

2023 GIRLS PENTATHLON RESULTS

Name	FLYING 55	600M RUN	VERT. SPRING	BROAD JUMP	SHOT PUT
Christina Hernandez	7.69	2:14	16.5"	5' 5"	13' 5"
Mariana Arriaga	9.72	2:55	10"	4' 4"	9' 2"
Noelle Barclay	8.24	2:27	18" (T1)	6' 10" (2)	28' 1" (1)
Ray Elliott	9.20	3:38	10"	5' 5"	-
Riley Ward	8.28	2:21	12"	4' 0"	11' 10"
Sara Backes	9.44	3:24	11"	4' 8"	18' 5"
Zoeie Meister-Smith	-	3:45	-	-	23' 6"
Araceli White	7.95	2:30	16"	5' 8"	13' 3"
Avery Toft	8.62	3:04	11"	5' 1"	8' 8"
Candy Zickrick	9.85	4:14	13"	3' 9"	15' 1"
Henry Breese	-	-	14"	4' 9"	23' 2"
Morgan Carlson	8.88	3:30	10"	5' 4"	18' 8"
Mya Slavin	7.39 (3)	2:05 (1)	16.5"	6' 2"	17' 4"
Scarlett McConnell Elder	8.05	2:32	15.5"	6' 1"	18' 3"
Shelby Mosdahl	7.44	2:24	18" (T1)	6' 9" (3)	27' 2" (2)
Teia Hulshizer	-	-	-	-	-
Thavyah Matthews	7.54	2:50	15"	5' 10"	18' 0"
Abby Hoffman	7.3 (2)	2:14	17"	5' 0"	14' 2"
Ava Koetz	8.94	2:47	11"	4' 0"	18' 2"
Emma Nelson	8.05	2:30	14"	4' 4"	9' 0"
Ilah Daood	8.67	2:37	12"	4' 11"	22' 10"
Marabelle Kurth	8.82	3:45	14"	5' 11"	24' 7" (3)
Mira Paul	7.58	2:12	18" (T1)	7' 3" (1)	15' 0"
Samantha Perez	7.1 (1)	2:14	15.5"	6' 5"	15' 5"
Sophia Tuseth	8.48	2:17	12"	5' 3"	11' 1"
Tessa Matzke	-	-	-	-	15' 11"
Angie Zickrick	11.54	-	10"	4' 4"	15' 6"
Brianna Brogan	10.08	3:06	9"	4' 4"	13' 9"
Claire Siebenhaler	7.43	2:07 (2)	16"	6' 7"	21' 8"
Evie Benedett	7.57	-	14"	5' 1"	13' 7"

Iris McGinley	9.28	3:06	10"	5' 0"	23' 0"
Lydia Warmkagathje	8.09	2:10 (3)	15.5"	6' 0"	16' 5"
Sami Leistikow	8.10	2:15	13"	4' 5"	15' 9"
Avery DeCook	9.29	3:48	10.5"	4' 11"	18' 8"
Avery Klassen	8.29	3:06	13"	5' 6"	12' 10"
Brooke Bunke	10.22	4:05	11"	4' 4"	12' 11"
Cami Jerde	9.81	4:10	12"	5' 0"	18' 5"
Carly Pearson	9.01	2:54	12"	4' 7"	15' 7"
Cora Davidson	-	-	-	-	16' 7"
Emily Brogan	9.56	3:08	13"	4' 4"	16' 7"
Leah Kurth	-	-	-	-	-
Stella Wendt	7.95	-	17"	5' 2"	14' 6"
Yaret Samano-Hernandez	8.40	4:09	14"	4' 10"	17' 10"
Aliyah Gardner	-	-	-	-	-
Aylin Perez	8.17	2:19	9"	5' 1"	19' 9"
Emmalyn Mauskemo	9.32	3:50	11"	3' 11"	11' 9"
Esme Hulshizer	8.20	2:52	12"	5' 0"	11' 11"
Haleigh Hahn	-	3:41	8.5"	4' 0"	17' 11"
Hannah Aust	10.33	3:20	10"	4' 5"	12' 8"
Jayne Decker	9.00	2:53	12.5"	3' 7"	12' 0"
Jordyn Gosch	9.25	3:05	11.5"	3' 6"	10' 6"
Josie O'Hara	9.30	2:42	8"	3' 9"	11' 0"
Kate Vermilya	7.50	2:21	14"	5' 7"	19' 1"
Madi Bjerke	7.72	2:47	11"	5' 7"	12' 7"
McKenzie Storm	8.61	2:52	11.5"	3' 7"	15' 2"
Natalie Kroening	8.52	3:30	10"	5' 1"	13' 5"

2023 PENTATHLON LEADERBOARD:

Flying 55 — Samantha Perez (7.10)
600 Meter Run — Mya Slavin (2:05)
Shot Put — Noelle Barclay (28' 1")
Vertical Spring — Mira Paul, Noelle Barclay, Shelby Mosdal (18.0")
Standing Long — Mira Paul (7' 3")

JH Leaderboard

Flying 55 — Kate Vermilya (7.50)
600 Meter Run — Aylin Perez (2:19)
Shot Put — Aylin Perez (19' 9")
Vertical Spring — Stella Wendt (17.0")
Standing Long — Kate Vermilya, Madi Bjerke (5' 7")

2023 FINAL LIST OF SCORES

1. Shelby Mosdal	3200
2. Claire Siebenaler	2850
T3. Noelle Barclay	2800
T3. Mira Paul	2800
5. Mya Slavin	2750
6. Samantha Perez	2134
7. Abby Hoffman	2050
8. Lydia Warmkagathje	1134
9. Cristina Hernandez	1050
10. Marabelle Kurth	1000
11. Zoeie Smith	700
12. Stella Wendt	650
T13. Kate Vermilya	600
T13. Henry Breese	600
T15. Thavyah Matthews	500
T15. Iris McGinley	500
17. Scarlett McConnell Elder	434
18. Ilah Daood	400
19. Araceli White	350
T20. Evie Benedett	300
T20. Sami Leistikow	300
T20. Aylin Perez	300
23. Sophia Tuseth	200

PENTATHLON HISTORY

PENTATHLON CHAMPIONS

2014: Analise Fabre/Abby Ludens — 3400 (no vert. spring)
2015: Anna Smith — 4300
2016: Anna Smith — 4350
2017: Anna Smith — 4000
2018: Lindsey Root — 3450
2019: Lindsey Root — 4200
2020: Lindsey Root — 4650
2021: Lindsey Root — 4300
2022: Antonia Smith — 4100
2023: Shelby Mosdal—3200

EVENT RECORDS:

Flying 55—Lindsey Root—6.74 (2021)
600 Meter Run—Antonia Smith 1:50 (2021)
Shot Put—Hailey Soulier—30' 6" (2020)
Standing Long Jump—Anna Smith ('16) & Mira Paul ('22)—7' 7"
Vertical Spring—Katie Dailey—24.0" (2018 & 2021)

JH Event Records:

Flying 55—Abbie Disbrow—7.29 (2018)
600—Antonia Smith—2:00 (2018)
Shot Put—Abby McCready—21' 2" (2017)
Standing LJ—Mira Paul—7' 3" (2021)
Vertical Spring—Abbie Disbrow—21.0" (2018)