated not only to the present of this program but to making sure to put their positive stamp on the program's future as well.

2019 Most Dedicated Award: Lindsey Root

LEADERSHIP AWARD: The recipient of the Leadership Award goes to an athlete is a profound leader. A profound leader leads, but not primarily through instruction and prime performance, but through example and invitation. A profound leader invites those around him/her to more deeply invest in their team, their program, their teammates, and themselves. A profound leader invites not merely through words but through their own example of work, through the dignity and respect with which they treat their coaches, teammates, teachers, and competition, and through the humility and selflessness with which they approach their own role in the program. A profound leader invites those outside of his/her friend group, outside of his/her grade level, and outside of his/her event group. A profound leader, through their words, actions, and example, invites others to be more than they think they can be.

2019 Leadership Award: Piper Krenik

ST. CHARLES TRACK AND FIELD AWARDS HISTORY

2014—present

YEAR	Top Scorer	Most Improved	Most Dedicated	Leadership
2014	Analise Fabre	Anna Smith	Allie McDonough	---
2015	Anna Smith	Macy Loechler	Katherine Smith	---
2016	Anna Smith	Macy Loechler	Ebony Mitchell	---
2017	Analise Fabre	Allison Hansen	Anna Smith	---
2018	Lindsey Root	Gabby Stowell	Lindsey Root	---
2019	Lindsey Root	Gabby Stowell	Lindsey Root	Piper Krenik

CAPTAINS

2014: Katherine Smith, Abbey Ludens

2015: Katherine Smith

2016: Allie McDonough, Anna Smith, Analise Fabre

2017: Anna Smith, Analise Fabre

2018: Lydia O'Hara

2019: Katie Kramer

All-Conference: (champs in bold)

2014: none

2015: none

2016: Anna Smith

2017: Analise Fabre, Lindsey Root, Lydia O'Hara, Anna Smith

2018: **Lindsey Root (long jump), 4x400 (A. Smith, Cole, L. Smith, Root)**

2019: **Lindsey Root (long jump), 4x200 (Disbrow, L. Smith, Stowell, Root),** Celia Cole

Section Qualifiers: (subsection champs in bold)

2014: Abby Ludens (triple jump), Anna Smith (400)

2015: 4x100 Meter Dash (Lydia O'Hara, Anna Ferden, Bianca Harris, Analise Fabre), Bianca Harris (100)

2016: Anna Smith (400), Macy Loechler (1600)

2017: Abbie Disbrow (300h), Analise Fabre (pole vault, **triple jump**), 4x100 (Lydia O'Hara, Anna Smith, Katie Kramer, Analise Fabre)

2018: Antonia Smith (400), Ashley Paul (100h), Lindsey Root (long jump), Abbie Disbrow (long jump), 4x800 (Anna Daood, Allison Hansen, Brooke Spaulding, Celia Cole)

2019: Lindsey Root (200, long jump), Celia Cole (1600), Lucia Smith (300h), 4x200 (L. Smith, Krenik, Stowell, Root), 4x400 (L. Smith, Cole, Stowell, Root)

State Qualifiers: (section champs in bold)

2019: **Lindsey Root (long jump)**

All-State:

2019: Lindsey Root—long jump (4)

ST. CHARLES SAINTS GIRLS HONOR ROLL

2014-present

100 Meter Dash

1.	Lindsey Root	2018	13.37
2.	Abbie Disbrow	2019	13.37
3.	Antonia Smith	2018	13.59
4.	Analise Fabre	2014	13.61
5.	Katie Kramer	2017	13.76
6.	Bianca Harris	2015	13.76
7.	Halle McCormick	2019	13.81
8.	Anna Smith	2017	13.93
9.	Lydia O'Hara	2016	14.10
10.	Anna Ferden	2017	14.31

200 Meter dash

1.	Lindsey Root	2019	27.13
2.	Antonia Smith	2019	27.57
3.	Anna Smith	2014	28.13
4.	Gabby Stowell	2019	28.35
5.	Abbie Disbrow	2019	28.38
6.	Analise Fabre	2016	28.46
7.	Lydia O'Hara	2017	28.69
8.	Lucia Smith	2018	29.22
9.	Piper Krenik	2019	29.55
10.	Halle McCormick	2019	29.63

400 Meter dash

1.	Antonia Smith	2018	1:01.27
2.	Anna Smith	2016	1:02.02
3.	Lindsey Root	2017	1:02.51
4.	Gabby Stowell	2019	1:04.67
5.	Piper Krenik	2017	1:05.77
6.	Abby Ludens	2014	1:06.38
7.	Lydia O'Hara	2015	1:08.38
8.	Jenny Kramer	2015	1:12.41
9.	Mimi Kivi	2014	1:13.03

400 Meter Split

1.	Piper Krenik	2019	1:02.28
2.	Lindsey Root	2018	1:02.32
3.	Gabby Stowell	2019	1:02.40
4.	Antonia Smith	2018	1:02.91
5.	Lucia Smith	2019	1:03.11
6.	Anna Smith	2015	1:03.44
7.	Celia Cole	2019	1:06.95
8.	Lydia O'Hara	2015	1:07.10
9.	Katie Kramer	2019	1:09.78
10.	Katherine Smith	2015	1:10.00

800 Meter Run

1.	Celia Cole	2019	2:36.29
2.	Macy Loechler	2016	2:39.86
3.	Allison Hansen	2017	2:46.87
4.	Anna Daood	2017	2:47.75
5.	Piper Krenik	2015	2:50.74
6.	Olivia Drath	2019	2:50.97
7.	Brooke Spaulding	2018	2:51.47
8.	Jaclyn Storey	2015	2:53.22
9.	Lilli Shea	2015	2:55.78
10.	Tori Kittleson	2019	2:58.03

800 Meter Run (split)

1.	Macy Loechler	2015	2:36.31
2.	Celia Cole	2019	2:37.32
3.	Piper Krenik	2019	2:41.26
4.	Lindsey Root	2017	2:41.96
5.	Allison Hansen	2017	2:43.55
6.	Brooke Spaulding	2018	2:44.22
7.	Anna Daood	2017	2:45.28
8.	Lucia Smith	2018	2:46.35
9.	Antonia Smith	2018	2:47.12
10.	Olivia Drath	2019	2:59.19

1600 Meter Run

1.	Macy Loechler	2016	5:46.69
2.	Allison Hansen	2017	5:51.49
3.	Celia Cole	2019	5:52.50
4.	Vanessa Perez	2015	6:00.99
5.	Evelyn Daood	2014	6:18.69
6.	Anna Daood	2016	6:20.26
7.	Courtney Dayland	2014	6:33.62
8.	Tori Kittleson	2019	6:34.44
9.	Alayna Reps	2018	6:35.39
10.	Riley Ward	2019	6:35.41

3200 Meter Run

1.	Allison Hansen	2017	12:51.16
2.	Evelyn Daood	2014	13:02.64
3.	Lilli Shea	2015	13:34.07
4.	Anna Daood	2017	14:02.66
5.	Celia Cole	2019	14:12.22
6.	Tori Kittleson	2017	14:13.05
7.	Riley Ward	2019	14:29.57
8.	Jaclyn Storey	2015	14:45.20
9.	Katie Kramer	2019	16:45.21

100 Meter Hurdles

1.	Ashley Paul	2019	17.65
2.	Lucia Smith	2019	17.87
3.	Katherine Smith	2015	18.19
4.	Abbie Disbrow	2017	18.60
5.	Katie Dailey	2017	18.73
6.	Jenny Kramer	2018	19.79
7.	Mimi Kivi	2015	19.93
8.	Gabby Stowell	2018	20.39
9.	Leah Mundt	2019	20.40
10.	Grace Davis	2016	21.41

300 Meter Hurdles

1.	Lucia Smith	2019	48.88
2.	Abbie Disbrow	2018	50.58
3.	Ashley Paul	2019	52.76
4.	Katherine Smith	2014	53.81
5.	Katie Dailey	2017	54.09
6.	Jenny Kramer	2018	57.30
7.	Gabby Stowell	2017	58.40
8.	Hannah Fynboh	2017	59.42
9.	Mimi Kivi	2015	59.77
10.	Grace Davis	2016	59.99

High Jump

1.	Bianca Harris	2015	4-08.00
2.	Lindsey Root	2018	4-08.00
3.	Leah Mundt	2018	4-08.00
4.	Katie Dailey	2018	4-07.00
5.	Taylor Ness	2016	4-04.00
6.	Maria Dorransoro	2019	4-04.00
7.	Adi Karlen	2019	4-04.00
8.	Allie McDonough	2015	4-02.00
9.	Hannah Fynboh	2017	4-02.00
10.	Taylin Andring	2019	4-02.00

Long Jump

1.	Lindsey Root	2019	17-09.50
2.	Abbie Disbrow	2019	17-02.50
3.	Katherine Smith	2014	14-08.00
4.	Halle McCormick	2019	14-07.00
5.	Analise Fabre	2017	14-01.50
6.	Anna Smith	2016	14-01.00
7.	Maria Dorransoro	2019	14-01.00
8.	Jenny Kramer	2018	13-10.75
9.	Antonia Smith	2017	13-08.25
10.	Ashley Paul	2017	13-02.50

Triple Jump

1.	Abby Ludens	2014	34-02.75
2.	Analise Fabre	2017	33-09.25
3.	Anna Smith	2017	31-09.25
4.	Antonia Smith	2018	31-04.75
5.	Lucia Smith	2019	31-03.50
6.	Ashley Paul	2018	28-07.00
7.	Katherine Smith	2014	28-05.00
8.	Piper Krenik	2019	27-11.50

Pole Vault

1.	Analise Fabre	2017	8-10.00
2.	Katie Kramer	2017	7-06.00
3.	Nora Fritcher	2019	7-04.00
4.	Courtney Dayland	2014	7-00.00
5.	Lucia Smith	2019	7-00.00
6.	Katie Dailey	2018	6-07.00
7.	Taylin Andring	2018	6-06.00
8.	Erin Torres	2018	6-06.00
9.	Ivy Hulshizer	2015	6-00.00
10.	Lydia O'Hara	2017	6-00.00
11.	Madison Snyder	2016	5-00.00
12.	Brooke Spaulding	2018	5-00.00

Shot Put

1.	Trinity Gbala	2019	30-00.50
2.	Abby McCreedy	2018	26-09.50
3.	Sonia Howen	2018	26-00.00
4.	Erin Hongerholt	2017	24-01.50
5.	Allie McDonough	2016	23-08.00
6.	Bianca Harris	2018	23-06.00
7.	Liz Muschler	2018	23-03.00
8.	Annika O'Hara	2019	23-02.00
9.	Marit Ronneberg	2018	22-10.00
10.	Hannah Bunke	2019	22-08.50

Discus

1.	Sonia Howen	2019	90-09
2.	Trinity Gbala	2019	85-03
3.	Abby McCreedy	2019	83-00
4.	Allie McDonough	2016	80-10
5.	Sammy Pietrzak	2015	66-08
6.	Annika O'Hara	2019	65-10
7.	Liz Muschler	2018	65-03
8.	Marit Ronneberg	2018	64-00
9.	Erin Hongerholt	2017	62-03
10.	Lilli Shea	2014	58-04

4X100

1.	Lydia O'Hara, Anna Smith, Katie Kramer, Analise Fabre—52.45 (2017)
2.	Lydia O'Hara, Bianca Harris, Anna Smith, Analise Fabre—53.38 (2016)
3.	Lucia Smith, Jenny Kramer, Abbie Disbrow, Antonia Smith—54.22 (2018)
4.	Ashley Paul, Maria Dorransoro, Halle McCormick, Abbie Disbrow—54.31 (2019)
5.	Lydia O'Hara, Anna Ferden, Bianca Harris, Analise Fabre—54.63 (2015)

4X200

1.	Lucia Smith, Piper Krenik, Gabby Stowell, Lindsey Root—1:49.84 (2019)
2.	Antonia Smith, Lucia Smith, Abbie Disbrow, Lindsey Root—1:50.96 (2018)
3.	Lydia O'Hara, Abbie Disbrow, Lindsey Root, Analise Fabre—1:52.81 (2017)
4.	Lydia O'Hara, Anna Ferden, Analise Fabre, Anna Smith—1:54.48 (2016)
5.	Anna Smith, Katherine Smith, Abby Ludens, Analise Fabre—1:54.66 (2014)
6.	Lydia O'Hara, Anna Ferden, Analise Fabre, Anna Smith—1:55.95 (2015)

4X400

1.	Lucia Smith, Piper Krenik, Gabby Stowell, Lindsey Root—4:11.83 (2019)
2.	Antonia Smith, Celia Cole, Lucia Smith, Lindsey Root—4:19.37 (2018)
3.	Anna Smith, Piper Krenik, Antonia Smith, Lindsey Root—4:29.92 (2017)
4.	Katherine Smith, Vanessa Perez, Lydia O'Hara, Anna Smith—4:37.75 (2015)

4X800

1.	Macy Loechler, Anna Daood, Celia Cole, Allison Hansen—10:57.32 (2017)
2.	Anna Daood, Allison Hansen, Brooke Spaulding, Celia Cole—11:06.82 (2018)
3.	Macy Loechler, Jaclyn Storey, Piper Krenik, Lilli Shea—11:18.16 (2015)
4.	Piper Krenik, Olivia Drath, Anna Daood, Celia Cole—11:18.93 (2019)

Junior High Girls All-Time Honor Roll

2014-Present

100 meter dash

1. Lindsey Root	2017	13.58
2. Antonia Smith	2018	13.59
3. Abbie Disbrow	2017	13.88
4. Hannah Fynboh	2017	14.67
5. Lydia O'Hara	2014	15.28
6. Gabby Stowell	2017	15.34
7. Claire Dorman	2018	15.36
8. Erin Torres	2018	15.46
9. Ebony Mitchell	2015	15.64
10. Adi Karlen	2019	15.88

200 Meter Dash

1. Antonia Smith	2018	27.83
2. Abbie Disbrow	2018	28.90
3. Lucia Smith	2018	29.22
4. Lindsey Root	2017	29.30
5. Gabby Stowell	2017	30.69
6. Shelby Mosdal	2019	31.07
7. Lydia O'Hara	2014	31.26
8. Adi Karlen	2019	31.37
9. Katie Dailey	2017	31.78
10. Ashley Paul	2016	31.85

400 meter dash/split

1. Antonia Smith	2018	1:01.27
2. Lindsey Root	2017	1:02.51
3. Lucia Smith	2018	1:06.13
4. Celia Cole	2018	1:07.81
5. Ashley Paul	2017	1:10.57
6. Shelby Mosdal	2019	1:10.89
7. Lydia O'Hara	2014	1:10.98
8. Abbie Disbrow	2018	1:11.12
9. Adi Karlen	2019	1:11.37
10. Vanessa Perez	2015	1:11.70

800 meter dash/split

1. Macy Loechler	2015	2:36.31
2. Celia Cole	2018	2:38.12
3. Lindsey Root	2017	2:41.96
4. Anna Daood	2017	2:45.28
5. Lucia Smith	2018	2:46.35
6. Antonia Smith	2018	2:47.12
7. Piper Krenik	2016	2:50.74
8. Allison Hansen	2015	2:53.34
9. Riley Ward	2019	3:00.00
10. Alayna Reps	2018	3:00.28

1600 Meter Run

1. Macy Loechler	2015	5:58.90
2. Vanessa Perez	2015	6:00.99
3. Anna Daood	2016	6:20.26
4. Celia Cole	2018	6:20.99
5. Allison Hanson	2015	6:33.28
6. Courtney Dayland	2014	6:33.62
7. Alayna Reps	2018	6:35.39
8. Riley Ward	2019	6:35.41
9. Taylor Mueller	2015	6:35.48

10. Brooke Spaulding	2017	6:54.33
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100 hurdles

1. Ashley Paul	2016	19.71
2. Lucia Smith	2017	19.74
3. Abbie Disbrow	2017	20.23
4. Gabby Stowell	2017	20.24
5. Katie Dailey	2017	20.96
6. Jenny Kramer	2015	21.34
7. Hannah Fynboh	2017	21.86
8. Lydia O'Hara	2014	22.26
9. Madison Snyder	2016	22.43
10. Mimi Kivi	2014	22.95

200 hurdles

1. Ashley Paul	2016	34.78
2. Lucia Smith	2017	35.47
3. Hannah Fynboh	2017	35.51
4. Gabby Stowell	2017	35.72
5. Jenny Kramer	2015	36.47
6. Abbie Disbrow	2017	36.61
7. Katie Dailey	2017	37.10
8. Madison Snyder	2016	40.75

High Jump

1. Katie Dailey	2017	4-06.00
2. Adi Karlen	2019	4-04.00
3. Hannah Fynboh	2017	4-02.00
4. Taylin Andring	2019	4-02.00
5. Shelby Mosdal	2019	4-00.00
6. Madison Snyder	2016	3-10.00
7. Christina McDonough	2015	3-10.00
8. Macy Loechler	2015	3-08.00
9. Sophia Littlefield	2018	3-08.00

Long Jump:

1. Abbie Disbrow	2018	16-06.50
2. Lindsey Root	2017	15-02.00
3. Antonia Smith	2017	13-08.25
4. Ashley Paul	2017	13-02.50
5. Claire Dorman	2018	12-11.00
6. Hannah Fynboh	2017	12-10.50
7. Jenny Kramer	2015	12-07.00
8. Lucia Smith	2017	12-06.00
9. Taylin Andring	2018	12-03.50
10. Vanessa Perez	2015	11-10.00

Triple Jump

1. Antonia Smith	2018	31-04.75
2. Lucia Smith	2018	30-06.00

Pole Vault

1. Courtney Dayland	2014	7-00.00
2. Taylin Andring	2018	6-06.00
3. Erin Torres	2018	6-06.00
4. Katie Dailey	2017	6-00.00
5. Madison Snyder	2016	5-00.00

Shot Put:

1. Triniti Gbala	2017	28-01.50
2. Abby McCready	2017	26-01.50

3.	Sonia Howen	2016	24-01.50*
4.	Annika O'Hara	2016	25-03.00*
5.	Mariana Arriaga	2019	23-08.00*
6.	Lilli Shea	2014	22-08.00*
7.	Erin Hongerholt	2015	21-02.00*
8.	Krishna Brahmbhatt	2019	20-10.50*
9.	Liz Jabs	2016	19-04.00*
10.	Alexia Flores	2018	17-06.00*

Discus

1.	Abby McCready	2017	74-08
2.	Triniti Gbala	2017	71-05
3.	Mariana Arriaga	2019	64-11
4.	Krishna Brahmbhatt	2019	60-01
5.	Sonia Howen	2016	58-08
6.	Lilli Shea	2014	58-04
7.	Annika O'Hara	2016	52-03
8.	Erin Hongerholt	2016	46-02
9.	Liz Jabs	2015	43-07
10.	Alexia Flores	2018	43-05

4x100

1. Antonia Smith, Erin Torres, Lucia Smith, Abbie Disbrow—1:00.04 (2017)
2. Erin Torres, Isabelle Gray, Taylin Andring, Claire Dorman—1:01.44 (2018)

3. Adi Karlen, Morgan Carlson, Teia Hulshizer, Shelby Mosdal—1:01.56 (2019)

4x200

1. Ashley Paul, Katie Dailey, Hannah Fynboh, Gabby Stowell—2:05.96 (2017)
2. Adi Karlen, Morgan Carlson, Taylin Andring, Shelby Mosdal—2:07.99 (2019)
3. Erin Torres, Isabelle Gray, Claire Dorman, Taylin Andring—2:15.60 (2018)

4x400

1. Ashley Paul, Celia Cole, Antonia Smith, Lindsey Root—4:46.73 (2017)
2. Adi Karlen, Riley Ward, Taylin Andring, Shelby Mosdal—4:53.52 (2019)
3. Taylin Andring, Olivia Drath, Reliegh Hoover, Erin Torres—5:11.78 (2018)

4x800

1. Anna Daood, Nora Fritcher, Brooke Spaulding, Celia Cole—12:19.63 (2017)

GIRLS TRACK AND FIELD SEASON WIN-LOSS RECORDS

2014-present

Year	Won	Lost	Winning %	Conf.	True Team	TT State	Subsection	Section	STATE
2014	3	54	5.3%	8	18	-----	8	25	-----
2015	26	46	36.1%	9	10	-----	6	DNS	-----
2016	9	68	11.7%	10	14	-----	8	DNS	-----
2017	32	52	38.1%	8	7	-----	4	28	-----
2018	38	28	57.6%	4	6	-----	4	19	-----
2019	54	29	65.1%	4	3	-----	5	15	46

SAINT CHARLES SAINTS ALL TIME TRACK AND FIELD RECORDS

4 X 800 M	Kirsten Mueller, Jenna Jensen, Katie Mueller, Amber Mazzitelli	9:55	
100 HH	Melissa Koenig	16.8	1994
100M	Kristen Benedett	12.96	
4 X 200M	Jodi Habeck, Amy Clausen Kathy Benedett, Cathy Siebenaler	1:49.2	1992
1600M	Rochelle Swiggum	5:19.95	1983
4 X 100 M	Melissa Koenig, Kathy Benedett, Amy Clausen, Cathy Siebenaler	51.3	1994
400 M	Kaitlin Gathje	60.21	2010
300 LH	Brigid Smith	47.91	
800 M	Kirsten Mueller	2:24.97	
200 M	Sue Jones	26.6	1986
3200 M	Rochelle Swiggum	11 :34.40	1983
4 X 400 M	Bridgid Smith, Ahna Buntrock Brandi Blattner, Kaitlyn Gathje	4:05.54	2011
High Jump	Amie Siebenaller	5-05.00	1993
Long Jump	Lindsey Root	17-09.50	2019
Triple Jump	Abby Ludens	34-08.75	2013
Shot	Chloe Spaeth	35-08.00	
Discus	Karen Koenig	135-09.75	1984
Pole Vault	Analise Fabre	8-10	2017