

# 2021 DEPTH CHART

## 100 Meter Dash:

1. Lindsey Root — 12.43 (Conference—5/22)
2. Abbie Disbrow — 13.64 (Section Day #1 —6/08)
3. Abigail Hoffman — 14.57 (DE JH — 5/24)
4. Hadli Heim — 14.70 (Home — 4/30)
5. Shelby Mosdal — 14.90 (True Team State — 5/26)
6. Mira Paul — 15.15 (DE JH — 5/20)
7. Teia Hulshizer — 15.24 (Lewiston — 4/16)
8. Scarlet McConnell Elder — 15.35 (DE — 5/13)
9. Rachel Elliott — 15.45 (Subsection — 06/02)
10. Nora Fritcher — 15.54 (Home — 4/30)
11. Tessa Matzke — 16.27 (Home JH — 4/15)
12. Morgan Carlson — 16.35 (DE — 5/13)

## 200 Meter Dash:

1. Lindsey Root — 25.81 (Section Day #1 — 6/08)
2. Antonia Smith — 27.56 (Home — 4/30)
3. Katie Dailey — 28.96 (Conference — 5/22)
4. Lucia Smith — 29.31 (Home — 5/07)
5. Shelby Mosdal — 30.02 (True Team — 5/18)
6. Hadli Heim — 30.03 (Subsection — 6/02)
7. Abbie Disbrow — 30.17 (PEM — 4/23)
8. Abigail Hoffman — 30.34 (PEM JH — 4/27)
9. Teia Hulshizer — 31.77 (DE — 5/13)
10. Mira Paul — 31.90 (DE JH — 5/20)
11. Tessa Matzke — 32.01 (Home JH — 5/24)
12. Scarlet McConnell Elder — 32.06 (Home — 4/30)
13. Nora Fritcher — 32.26 (Home — 4/30)
14. Morgan Carlson — 34.25 (Home — 4/30)
15. Rachel Elliot — 35.23 (True Team State — 5/26)

## 400 Meter Dash:

1. Antonia Smith — 59.15 (Section Day #1 — 6/08)
2. Katie Dailey — 1:06.43 (True Team State — 5/26)
3. Abigail Hoffman — 1:09.12 (Home JH — 4/22)
4. Shelby Mosdal — 1:11.39 (Home — 5/07)
5. Tessa Matzke — 1:13.10 (DE JH — 5/20)
6. Scarlet McConnell Elder — 1:15.20 (Home — 5/07)

## 400 Meter Splits:

1. Antonia Smith — 59.86 (True Team State — 5/26)
2. Lindsey Root — 1:05.16 (Home—4/30)
3. Celia Cole — 1:05.61 (Subsection — 6/02)
4. Katie Dailey — 1:05.67 (Home — 5/07)
5. Abigail Hoffman — 1:09.30 (DE — 5/13)
6. Scarlet McConnell Elder — 1:12.42 (Conference — 5/22)
7. Sami Leistikow — 1:14.02 (DE — 5/13)
8. Shelby Mosdal — 1:13.86 (Home — 4/30)
9. Riley Ward — 1:14.87 (Lewiston — 4/16)

## 800 Meter Run:

1. Celia Cole — 2:38.29 (Conference — 5/22)
2. Riley Ward — 2:48.70 (Subsection — 6/02)
3. Sophia Tuseth — 2:55.49 (PEM JH — 4/27)
4. Sami Leistikow — 2:57.66 (PEM JH — 4/27)
5. Avery Toft — 3:13.42 (Lewiston — 4/16)
6. Ilah Daood — 3:13.70 (Subsection — 6/02)
7. Brianna Brogan — 3:31.81 (Home JH — 4/15)
8. Carty Majerus — 3:51.64 (Home JH — 5/14)

## 800 Meter Splits:

1. Celia Cole — 2:39.83 (DE — 5/13)
2. Riley Ward — 2:47.62 (Conference — 5/22)
3. Sophia Tuseth — 2:47.63 (True Team State — 5/26)
4. Sami Leistikow — 2:52.36 (True Team State — 5/26)
5. Ilah Daood — 3:13.56 (True Team State — 5/26)
6. Brianna Brogan — 3:37.83 (PEM JH — 4/27)
7. Avery Toft — 3:39.32 (Home — 5/07)

## 1600 Meter Run:

1. Celia Cole — 5:45.81 (Subsection— 6/02)

2. Sami Leistikow — 6:29.75 (True Team — 5/18)
3. Sophia Tuseth — 6:35.36 (Home JH — 4/22)
4. Riley Ward — 6:39.62 (Home — 4/30)
5. Ilah Daood — 7:11.95 (Home JH — 5/14)
6. Avery Toft — 7:16.14 (PEM — 4/23)
7. Brianna Brogan — 8:05.12 (DE JH — 5/24)
8. Carty Majerus — 9:15.57 (DE JH — 5/20)

## 3200 Meter Run:

1. Sophia Tuseth — 13:07.92 (Subsection — 6/03)
2. Riley Ward — 14:07.04 (True Team State— 5/26)

## 100 Meter Intermediate Hurdles:

1. Lucia Smith — 17.27 (Section Day #2 — 6/10)
2. Ashley Paul — 18.13 (Subsection — 6/03)

## 100 Meter Low Hurdles:

1. Tessa Matzke — 21.80 (DE JH — 5/20)

## 200 Meter Hurdles:

1. Tessa Matzkel — 36.19 (DE JH — 5/24)
2. Mira Paul — 38.83 (Home JH — 4/15)

## 300 Meter Hurdles:

1. Lucia Smith — 48.51 (Section Day #2 — 6/10)
2. Ashley Paul — 54.06 (True Team State — 5/26)

## High Jump:

1. Katie Dailey — 5-02.00 (Home — 5/07)
2. Shelby Mosdal — 4-02.00 (True Team — 5/18)
3. Tessa Matzke — 4-00.00 (Home JH — 5/14)

## Long Jump:

1. Lindsey Root — 17-08.00 (Section Day #1 — 6/08)
2. Abbie Disbrow — 15-04.25 (Home — 4/30)
3. Hadli Heim — 12-06.00 (Home — 4/30)
4. Rachel Elliot — 11-08.50 (DE — 5/13)
5. Mira Paul — 11-06.00 (Home JH — 4/15)

## Triple Jump:

1. Lucia Smith — 31-05.50 (True Team State— 5/26)
2. Ashley Paul — 29-00.00 (Home — 5/07)
3. Tessa Matzke — 23-06.00 (PEM JH — 5/05)

## Pole Vault:

1. Nora Fritcher — 8-00 (True Team State — 5/26)
2. Hadli Heim — 6-09 (Subsection — 6/02)

## Shot Put:

1. Hailey Soulier — 33-10.00 (Home — 4/30)
2. Triniti Gbala — 31-08.00 (Lewiston — 4/16)
3. Abby McCready — 27-11.00 (Home — 4/9)
4. Ilah Daood — 24-09.00 (PEM JH — 5/05)
5. Sara Backes — 18-01.00 (Lewiston — 4/16)

## Discus:

1. Hailey Soulier — 89-03.00 (Subsection — 6/02)
2. Abby McCready — 87-05.00 (True Team State — 5/26)
3. Triniti Gbala — 86-08.00 (Home — 4/30)
4. Ilah Daood — 62-00.00 (DE JH — 5/24)
5. Sara Backes — 38-03.00 (DE — 5/13)

## 4x100 Meter Relay:

1. Disbrow, Heim, Hulshizer, Root — 55.06 (DE — 5/13)
2. Disbrow, Heim, Hulshizer, Root — 55.13 (Home — 5/07)
3. Disbrow, Heim, Hulshizer, Root — 55.19 (True Team — 5/18)
4. Disbrow, Heim, McConnell Elder, Hoffman — 55.75 (Subsection — 6/02)
5. McConnell Elder, Heim, Hulshizer, Root — 56.34 (True Team State— 5/26)
6. Disbrow, Heim, Hulshizer, McConnell Elder — 57.13 (Conference — 5/22)
7. Disbrow, Heim, Hulshizer, McConnell Elder — 57.42 (Home — 4/30)

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8. Hulshizer, Carlson, Heim, McConnell Elder — 59.05  
(Lewiston — 4/16)
9. Hulshizer, Carlson, Heim, McConnell Elder — 1:00.83  
(PEM — 4/23)
10. Hulshizer, Carlson, Heim, McConnell Elder — 1:02.19  
(Lewiston — 4/09)

### 4x200 Meter Relay:

1. Disbrow, L. Smith, A. Smith, Root — 1:47.35 (Section Day #2 — 6/10)
2. Disbrow, L. Smith, A. Smith, Root — 1:49.00 (Section Day #1 — 6/08)
3. Disbrow, L. Smith, A. Smith, Root — 1:49.47  
(Subsection — 6/02)
4. Disbrow, L. Smith, A. Smith, Root — 1:50.67  
(Conference — 5/22)
5. Heim, L. Smith, A. Smith, Root — 1:51.04 (True Team State — 5/26)
6. Disbrow, L. Smith, A. Smith, Root — 1:52.41 (Home — 4/30)
7. Disbrow, L. Smith, A. Smith, Root — 1:54.05 (PEM — 4/23)
8. Disbrow, L. Smith, A. Smith, Root — 1:54.75 (DE — 5/13)
9. Disbrow, Heim, L. Smith, A. Smith — 1:55.92 (True Team — 5/18)

### 4x400 Meter Relay:

1. Dailey, Cole, Hoffman, A. Smith — 4:24.08 (True Team State — 5/26)
2. Dailey, Cole, Hoffman, A. Smith — 4:25.41  
(Subsection — 6/02)
3. Root, Mosdal, Cole, A. Smith — 4:27.24 (Home — 4/30)
4. McConnell Elder, Cole, Dailey, A. Smith — 4:29.31  
(Conference — 5/22)
5. Dailey, Cole, Hoffman, A. Smith — 4:30.20 (True Team — 5/18)
6. Mosdal, Cole, Dailey, A. Smith — 4:31.40 (Home — 5/07)
7. Root, Ward, Mosdal, Cole — 4:44.99 (Lewiston — 4/16)
8. Dailey, Leistikow, Hoffman, McConnell Elder — 4:45.41 (DE — 5/13)

### 4x800 Meter Relay:

1. Ward, Tuseth, Leistikow, Cole — 11:21.17  
(Conference — 5/22)
2. Tuseth, Leistikow, Ward, Cole — 11:33.33 (DE — 5/13)
3. Tuseth, Leistikow, Daood, Ward — 11:44.63 (True Team State — 5/26)
4. Tuseth, Leistikow, Daood, Ward — 11:55.16 (True Team — 5/18)
5. Tuseth, Leistikow, Daood, Ward — 12:07.91  
(Subsection — 6/02)
6. Tuseth, Leistikow, Toft, Ward — 12:32.73 (Home — 5/07)
7. Tuseth, Daood, Brogan, Leistikow — 12:51.34 (PEM JH — 4/27)