

**2019 ST. CHARLES WOMEN'S TRACK AND FIELD PENTATHLON RESULTS**

<b>NAME</b>	<b>FLYING 55</b>	<b>600M</b>	<b>SHOT (ft)</b>	<b>VERT. (in)</b>	<b>LONG (ft)</b>
Katie Kramer	<b>7.59 (5)</b>	<b>2:15 (5)</b>	20'	17.5"	<b>5' 11" (10t)</b>
Piper Krenik	<b>7.66 (6)</b>	<b>2:03 (4)</b>	<b>23' 5" (2t)</b>	17.5"	5' 9"
Macy Loechler	8.95	2:40	17' 0"	15.5"	<b>5' 11" (10t)</b>
Halle McCormick	<b>7.83 (10)</b>	<b>2:16 (6t)</b>	19' 9"	17.0"	<b>6' 2" (6t)</b>
Ebony Mitchell	9.72	3:05	13' 2"	9.0"	4' 5"
Karly Rieke	9.93	3:55	12' 3"	15.5"	5' 2"
Hannah Bunke	10.10	3:58	20' 8"	13.5"	4' 1"
Maria Dorrnsoro	7.96	2:41	15' 9"	17.5"	<b>6' 2" (6t)</b>
Sonia Howen	9.56	3:44	<b>21' 8" (7)</b>	14.5"	4' 7"
Tori Kittleson	8.67	2:23	-----	13.0"	-----
Marina Martos	11.55	3:56	10' 10"	12.0"	3' 10"
Annika O'Hara	9.65	3:36	<b>21' 9" (6)</b>	15.0"	4' 4"
Katie Dailey	7.99	2:22	<b>23' 1" (4)</b>	<b>22.5" (1)</b>	<b>6' 6" (3)</b>
Anna Daood	8.54	<b>2:17 (9)</b>	19' 4"	16.5"	4' 6"
Triniti Gbala	8.64	3:07	<b>26' 8" (1)</b>	15.0"	5' 4"
Abby McCreedy	9.34	3:36	<b>23' 5" (2t)</b>	17.0"	5' 4"
Leah Mundt	8.59	3:44	18' 4"	13.5"	5' 8"
Ashley Paul	<b>7.69 (7)</b>	<b>2:21 (10)</b>	20' 4"	<b>18.0" (8t)</b>	<b>6' 3" (5)</b>
Lindsey Root	<b>7.21 (2)</b>	<b>1:58 (2t)</b>	<b>22' 2" (5)</b>	<b>21.0" (2t)</b>	<b>6' 11" (1)</b>
Gabby Stowell	<b>7.79 (9)</b>	2:32	16' 0"	<b>18.0" (8t)</b>	5' 4"
Celia Cole	<b>7.77 (8)</b>	<b>2:16 (6t)</b>	19' 7"	<b>19.0" (6)</b>	4' 11"
Abbie Disbrow	<b>7.48 (3)</b>	<b>2:16 (6t)</b>	<b>20' 10" (8)</b>	<b>19.5" (4t)</b>	<b>6' 0" (9)</b>
Olivia Drath	8.34	3:02	19' 6"	16.0"	5' 8"
Nora Fritcher	8.42	2:37	19' 11"	17.0"	4' 7"
Alexia Flores	11.04	5:10	<b>20' 9" (9t)</b>	15.0"	3' 6"
Sophia Littlefield	9.81	3:15	15' 8"	14.5"	3' 10"
Antonia Smith	<b>7.10 (1)</b>	<b>1:56 (1)</b>	17' 3"	<b>21.0" (2t)</b>	<b>6' 8" (2)</b>
Lucia Smith	<b>7.53 (4)</b>	<b>1:58 (2t)</b>	<b>20' 9" (9t)</b>	<b>19.5" (4t)</b>	<b>6' 4" (4)</b>
Erin Torres	8.21	2:34	-----	-----	-----
Taylin Andring	9.04	2:38	15' 3"	16.0"	5' 6"
Krishna Brahmhatt	10.29	3:56	19' 2"	10.5"	4' 5"
Rachel Elliot	9.36	2:52	14' 9"	13.0"	4' 9"
Reliegh Hoover	8.73	2:44	16' 6"	<b>18.0" (8t)</b>	5' 8"
Riley Ward	8.89	2:28	14' 5"	12.5"	3' 8"
Morgan Carlson	9.52	3:02	14' 3"	12.5"	4' 3"
Addrianna Ellsworth	9.98	3:25	10' 8"	9.5"	4' 3"
Teia Hulshizer	8.75	2:49	17' 8"	12.5"	4' 4"
Shelby Mosdal	8.26	2:55	15' 0"	<b>18.5" (7)</b>	4' 10"
Jackie Vazquez	8.21	2:49	19' 0"	14.0"	<b>6' 1" (8)</b>

## 2019 PENTATHLON LEADERBOARD:

*Flying 55* — Antonia Smith (7.10)  
**600 Meter Run** — Antonia Smith (1:56) **NEW RECORD**  
**Shot Put** — Triniti Gbala (26'8") **NEW RECORD**  
*Vertical Spring* — Katie Dailey (22.5")  
*Standing Long* — Lindsey Root (6'11")

### Results:

1. <b>Lindsey Root</b>	<b>4200</b>	12. Abby McCreedy	850
2. Antonia Smith	3750	13. Annika O'Hara	500
3. Lucia Smith	3050	14. Maria Darronsara	450
4. Katie Dailey	2500	15. Sonia Howen	400
5. Abbie Disbrow	2350	15. Gabby Stowell	400
6. Piper Krenik	2050	15. Shelby Mosdal	400
7. Ashley Paul	1300	18. Jackie Vazquez	300
8. Katie Kramer	1250	19. Anna Daood	200
9. Celia Cole	1200	19. Reliegh Hoover	200
10. Triniti Gbala	1000	20. Alexia Flores	150
11. Halle McCormick	950	21. Macy Loechler	50

## PENTATHLON HISTORY GIRLS

### **Pentathlon Champions:**

2014: Analise Fabre/Abby Ludens — 3400 (no vert. spring)  
2015: Anna Smith — 4300  
2016: Anna Smith — 4350  
2017: Anna Smith — 4000  
2018: Lindsey Root — 3450  
**2019: Lindsey Root — 4200**

### **EVENT RECORDS:**

#### **Varsity:**

Flying 55—Anna Smith—7.03 (2015)  
**600 Meter Run—Antonia Smith—1:56 (2019)**  
**Shot Put—Triniti Gbala—26'8" (2019)**  
Standing Long Jump—Anna Smith—7'7 (2016)  
Vertical Spring—Katie Dailey—24" (2018)

#### **Junior High:**

Flying 55—Abbie Disbrow—7.29 (2018)  
600—Antonia Smith—2:00 (2018)  
Shot Put—Abby McCreedy—21'2" (2017)  
Standing LJ—Lindsey Root—6-07.00 (2017)  
Vertical Spring—Abbie Disbrow—21" (2018)