Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Boys' 55 Meter Varsity Finals

◎ Meet 6.60 Aaron Taylor, WATERLOO EAST 2012

	Athlete	Yr	Team	Finals	
1	Finnegan Donlan	11	CRESTWOOD C...	6.68	
2	Davis Walter	10	DECORAH	6.70	
3	Ashton Saltou	12	DECORAH	6.81	
4	Nathan Mahr	11	CRESTWOOD C...	6.86	
5	Camden Bullerman	10	SOUTH WINNES...	6.94	
6	Onesimus West	11	LA CROSSE LOG...	7.01	
7	Caleb Holzer	11	CRESTWOOD C...	7.11	
8	Paxton Breza	9	ONALASKA	7.17	
9	Tate Bauer	11	ST. CHARLES	7.18	
10	Jaden Ferguson	12	LA CROSSE LOG...	7.19	
11	Adam Kuhn	10	ONALASKA	7.20	
12	Landon Livingood	11	SOUTH WINNES...	7.23	
13	Hunter Lidtke	10	CRESTWOOD C...	7.25	
14	Landon Bullerman	9	SOUTH WINNES...	7.26	
15	Carson Bohner	12	DECORAH	7.27	
16	Jameson Benrud	9	ONALASKA	7.28	(7.272)
17	Matthew Burkholder	10	DECORAH	7.28	(7.276)
18	Thor Mosdal	10	ST. CHARLES	7.38	(7.374)
19	Jackson Huinker	9	SOUTH WINNES...	7.38	(7.376)
20	Pedro Merino	11	LA CROSSE LOG...	7.44	
21	Cam Haley	10	ST. CHARLES	7.45	
22	Ryan Northup	12	DECORAH	7.46	
23	Owen Larson	10	DECORAH	7.47	(7.462)
23	Logan Drees	10	GMLOKS	7.47	(7.462)
25	Zander Mehmert	10	CRESTWOOD C...	7.47	(7.466)
26	Jaxon Christie	11	ST. CHARLES	7.47	(7.470)
27	Amari'on Miles	9	LA CROSSE LOG...	7.51	
28	Victor Clark	9	ONALASKA	7.52	(7.514)
29	Dawson Holzer	9	CRESTWOOD C...	7.52	(7.515)
30	Brendan Dowd	9	ONALASKA	7.58	
31	Michael Johnson	12	GMLOKS	7.59	
32	Avantay Sunday	9	ONALASKA	7.62	
33	Braylon Holthaus	9	SOUTH WINNES...	7.63	
34	Cooper Barclay	10	ST. CHARLES	7.66	
35	Rock West	10	LA CROSSE LOG...	7.69	
36	Brett Schauer	12	ONALASKA	7.70	(7.699)
36	Ashton Inzillo	10	CRESTWOOD C...	7.70	(7.699)
38	Reece Ollendieck	11	CRESTWOOD C...	7.72	
39	Parker Flaten	9	ONALASKA	7.73	
40	Kale Vanderhaeghan	11	GMLOKS	7.89	
41	Aaron Pedretti	9	LA CROSSE LOG...	7.91	
42	Elliot Jesson	11	LA CROSSE LOG...	7.93	
43	Awnan Skoda	11	CRESTWOOD C...	7.95	
44	Trenton Voyna	11	CRESTWOOD C...	7.97	
45	Kayden Lor	9	LA CROSSE LOG...	7.98	(7.972)
46	Leo McGinley	9	ST. CHARLES	7.98	(7.976)
47	Kenyon Bartels	9	DECORAH	7.98	(7.980)
48	Braylen McKee	10	LA CROSSE LOG...	7.99	(7.985)
49	Jayelen Numedahl	9	SOUTH WINNES...	7.99	(7.988)
50	Tanner Anderson	8	ST. CHARLES	8.04	
51	Elliott Bissen	9	CRESTWOOD C...	8.24	
52	Braylon Ballman	9	ONALASKA	8.32	
53	Louis Andera	9	SOUTH WINNES...	8.37	
54	Tyler Fels	11	SOUTH WINNES...	8.66	
55	Hunter Staples	11	GMLOKS	8.67	
56	Jace Jackley	11	ST. CHARLES	8.82	
57	Brandon Sobolik	10	CRESTWOOD C...	9.86	
58	Alex Cruz-Bautista	11	LA CROSSE LOG...	10.23	
--	Christopher Ross	11	ONALASKA	DNS	
--	Jackson Vermilya	11	ST. CHARLES	DNS	
--	Owen Goetsch	10	CRESTWOOD C...	DNS	
--	Koby Drees	10	GMLOKS	DNS	

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Boys' 200 Meters Varsity Finals

◎ Meet 22.72 Aaron Taylor, WATERLOO EAST 2012

	Athlete	Yr	Team	Finals	
1	Trevor Kuennen	12	DECORAH	23.90	
2	Onesimus West	11	LA CROSSE LOG...	24.16	
3	Nathaniel Drees	11	GMLOKS	24.59	(24.581)
4	Gavin Knutson	11	DECORAH	24.59	(24.587)
5	Grant Knutson	9	DECORAH	24.64	
6	Aiden Murphy	10	CRESTWOOD C...	24.88	
7	Camden Bullerman	10	SOUTH WINNES...	24.96	
8	Guston Pole	9	DECORAH	25.20	
9	Landon Livingood	11	SOUTH WINNES...	25.33	
10	Dakota VanGundy	11	DECORAH	25.53	
11	Isaiah Sorenson	10	CRESTWOOD C...	25.57	
12	Walker Dohlman	9	CRESTWOOD C...	25.60	
13	Alex Sichone	10	LA CROSSE LOG...	25.65	
14	Cayden Burke	10	CRESTWOOD C...	25.66	
15	Max Snitker	9	GMLOKS	25.81	
16	Evan Taylor	9	SOUTH WINNES...	25.96	
17	Ontario Robbins	9	LA CROSSE LOG...	26.02	
18	Kyler Henry	10	CRESTWOOD C...	26.03	
19	Jose Lievano	12	CRESTWOOD C...	26.06	
20	Landon Bullerman	9	SOUTH WINNES...	26.22	
21	Paxton Breza	9	ONALASKA	26.23	
22	Lucas Wymer	10	DECORAH	26.27	
23	Mitchell Peter	11	CRESTWOOD C...	26.39	
24	Amari'on Miles	9	LA CROSSE LOG...	26.41	(26.401)
25	Crew Gunnarson	10	ST. CHARLES	26.41	(26.402)
26	Drake Sir	10	CRESTWOOD C...	26.41	(26.407)
27	Braylon Holthaus	9	SOUTH WINNES...	26.95	
28	Haden Brubaker	9	LA CROSSE LOG...	26.98	(26.972)
29	Avantay Sunday	9	ONALASKA	26.98	(26.978)
30	Bryson Zweibohmer	9	GMLOKS	27.03	(27.026)
31	Clayton Heiman	10	ONALASKA	27.03	(27.028)
32	Warren Thompson	9	ONALASKA	27.12	
33	Rock West	10	LA CROSSE LOG...	27.14	
34	Jackson Huinker	9	SOUTH WINNES...	27.17	
35	Brecken Jackson	10	LA CROSSE LOG...	27.32	
36	Jaxon Christie	11	ST. CHARLES	27.37	
37	Sawyer Timp	9	SOUTH WINNES...	27.47	
38	Samuari Bellamy	9	LA CROSSE LOG...	27.83	
39	Elliot Jesson	11	LA CROSSE LOG...	28.31	
40	Kort Steffens	9	SOUTH WINNES...	28.44	
41	Braylon Ballman	9	ONALASKA	28.61	
42	Dre Vang	9	ONALASKA	28.77	
43	Jayelen Numedahl	9	SOUTH WINNES...	28.90	
44	Tanner Anderson	8	ST. CHARLES	29.22	
45	Emery Mill	9	ONALASKA	29.26	
46	Leo McGinley	9	ST. CHARLES	29.64	
47	Tyler Fels	11	SOUTH WINNES...	31.18	
48	Lian Lue Xiong	9	ONALASKA	32.06	
49	Michael Olson	10	ONALASKA	32.11	
50	Hunter Staples	11	GMLOKS	32.97	
51	Jace Jackley	11	ST. CHARLES	33.18	
--	Christopher Ross	11	ONALASKA	DNS	
--	Jackson Vermilya	11	ST. CHARLES	DNS	
--	Koby Drees	10	GMLOKS	DNS	
--	Samir Bellamy	10	LA CROSSE LOG...	DNS	
--	Cooper Barclay	10	ST. CHARLES	DNS	

Boys' 400 Meters Varsity Finals

◎ Meet 52.11 Kyle Kregel, DECORAH 2012

	Athlete	Yr	Team	Finals	
1	Bennett Coppola	10	DECORAH	52.73	
2	Aiden Murphy	10	CRESTWOOD C...	55.78	
3	Bill Fullhart	11	DECORAH	55.83	
4	Winston Roe	9	ONALASKA	59.62	
5	Brad Dahl	12	SOUTH WINNES...	59.94	
6	Micah King	9	ONALASKA	1:00.66	
7	AC Van Rooyen	10	LA CROSSE LOG...	1:01.45	
8	Timmy Johnson	10	ST. CHARLES	1:02.17	
9	Jackson Schultz	10	LA CROSSE LOG...	1:03.99	
10	Anthony Elsbernd	9	SOUTH WINNES...	1:04.28	
11	Marshall Peters	9	ONALASKA	1:05.16	
12	Grady Wojta	9	ONALASKA	1:06.80	
13	Clayton Kuboushek	10	SOUTH WINNES...	1:08.41	
14	Levi Feickert	10	SOUTH WINNES...	1:08.98	
15	Earl Lineau	10	SOUTH WINNES...	1:12.04	
16	Raphael Leparmentier	11	LA CROSSE LOG...	1:14.05	
--	Guston Pole	9	DECORAH	DQ	(Rule 5-12-1
--	Seth Drtina	9	CRESTWOOD C...	DQ	(Rule 5-12-1
--	Brogan Nibbelink	11	CRESTWOOD C...	DNS	

Boys' 800 Meters Varsity Finals

◎ Meet 2:03.68 Chris Ganrude, LA CROSSE LOGAN 2013

	Athlete	Yr	Team	Finals
1	Garrett See	12	DECORAH	2:03.68
2	Ivan Daood	11	ST. CHARLES	2:04.84
3	Amado Loera-Hernandez	9	ST. CHARLES	2:25.52
4	Leonard Nimrod	9	DECORAH	2:25.53
5	Lucas Fankhauser	9	DECORAH	2:26.10
6	Ashton Gehling	10	GMLOKS	2:41.50
7	Braydn Nordeng	11	GMLOKS	2:42.45
8	Riley Cada	10	ST. CHARLES	2:43.25
9	John Richardson	9	LA CROSSE LOG...	2:47.77
10	Nolan Davey	9	LA CROSSE LOG...	2:48.28
11	Colton Bartelt	9	DECORAH	2:48.36
12	Cole Reid	12	GMLOKS	2:50.80
13	Soren Saterdalen	10	GMLOKS	3:00.86
14	Kalvin Prieve	9	GMLOKS	3:06.15
15	Karson Latwesen	11	CRESTWOOD C...	3:08.55
--	Benjamin Stindt	9	LA CROSSE LOG...	DNS
--	Desmond Simon	9	ONALASKA	DNS
--	Jack DeLaRosa	11	DECORAH	DNS

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Boys' 1600 Meters Varsity Finals

◎ Meet 4:28.55 Matt Hibshman, ONALASKA 2014

	Athlete	Yr	Team	Finals
1	Hugh Conway	10	SOUTH WINNES...	4:47.47
2	Bennett Coppola	10	DECORAH	4:50.27
3	Derek Hrdlicka	10	DECORAH	4:56.75
4	Clarence Nimrod	11	DECORAH	4:58.38
5	Carter Gunnarson	12	ST. CHARLES	5:11.04
6	Ethan Davey	10	LA CROSSE LOG...	5:23.32
7	Zente Balazs	10	ST. CHARLES	5:27.40
8	Zach Shilling	11	LA CROSSE LOG...	5:28.99
9	Caden Tieskoetter	10	SOUTH WINNES...	5:34.01
10	Dylan Belby	9	LA CROSSE LOG...	5:34.22
11	Jayven Neubauer	10	DECORAH	5:35.24
12	Robert Davis	9	DECORAH	5:37.52
13	Alex Rojas	10	ST. CHARLES	5:38.05
14	Brett Schindler	12	ONALASKA	5:42.99
15	Quinn Peterson	9	DECORAH	5:43.54
16	Myles Stapleton	11	ONALASKA	5:48.91
17	Willem Van Wyk	10	LA CROSSE LOG...	5:56.03
18	Graham Kincaid	9	LA CROSSE LOG...	5:56.06
19	Nathaniel Crose	9	DECORAH	5:58.53
20	Caleb Dannenberg	11	ONALASKA	5:58.54
21	Keegan Joyce	9	DECORAH	6:05.06
22	Weston Cote	10	DECORAH	6:05.34
23	Nick Clayton	9	DECORAH	6:13.72
24	Mathew Jackson	11	ONALASKA	6:21.62
25	Jonathan Meier	9	LA CROSSE LOG...	6:27.50
26	Carter Lachman	10	LA CROSSE LOG...	6:35.81
27	Tyler Powell	10	ONALASKA	6:35.95
28	Hosea Aslesen	11	ONALASKA	6:37.76
29	Ivan Stacey	9	ONALASKA	6:44.13
30	Sam Mika	10	ONALASKA	6:46.50
31	Dayton Heintz	12	ONALASKA	7:00.35
--	Oliver Harnisch	12	LA CROSSE LOG...	DNS
--	Joshua Imgrund	10	ONALASKA	DNS
--	Hayden Zweibohmer	12	GMLOKS	DNS

Boys' 3200 Meters Varsity Finals

◎ Meet 9:50.61 Nathan Ahern, CRESTWOOD CRESCO 2025

	Athlete	Yr	Team	Finals
1	Garrett See	12	DECORAH	10:30.28
2	Leonard Nimrod	9	DECORAH	11:13.20
3	Esteban Fernandez	11	DECORAH	11:45.47
4	August Pauly	9	ST. CHARLES	12:13.12
5	Daniel Reiman	11	ST. CHARLES	12:23.24

Boys' 55m Hurdles Varsity Finals

◎ Meet 7.85 Chris Hilton, ST. CHARLES 2025

	Athlete	Yr	Team	Finals
1	Calum Sween	9	GMLOKS	9.39
2	Carter Riley	11	DECORAH	9.40
3	Kyan Oftedahl	11	DECORAH	9.71
4	Seth Drtina	9	CRESTWOOD C...	9.89
5	Owen Chatfield	9	CRESTWOOD C...	9.99
6	Crew Gunnarson	10	ST. CHARLES	10.02
7	Brayden Miculinich	11	DECORAH	10.26
8	Carver Butikofer	9	CRESTWOOD C...	10.79
9	Bryson Zweibohmer	9	GMLOKS	11.34
--	Keagen Gaul	9	CRESTWOOD C...	DNS

Boys' High Jump Varsity Finals

◎ Meet 6-04.00 Noah Leeser, HOLMEN 2018

	Athlete	Yr	Team	Finals
1	Luke Drtina	12	CRESTWOOD C...	6-02.00
2	Jordan Einck	10	SOUTH WINNES...	6-00.00
3	Parker Low	11	DECORAH	5-10.00
4	Max Snitker	9	GMLOKS	5-08.00
5	Jacksyn Fromm	9	DECORAH	5-06.00
6	Thomas Davis	11	DECORAH	5-04.00
7	Sawyer Timp	9	SOUTH WINNES...	5-04.00
7	Owen Chatfield	9	CRESTWOOD C...	5-04.00
9	Kyan Oftedahl	11	DECORAH	5-02.00
10	Corey Boynton	10	ST. CHARLES	5-00.00
11	Carter Rissman	9	DECORAH	5-00.00
12	Cam Haley	10	ST. CHARLES	5-00.00
13	Ethan Davey	10	LA CROSSE LOG...	4-08.00
--	Cohen Craft	11	GMLOKS	DNS

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Boys' Shot Put Varsity Finals

◎ **Meet** 55-10.00 Ryan Moser, CLAYTON RIDGE GUTTENBERG 2015

	Athlete	Yr	Team	Finals
1	Luke Franzen	12	DECORAH	48-05.00
2	Adam Kuhn	10	ONALASKA	46-06.00
3	Reece Ollendieck	11	CRESTWOOD C...	45-09.00
4	Eli Hanan	11	LA CROSSE LOG...	45-09.00
5	Zander Mehmert	10	CRESTWOOD C...	45-01.00
6	Awnan Skoda	11	CRESTWOOD C...	43-07.00
7	Thatcher Brown	11	DECORAH	43-01.00
8	Justice Parcher	11	LA CROSSE LOG...	42-10.00
9	Hudson Davis	12	LA CROSSE LOG...	41-05.00
10	Jaden Ferguson	12	LA CROSSE LOG...	40-04.00
11	Tate Bauer	11	ST. CHARLES	39-11.00
12	Trenton Voyna	11	CRESTWOOD C...	39-08.00
13	Calum Sween	9	GMLOKS	38-03.00
14	Mason Vote	12	DECORAH	37-06.00
15	Dominic Berling	11	ONALASKA	35-10.00
16	Thor Mosdal	10	ST. CHARLES	35-05.00
17	Tanner Anderson	8	ST. CHARLES	35-03.00
18	Austin Bohner	9	DECORAH	35-01.00
19	Ashton Inzillo	10	CRESTWOOD C...	35-00.00
20	George Lundebrek	10	LA CROSSE LOG...	34-10.00
21	Isaac Bentley	10	DECORAH	34-04.00
22	Nathan Friend	12	DECORAH	34-04.00
23	Caleb Watson	9	GMLOKS	33-07.00
24	Cayden Burke	10	CRESTWOOD C...	33-03.00
25	Timothy Olsen	10	ONALASKA	33-03.00
26	Justus Wood	9	LA CROSSE LOG...	32-04.00
27	Cody Bodensteiner	11	SOUTH WINNES...	32-00.00
28	Ethan Oyloe	10	SOUTH WINNES...	31-11.00
29	Mathew Jackson	11	ONALASKA	31-09.00
30	Evan Lin	10	LA CROSSE LOG...	31-05.00
31	Grant Palmer	11	ONALASKA	30-09.00
32	Brooks Schaffer	10	LA CROSSE LOG...	30-07.00
33	MaCoy Driscoll	9	DECORAH	30-05.00
34	Alexis Lelievre	11	ONALASKA	29-10.00
35	Nathaniel Drees	11	GMLOKS	29-06.00
36	Ashton McCormick	11	LA CROSSE LOG...	29-02.00
37	Ben Spears	12	LA CROSSE LOG...	28-11.00
38	Mason Moore	12	ST. CHARLES	28-06.00
39	Michael Johnson	12	GMLOKS	28-01.00
40	Elliott Bissen	9	CRESTWOOD C...	28-00.00
41	Fransisco Torres-Huber	11	ONALASKA	27-08.00
42	Cameron Berling	11	ONALASKA	26-11.00
43	Nathan Rhodes	11	DECORAH	26-09.00
44	Tavin Ehrenberger	9	ONALASKA	25-07.00
45	Caden Meyer	9	SOUTH WINNES...	25-06.00
46	Asher Merrill	9	SOUTH WINNES...	25-03.00
47	Miguel Ortega-Gasca	10	ST. CHARLES	25-00.00
48	Brandon Sobolik	10	CRESTWOOD C...	24-04.00
49	Parker Kizior	9	ONALASKA	24-01.00
50	James Henriquez-Hernand...	9	DECORAH	23-02.00
51	Kolton House	9	ST. CHARLES	22-11.00
52	Finn McGuire	9	ST. CHARLES	21-02.00
53	Jesus Gasca-Rojas	10	ST. CHARLES	19-10.00
--	Owen Goetsch	10	CRESTWOOD C...	DNS
--	Milo Palan	9	ST. CHARLES	DNS
--	Cooper Ewing	10	DECORAH	DNS
--	Braeden Anderson	9	SOUTH WINNES...	DNS

Boys' Long Jump Varsity Finals

◎ **Meet** 21-05.00 Aric Elmore, LA CROSSE LOGAN 2014

	Athlete	Yr	Team	Finals
1	Nathan Mahr	11	CRESTWOOD C...	19-05.00
2	Finnegan Donlan	11	CRESTWOOD C...	18-08.50
3	Aiden Murphy	10	CRESTWOOD C...	18-08.00
4	Bentley Wiersma	11	GMLOKS	18-00.00
5	Nolan Warmkagathje	10	ST. CHARLES	17-04.00
6	Levi Feickert	10	SOUTH WINNES...	17-03.00
7	Dakota VanGundy	11	DECORAH	17-03.00
8	Warren Thompson	9	ONALASKA	16-11.00
9	Jackson Huinker	9	SOUTH WINNES...	16-10.00
10	Jose Lievano	12	CRESTWOOD C...	16-09.00
11	Dawson Holzer	9	CRESTWOOD C...	16-07.00
12	Drake Sir	10	CRESTWOOD C...	16-07.00
13	Walker Dohlman	9	CRESTWOOD C...	16-05.00
14	Gavin Feickert	11	SOUTH WINNES...	16-05.00
15	Alex Sichone	10	LA CROSSE LOG...	16-04.00
16	Brecken Jackson	10	LA CROSSE LOG...	16-02.00
17	Ontario Robbins	9	LA CROSSE LOG...	16-01.00
18	Cam Haley	10	ST. CHARLES	16-01.00
19	Logan Drees	10	GMLOKS	15-11.00
20	Samuari Bellamy	9	LA CROSSE LOG...	15-11.00
21	Brendan Dowd	9	ONALASKA	15-10.00
22	Dre Vang	9	ONALASKA	15-08.00
23	Parker Flaten	9	ONALASKA	15-06.00
24	Lucas Wymer	10	DECORAH	15-02.00
25	Ashton Bell	9	LA CROSSE LOG...	15-02.00
26	Haden Brubaker	9	LA CROSSE LOG...	15-02.00
27	Hunter Hyde	10	GMLOKS	15-01.00
28	Marques Simmons-Jackson	11	LA CROSSE LOG...	14-11.00
29	Victor Clark	9	ONALASKA	14-10.00
30	Ayden Blackdeer	10	LA CROSSE LOG...	14-04.00
31	Marshall Peters	9	ONALASKA	14-04.00
32	Clayton Kuboushek	10	SOUTH WINNES...	14-04.00
33	Parker Wolff	11	LA CROSSE LOG...	14-01.00
34	Finley Duerst	10	LA CROSSE LOG...	13-06.00
35	Kaleb Pierce	9	ONALASKA	13-04.00
36	Eric Vang	9	ONALASKA	12-09.00
37	Kalvin Prieve	9	GMLOKS	11-10.00
38	Grayson Wrightsman	9	DECORAH	11-04.00
39	Lian Lue Xiong	9	ONALASKA	10-04.00
--	Hunter Staples	11	GMLOKS	ND

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Boys' Triple Jump Varsity Finals

◎ **Meet** 43-00.00 Kenny Winslow, LA CROSSE LOGAN 2010

	Athlete	Yr	Team	Finals
1	Warren Thompson	9	ONALASKA	37-07.00
2	Bentley Wiersma	11	GMLOKS	37-04.00
3	Carter Glynn	12	GMLOKS	34-00.50
4	Cooper Barclay	10	ST. CHARLES	33-01.00
5	Thor Mosdal	10	ST. CHARLES	32-10.00
6	Winston Roe	9	ONALASKA	32-07.00
7	Micah King	9	ONALASKA	31-06.00
8	Eric Vang	9	ONALASKA	27-10.50

Boys' 4x200 Relay Varsity Finals

◎ **Meet** 1:35.24 CRESTWOOD CRESCO (F. Donlan, A. Loden, D. Donlan, A. Skoda) 2025

	Team	Relay	Finals	
1	DECORAH	'A'	1:33.28	
	1) *Landon Quandahl 12* 2) *Peyton Webb 12* 3) *Trevor Kuennen 12* 4) *Davis Walter 10*			
2	DECORAH	'B'	1:41.03	
	1) *Kyle Pattison 12* 2) *Ryan Northup 12* 3) *Brayden Miculinich 11* 4) *Carson Bohner 12*			
3	CRESTWOOD CRESCO	'A'	1:41.53	
	1) *Tate Cummings 10* 2) *Drake Sir 10* 3) *Isaiah Sorenson 10* 4) *Lux Smith 10*			
4	CRESTWOOD CRESCO	'B'	1:43.55	
	1) *Caleb Holzer 11* 2) *Mitchell Peter 11* 3) *Kyler Henry 10* 4) *Hunter Lidtke 10*			
5	DECORAH	'C'	1:45.43	
	1) *Matthew Burkholder 10* 2) *Carter Rissman 9* 3) *Grayson Wrightsman 9* 4) *Samuel Johanningmeier 9*			
6	GMLOKS	'A'	1:46.94	(*1:46.932*)
	1) *Carter Glynn 12* 2) *Max Snitker 9* 3) *Michael Johnson 12* 4) *Kale Vanderhaeghan 11*			
7	SOUTH WINNESHIEK	'A'	1:46.94	(*1:46.935*)
	1) *Landon Bullerman 9* 2) *Jackson Huinker 9* 3) *Braylon Holthaus 9* 4) *Jordan Einck 10*			
8	CRESTWOOD CRESCO	'C'	1:47.46	
	1) *Keagen Gaul 9* 2) *Carver Butikofer 9* 3) *Dawson Holzer 9* 4) *Owen Chatfield 9*			
9	SOUTH WINNESHIEK	'B'	1:50.92	
	1) *Andy Acahua 10* 2) *Sawyer Timp 9* 3) *Hayden Tieskoetter 9* 4) *Jayelen Numedahl 9*			
10	LA CROSSE LOGAN	'A'	1:52.04	
	1) *Ayden Blackdeer 10* 2) *Ashton Bell 9* 3) *Braylen McKee 10* 4) *Kayden Lor 9*			
11	SOUTH WINNESHIEK	'C'	1:56.93	
	1) *Gavin Feickert 11* 2) *Louis Andera 9* 3) *Braeden Anderson 9* 4) *Tyler Fels 11*			
12	DECORAH	'D'	1:57.68	
	1) *Aiden Fink 9* 2) *Charles Downing 9* 3) *Nazire Karnik-Shivers 9* 4) *Crosby Butler 9*			

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Boys' SMR 1600m Varsity Finals

◎ **Meet** 3:44.93 DECORAH (J. Adam, P. Webb, M. Avila, T. Hammel) 2025

	Team	Relay	Finals
1	DECORAH	'A'	3:53.34
	1) *Grant Knutson 9* 2) *Gavin Knutson 11* 3) *Max Grimstad 12* 4) *Clarence Nimrod 11*		
2	GMLOKS	'A'	3:56.72
	1) *Hunter Hyde 10* 2) *Carter Glynn 12* 3) *Nathaniel Drees 11* 4) *Bentley Wiersma 11*		
3	CRESTWOOD CRESCO	'A'	4:06.93
	1) *Tate Cummings 10* 2) *Cayden Burke 10* 3) *Jose Lievano 12* 4) *Walker Dohlman 9*		
4	SOUTH WINNESHIEK	'A'	4:15.88
	1) *Camden Bullerman 10* 2) *Landon Livingood 11* 3) *Kort Steffens 9* 4) *Evan Taylor 9*		
5	DECORAH	'B'	4:23.95
	1) *Griffin Brauer 11* 2) *Kaden Tarwater 12* 3) *Parker Low 11* 4) *Quinn Peterson 9*		
6	DECORAH	'C'	4:37.53
	1) *Kellen O'Gara 10* 2) *Owen Larson 10* 3) *Thomas Davis 11* 4) *Gavin Wilkins 10*		
7	DECORAH	'D'	4:40.67
	1) *Heaton Kerndt 9* 2) *Samuel Johanningmeier 9* 3) *Jacksyn Fromm 9* 4) *Isaiah Bonnet 9*		
8	GMLOKS	'B'	4:52.96
	1) *Cohen Craft 11* 2) *Ashton Gehling 10* 3) *Logan Drees 10* 4) *Tayegah Williams 11*		

Boys' 4x400 Relay Varsity Finals

◎ **Meet** 3:35.41 DECORAH (D. Schwartz, G. Nimrod, K. Hosting, K. Kregel) 2012

	Team	Relay	Finals
1	DECORAH	'B'	3:39.01
	1) *Peyton Webb 12* 2) *Kyle Pattison 12* 3) *Carter Riley 11* 4) *Landon Quandahl 12*		
2	DECORAH	'A'	3:40.97
	1) *Ashton Saltou 12* 2) *Kaden Tarwater 12* 3) *Griffin Brauer 11* 4) *Max Grimstad 12*		
3	CRESTWOOD CRESCO	'A'	3:43.01
	1) *Alex Loden 11* 2) *Lux Smith 10* 3) *Nathan Mahr 11* 4) *Finnegan Donlan 11*		
4	ST. CHARLES	'A'	3:54.43
	1) *Ivan Daood 11* 2) *Corey Boynton 10* 3) *Nolan Warmkagathje 10* 4) *Jackson Vermilya 11*		
5	SOUTH WINNESHIEK	'A'	4:00.56
	1) *Brad Dahl 12* 2) *Evan Taylor 9* 3) *Kort Steffens 9* 4) *Jordan Einck 10*		
6	SOUTH WINNESHIEK	'B'	4:17.51
	1) *Andy Acahua 10* 2) *Hayden Tieskoetter 9* 3) *Anthony Elsbernd 9* 4) *Clayton Kuboushek 10*		
7	DECORAH	'C'	4:19.46
	1) *Heaton Kerndt 9* 2) *Nazire Karnik-Shivers 9* 3) *James McConnell 9* 4) *Kenyon Bartels 9*		
8	GMLOKS	'A'	4:19.65
	1) *Hunter Hyde 10* 2) *Logan Drees 10* 3) *Calum Sween 9* 4) *Tayegah Williams 11*		
9	DECORAH	'E'	4:24.31
	1) *Esteban Fernandez 11* 2) *Gavin Wilkins 10* 3) *Camden Kerner 10* 4) *Edisen Fullhart 9*		
10	DECORAH	'D'	4:24.90
	1) *Aiden Fink 9* 2) *Charles Downing 9* 3) *Per Weir 9* 4) *Crosby Butler 9*		
11	SOUTH WINNESHIEK	'C'	4:50.27
	1) *Gavin Feickert 11* 2) *Levi Feickert 10* 3) *Earl Lineau 10* 4) *Louis Andera 9*		

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Boys' 4x800 Relay Varsity Finals

◎ **Meet** 8:24.90 DECORAH (G. Zilka, G. See, B. Coppola, B. Fullhart) 2025

	Team	Relay	Finals
1	DECORAH	'A'	9:08.19
	1) *Bill Fullhart 11* 2) *Derek Hrdlicka 10* 3) *Oscar Grimstad 10* 4) *Lucas Fankhauser 9*		
2	SOUTH WINNESHIEK	'A'	9:29.32
	1) *Hugh Conway 10* 2) *Brad Dahl 12* 3) *Anthony Elsbernd 9* 4) *Andy Acahua 10*		
3	DECORAH	'B'	10:05.84
	1) *Weston Cote 10* 2) *Jayven Neubauer 10* 3) *Colton Bartelt 9* 4) *Camden Kerner 10*		
4	DECORAH	'C'	10:17.64
	1) *Jack DeLaRosa 11* 2) *Robert Davis 9* 3) *Nathaniel Crose 9* 4) *Isaiah Bonnet 9*		
5	SOUTH WINNESHIEK	'B'	10:23.92
	1) *Clayton Kuboushek 10* 2) *Hayden Tieskoetter 9* 3) *Caden Tieskoetter 10* 4) *Earl Lineau 10*		
6	DECORAH	'D'	10:38.61
	1) *James McConnell 9* 2) *Keegan Joyce 9* 3) *Per Weir 9* 4) *Nick Clayton 9*		
7	GMLOKS	'A'	10:51.15
	1) *Cole Reid 12* 2) *Ashton Gehling 10* 3) *Soren Saterdalen 10* 4) *Braydn Nordeng 11*		

Girls' 55 Meter Varsity Finals

◎ **Meet** 7.22 Lydia Lazarescu, HOLMEN 2024

	Athlete	Yr	Team	Finals	
1	Cassandra Stammeyer	10	DECORAH	7.68	
2	Eden Northup	SO	DECORAH	7.79	
3	Gracie Foster	12	GMLOKS	7.83	
4	Breeley Galle	12	GMLOKS	7.93	
5	Brynlee Koenigs	9	GMLOKS	7.98	
6	Rebekah Henslin	8	ST. CHARLES	8.01	
7	Charley Curtis	12	CRESTWOOD C...	8.02	
8	Emmy Gehling	10	SOUTH WINNES...	8.03	
9	Kate Vermilya	10	ST. CHARLES	8.06	
10	Caylee Malanaphy	10	DECORAH	8.07	
11	Elizabeth Witcraft	12	LA CROSSE LOG...	8.16	
12	Amelia McCabe	10	GMLOKS	8.17	
13	Lydia Redman	12	GMLOKS	8.19	
14	Cloey Zweibohmer	12	SOUTH WINNES...	8.21	
15	Remi Wadsworth	9	SOUTH WINNES...	8.22	
16	Kelby Kerndt	12	DECORAH	8.25	
17	Victoria Knode	10	GMLOKS	8.31	
18	Belva Douangdy	9	ST. CHARLES	8.32	
19	Alyssa Holthaus	12	SOUTH WINNES...	8.35	(*8.345*)
20	Avery Stroup	12	GMLOKS	8.35	(*8.347*)
21	Maddy Montgomery	9	GMLOKS	8.38	
22	Payge Webb	9	DECORAH	8.41	
23	Aliyah Lidtke	9	CRESTWOOD C...	8.43	
24	Harlie Larson	SO	DECORAH	8.50	
25	Audrey Stroup	9	GMLOKS	8.57	
26	Hannah Thome	9	GMLOKS	8.64	(*8.631*)
27	Averie Blumenstein	11	LA CROSSE LOG...	8.64	(*8.638*)
28	Esme Hulshizer	10	ST. CHARLES	8.65	
29	Katelynn McKane	10	ONALASKA	8.68	
30	Eleri Harter	9	ONALASKA	8.81	
31	Helen Maldonado	9	SOUTH WINNES...	8.83	
32	Kaylee Denning	10	ST. CHARLES	8.91	
33	Madalynn Dahl	11	ONALASKA	8.93	
34	Norah Keister	9	ONALASKA	9.00	
35	Kaidence Mahr	9	CRESTWOOD C...	9.03	
36	Addison Rice	9	CRESTWOOD C...	9.04	
37	Ella Maly	10	ONALASKA	9.06	
38	Anasia Sumlar	9	LA CROSSE LOG...	9.11	
39	Evelyn Moonen	9	SOUTH WINNES...	9.21	
40	Raelynn Fortney	9	CRESTWOOD C...	9.22	
41	McKenna Kipp	9	SOUTH WINNES...	9.35	
42	Ava Barry	9	CRESTWOOD C...	9.37	
43	Lia Vsetecka	10	SOUTH WINNES...	9.38	
44	Michelle Jimenez	10	CRESTWOOD C...	9.44	(*9.433*)
45	Hallie Vissers	11	CRESTWOOD C...	9.44	(*9.437*)
46	Grace Bell	9	LA CROSSE LOG...	9.50	
47	Kristy Xiong	9	LA CROSSE LOG...	9.53	(*9.525*)
48	Brielle Munkel	10	CRESTWOOD C...	9.53	(*9.529*)
49	Lejla Tahic	9	ONALASKA	9.54	
50	Lillian McKay	11	GMLOKS	9.59	(*9.587*)
51	Johanna Neuman	10	GMLOKS	9.59	(*9.588*)
52	Mya Running	9	LA CROSSE LOG...	9.63	(*9.624*)
53	Greta Mosdal	9	ST. CHARLES	9.63	(*9.628*)
54	Myami Leverty	9	ONALASKA	9.66	
55	Olivia Merrick	11	CRESTWOOD C...	9.69	

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

56	Vivi Perez	10	ST. CHARLES	9.71
57	Lyla Waldenberger	10	ONALASKA	9.82
58	Isabel Alley	12	DECORAH	9.97
59	Addy Hamby	9	ONALASKA	10.38
60	Nele Velten	11	ONALASKA	10.55
--	Dazlyn Williams	11	LA CROSSE LOG...	DNS
--	Jillian Moore	11	GMLOKS	DNS
--	Lauren Luzum	12	DECORAH	DNS

Girls' 200 Meters Varsity Finals

◎ Meet 25.65 Kerris Roberts, WATERLOO EAST 2017

	Athlete	Yr	Team	Finals	
1	Eden Northup	SO	DECORAH	27.66	
2	Madilynn Bjerke	10	ST. CHARLES	27.96	
3	Isabella Schlatter	12	CRESTWOOD C...	28.10	
4	Caylee Malanaphy	10	DECORAH	29.35	
5	Taylor Reis	11	CRESTWOOD C...	29.44	
6	Kelby Kerndt	12	DECORAH	29.60	
7	Harper Menke	9	DECORAH	30.24	
8	Amelia McCabe	10	GMLOKS	30.38	
9	Avery Stroup	12	GMLOKS	30.66	
10	Victoria Knode	10	GMLOKS	31.14	
11	Amirie Mitchell	9	LA CROSSE LOG...	31.40	
12	Taya Snitker	JR	DECORAH	31.45	
13	Hannah Thome	9	GMLOKS	31.50	
14	Aiyana Mack	10	LA CROSSE LOG...	31.52	(*31.511*)
14	Pairis Wolf	11	ONALASKA	31.52	(*31.511*)
16	Shakayla Tomlinson	9	LA CROSSE LOG...	31.73	
17	Audrey Stroup	9	GMLOKS	31.85	
18	Aliyah Lidtke	9	CRESTWOOD C...	31.88	
19	Brailyn Swenson	10	GMLOKS	31.92	
20	Selah Mueller	9	LA CROSSE LOG...	32.30	
21	Kaylee Denning	10	ST. CHARLES	32.55	
22	Katelynn McKane	10	ONALASKA	32.59	
23	Elodie Most	10	ONALASKA	32.76	
24	Marley Phillips	9	DECORAH	32.82	
25	Raelynn Fortney	9	CRESTWOOD C...	32.83	
26	Sophia Shimek	9	SOUTH WINNES...	33.11	(*33.103*)
27	Addison Rice	9	CRESTWOOD C...	33.11	(*33.106*)
28	Hannah Mueller	9	ST. CHARLES	33.15	
29	Matti Phetsomphou	10	ST. CHARLES	33.45	
30	Kaidence Mahr	9	CRESTWOOD C...	33.64	
31	Emery Miller	9	ONALASKA	33.90	
32	Lillian McKay	11	GMLOKS	34.19	
33	Ella Maly	10	ONALASKA	34.39	
34	Ava Barry	9	CRESTWOOD C...	35.25	
35	Anne Overhoff	11	LA CROSSE LOG...	35.55	
36	Vivi Perez	10	ST. CHARLES	35.60	
37	Daphne Jespersen	9	LA CROSSE LOG...	35.62	
38	Brielle Munkel	10	CRESTWOOD C...	36.88	
39	Lyla Waldenberger	10	ONALASKA	37.49	
40	Johanna Neuman	10	GMLOKS	38.04	
41	Michelle Jimenez	10	CRESTWOOD C...	38.28	
42	Nele Velten	11	ONALASKA	40.42	
--	Audri Cook	9	ONALASKA	DNS	
--	Karsyn Quandahl	9	DECORAH	DNS	
--	Grace Bell	9	LA CROSSE LOG...	DNS	
--	Jenna Dahl	9	SOUTH WINNES...	DNS	
--	Averie Blumenstein	11	LA CROSSE LOG...	DNS	
--	Sydney Schoen	9	ONALASKA	DNS	
--	Charley Curtis	12	CRESTWOOD C...	DNS	
--	Myami Leverty	9	ONALASKA	DNS	
--	Jillian Moore	11	GMLOKS	DNS	

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Girls' 400 Meters Varsity Finals

◎ **Meet** 1:01.51 Jaya Perkins, LAKEVILLE NORTH 2009

	Athlete	Yr	Team	Finals
1	Eva Hurley	SO	DECORAH	1:06.69
2	Emma Lewison	12	GMLOKS	1:08.42
3	Rylee Holst	10	GMLOKS	1:08.69
4	Harper Menke	9	DECORAH	1:08.80
5	Victoria Knode	10	GMLOKS	1:10.67
6	Payge Webb	9	DECORAH	1:10.71
7	Bryleigh Slavin	11	CRESTWOOD C...	1:11.59
8	Alexa Schauer	10	ONALASKA	1:15.31
9	Chloe Albert	9	DECORAH	1:15.63
10	Matti Phetsomphou	10	ST. CHARLES	1:16.64
11	Hannah Mueller	9	ST. CHARLES	1:17.01
12	Olivia Peirce	9	LA CROSSE LOG...	1:18.27

Girls' 800 Meters Varsity Finals

◎ **Meet** 2:20.28 Ellie Hodge, CRESTWOOD CRESCO 2017

	Athlete	Yr	Team	Finals
1	Amelia Roe	12	DECORAH	2:43.99
2	Annie Hageman	11	SOUTH WINNES...	2:49.46
3	Rachel Spilde-Maki	11	DECORAH	2:52.37
4	Livia McCabe	9	CRESTWOOD C...	2:54.71
5	Gretchen Hubka	11	GMLOKS	2:55.72
6	Tessa Phillips	12	SOUTH WINNES...	2:56.81
7	Lily Brandenburg	9	GMLOKS	3:01.22
8	Natalie Holthaus	10	DECORAH	3:01.26
9	Amber Lopez	10	CRESTWOOD C...	3:02.05
10	Sadie Bustad	10	GMLOKS	3:02.26
11	Mya Clemons	9	GMLOKS	3:25.79
12	Julie King	11	GMLOKS	4:25.86

Girls' 1500 Meters Varsity Finals

◎ **Meet** 5:12.42 Amelia Roe, DECORAH 2024

	Athlete	Yr	Team	Finals
1	Ava Franzen	11	SOUTH WINNES...	5:46.28
2	Deborah Hougen	12	DECORAH	5:48.78
3	Ava Daley	11	CRESTWOOD C...	5:55.78
4	Maya Hartman	10	ONALASKA	6:05.08
5	Genevieve Ihrke	8	ST. CHARLES	6:06.87
6	Reeyin Lanning	9	GMLOKS	6:09.60
7	Kaylie Bruess	9	SOUTH WINNES...	6:09.65
8	Kaylie Betts	12	GMLOKS	6:10.87
9	Cora Davidson	11	ST. CHARLES	6:13.58
10	Elizabeth Aslesen	10	ONALASKA	6:29.06
11	Lorraine Marinier	9	ONALASKA	6:29.10
12	Madelyn Davidheiser	9	ONALASKA	6:38.22
13	Abbie Hanson	10	ONALASKA	6:42.44
14	Phoebe Miranda	9	ONALASKA	6:54.88
15	Jazmine Bonner	10	ONALASKA	7:33.21
--	Claire Kach	10	CRESTWOOD C...	DNS
--	Alea Runde	11	ONALASKA	DNS
--	Sofia Gerlach	10	ONALASKA	DNS

Girls' 3000 Meters Varsity Finals

◎ **Meet** 10:45.65 Cassidy Ihns, CRESTWOOD CRESCO 2019

	Athlete	Yr	Team	Finals
1	Lexus Dohlman	10	CRESTWOOD C...	12:08.94
2	Amelia Roe	12	DECORAH	12:28.83
3	Natalie Stevens	12	DECORAH	12:41.78
4	Sadie Bustad	10	GMLOKS	13:43.48

Girls' 55m Hurdles Varsity Finals

◎ **Meet** 8.70 Danielle Kohlway, HOLMEN 2013

	Athlete	Yr	Team	Finals
1	Gracie Foster	12	GMLOKS	9.04
2	Breeley Galle	12	GMLOKS	9.06
3	Kelby Kerndt	12	DECORAH	9.92
4	Ava Johnson	12	CRESTWOOD C...	9.95
5	Addisyn Ivy	SO	DECORAH	10.22
6	Raelyn Newhouse	10	DECORAH	10.29
7	Kennady Riehle	11	DECORAH	10.33
8	Brailyn Swenson	10	GMLOKS	10.50
9	Hailee Easley	11	CRESTWOOD C...	10.58
10	Sophia Shimek	9	SOUTH WINNES...	11.72
11	Lyla Lovstuen	12	DECORAH	12.26
12	Evelyn Moonen	9	SOUTH WINNES...	13.24
13	Autumn Weigert	11	CRESTWOOD C...	16.42
--	Harlie Larson	SO	DECORAH	DNS
--	Hallie Vissers	11	CRESTWOOD C...	DNS

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Girls' High Jump Varsity Finals

◎ **Meet** 5-04.00 Ashley Sickles, CRESTWOOD CRESCO 2008

	Athlete	Yr	Team	Finals
1	Renae Wilson	12	DECORAH	5-06.50
2	Alyssa Holthaus	12	SOUTH WINNES...	4-08.00
2	Ava Johnson	12	CRESTWOOD C...	4-08.00
4	Lauren Holthaus	12	DECORAH	4-06.00
4	Stella Wendt	11	ST. CHARLES	4-06.00
6	Brylee Hanson	11	DECORAH	4-04.00
7	Autumn Weigert	11	CRESTWOOD C...	4-04.00
8	Ruth Kueny	9	DECORAH	4-02.00
8	Alexis Johanningmeier	10	SOUTH WINNES...	4-02.00
10	Daphne Jespersen	9	LA CROSSE LOG...	4-02.00
11	Hailee Easley	11	CRESTWOOD C...	4-02.00
--	Ayslynn Arnold	11	DECORAH	DNS

Girls' Shot Put Varsity Finals

◎ **Meet** 42-00.00 Nicole Fautsch, ROCHESTER JOHN MARSHALL 2015

	Athlete	Yr	Team	Finals
1	Rose Niewoehner	12	CRESTWOOD C...	37-05.00
2	Lauren Luzum	12	DECORAH	35-02.00
3	Kloe Meyer	11	GMLOKS	34-01.00
4	Hope Ludwig	9	CRESTWOOD C...	32-01.00
5	Autumn Wagner	9	DECORAH	31-04.00
6	Caisa Kolling	12	GMLOKS	30-03.00
7	Lydia Mason	12	LA CROSSE LOG...	30-01.00
8	Annika Schmelzer	12	DECORAH	29-05.00
9	Thompson Gracie	12	SOUTH WINNES...	29-02.00
10	Margaret Hahn	11	DECORAH	29-01.00
11	Kate Vermilya	10	ST. CHARLES	28-09.00
12	Elizabeth Witcraft	12	LA CROSSE LOG...	27-10.00
13	Elodie Most	10	ONALASKA	27-04.00
14	Annika Vianden	11	LA CROSSE LOG...	26-04.00
15	Ellie Bemis	9	LA CROSSE LOG...	25-11.00
16	jayden Timp	11	SOUTH WINNES...	25-01.00
17	Mylah Montgomery	11	GMLOKS	24-04.00
18	Anasia Sumlar	9	LA CROSSE LOG...	24-02.00
19	Greta Mosdal	9	ST. CHARLES	24-00.00
20	Abby Sawyer	9	DECORAH	23-08.00
21	Emily Brogan	11	ST. CHARLES	23-08.00
22	Brooke Bunke	11	ST. CHARLES	23-08.00
23	Claire Stier	9	GMLOKS	23-05.00
24	Serenity Turner	9	GMLOKS	23-03.00
25	Emmanuelle Parcher	9	LA CROSSE LOG...	23-00.00
26	Tessa Gehling	9	GMLOKS	22-11.00
27	Josie Hemesath	9	SOUTH WINNES...	22-09.00
28	McKenna Looby	11	SOUTH WINNES...	22-08.00
29	Ayla Low	9	DECORAH	22-07.00
30	Diana Garcia	12	GMLOKS	21-10.00
31	Eliahna Watson	12	GMLOKS	21-06.00
32	Payton Robbins	10	LA CROSSE LOG...	21-02.00
33	Avery DeCook	11	ST. CHARLES	21-01.00
34	Kaytlynn Murphy	9	LA CROSSE LOG...	20-10.00
35	Kiley Higgins	9	SOUTH WINNES...	18-07.00
36	Jocelyn Wolter	9	ST. CHARLES	18-05.00
37	Allison Hillfer	9	DECORAH	17-10.00
38	McKenna Kipp	9	SOUTH WINNES...	17-10.00
39	Avery Busch	9	SOUTH WINNES...	17-05.00
40	Boyer Britlyn	9	SOUTH WINNES...	16-07.00
41	Rosa Zuniga	9	ST. CHARLES	10-07.00
--	Cami Jerde	11	ST. CHARLES	DNS
--	Evelyn Hooker	9	ONALASKA	DNS

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Girls' Long Jump Varsity Finals

◎ **Meet** 17-02.25 Emily Betz, LA CROSSE LOGAN 2008

	Athlete	Yr	Team	Finals
1	Isabella Schlatter	12	CRESTWOOD C...	16-07.00
2	Maddy Montgomery	9	GMLOKS	15-02.00
3	Jerikah Dodd	12	DECORAH	14-11.50
4	Ava Holthaus	12	DECORAH	14-05.00
5	Brynna Nelson	11	GMLOKS	14-01.50
6	Belva Douangdy	9	ST. CHARLES	13-06.00
7	Remi Wadsworth	9	SOUTH WINNES...	13-05.50
8	Madilynn Bjerke	10	ST. CHARLES	13-04.00
9	Brynlee Koenigs	9	GMLOKS	13-02.00
10	Selah Mueller	9	LA CROSSE LOG...	13-02.00
11	Shakayla Tomlinson	9	LA CROSSE LOG...	13-02.00
12	Anne Overhoff	11	LA CROSSE LOG...	13-00.50
13	Lejla Tahic	9	ONALASKA	12-10.00
14	Amirie Mitchell	9	LA CROSSE LOG...	12-07.00
15	Evelyn Moonen	9	SOUTH WINNES...	12-05.00
16	Aiyana Mack	10	LA CROSSE LOG...	12-05.00
17	Pairis Wolf	11	ONALASKA	12-03.50
18	Helen Maldonado	9	SOUTH WINNES...	12-01.00
19	Mya Running	9	LA CROSSE LOG...	11-10.00
20	Norah Keister	9	ONALASKA	11-09.00
21	Matti Phetsomphou	10	ST. CHARLES	11-08.00
22	Hannah Mueller	9	ST. CHARLES	11-07.00
23	Lillian McKay	11	GMLOKS	10-11.00
24	Audri Cook	9	ONALASKA	10-00.00
25	Kristy Xiong	9	LA CROSSE LOG...	9-07.50
26	Lyla Waldenberger	10	ONALASKA	9-02.50
--	Evelyn Hooker	9	ONALASKA	DNS
--	Nele Velten	11	ONALASKA	ND
--	Kate Arsenault	11	ONALASKA	DNS
--	Jena Peters	10	SOUTH WINNES...	DNS
--	Alyssa Holthaus	12	SOUTH WINNES...	DNS
--	Esme Hulshizer	10	ST. CHARLES	DNS

Girls' Triple Jump Varsity Finals

◎ **Meet** 34-00.00 Shannon Brakke, ROCHESTER CENTURY 2013

	Athlete	Yr	Team	Finals
1	Isabella Schlatter	12	CRESTWOOD C...	32-02.50
2	Breeley Galle	12	GMLOKS	31-02.00
3	Gracie Foster	12	GMLOKS	31-01.00
4	Maddy Montgomery	9	GMLOKS	30-10.00
5	Kiera Eickhoff	10	GMLOKS	29-07.00
--	Emery Miller	9	ONALASKA	DNS
--	Kate Arsenault	11	ONALASKA	DNS

Girls' 4x200 Relay Varsity Finals

◎ **Meet** 1:48.64 WATERLOO EAST (K. Roberts, A. Clark, S. Jenkins, A. Muhammad) 2017

	Team	Relay	Finals
1	DECORAH	'A'	1:48.92
	1) *Audrey Essa 11* 2) *Renae Wilson 12* 3) *Cassandra Stammeyer 10* 4) *Claire Storhoff 11*		
2	CRESTWOOD CRESCO	'A'	1:55.01
	1) *Charley Curtis 12* 2) *Isabella Schlatter 12* 3) *Ava Johnson 12* 4) *Ella Otters 10*		
3	SOUTH WINNESHIEK	'A'	1:57.22
	1) *Emmy Gehling 10* 2) *Alexis Johanningmeier 10* 3) *Alyssa Holthaus 12* 4) *Cloey Zweibohmer 12*		
4	ST. CHARLES	'A'	1:58.33
	1) *Belva Douangdy 9* 2) *Esme Hulshizer 10* 3) *Rebekah Henslin 8* 4) *Kate Vermilya 10*		
5	GMLOKS	'A'	1:59.51
	1) *Lydia Redman 12* 2) *Brynna Nelson 11* 3) *Amelia McCabe 10* 4) *Avery Stroup 12*		
6	DECORAH	'B'	2:02.16
	1) *Mahraz Murphy 9* 2) *Addisyn Ivy So* 3) *Kennady Riehle 11* 4) *Brylee Hanson 11*		
7	DECORAH	'C'	2:03.82
	1) *Kelbi Schuman 9* 2) *Taya Snitker Jr* 3) *Lyla Lovstuen 12* 4) *Marley Phillips 9*		
8	CRESTWOOD CRESCO	'B'	2:04.99
	1) *Aliyah Lidtke 9* 2) *Kaidence Mahr 9* 3) *Autumn Weigert 11* 4) *Hailee Easley 11*		
9	SOUTH WINNESHIEK	'B'	2:06.99
	1) *Remi Wadsworth 9* 2) *Helen Maldonado 9* 3) *Hayden Steffens 10* 4) *Hattie Conway 9*		
10	DECORAH	'D'	2:11.41
	1) *Simone Downing 10* 2) *Natalie Stevens 12* 3) *Deborah Hougen 12* 4) *Jayden Lundtvedt 11*		
11	CRESTWOOD CRESCO	'C'	2:12.24
	1) *Addison Rice 9* 2) *Raelynn Fortney 9* 3) *Hope Ludwig 9* 4) *Ava Barry 9*		
12	SOUTH WINNESHIEK	'C'	2:16.60
	1) *Jena Peters 10* 2) *Lia Vsetecka 10* 3) *Jenna Dahl 9* 4) *Evelyn Moonen 9*		
13	DECORAH	'E'	2:19.43
	1) *Ayslynn Arnold 11* 2) *Karsyn Quandahl 9* 3) *Addison Quandahl 10* 4) *Violet Schmelzer 10*		
14	CRESTWOOD CRESCO	'D'	2:25.76
	1) *Brielle Munkel 10* 2) *Michelle Jimenez 10* 3) *Hallie Vissers 11* 4) *Olivia Merrick 11*		

Decorah HS Invitational

Luther College Sat, Mar 21, 2026

Results

Girls' SMR 1600m Varsity Finals

◎ **Meet** 4:26.42 DECORAH (K. Solberg, K. Quandahl, S. Betteridge, T. Schuring) 2016

	Team	Relay	Finals
1	SOUTH WINNESHIEK	'A'	4:33.86
	1) *Cloey Zweibohmer 12* 2) *Alexis Johanningmeier 10* 3) *Maddy Jansen 12* 4) *Adele (Addy) Conway 12*		
2	CRESTWOOD CRESCO	'A'	4:43.08
	1) *Taylor Reis 11* 2) *Mea Shelton 11* 3) *Ella Otters 10* 4) *Lexus Dohlman 10*		
3	DECORAH	'B'	4:45.76
	1) *Olivia Volkmann 11* 2) *Jayden Lundtvedt 11* 3) *Caylee Malanaphy 10* 4) *Lauren Holthaus 12*		
4	GMLOKS	'A'	4:55.41
	1) *Lydia Redman 12* 2) *Brynlee Koenigs 9* 3) *Kiera Eickhoff 10* 4) *Naomi Warmka 12*		
5	ST. CHARLES	'A'	5:00.82
	1) *Madilynn Bjerke 10* 2) *Stella Wendt 11* 3) *Cora Davidson 11* 4) *Genevieve Ihrke 8*		
--	DECORAH	'A'	DQ
	1) *Jerikah Dodd 12* 2) *Ava Holthaus 12* 3) *Eden Northup So* 4) *Raelyn Newhouse 10*		

Girls' 4x400 Relay Varsity Finals

◎ **Meet** 4:16.28 DECORAH (M. Riley, A. Essa, S. Pole, E. Northrup) 2025

	Team	Relay	Finals
1	DECORAH	'A'	4:21.15
	1) *Renae Wilson 12* 2) *Audrey Essa 11* 3) *Cassandra Stammeyer 10* 4) *Claire Storhoff 11*		
2	DECORAH	'B'	4:26.41
	1) *Mahraz Murphy 9* 2) *Ava Holthaus 12* 3) *Raelyn Newhouse 10* 4) *Olivia Volkmann 11*		
3	SOUTH WINNESHIEK	'A'	4:37.83
	1) *Adele (Addy) Conway 12* 2) *Cloey Zweibohmer 12* 3) *Maddy Jansen 12* 4) *Alexis Johanningmeier 10*		
4	DECORAH	'D'	4:39.39
	1) *Eva Hurley So* 2) *Jerikah Dodd 12* 3) *Ruth Kueny 9* 4) *Kennady Riehle 11*		
5	DECORAH	'C'	4:40.68
	1) *Lauren Holthaus 12* 2) *Addisyn Ivy So* 3) *Kelbi Schuman 9* 4) *Alandra Mercado-Arneson 10*		
6	CRESTWOOD CRESCO	'A'	4:48.10
	1) *Mea Shelton 11* 2) *Taylor Reis 11* 3) *Ella Dennler 11* 4) *Bryleigh Slavin 11*		
7	GMLOKS	'A'	4:48.81
	1) *Brynna Nelson 11* 2) *Kiera Eickhoff 10* 3) *Rylee Holst 10* 4) *Emma Lewison 12*		
8	SOUTH WINNESHIEK	'B'	5:11.63
	1) *Remi Wadsworth 9* 2) *Helen Maldonado 9* 3) *Hayden Steffens 10* 4) *Hattie Conway 9*		

Girls' 4x800 Relay Varsity Finals

◎ **Meet** 10:12.84 DECORAH (R. Team) 2009

	Team	Relay	Finals
1	DECORAH	'A'	10:26.38
	1) *Claire Storhoff 11* 2) *Eva Hurley So* 3) *Ruth Kueny 9* 4) *Olivia Volkmann 11*		
2	GMLOKS	'A'	10:59.99
	1) *Gretchen Hubka 11* 2) *Emma Lewison 12* 3) *Kiera Eickhoff 10* 4) *Naomi Warmka 12*		
3	DECORAH	'B'	11:12.91
	1) *Simone Downing 10* 2) *Mahraz Murphy 9* 3) *Rachel Spilde-Maki 11* 4) *Addison Quandahl 10*		
4	SOUTH WINNESHIEK	'A'	11:20.83
	1) *Ava Franzen 11* 2) *Annie Hageman 11* 3) *Kaylie Bruess 9* 4) *Tessa Phillips 12*		
5	CRESTWOOD CRESCO	'A'	11:27.88
	1) *Ava Daley 11* 2) *Livia McCabe 9* 3) *Ella Dennler 11* 4) *Claire Kach 10*		