

April 10 2023 Meet - 4/10/2023

Ben Niggle Sports Complex

Results

Girls 100 Meter Dash

Name	School	Finals
Finals		
1 Brielle Rasmussen	RPH	13.59 6
2 Lauren Brogle	LFC	14.31 4
3 Bailey Erwin	LFC	14.38 3
4 Sari Rein	LFC	14.40 2
5 Mira Paul	SC	14.43 1
6 Claire Keasling	LFC	14.53
7 Kianna Wright	RPH	15.46
8 Ilee Byom	LaCres-Hokah	15.52
9 Naomi Clarkin	LaCres-Hokah	15.73
10 Audrey Bothun	LFC	15.85
11 MacKenzie Bauer	RPH	15.88
12 Autumn Gallup	SC	16.09
13 Ava Koetz	SC	16.37
14 Ava Tweten	LFC	16.47
15 Kiara Johnson	RPH	16.55
16 Taylor Stutzka	RPH	16.69
17 Elise Vessey	LaCres-Hokah	16.70
18 Bella Millen	RPH	16.71
19 Morgan Carlson	SC	16.92
20 Lilly Picha	LaCres-Hokah	16.93
21 Belle Fox	LaCres-Hokah	17.13
22 Ray Elliott	SC	17.17
23 Cyan Ruen	LFC	17.27
24 Ilah Daood	SC	17.28
25 Alayna Trushenski	LaCres-Hokah	17.80
26 Mariana Arriaga	SC	17.87
--- Ayla Madland	LFC	SCR
--- Michelle Strimpel	LFC	SCR

Girls 200 Meter Dash

Name	School	Finals
Finals		
1 Brielle Rasmussen	RPH	27.89 6
2 Kammry Broadwater	LFC	28.58 4
3 Kinley Soiney	LFC	29.23 3
4 Vanessa Ntiamoah	LaCres-Hokah	29.84 2
5 Ava Helgemoe	RPH	30.26 1
6 Jersey Ristau	LFC	30.51
7 Julia Keasling	LFC	30.70
8 Claire Keasling	LFC	31.17
9 Thavyah Matthews	SC	31.32
10 Emma Nelson	SC	31.38
11 Tessa Matzke	SC	31.62
12 Momoka Cox	LaCres-Hokah	32.47
13 Autumn Gallup	SC	33.92
14 Belle Fox	LaCres-Hokah	34.28
15 Taylor Stutzka	RPH	34.55
16 Bella Millen	RPH	34.95
17 Ava Koetz	SC	35.42
18 Cyan Ruen	LFC	35.97
19 Elise Vessey	LaCres-Hokah	36.42
20 Alayna Trushenski	LaCres-Hokah	37.85

---	Shelby Mosdal	SC	SCR
---	Lauren Brogle	LFC	SCR
---	Taylor Helgemoe	RPH	SCR
---	Ava Tweten	LFC	SCR
---	Quinn Potter	RPH	SCR
---	Kianna Wright	RPH	SCR

Girls 400 Meter Dash

Name	School	Finals	
Finals			
1 Savanah Klinski	LaCres-Hokah	1:05.52 6	
2 Sahara Morken	LFC	1:06.25 4	
3 Brooklyn Simon	LFC	1:07.93 3	
4 Ava Helgemoe	RPH	1:08.00 2	
5 Aubrey Daniels	LFC	1:09.29 1	
6 Audra Otto	LFC	1:15.00	
7 Emma Nelson	SC	1:15.94	
8 Elizabeth Clarke	LFC	1:18.24	
9 Naomi Clarkin	LaCres-Hokah	1:23.48	
---	Quinn Potter	RPH	SCR
---	Taylor Helgemoe	RPH	SCR
---	Ayla Madland	LFC	SCR
---	Lauren Honken	RPH	SCR

Girls 800 Meter Run

Name	School	Finals
Finals		
1 Myla Baudek	LaCres-Hokah	2:34.95 6
2 Madison Simon	LFC	2:35.83 4
3 Kyla Hellickson	LFC	2:41.67 3
4 Sami Leistikow	SC	2:47.12 2
5 Cristina Hernandez	SC	2:51.97 1
6 Olivia Sethre	LFC	2:59.79
7 Hannah Tuveson	RPH	3:04.56
8 Hailee Peterson	RPH	3:15.39
9 Brianna Brogan	SC	3:35.87

Girls 1600 Meter Run

Name	School	Finals	
Finals			
1 Corrina Lechnir	LaCres-Hokah	6:13.60 6	
2 Autumn Rabe	LaCres-Hokah	6:21.78 4	
3 Sophia Tuseth	SC	6:28.66 3	
4 Riley Ward	SC	6:49.70 2	
5 Klaudia Biel	LFC	7:12.18 1	
6 Hailee Peterson	RPH	7:29.94	
7 Andrea Volker	RPH	7:54.28	
---	Hannah Tuveson	RPH	SCR

Girls 3200 Meter Run

Name	School	Finals	
Finals			
1 Lillyan Kiehne	LFC	12:58.13 6	
2 Charity Kingsley	LFC	14:07.50 4	
---	Serenity Ernst	RPH	SCR
---	Vada Larson	RPH	SCR

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Girls 100 Meter Hurdles

Name	School	Finals
Finals		
1 Emily Ludwig	LaCres-Hokah	16.2h 6
2 Chloe Miller	LFC	18.2h 4
3 Aubryana Boldt	RPH	18.2h 3
4 Jersey Ristau	LFC	18.2h 2
5 Lilly Rabe	LaCres-Hokah	18.5h 1
6 Lydia Warmkagathje	SC	18.7h
7 Claire Siebenhaler	SC	20.3h
8 Scarlett McConnell Elder	SC	21.0h
9 Momoka Cox	LaCres-Hokah	21.2h

Girls 300 Meter Hurdles

Name	School	Finals
Finals		
1 Emily Ludwig	LaCres-Hokah	51.29 6
2 Claire Siebenhaler	SC	52.70 4
3 Lydia Warmkagathje	SC	53.28 3
4 Chloe Miller	LFC	54.28 2
5 Aspyn Knutson	RPH	1:00.21 1

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 L-Fc-Mc	A	54.30 6
1) Jersey Ristau	2) Kinley Soiney	
3) Sari Rein	4) Bailey Erwin	
2 SC	A	56.54 4
1) Evie Benedett	2) Shelby Mosdal	
3) Thavyah Matthews	4) Mira Paul	
3 L-Fc-Mc	B	57.91
1) Ava Rein	2) Claire Keasling	
3) Mara Schwarz	4) Ava Jacobsen	
4 SC	B	1:00.54
1) Scarlett McConnell Elder	2) Ava Koetz	
3) Noelle Barclay	4) Tessa Matzke	
5 RPH	A	1:01.11 2
1) Kiara Johnson	2) Ainsley Rice	
3) Aspyn Knutson	4) Kianna Wright	

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 L-Fc-Mc	A	1:54.91 6
1) Bailey Erwin	2) Aubrey Daniels	
3) Kinley Soiney	4) Kammry Broadwater	
2 La Crescent-Hokah	A	1:55.93 4
1) Vanessa Ntiamoah	2) Emily Ludwig	
3) Myla Baudek	4) Savannah Klinski	
3 SC	A	1:58.56 2
1) Emma Nelson	2) Evie Benedett	
3) Abby Hoffman	4) Cristina Hernandez	

4 RPH	A	2:00.03
1) Aubryana Boldt	2) Ava Helgemoe	
3) Tayler Helgemoe	4) Brielle Rasmussen	
5 L-Fc-Mc	B	2:04.67
1) Ava Rein	2) Julia Keasling	
3) Mara Schwarz	4) Ava Jacobsen	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 SC	A	4:27.72 6
1) Abby Hoffman	2) Evie Benedett	
3) Lydia Warmkagathje	4) Claire Siebenhaler	
2 L-Fc-Mc	A	4:29.16 4
1) Brooklyn Simon	2) Klaudia Biel	
3) Adeline Miner	4) Sahara Morken	
3 SC	B	4:57.65
1) Riley Ward	2) Scarlett McConnell Elder	
3) Sophia Tusetth	4) Sami Leistikow	
4 RPH	A	5:01.17 2
1) Lauren Honken	2) Aspyn Knutson	
3) Hannah Tuveson	4) Quinn Potter	

Girls High Jump

Name	School	Finals
Finals		
1 Ava Jacobsen	LFC	4-08.00 6
2 Kyla Hellickson	LFC	4-06.00 3.5
2 Sari Rein	LFC	4-06.00 3.5
4 Noelle Barclay	SC	4-04.00 2
5 Jo Ween Lim	LFC	4-00.00 1
6 Shelby Mosdal	SC	3-10.00
--- Scarlett McConnell Elder	SC	NH
--- Chloe Duffield	RPH	NH
--- MacKenzie Bauer	RPH	NH

Girls Pole Vault

Name	School	Finals
Finals		
1 Adeline Miner	LFC	9-00.00 6
2 Madison Simon	LFC	9-00.00 4
3 Lauren Honken	RPH	9-00.00 3
4 Emily Ludwig	LaCres-Hokah	8-06.00 2
5 Noelle Barclay	SC	7-00.00 1
6 Elizabeth Clarke	LFC	7-00.00
--- Kiara Johnson	RPH	NH
--- Olivia Sethre	LFC	NH
--- MacKenzie Bauer	RPH	NH
--- Quinn Potter	RPH	SCR
--- Ayla Madland	LFC	SCR

Girls Long Jump

Name	School	Finals
Finals		
1 Ava Rein	LFC	14-10.50 6
2 Aubryana Boldt	RPH	14-06.00 4

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Finals ... (Girls Long Jump)

Name	School	Finals
3 Thavyah Matthews	SC	14-01.00 3
4 Ava Jacobsen	LFC	13-04.25 2
5 Sahara Morken	LFC	12-05.50 1
6 Ainsley Rice	RPH	11-11.00
7 Mara Schwarz	LFC	11-09.00
8 Naomi Clarkin	LaCres-Hokah	11-06.00
9 Chloe Miller	LFC	10-07.50
10 Elise Vessey	LaCres-Hokah	10-03.50
--- Lauren Brogle	LFC	FOUL
--- Tayler Helgemoe	RPH	SCR

Girls Triple Jump

Name	School	Finals
1 Kammry Broadwater	LFC	31-05.25 6
2 Aubryana Boldt	RPH	31-03.50 4
3 Abby Hoffman	SC	30-02.50 3
4 Klaudia Biel	LFC	30-01.00 2
5 Ava Helgemoe	RPH	29-07.25 1
6 Aubrey Daniels	LFC	29-03.25
7 Lauren Brogle	LFC	28-07.50
8 Ainsley Rice	RPH	27-04.50

Girls Shot Put

Name	School	Finals
1 Sydney Torgerson	RPH	34-07.50 6
2 Noelle Barclay	SC	30-03.50 4
3 Samantha Fabian	LaCres-Hokah	28-07.50 3
4 Bailey Erwin	LFC	27-02.50 2
5 Marabelle Kurth	SC	27-01.00 1
6 Angel Apenhorst	LFC	25-11.00
7 Ilee Byom	LaCres-Hokah	25-07.25
8 Kayleen Kulas	RPH	25-05.00
9 Ilah Daood	SC	25-04.50
10 Ashtyn Meyer	RPH	25-04.00
11 Jaden Woodard	RPH	24-08.00
12 Zoeie Meister-Smith	SC	24-05.25
13 Iris McGinley	SC	23-11.50
14 Cora Schnebly	LFC	23-09.50
15 Lori Haack	LaCres-Hokah	23-06.50
16 Elena Musso	LaCres-Hokah	21-11.00
17 Sari Rein	LFC	21-08.50
18 Chloe Duffield	RPH	20-09.50
19 Henry Rounsaville	SC	19-09.75
20 Morgan Hanson	LFC	19-01.00
21 Savannah Erickson	LFC	19-01.00
22 Angie Zickrick	SC	18-07.75
23 Sara Backes	SC	17-05.00
24 Lilly Picha	LaCres-Hokah	16-08.75
25 Candy Zickrick	SC	16-03.25
--- Jorja Meyer	RPH	SCR
--- Michelle Strimpel	LFC	SCR
--- Kimberly Rein	LFC	SCR

Girls Discus Throw

Name	School	Finals
1 Kammry Broadwater	LFC	107-04 6
2 Sydney Torgerson	RPH	106-05 4
3 Samantha Fabian	LaCres-Hokah	85-04 3
4 Kinley Soiney	LFC	83-03 2
5 Iris McGinley	SC	76-09 1
6 Ilee Byom	LaCres-Hokah	76-00
7 Angel Apenhorst	LFC	74-03
8 Ilah Daood	SC	72-11
9 Ashtyn Meyer	RPH	68-04
10 Savannah Erickson	LFC	68-00
11 Zoeie Meister-Smith	SC	67-05
12 Jaden Woodard	RPH	67-03
13 Cora Schnebly	LFC	66-03
14 Marabelle Kurth	SC	62-01
15 Lori Haack	LaCres-Hokah	61-02
16 Mariana Arriaga	SC	60-11
17 Kayleen Kulas	RPH	58-03
18 Henry Rounsaville	SC	55-03
19 Morgan Hanson	LFC	48-11
20 Elena Musso	LaCres-Hokah	47-03
21 Sara Backes	SC	46-07
22 Chloe Duffield	RPH	45-00
23 Lilly Picha	LaCres-Hokah	44-08
24 Angie Zickrick	SC	44-03
25 Candy Zickrick	SC	35-06
--- Michelle Strimpel	LFC	SCR
--- Kimberly Rein	LFC	SCR
--- Jorja Meyer	RPH	SCR

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Boys 100 Meter Dash

Name	School	Finals
Finals		
1 Christopher Hilton	SC	11.63 6
2 Michael Rein	LFC	12.33 4
3 Owen Fenske	RPH	12.47 3
4 Grady Hengel	RPH	12.57 2
5 Mason Howard	LFC	12.69 1
6 Kodie Wimbish	LaCres-Hokah	12.79
7 Nikolas Kubecka	LaCres-Hokah	12.82
8 John Fuchsel	LaCres-Hokah	12.89
9 Greyson Mauskemmo	SC	12.94
10 Owen Sobotta	RPH	13.05
11 Lux Teed	SC	13.06
12 Casey Herek	RPH	13.07
12 Jayq'won Sheard	LaCres-Hokah	13.07
14 Caleb Wobschall	SC	13.11
15 Joey Hammell	LaCres-Hokah	13.34
16 Josh Krohse	SC	13.40
17 Cody Serfling	LFC	13.41
18 Lucas Nikoloski	LFC	13.59
19 Levi Ferden	SC	13.66
20 Caden Mattson	RPH	13.84
21 Adam Berg	SC	13.86
22 Kenny Hutchinson	LFC	13.91
23 Michael Howard	SC	15.30
24 Foster Wilcenski	RPH	15.93
--- Josh Ruben	LaCres-Hokah	SCR
--- Sam Springer	LFC	SCR
--- Austin Balcome	SC	SCR

Boys 200 Meter Dash

Name	School	Finals
Finals		
1 Jack Dailey	SC	24.89 6
2 Ryan Kreidermacher	SC	25.23 4
3 Nikolas Kubecka	LaCres-Hokah	25.31 3
4 Pedro Rojas	SC	25.43 2
5 Sam Springer	LFC	25.45 1
6 Cayden Tollefsrud	LFC	25.53
7 Bryce Helke	LaCres-Hokah	25.98
8 Cadel Carter	RPH	26.00
9 Boston Wright	LFC	26.08
10 Charles Davidson	SC	26.13
11 Kodie Wimbish	LaCres-Hokah	26.18
12 Owen Sobotta	RPH	26.87
13 Levi Ferden	SC	28.08
14 Caden Mattson	RPH	28.29
15 Kenny Hutchinson	LFC	28.65
16 Connor O'Marro	SC	29.67
17 Braden Melbostad	SC	29.88
18 Michael Howard	SC	31.37
19 Foster Wilcenski	RPH	33.72
--- Dave Wallace	RPH	SCR
--- Jayq'won Sheard	LaCres-Hokah	SCR

Finals ... (Boys 200 Meter Dash)

Name	School	Finals
--- Carter Todd	LaCres-Hokah	SCR
--- Gabe Roy	LFC	SCR
--- John Fuchsel	LaCres-Hokah	SCR
--- David Harvey	LFC	SCR
--- Gregg Gile	RPH	SCR
--- Mason Howard	LFC	SCR
--- Austin Balcome	SC	SCR

Boys 400 Meter Dash

Name	School	Finals
Finals		
1 Dalton Hoel	RPH	53.16 6
2 Tyson Matzke	SC	53.48 4
3 Toby Whitford	LaCres-Hokah	54.73 3
4 Dave Wallace	RPH	56.95 2
5 Josh Barclay	SC	1:02.23 1
6 Gaby Hernandez	SC	1:02.45
7 Cody Serfling	LFC	1:03.89
8 Pheniox Schloegel	SC	1:04.46
9 Jackson Seitz	LaCres-Hokah	1:04.49
10 Dylan Lehmann	LaCres-Hokah	1:06.28
11 Christo Badenhorst	RPH	1:06.53
12 Troy Zibrowski	RPH	1:17.19
--- Joey Hammell	LaCres-Hokah	SCR
--- Jackson Vangundy	SC	SCR

Boys 800 Meter Run

Name	School	Finals
Finals		
1 Isaac Snyder	LFC	2:10.36 6
2 Jovani Iglesias	SC	2:12.45 4
3 Eddie Burlingame	SC	2:15.23 3
4 Kyle Daniels	LFC	2:20.49 2
5 Peyton Andring	SC	2:21.02 1
6 Isaac Lehmann	LaCres-Hokah	2:23.74
7 Beau Collins	LFC	2:24.16
8 Payson Woller	LaCres-Hokah	2:25.73
9 Kane Larson	LFC	2:29.48
10 Carter Gunnarson	SC	2:29.92
11 Hunter Rislov	RPH	2:38.78
12 Bositkhon Vaisov	RPH	2:43.43
13 Guillermo Collazos-Villan	SC	2:44.26
14 Mack Welnetz	LaCres-Hokah	2:45.06
15 John Lee	RPH	2:55.80
--- Owen Gruber	SC	SCR

Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Ryan Prinsen	RPH	4:46.81 6
2 Lane Waller	SC	5:09.90 4
3 Ivan Daood	SC	5:12.45 3
4 Austin Smith	LaCres-Hokah	5:12.48 2
5 Joey Welch	LaCres-Hokah	5:12.60 1

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6	Issac Rasmussen	RPH	5:16.14
7	Jaxon Huntington	LFC	5:25.08
8	Isaac Mosdal	SC	5:30.37
9	Drew Vessey	LaCres-Hokah	5:34.86
10	Caleb Aust	SC	5:37.69
11	Jonah Buchanan	RPH	5:38.06
12	Hunter Rislov	RPH	5:38.37
13	Owen Gruber	SC	5:42.70
14	Louenn Grosjeanne	RPH	5:47.99
15	John Lee	RPH	6:10.84
---	Greyson Mauskemmo	SC	SCR

Boys 3200 Meter Run

Name	School	Finals
Finals		
1	Tyler Betthausen	RPH 10:58.40 6
2	Matthew Sprague	RPH 11:26.99 4
3	Landon Sethre	LFC 12:03.28 3
4	Qwinton Tripp	LFC 12:12.07 2
5	Beatty Darr	RPH 12:50.49 1
---	Issac Rasmussen	RPH SCR

Boys 110 Meter Hurdles

Name	School	Finals
Finals		
1	Quintin Betthausen	RPH 16.61 6
2	Charles Davidson	SC 17.29 4
3	Will Harvey	LFC 17.54 3
4	Logan Gaynor	SC 19.88 2
5	Weston Collins	LFC 21.21 1
---	Boston Wright	LFC SCR

Boys 300 Meter Hurdles

Name	School	Finals
Finals		
1	Christopher Hilton	SC 42.42 6
2	Casey Herek	RPH 46.02 4
3	Greyson Mauskemmo	SC 47.11 3
4	Logan Gaynor	SC 48.70 2
5	Braden Brevig	SC 50.38 1
6	Weston Collins	LFC 51.93
---	Will Harvey	LFC SCR

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1	L-Fc-Mc	A 46.57 6
	1) Parker Storhoff	2) David Harvey
	3) Henry Liew	4) Michael Rein
2	St. Charles	A 46.84 4
	1) Saevian Hong	2) Braden Brevig
	3) Ryan Kreidermacher	4) Jack Dailey
3	RPH	A 50.12 2
	1) Quintin Betthausen	2) Cadel Carter
	3) Caden Mattson	4) Gregg Gile

Finals ... (Boys 4x100 Meter Relay)

Team	Relay	Finals
4	St. Charles	B 50.64
	1) Caleb Wobschall	2) Adam Berg
	3) Josh Krohse	4) Levi Ferden

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1	St. Charles	A 1:38.09 6
	1) Saevian Hong	2) Pedro Rojas
	3) Ryan Kreidermacher	4) Jack Dailey
2	L-Fc-Mc	A 1:38.18 4
	1) Isaac Snyder	2) Jayce Kiehne
	3) Luke Ruen	4) Davis Penhollow
3	La Crescent-Hokah	A 1:41.89 2
	1) Jaden George	2) Toby Whitford
	3) Bryce Helke	4) Carter Todd
4	RPH	A 1:44.05
	1) Grady Hengel	2) Dalton Hoel
	3) Owen Fenske	4) Cadel Carter
5	St. Charles	B 1:53.02
	1) Braden Melbostad	2) Connor O'Marro
	3) Austin Balcome	4) Zack Spitzer

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1	St. Charles	A 3:38.49 6
	1) Tyson Matzke	2) Eddie Burlingame
	3) Adam Paul	4) Christopher Hilton
2	RPH	A 3:40.09 4
	1) Dave Wallace	2) Ryan Prinsen
	3) Quintin Betthausen	4) Dalton Hoel
3	L-Fc-Mc	A 3:56.18 2
	1) Cayden Tollefsrud	2) Jayce Kiehne
	3) Davis Penhollow	4) Luke Ruen
4	La Crescent-Hokah	A 4:01.95
	1) Austin Smith	2) Joey Welch
	3) Drew Vessey	4) Isaac Lehmann
5	St. Charles	B 4:05.79
	1) Josh Barclay	2) Jovani Iglesias
	3) Jackson Vangundy	4) Lane Waller
6	RPH	B 4:15.40
	1) Jonah Buchanan	2) Louenn Grosjeanne
	3) Bositkhon Vaisov	4) Issac Rasmussen

Boys High Jump

Name	School	Finals
Finals		
1	Charles Davidson	SC 6-00.00 6
2	Saevian Hong	SC 5-06.00 4
3	Grady Hengel	RPH 5-04.00 3
4	Tyson Matzke	SC 5-02.00 2
5	David Harvey	LFC 5-02.00 1
6	Josh Barclay	SC 5-02.00

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7	Andy Peterson	LFC	5-00.00
8	Logan Torgerson	LFC	4-10.00
---	Bositkhon Vaisov	RPH	NH
---	Christo Badenhorst	RPH	NH
---	Alex Wedl	RPH	SCR
---	Jayce Kiehne	LFC	SCR
---	Gabe Roy	LFC	SCR

Boys Pole Vault

Name	School	Finals
Finals		
1	Boston Wright	LFC 11-06.00 6
2	Braden Brevig	SC 11-06.00 4
3	Parker Storhoff	LFC 10-00.00 3
4	Ryan Prinsen	RPH 9-00.00 2
5	Beau Collins	LFC 8-00.00 1
6	Cadel Carter	RPH 8-00.00
7	Logan Gaynor	SC 7-06.00
8	Ryan Kreidermacher	SC 7-06.00
---	Tyler Betthausen	RPH NH
---	Keenan Christie	SC NH
---	Louenn Grosjeanne	RPH NH

Boys Long Jump

Name	School	Finals
Finals		
1	Grady Hengel	RPH 20-08.00 6
2	Saevian Hong	SC 19-06.00 4
3	Dalton Hoel	RPH 19-02.00 3
4	Gregg Gile	RPH 18-05.50 2
5	Bryce Helke	LaCres-Hokah 18-05.00 1
6	Henry Liew	LFC 18-04.00
7	Jack Dailey	SC 18-02.00
8	Andy Peterson	LFC 17-08.00
9	Logan Torgerson	LFC 17-05.00
10	Sam Springer	LFC 16-10.00
11	Josh Krohse	SC 16-10.00
12	Adam Paul	SC 15-09.00
13	Jayq'won Sheard	LaCres-Hokah 15-08.00
14	Jackson Seitz	LaCres-Hokah 14-10.00
15	Caden Mattson	RPH 14-10.00
16	Cody Serfling	LFC 14-08.00
17	Joey Hammell	LaCres-Hokah 14-05.00
18	Jackson Vangundy	SC 13-10.00
---	Levi Ferden	SC FOUL
---	Will Harvey	LFC DNS
---	Alex Wedl	RPH DNS

Boys Triple Jump

Name	School	Finals
Finals		
1	Christopher Hilton	SC 42-02.00 6
2	Henry Liew	LFC 38-11.00 4
3	Greyson Mauskemmo	SC 36-11.00 3
4	Pedro Rojas	SC 36-08.00 2
5	Gregg Gile	RPH 36-03.00 1

Finals ... (Boys Triple Jump)

Name	School	Finals
6	Charles Davidson	SC 36-00.00
7	Andy Peterson	LFC 35-08.00
8	David Harvey	LFC 35-08.00
9	Caleb Wobschall	SC 34-08.00
10	Braden Melbostad	SC 30-05.00
11	Connor O'Marro	SC 27-08.00
---	Alex Wedl	RPH SCR

Boys Shot Put

Name	School	Finals
Finals		
1	Jackson Bergan	RPH 44-10.50 6
2	Lucas Nikoloski	LFC 41-01.00 4
3	Brock Taylor	LFC 37-08.00 3
4	Jackson Loga	SC 34-09.00 2
5	Owen Fenske	RPH 34-09.00 1
6	Jaden George	LaCres-Hokah 34-08.50
7	Eddie DeAnda	SC 34-01.00
8	Eric Gasca-Rojas	SC 33-03.75
9	Michael Rein	LFC 33-02.00
10	Lucas Dykman	LaCres-Hokah 32-02.75
11	Tyler Mayer	LFC 31-08.25
12	Matthew Hengel	RPH 30-10.50
13	Anthony Lopez	SC 30-00.00
14	Gryffen Rein	LFC 27-00.00
15	Anthony Zezulka	RPH 26-09.00
16	Chason Mierau	RPH 24-10.25
17	Brandon Tepole	SC 24-04.50
18	Zach Krage	LFC 22-10.50
19	Braden Danielson	RPH 21-06.00
20	Troy Zibrowski	RPH 15-02.00
---	Josh Ruben	LaCres-Hokah SCR
---	Matthew Storm	SC SCR

Boys Discus Throw

Name	School	Finals
Finals		
1	Michael Rein	LFC 121-00 6
2	Jackson Bergan	RPH 119-03 4
3	Jake Meyer	SC 115-05 3
4	Lucas Nikoloski	LFC 104-03 2
5	Cale Winfield	SC 102-05 1
6	Eddie DeAnda	SC 101-07
7	Brock Taylor	LFC 101-05
8	Jaden George	LaCres-Hokah 96-01
9	Matthew Hengel	RPH 95-00
10	Keenan Christie	SC 82-03
11	Jackson Loga	SC 78-10
12	Anthony Zezulka	RPH 76-00
13	Owen Fenske	RPH 74-05
14	Braden Danielson	RPH 70-02
15	Chason Mierau	RPH 69-00
16	Tyler Mayer	LFC 68-11
17	Gryffen Rein	LFC 68-06

April 10 2023 Meet - 4/10/2023**Ben Niggle Sports Complex****Results**

18	Lucas Dykman	LaCres-Hokah	68-00
19	Zach Krage	LFC	65-10
20	Troy Zibrowski	RPH	44-04
---	Josh Ruben	LaCres-Hokah	SCR
---	Matthew Storm	SC	SCR

Women - Team Rankings - 17 Events Scored

1)	L-FC-MC	117
2)	La Crescent-Hokah	49
3)	Rushford-Peterson/Houston	45
4)	Saint Charles Girls Varsity	43

Men - Team Rankings - 17 Events Scored

1)	St. Charles	109
2)	Rushford-Peterson/Houston	74
3)	L-FC-MC	65
4)	La Crescent-Hokah	12