

True Team State 2021 Class A
Virtual - 5/24/2021 to 5/29/2021
Results - A Session

Girls 100 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Reiland, Anika	10	Grand Meadow	12.91 24
2	Root, Lindsey	12	St Charles	13.06 23
3	Larson, Maggie	12	Maple Lake	13.16 22
4	Ruen, Brielle		Lanesboro/Fi	13.38 21
5	Kaiser, Emily	11	Minnewaska A	13.43 20
6	Suda, Anna	10	SWMCH-EHS	13.66 19
7	Morgan, Hannah	12	Park Rapids	13.73 18
8	Johnson, Brynn	12	Paynesville	13.75 17
9	Petrich, Brooke	11	Greenway/Nas	13.79 16
10	Strauss, Lilly	8	Janesville-W	13.80 15
11	Burnett, Rylee	12	Chatfield	13.84 14
12	Wieck, Haley	11	SWMCH-EHS	13.85 13
13	Rustad, Sydney	11	Barnesville	13.88 12
14	Lindeman, Mya	10	Minnewaska A	13.91 11
15	Reiland, Chantle	8	Grand Meadow	13.98 9.5
15	Smith, Emily	10	Barnesville	13.98 9.5
17	Heitkamp, Erin	12	Janesville-W	14.01 8
18	Uhlenkamp, Katie	10	Paynesville	14.10 7
19	Rebrovich, Jaci	9	Greenway/Nas	14.13 6
20	Brogie, Lauren	9	Lanesboro/Fi	14.18 5
21	Goldsmith, Evy	9	Chatfield	14.23 4
22	Disbrow, Abbie	11	St Charles	14.44 3
23	Vrieze, Laney	8	Park Rapids	14.66 2
24	McClelland, Eva	11	Maple Lake	14.75 1

Girls 200 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Reiland, Anika	10	Grand Meadow	26.37 24
2	Root, Lindsey	12	St Charles	26.60 23
3	Ruen, Brielle		Lanesboro/Fi	26.87 22
4	Larson, Maggie	12	Maple Lake	26.90 21
5	Kaiser, Emily	11	Minnewaska A	27.85 20
6	Decker, Ellie	10	SWMCH-EHS	28.13 18.5
6	Brogie, Macayla	11	Lanesboro/Fi	28.13 18.5
8	Johnson, Brynn	12	Paynesville	28.37 17
9	Rustad, Sydney	11	Barnesville	28.43 16
10	Cole, Lauren	11	Chatfield	28.48 15
11	Lindeman, Mya	10	Minnewaska A	28.63 14
12	Strauss, Lilly	8	Janesville-W	28.79 13
13	Breimon, Sydney	8	Maple Lake	28.80 12
14	Oehlke, Anna	11	Grand Meadow	28.81 11
15	Tangen, Kyleigh	10	Paynesville	28.83 10
16	Smith, Emily	10	Barnesville	28.97 9
17	Miller, Olivia	8	Park Rapids	29.10 8
18	Heitkamp, Erin	12	Janesville-W	29.15 7
19	Lauwagie, Addison	8	Park Rapids	29.36 6
20	Rebrovich, Jaci	9	Greenway/Nas	29.37 5
21	Eisma, Elizabeth	9	SWMCH-EHS	29.65 4
22	Dailey, Katie	12	St Charles	29.77 3
23	Salerno, Joanna	12	Chatfield	30.09 2
24	Kackman, Brynn	8	Greenway/Nas	32.82 1

Girls 400 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Ruen, Brielle		Lanesboro/Fi	59.51 24
2	Smith, Antonia	11	St Charles	1:00.08 23
3	Luetmer, McKenzie	10	Minnewaska A	1:01.59 22
4	Reiland, Anika	10	Grand Meadow	1:01.90 21
5	Glover, Kristen	12	Minnewaska A	1:03.01 20
6	Lauwagie, Addison	8	Park Rapids	1:03.07 19
7	Pribyl, Sophia	11	Maple Lake	1:03.33 18
8	Brogie, Macayla	11	Lanesboro/Fi	1:03.38 17
9	Keyes, Ashlin	10	Janesville-W	1:04.21 16
10	Binford, Kierra	10	SWMCH-EHS	1:04.80 15
11	Spanier, Aubrie	11	Paynesville	1:04.93 14
12	Kiebel, Ella	11	Maple Lake	1:05.54 13
13	Beck, Shelby	11	Grand Meadow	1:05.88 12
14	Dailey, Katie	12	St Charles	1:06.43 11
15	Evans, Adia	8	Chatfield	1:06.57 10
16	Davis, Olivia	10	Park Rapids	1:06.72 9
17	Roeske, Kianna	11	Paynesville	1:07.59 8
18	Cossette, Ella	8	Barnesville	1:08.35 7
19	Ellis, Peyton	10	Chatfield	1:09.28 6
20	Clusia, Claire	9	Greenway/Nas	1:09.70 5
21	Follingstad, Ava	8	Barnesville	1:10.23 4
22	Hoehn, Madeline	8	Janesville-W	1:10.50 3
23	Nugent, Rianna	9	Greenway/Nas	1:10.70 2
24	Van Essen, Peyton	9	SWMCH-EHS	1:10.96 1

Girls 800 Meter Run

	Name	Yr	School	Finals
Finals				
1	Danielson, Olivia	7	Minnewaska A	2:23.11 24
2	Rotz, Lindsey	9	Barnesville	2:23.12 23
3	Hendrickson, McKenna	10	Grand Meadow	2:26.14 22
4	Schultz, Savannah	10	SWMCH-EHS	2:28.31 21
5	Pribyl, Sophia	11	Maple Lake	2:30.51 20
6	Kiehne, Lillyan	7	Lanesboro/Fi	2:31.72 19
7	Queensland, Kendyl	10	Grand Meadow	2:33.38 18
8	Pickett, Morgan	11	Lanesboro/Fi	2:33.43 17
9	Koppelman, Morgan	10	Park Rapids	2:33.92 16
10	Thoen, Makena	10	Minnewaska A	2:37.29 15
11	Krause, Kwynn	7	Janesville-W	2:37.66 14
12	Cole, Celia	11	St Charles	2:39.17 13
13	Johnson, Holly	11	Park Rapids	2:40.74 12
14	Pearson, Hadley	9	Barnesville	2:41.52 11
15	Fynboh, Kassandra	9	Maple Lake	2:41.54 10
16	Gahlon, Sydney	11	Janesville-W	2:42.35 9
17	Frank, Brooklyn	8	Paynesville	2:44.04 8
18	McMahon, Tessa	11	Chatfield	2:44.47 6.5
18	Champlin, Lola	7	Greenway/Nas	2:44.47 6.5
20	Lieser, Natalie	12	Paynesville	2:45.80 5
21	Carr, Belle	10	Chatfield	2:46.96 4
22	Johnson, Mikayla	12	SWMCH-EHS	2:47.20 3
23	Norris, Baylie	12	Greenway/Nas	2:52.67 2
24	Daood, Ilah	8	St Charles	3:15.28 1

True Team State 2021 Class A
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Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Miller, Mary	12	Maple Lake	5:24.10 24
2 Danielson, Olivia	7	Minnewaska A	5:24.59 23
3 Rotz, Lindsey	9	Barnesville	5:32.06 22
4 Pribyl, Sophia	11	Maple Lake	5:34.11 21
5 Kiehne, Lillyan	7	Lanesboro/Fi	5:41.10 20
6 Roberg, Grace	8	Paynesville	5:43.11 19
7 Koppelman, Morgan	10	Park Rapids	5:44.01 18
8 Williams, Emma	10	Greenway/Nas	5:46.57 17
9 Cole, Celia	11	St Charles	5:46.81 16
10 Queensland, Lauren	8	Grand Meadow	5:47.87 15
11 McMahon, Tessa	11	Chatfield	5:48.75 14
12 Warmka, Naomi	7	Grand Meadow	5:50.03 13
13 Morken, Sahara		Lanesboro/Fi	5:52.19 12
14 Krause, Kwynn	7	Janesville-W	5:56.02 11
15 Dornack, Katelyn	11	Chatfield	5:59.67 10
16 Chevalier, Sydnie	11	Minnewaska A	6:02.40 9
17 Lopez, Natalia	10	Park Rapids	6:04.04 8
18 Johnson, Emma	12	Janesville-W	6:05.38 7
19 Frenchick, Paige	9	Paynesville	6:12.90 6
20 Olson, Kaitlin	9	Greenway/Nas	6:14.16 5
21 Van Essen, Tabitha	12	SWMCH-EHS	6:23.05 4
22 Bredman, Emily	11	Barnesville	6:25.24 3
23 Leistikow, Sami	8	St Charles	6:30.07 2
24 Vander Pol, Alexia	9	SWMCH-EHS	6:56.23 1

Girls 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Miller, Mary	12	Maple Lake	12:04.67 24
2 Strande, Aletta	10	Chatfield	12:34.25 23
3 Wilmes, Kiearra	10	Minnewaska A	12:35.87 22
4 Queensland, Lauren	8	Grand Meadow	12:48.21 21
5 Ankeny, Lauryn	7	Minnewaska A	12:50.73 20
6 Morken, Sahara		Lanesboro/Fi	12:50.94 19
7 Warmka, Naomi	7	Grand Meadow	12:59.18 18
8 Kramer, Addison	8	Maple Lake	13:00.46 17
9 Fick, Lindsay	10	SWMCH-EHS	13:01.63 16
10 Frederick, Sophie	8	Barnesville	13:02.80 15
11 Olson, Kaitlin	9	Greenway/Nas	13:03.65 14
12 Tuseth, Sophia	8	St Charles	13:17.23 13
13 Spanier, Rayna	8	Paynesville	13:18.95 12
14 Harmon, Julia	10	Park Rapids	13:25.22 11
15 Johnson, Emma	12	Janesville-W	13:32.51 10
16 Mann, Karly	9	Greenway/Nas	13:37.01 9
17 Frenchick, Paige	9	Paynesville	13:37.82 8
18 Van Essen, Tabitha	12	SWMCH-EHS	13:38.71 7
19 Thompson, Savannah	9	Chatfield	13:41.64 6
20 Bolton, Nora	7	Park Rapids	13:43.80 5
21 Miner, Adeline	10	Lanesboro/Fi	13:46.65 4
22 Askegaard, Mya	10	Barnesville	13:52.66 3
23 Ward, Riley		St Charles	14:07.04 2
24 White, Lauren	9	Janesville-W	14:17.85 1

Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Dimler, Lauren	11	Janesville-W	15.92 24
2 Hindt, Hailey	12	Grand Meadow	16.49 23
3 Hindt, Madison	12	Grand Meadow	17.26 22
4 Chevalier, Ava	11	Minnewaska A	17.72 21
5 Kovarik, Emma	11	Minnewaska A	17.74 20
6 Smith, Lucia	11	St Charles	17.76 19
7 Walz, Rebekah	10	Paynesville	17.80 18
8 Salerno, Joanna	12	Chatfield	17.98 17
9 Ruen, Lynsey	9	Lanesboro/Fi	18.31 16
10 Kracht, Braelyn	11	SWMCH-EHS	18.46 15
11 Praska, Grace	11	Maple Lake	18.47 14
12 Paul, Ashley	12	St Charles	18.56 13
13 Jablonsky, Mathea	11	Barnesville	18.80 12
14 Hunter, Quinn	11	Park Rapids	18.99 11
15 Miller, Chloe	8	Lanesboro/Fi	19.09 10
16 Van Essen, Sydney	12	SWMCH-EHS	19.14 9
17 Fox, Becca	12	Chatfield	19.21 8
18 Tangen, Kyleigh	10	Paynesville	19.33 7
19 Hubbard, Corinne	10	Greenway/Nas	19.42 6
20 Reardon, Sydney	11	Maple Lake	19.55 5
21 Power, Olivia	9	Barnesville	20.12 4
22 Chase, Cece	9	Park Rapids	20.24 3
23 Appel, Ava	8	Janesville-W	20.25 2
24 Kinkel, Katelyn	8	Greenway/Nas	20.58 1

Girls 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Hindt, Hailey	12	Grand Meadow	46.58 24
2 Dimler, Lauren	11	Janesville-W	46.91 23
3 Kovarik, Emma	11	Minnewaska A	48.98 22
4 Ruen, Lynsey	9	Lanesboro/Fi	49.73 21
5 Chevalier, Ava	11	Minnewaska A	49.95 20
6 Scholz, Kendra	12	Park Rapids	50.05 19
7 Smith, Lucia	11	St Charles	50.10 18
8 Fox, Becca	12	Chatfield	50.50 17
9 Salerno, Joanna	12	Chatfield	50.66 16
10 Walz, Rebekah	10	Paynesville	51.24 15
11 Hindt, Madison	12	Grand Meadow	51.47 14
12 Ristau, Jersey	9	Lanesboro/Fi	51.82 13
13 Edmonson, Kylie	11	Maple Lake	52.61 12
14 Jablonsky, Mathea	11	Barnesville	53.13 11
15 Rajala, Nadia	10	Greenway/Nas	53.24 10
16 Adams, Claire	11	Janesville-W	53.27 9
17 Kangas, Kaylee	8	Greenway/Nas	53.61 8
18 Kracht, Braelyn	11	SWMCH-EHS	53.89 7
19 Paul, Ashley	12	St Charles	54.06 6
20 Praska, Grace	11	Maple Lake	55.36 5
21 Van Essen, Sydney	12	SWMCH-EHS	55.74 4
22 Power, Olivia	9	Barnesville	56.35 3
23 Gaebe, Erica	12	Paynesville	56.72 2
24 Hunter, Quinn	11	Park Rapids	58.21 1

True Team State 2021 Class A
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Results - A Session

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Minnewaska Area		53.21 36
1) Lindeman, Mya 10	2) Jordan, Masie 12	
3) Chevalier, Ava 11	4) Kaiser, Emily 11	
2 Chatfield		53.32 33
1) Burnett, Rylee 12	2) Goldsmith, Evy 9	
3) Berg, Chloe 9	4) Cole, Lauren 11	
3 SWMCH-EHS		53.41 30
1) Eisma, Elizabeth 9	2) Wieck, Haley 11	
3) Decker, Ellie 10	4) Suda, Anna 10	
4 Barnesville		53.51 27
1) Smith, Emily 10	2) Rustad, Sydney 11	
3) Peterson, Belle 10	4) Cossette, Anika 7	
5 Paynesville		53.60 24
1) Kolb, Cloey 7	2) Lieser, Natalie 12	
3) Walz, Rebekah 10	4) Johnson, Brynn 12	
6 Grand Meadow		53.84 21
1) Buchholtz, Ellie 12	2) Reiland, Chantle 8	
3) Schneider, Kailyn 7	4) Oehlke, Anna 11	
7 Janesville-W		54.04 18
1) Bure, Brielle 8	2) Walz, Paige 8	
3) Strauss, Lilly 8	4) Heitkamp, Erin 12	
8 Park Rapids Area		54.17 15
1) Vrieze, Laney 8	2) Scholz, Kendra 12	
3) Miller, Olivia 8	4) Morgan, Hannah 12	
9 Lanesboro/Fi		54.70 12
1) Daniels, Aubrey	2) Ristau, Jersey 9	
3) Pickett, Morgan 11	4) Brogle, Lauren 9	
10 Maple Lake		55.32 9
1) Edmonson, Kylie 11	2) Breimon, Sydney 8	
3) McClelland, Eva 11	4) Weese, Emily 11	
11 Greenway/Nas		55.84 6
1) Cuellar, Frankie 9	2) Clusiau, Claire 9	
3) Miskovich, Layla 9	4) Petrich, Brooke 11	
12 St Charles		56.34 3
1) McConnell Elder, Scarlet	2) Heim, Hadli	
3) Hulshizer, Teia	4) Hoffman, Abby 8	

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Grand Meadow		1:50.49 36
1) Buchholtz, Ellie 12	2) Hindt, Hailey 12	
3) Oehlke, Anna 11	4) Reiland, Chantle 8	
2 SWMCH-EHS		1:51.29 33
1) Wieck, Haley 11	2) Binford, Kierra 10	
3) Suda, Anna 10	4) Decker, Ellie 10	
3 Lanesboro/Fi		1:53.85 30
1) Ristau, Jersey 9	2) Daniels, Aubrey	
3) Pickett, Morgan 11	4) Brogle, Macayla 11	
4 Janesville-W		1:54.00 27
1) Bure, Brielle 8	2) Walz, Paige 8	
3) Dimler, Lauren 11	4) Adams, Claire 11	

5 St Charles		1:54.04 24
1) Heim, Hadli	2) Smith, Lucia 11	
3) Smith, Antonia 11	4) Root, Lindsey 12	
6 Paynesville		1:55.09 21
1) Kolb, Cloey 7	2) Tangen, Kyleigh 10	
3) Roeske, Kianna 11	4) Frank, Brooklyn 8	
7 Chatfield		1:55.87 18
1) Burnett, Rylee 12	2) Kivimagi, Anna 10	
3) Priebe, Zayda 11	4) Cole, Lauren 11	
8 Maple Lake		1:55.92 15
1) Edmonson, Kylie 11	2) Breimon, Sydney 8	
3) Kiebel, Alexandra 8	4) Weese, Emily 11	
9 Barnesville		1:57.06 12
1) Jablonsky, Mathea 11	2) Cossette, Anika 7	
3) Cossette, Ella 8	4) Rietz, Emma 10	
10 Minnewaska Area		1:57.60 9
1) Meyer, Brooklyn 9	2) Jordan, Masie 12	
3) Kuehne, Julia 12	4) Christensen, Alannah 8	
11 Park Rapids Area		1:59.18 6
1) Vrieze, Laney 8	2) Scholz, Kendra 12	
3) Miller, Olivia 8	4) Davis, Olivia 10	
12 Greenway/Nas		2:05.85 3
1) Hubbard, Corinne 10	2) Yanez, Alissa 10	
3) Kinkel, Katelyn 8	4) Kangas, Kaylee 8	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Minnewaska Area		4:16.49 36
1) Stark, Teagan 9	2) Danielson, Olivia 7	
3) Thoen, Makena 10	4) Luetmer, McKenzie 10	
2 Grand Meadow		4:16.74 33
1) Beck, Shelby 11	2) Hendrickson, McKenna 10	
3) Queensland, Kendyl 10	4) Mensink, Kaylin 9	
3 Park Rapids Area		4:22.11 30
1) Davis, Olivia 10	2) Johnson, Holly 11	
3) Koppelman, Morgan 10	4) Lopez, Natalia 10	
4 St Charles		4:24.08 27
1) Dailey, Katie 12	2) Cole, Celia 11	
3) Hoffman, Abby 8	4) Smith, Antonia 11	
5 Paynesville		4:24.36 24
1) Frank, Brooklyn 8	2) Roberg, Grace 8	
3) Zimmermann, Ellie 11	4) Spanier, Aubrie 11	
6 SWMCH-EHS		4:25.01 21
1) Van Essen, Shaylee 10	2) Johnson, Mikayla 12	
3) Binford, Kierra 10	4) Schultz, Savannah 10	
7 Lanesboro/Fi		4:27.14 18
1) Simon, Madison 10	2) Kiehne, Lillyan 7	
3) Brogle, Lauren 9	4) Simon, Brooklyn	
8 Barnesville		4:28.57 15
1) Cossette, Anika 7	2) Passa, Samantha 12	
3) Cossette, Ella 8	4) Rotz, Lindsey 9	
9 Maple Lake		4:33.13 12
1) Kiebel, Ella 11	2) Zander, Alison 11	
3) Miller, Mary 12	4) Borgert, Elizabeth 11	

True Team State 2021 Class A
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Finals ... (Girls 4x400 Meter Relay)

Team	Relay	Finals
10 Chatfield		4:33.92 9
1) Kivimagi, Anna 10	2) Ellis, Peyton 10	
3) Evans, Adia 8	4) Goldsmith, Evy 9	
11 Janesville-W		4:39.10 6
1) Krause, Kwynn 7	2) Adams, Claire 11	
3) Gahlon, Sydney 11	4) Keyes, Ashlin 10	
12 Greenway/Nas		4:44.83 3
1) Nugent, Rianna 9	2) Champlin, Lola 7	
3) Norris, Baylie 12	4) Williams, Emma 10	

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Minnewaska Area		10:02.52 36
1) Luetmer, McKenzie 10	2) Wilmes, Kiearra 10	
3) Thoen, Makena 10	4) Glover, Kristen 12	
2 Paynesville		10:15.78 33
1) Spanier, Aubrie 11	2) Spanier, Rayna 8	
3) Roberg, Grace 8	4) Lieser, Natalie 12	
3 SWMCH-EHS		10:16.49 30
1) Fick, Lindsie 10	2) Van Essen, Shaylee 10	
3) Johnson, Mikayla 12	4) Schultz, Savannah 10	
4 Park Rapids Area		10:23.66 27
1) Johnson, Holly 11	2) Lauwagie, Addison 8	
3) Lopez, Natalia 10	4) Campbell, Kennedy 7	
5 Grand Meadow		10:28.06 24
1) Beck, Shelby 11	2) Queensland, Kendyl 10	
3) Hendrickson, McKenna 10	4) Schneider, Aubrie 10	
6 Chatfield		10:43.99 21
1) Dornack, Katelyn 11	2) Ellis, Peyton 10	
3) Gillespie, Abbi 11	4) Carr, Belle 10	
7 Maple Lake		10:44.39 18
1) Kiebel, Ella 11	2) Kiebel, Alexandra 8	
3) Kramer, Addison 8	4) Weese, Emily 11	
8 Greenway/Nas		10:47.49 15
1) Williams, Emma 10	2) Champlin, Lola 7	
3) Clusiau, Claire 9	4) Norris, Baylie 12	
9 Lanesboro/Fi		10:52.53 12
1) Howard, Ellie 7	2) Pickett, Kathryn 9	
3) Kleiboer, Katelyn 12	4) Simon, Brooklyn 9	
10 Barnesville		11:03.90 9
1) Askegaard, Mya 10	2) Bredman, Emily 11	
3) Frederick, Sophie 8	4) Pearson, Hadley 9	
11 St Charles		11:44.62 6
1) Tuseth, Sophia 8	2) Leistikow, Sami 8	
3) Daood, Ilah 8	4) Ward, Riley 8	
12 Janesville-W		11:49.17 3
1) White, Lauren 9	2) Asselin, Regan 10	
3) White, Elizabeth 11	4) Olson, Faith 10	

Girls High Jump

Name	Yr	School	Finals
Finals			
1 Tschumperlin, Jordan	12	Barnesville	5-00.00 23.5

1 Keyes, Ashlin	10	Janesville-W	5-00.00 23.5
3 Van Essen, Shaylee	10	SWMCH-EHS	4-10.00 21
3 Dailey, Katie	12	St Charles	4-10.00 21
3 Hellickson, Kyla		Lanesboro/Fi	4-10.00 21
6 Schuur, Kaitlyn	12	SWMCH-EHS	4-08.00 16
6 Ristau, Kelly	12	Lanesboro/Fi	4-08.00 16
6 Glover, Kristen	12	Minnewaska A	4-08.00 16
6 Chevalier, Ava	11	Minnewaska A	4-08.00 16
6 Queensland, Kendyl	10	Grand Meadow	4-08.00 16
6 Peterson, Belle	10	Barnesville	4-08.00 16
6 Queensland, Lauren	8	Grand Meadow	4-08.00 16
13 Morgan, Brandi	8	Park Rapids	4-06.00 8.5
13 Hunter, Quinn	11	Park Rapids	4-06.00 8.5
13 Tange, Kyleigh	10	Paynesville	4-06.00 8.5
13 Gaebe, Erica	12	Paynesville	4-06.00 8.5
13 Wehking, Samantha	11	Janesville-W	4-06.00 8.5
13 Kivimagi, Anna	10	Chatfield	4-06.00 8.5
13 Edmonson, Kylie	11	Maple Lake	4-06.00 8.5
13 Borgert, Elizabeth	11	Maple Lake	4-06.00 8.5
21 Frederick, Autumn	11	Chatfield	4-04.00 4
22 Kangas, Kaylee	8	Greenway/Nas	4-02.00 2.5
22 Rajala, Nadia	10	Greenway/Nas	4-02.00 2.5
24 Mosdal, Shelby		St Charles	3-10.00 1

Girls Pole Vault

Name	Yr	School	Finals
Finals			
1 Walz, Rebekah	10	Paynesville	9-06.00 24
2 Simon, Madison	10	Lanesboro/Fi	9-00.00 21.5
2 Johnson, Emma	12	Janesville-W	9-00.00 21.5
2 Beck, Shelby	11	Grand Meadow	9-00.00 21.5
2 Miner, Adeline	10	Lanesboro/Fi	9-00.00 21.5
6 Koppelman, Morgan	10	Park Rapids	8-06.00 18.5
6 Wehking, Samantha	11	Janesville-W	8-06.00 18.5
8 Lauwagie, Addison	8	Park Rapids	8-00.00 15.5
8 Fritcher, Nora	11	St Charles	8-00.00 15.5
8 Schuur, Kaitlyn	12	SWMCH-EHS	8-00.00 15.5
8 Borgert, Elizabeth	11	Maple Lake	8-00.00 15.5
12 Mulhern, Emma	10	Chatfield	7-06.00 11.5
12 Zimmermann, Ellie	11	Paynesville	7-06.00 11.5
12 Gray, Kenadee	9	Barnesville	7-06.00 11.5
12 Petrich, Brooke	11	Greenway/Nas	7-06.00 11.5
16 Langman, Stephanie	12	Minnewaska A	7-00.00 7.5
16 Oeltjen, Phemie	7	Minnewaska A	7-00.00 7.5
16 Maesse, Kimberly	12	Barnesville	7-00.00 7.5
16 Brands, Makenna	10	SWMCH-EHS	7-00.00 7.5
20 Praska, Grace	11	Maple Lake	6-06.00 3.5
20 Heim, Hadli		St Charles	6-06.00 3.5
20 O'Connor, Elise	11	Grand Meadow	6-06.00 3.5
20 Copeman, Rebecca	8	Chatfield	6-06.00 3.5
--- Peterson, Ellie	11	Greenway/Nas	NH

Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Larson, Maggie	12	Maple Lake	17-08.50 24

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Finals ... (Girls Long Jump)

Name	Yr	School	Finals	
2 Dimler, Lauren	11	Janesville-W	17-03.75	23
3 Root, Lindsey	12	St Charles	16-08.50	22
4 Reiland, Anika	10	Grand Meadow	16-07.75	21
5 Morgan, Hannah	12	Park Rapids	16-06.50	20
6 Johnson, Brynn	12	Paynesville	16-05.00	19
7 Kaiser, Emily	11	Minnewaska A	15-04.50	18
8 Tschumperlin, Jordan	12	Barnesville	15-03.50	17
9 Passa, Samantha	12	Barnesville	15-02.75	16
10 Kiebel, Alexandra	8	Maple Lake	15-02.50	15
11 Ruen, Brielle		Lanesboro/Fi	15-00.00	14
12 Buchholtz, Ellie	12	Grand Meadow	14-11.50	13
13 Disbrow, Abbie	11	St Charles	14-10.50	12
14 Roeske, Kianna	11	Paynesville	14-06.75	11
15 Goldsmith, Evy	9	Chatfield	14-05.50	10
16 Meyer, Brooklyn	9	Minnewaska A	14-03.25	8.5
16 Wieck, Haley	11	SWMCH-EHS	14-03.25	8.5
18 Brogle, Macayla	11	Lanesboro/Fi	14-03.00	6
18 Burnett, Rylee	12	Chatfield	14-03.00	6
18 Clusiau, Claire	9	Greenway/Nas	14-03.00	6
21 Decker, Ellie	10	SWMCH-EHS	14-01.00	4
22 Strauss, Lilly	8	Janesville-W	14-00.00	3
23 Rebrovich, Jaci	9	Greenway/Nas	13-07.50	2
24 Pike, Riley	11	Park Rapids	13-05.50	1

Girls Triple Jump

Name	Yr	School	Finals	
1 Larson, Maggie	12	Maple Lake	37-00.50	24
2 Hindt, Hailey	12	Grand Meadow	33-04.00	23
3 Tschumperlin, Jordan	12	Barnesville	33-03.00	22
4 Passa, Samantha	12	Barnesville	33-02.00	21
5 Van Essen, Shaylee	10	SWMCH-EHS	32-06.50	20
6 Morgan, Hannah	12	Park Rapids	32-04.50	19
7 McClelland, Eva	11	Maple Lake	32-03.00	18
8 Gaebe, Erica	12	Paynesville	32-00.50	17
9 Sathre, Jaselyn	11	Grand Meadow	31-09.00	16
10 Glover, Kristen	12	Minnewaska A	31-07.50	15
11 Kracht, Braelyn	11	SWMCH-EHS	31-07.00	14
12 Smith, Lucia	11	St Charles	31-05.50	13
13 Kovarik, Emma	11	Minnewaska A	31-02.25	12
14 Davis, Olivia	10	Park Rapids	31-02.00	11
15 Adams, Claire	11	Janesville-W	29-10.50	10
16 Berg, Chloe	9	Chatfield	29-09.00	9
17 Pickett, Morgan	11	Lanesboro/Fi	29-01.75	8
18 Paul, Ashley	12	St Charles	28-10.50	7
19 Lueck, Nevada	9	Chatfield	28-10.00	6
20 Peterson, Ellie	11	Greenway/Nas	28-07.50	5
21 Jacobsen, Ava	8	Lanesboro/Fi	28-06.00	4
22 Walz, Claire	8	Janesville-W	28-05.25	3
23 Anfinson, Finley	8	Paynesville	27-10.50	2
24 Nugent, Rianna	9	Greenway/Nas	27-06.50	1

Girls Shot Put

Name	Yr	School	Finals	
1 Foster, Lexy	9	Grand Meadow	35-01.25	24
2 Oviatt, Emmalee	10	Greenway/Nas	34-09.00	23
3 Neumann, Natalie	11	Maple Lake	33-01.50	22
4 Soulier, Hailey		St Charles	32-01.25	21
5 Uhlenkamp, Katie	10	Paynesville	31-11.50	20
6 Priebe, Zayda	11	Chatfield	30-10.50	19
7 Jergenson, Metaya	12	Minnewaska A	30-07.50	18
8 Cords, Alexa	11	Janesville-W	30-01.50	17
9 Smith, Emily	10	Barnesville	29-11.50	16
10 Taylor, Sydney	12	Lanesboro/Fi	29-11.25	15
11 Biewer, Rumely	10	Barnesville	29-06.00	14
12 Kiefer, Amber	12	Grand Meadow	29-01.50	13
13 Rozeboom, Madelyn	12	SWMCH-EHS	29-00.00	12
14 Cuellar, Frankie	9	Greenway/Nas	28-07.00	11
15 Wassink, Reece	11	SWMCH-EHS	28-06.00	10
16 Gbala, Triniti	12	St Charles	28-05.50	9
17 Althoff, Abigail	12	Maple Lake	27-10.00	8
18 Wolff, Simone	11	Park Rapids	27-08.00	7
19 Cambern, Ella	11	Lanesboro/Fi	26-10.00	6
20 Kleve, Caitlin	9	Janesville-W	26-05.00	5
21 Jacoby, Ellary	11	Paynesville	26-04.00	4
22 Dravis, Taylor	12	Park Rapids	26-02.50	3
23 Copeman, Emilie	10	Chatfield	26-01.50	2
24 Kolstoe, Jayda	7	Minnewaska A	25-11.00	1

Girls Discus Throw

Name	Yr	School	Finals	
1 Jergenson, Metaya	12	Minnewaska A	109-10	24
2 Priebe, Zayda	11	Chatfield	107-04	23
3 Neumann, Natalie	11	Maple Lake	105-05	22
4 Biewer, Rumely	10	Barnesville	96-01	21
5 Taylor, Sydney	12	Lanesboro/Fi	95-01	20
6 Wassink, Reece	11	SWMCH-EHS	92-09	19
7 Foster, Lexy	9	Grand Meadow	92-05	18
8 Hoffman, Becca	10	Grand Meadow	90-08	17
9 Lange, Sydney	12	Park Rapids	90-06	16
10 Rozeboom, Madelyn	12	SWMCH-EHS	88-09	15
11 Holzmann, Sabine	12	Maple Lake	88-07	14
12 Uhlenkamp, Katie	10	Paynesville	87-10	13
13 McCready, Abby	12	St Charles	87-05	12
14 Wolff, Simone	11	Park Rapids	87-02	11
15 Oviatt, Emmalee	10	Greenway/Nas	81-09	10
16 Gbala, Triniti	12	St Charles	78-07	9
17 Cords, Alexa	11	Janesville-W	77-06	8
18 Bredman, Emily	11	Barnesville	76-08	7
19 Cambern, Ella	11	Lanesboro/Fi	74-09	6
20 Jacoby, Ellary	11	Paynesville	74-00	5
21 Possin, Chloe	11	Janesville-W	73-06	4
22 Borgen, Ann	11	Chatfield	73-05	3
23 Danielson, Olivia	7	Minnewaska A	70-02	2
24 Milstead, Careese	9	Greenway/Nas	60-03	1

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Boys 100 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Kiehne, Carson	12	Lanesboro/Fi	11.24 24
2	Goblirsch, Maverick	11	Redwood Vall	11.40 23
3	Lebrija, Ethan	11	Morris Area/	11.47 22
4	Clark, Mason	12	Redwood Vall	11.75 21
5	Gieseke, Austin	12	LCWM-Nicolle	11.78 20
6	White, Jarod	11	Pine Island	11.79 19
7	Berends, Luke	12	St Charles	11.93 17.5
7	Ludeman, Camden	11	LCWM-Nicolle	11.93 17.5
9	Boese, Collin	10	Howard Lake-	11.94 16
10	Austad, Isaiah	12	Greenway/Nas	11.97 15
11	Hill, Tristan	11	Park Rapids	11.99 13.5
11	Rebrovich, Justice	11	Greenway/Nas	11.99 13.5
13	Disbrow, Noah	11	St Charles	12.02 12
14	Pazdernik, Zach	11	Sibley East	12.04 11
15	Ruechel, Cam	10	Grand Meadow	12.07 10
16	Petron, Christian	12	Frazee	12.12 9
17	Semmen, Seth	11	Lanesboro/Fi	12.17 8
18	Groven, Connor	12	Pine Island	12.25 7
19	Tollefson, Jack	10	Morris Area/	12.31 6
20	Runyan, Cameron	10	Park Rapids	12.32 4.5
20	Speer, Luke	12	Grand Meadow	12.32 4.5
22	Vinton, Gavin	12	Frazee	12.36 3
23	Rheault, Zach	9	Howard Lake-	12.45 2
24	Castaneda, Andy	11	Sibley East	12.60 1

Boys 200 Meter Dash

	Name	Yr	School	Finals
Finals				
1	White, Jarod	11	Pine Island	23.06 24
2	Berends, Luke	12	St Charles	23.42 23
3	Lebrija, Ethan	11	Morris Area/	23.51 22
4	Goblirsch, Maverick	11	Redwood Vall	23.56 21
5	Howard, James	11	Grand Meadow	23.84 20
6	Rein, JT	11	Lanesboro/Fi	23.91 19
7	Boese, Collin	10	Howard Lake-	24.16 18
8	Ihde, Zack	11	Pine Island	24.18 17
9	Petron, Christian	12	Frazee	24.20 16
10	Hunt, Trey	11	Morris Area/	24.34 15
11	Ruechel, Cam	10	Grand Meadow	24.51 14
12	Rebrovich, Justice	11	Greenway/Nas	24.76 13
13	Flynn, George	11	Frazee	24.79 12
14	Pazdernik, Zach	11	Sibley East	24.86 11
15	McDougall, Jake	10	LCWM-Nicolle	24.89 10
16	Stram, Brock	12	Greenway/Nas	25.05 9
17	Rose, Brevon	12	Sibley East	25.06 8
18	Ulman, Jamis	9	LCWM-Nicolle	25.31 7
19	May, Josiah	11	Park Rapids	25.33 6
20	Menz, Nolan	11	Redwood Vall	25.50 4.5
20	Walén, Jaydon	7	Park Rapids	25.50 4.5
22	Jones, Cam	9	Howard Lake-	25.57 3
23	Redig, Kaedyn		St Charles	25.70 2
24	Wright, Boston	9	Lanesboro/Fi	26.11 1

Boys 400 Meter Dash

	Name	Yr	School	Finals
Finals				
1	Kiehne, Carson	12	Lanesboro/Fi	51.59 24
2	White, Jarod	11	Pine Island	51.70 23
3	Wells, Taevon	11	Greenway/Nas	51.94 22
4	Ihde, Zack	11	Pine Island	52.29 21
5	Kerrins, Jacob	11	Grand Meadow	52.66 20
6	Monaghan, Lane	12	Park Rapids	53.08 19
7	Ruechel, Cam	10	Grand Meadow	53.54 18
8	Tollefson, Jack	10	Morris Area/	53.65 17
9	Latzke, Jordan	12	Sibley East	53.84 16
10	Rose, Brevon	12	Sibley East	55.03 15
11	Stearns, Kaleb	11	Park Rapids	55.20 14
12	Rojas, Jose		St Charles	55.21 13
13	Luchsinger, Lance	10	Howard Lake-	55.72 12
14	Sherbon, Skyler	9	Redwood Vall	55.81 11
15	Matzke, Tyson		St Charles	56.13 9.5
15	Ulman, Jamis	9	LCWM-Nicolle	56.13 9.5
17	Flynn, George	11	Frazee	56.55 8
18	Christianson, Chase	9	Lanesboro/Fi	57.32 7
19	Marx, Weston	12	Greenway/Nas	57.88 6
20	Lantz, Levi	10	LCWM-Nicolle	58.26 5
21	Malek, Noah	9	Morris Area/	59.80 4
22	Karg, Caleb	11	Howard Lake-	59.99 3
23	Lehman, Skylure	11	Frazee	1:00.96 2
24	Salmon, Aidan	8	Redwood Vall	1:03.72 1

Boys 800 Meter Run

	Name	Yr	School	Finals
Finals				
1	Quintero, Mark	11	Pine Island	2:00.70 24
2	Kiehne, Jayce	9	Lanesboro/Fi	2:00.72 23
3	Clark, Mason	12	Redwood Vall	2:03.30 22
4	Butterfield, Michael	12	Greenway/Nas	2:06.70 21
5	Cobb, Will	12	Pine Island	2:07.55 20
6	Beck, Alex	12	Frazee	2:07.57 19
7	Hjelmen, Christian	12	Grand Meadow	2:08.05 18
8	Ahrens, Will	8	Redwood Vall	2:09.22 17
9	Ballalatak, Joseph	9	Sibley East	2:10.11 16
10	Bervig, Nathaniel	12	Park Rapids	2:10.77 15
11	Marx, Weston	12	Greenway/Nas	2:10.86 14
12	Nevarez, Jose	11	Sibley East	2:12.48 13
13	Bervig, Eli	10	Park Rapids	2:14.34 12
14	Ruen, Luke	9	Lanesboro/Fi	2:14.94 11
15	Burau, Drew	11	Howard Lake-	2:15.39 10
16	Duis, Nathan	12	LCWM-Nicolle	2:15.59 9
17	Imm, Andrew	10	Grand Meadow	2:16.14 8
18	Guggemos, Charlie	11	Howard Lake-	2:18.53 7
19	Ness, Erik	12	St Charles	2:19.00 6
20	Waller, Lane		St Charles	2:21.71 5
21	Erickson, Colby	12	Frazee	2:22.21 4
22	Rist, Justin	10	LCWM-Nicolle	2:22.68 3
23	Richards, Pierce	10	Morris Area/	2:22.91 2
24	Pederson, Hunter	12	Morris Area/	2:23.47 1

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Boys 1600 Meter Run

	Name	Yr	School	Finals	
Finals					
1	Uhrbom, Geno	12	Greenway/Nas	4:17.78	24
2	Hubka, Garrison	10	Grand Meadow	4:41.21	23
3	Butterfield, Michael	12	Greenway/Nas	4:41.72	22
4	Ruen, Carson	11	Lanesboro/Fi	4:42.61	21
5	Peyerl, Jayson	12	Redwood Vall	4:44.09	20
6	O'Hara, Andrew	11	St Charles	4:45.20	19
7	Huot, Noah	9	Park Rapids	4:47.72	18
8	Konik, Brandt	10	Pine Island	4:51.83	17
9	Carlson, Christian	12	Frazee	4:52.19	16
10	Ahrens, Will	8	Redwood Vall	4:52.67	15
11	Deiter, Chase	10	Howard Lake-	4:54.49	14
12	Beck, Alex	12	Frazee	4:57.13	13
13	Etter, Darryl	11	Park Rapids	4:58.12	12
14	Nevarez, Jose	11	Sibley East	5:01.00	11
15	Anderson, Mason	9	LCWM-Nicolle	5:01.75	10
16	Howard, Mason	9	Lanesboro/Fi	5:02.89	9
17	Tiernan, Thomas	11	Morris Area/	5:03.50	8
18	Konik, Seth	8	Pine Island	5:04.20	7
19	Anderson, Ethan	9	LCWM-Nicolle	5:04.81	6
20	Scherer, Micah	12	Sibley East	5:07.63	5
21	Stallman, Gavin	10	Morris Area/	5:11.03	4
22	Ness, Erik	12	St Charles	5:13.50	3
23	Meskill, Josh	10	Grand Meadow	5:21.07	2
24	Karles, Isaiah	9	Howard Lake-	5:28.84	1

Boys 3200 Meter Run

	Name	Yr	School	Finals	
Finals					
1	Uhrbom, Geno	12	Greenway/Nas	9:46.70	24
2	Hubka, Garrison	10	Grand Meadow	10:24.06	23
3	Ruen, Carson	11	Lanesboro/Fi	10:28.13	22
4	Olson, Daniel	11	Greenway/Nas	10:29.20	21
5	Huot, Noah	9	Park Rapids	10:31.48	20
6	O'Hara, Andrew	11	St Charles	10:33.11	19
7	Peyerl, Jayson	12	Redwood Vall	10:39.37	18
8	Carlson, Christian	12	Frazee	10:40.36	17
9	Konik, Brandt	10	Pine Island	10:40.71	16
10	Cilek, Camden	10	Redwood Vall	10:44.23	15
11	Osterhaus, Braxton	10	Pine Island	10:48.33	14
12	Bervig, Eli	10	Park Rapids	10:53.15	13
13	Deiter, Chase	10	Howard Lake-	11:16.24	12
14	O'Connor, Jeremy	12	Lanesboro/Fi	11:19.21	11
15	Wibstad, Davis	12	Sibley East	11:20.28	10
16	Stallman, Gavin	10	Morris Area/	11:21.30	9
17	Arnold, Shane	11	St Charles	11:24.46	8
18	Fells, Christian	10	LCWM-Nicolle	11:29.99	7
19	Moeller, Aidan	7	LCWM-Nicolle	11:31.97	6
20	Sonnenberg, Carter	8	Frazee	11:43.68	5
21	Tiernan, Thomas	11	Morris Area/	11:43.79	4
22	Latzke, Gavin	10	Sibley East	11:53.42	3
23	Alden, Teague	8	Grand Meadow	11:57.42	2
24	Fiecke, Ethan	11	Howard Lake-	12:06.56	1

Boys 110 Meter Hurdles

	Name	Yr	School	Finals	
Finals					
1	Soderberg, Kenny	12	Morris Area/	15.55	24
2	Flack, Miles	11	LCWM-Nicolle	16.46	23
3	Elseth, Aaron	11	Sibley East	16.83	22
4	Stephens, Blake	9	Redwood Vall	16.87	21
5	Hall, Jajuan	12	Greenway/Nas	17.10	20
6	Harvey, Will	9	Lanesboro/Fi	17.11	19
7	Knott, Brandon	10	Howard Lake-	17.68	18
8	Mart, Jared	12	St Charles	17.73	17
9	Lade, Spencer	12	Howard Lake-	17.79	15.5
9	Kunz, Caleb	12	Lanesboro/Fi	17.79	15.5
11	Dudgeon, Cade	11	LCWM-Nicolle	18.03	14
12	Brevig, Braden		St Charles	18.53	13
13	Noll, Jack	11	Pine Island	18.74	12
14	Tree, CJ	9	Pine Island	18.89	11
15	Dahring, Dawson	10	Park Rapids	19.57	10
16	Parsons, Jonathon	11	Frazee	19.66	9
17	Nohl, Lewis	10	Morris Area/	19.74	8
18	Jenson, Oskar	11	Greenway/Nas	19.77	7
19	Flynn, George	11	Frazee	19.87	6
20	Howard, Ayden	9	Grand Meadow	19.94	5
21	Granle, Odear	9	Grand Meadow	20.18	4
22	Deblieck, Pierce	10	Park Rapids	20.21	3
23	Haen, Daniel	11	Redwood Vall	20.37	2
24	McCue, Aidan	7	Sibley East	23.10	1

Boys 300 Meter Hurdles

	Name	Yr	School	Finals	
Finals					
1	Soderberg, Kenny	12	Morris Area/	39.41	24
2	Knott, Brandon	10	Howard Lake-	42.01	23
3	Flack, Miles	11	LCWM-Nicolle	42.21	22
4	Rein, JT	11	Lanesboro/Fi	42.41	21
5	Harvey, Will	9	Lanesboro/Fi	43.97	20
6	Ferber, Evan	10	Pine Island	44.57	19
7	Brevig, Braden		St Charles	44.68	18
8	Johannsen, Nathan	11	Frazee	45.15	17
9	Schwendinger, Alec	12	Pine Island	45.32	16
10	Dudgeon, Cade	11	LCWM-Nicolle	45.43	15
11	Hall, Jajuan	12	Greenway/Nas	45.66	14
12	Elseth, Aaron	11	Sibley East	45.73	13
13	Mart, Jared	12	St Charles	46.02	12
14	Bauer, Cole	11	Sibley East	46.33	11
15	Parsons, Jonathon	11	Frazee	46.46	10
16	Reiland, Zach	8	Grand Meadow	46.74	9
17	Deblieck, Pierce	10	Park Rapids	47.06	7.5
17	Mendiola, Matthew	11	Howard Lake-	47.06	7.5
19	Stephens, Blake	9	Redwood Vall	47.30	6
20	Olson, Daniel	11	Greenway/Nas	47.36	5
21	Howard, Ayden	9	Grand Meadow	47.48	4
22	Nohl, Lewis	10	Morris Area/	47.52	3
23	Etter, Darryl	11	Park Rapids	48.20	2
24	Sandgren, Easton	8	Redwood Vall	51.35	1

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Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Grand Meadow		45.06 36
1) Imm, Ethan 12	2) Speer, Luke 12	
3) Ludemann, Blake 12	4) Howard, James 11	
2 Morris Area/		45.36 33
1) Soderberg, Kenny 12	2) Waldbeser, Derek 9	
3) Hunt, Trey 11	4) Lebrija, Ethan 11	
3 St Charles		45.64 30
1) Disbrow, Noah 11	2) Brevig, Braden	
3) Redig, Kaedyn	4) Berends, Luke 12	
4 Greenway/Nas		45.76 27
1) Stram, Brock 12	2) Rebrovich, Justice 11	
3) Wells, Taevon 11	4) Hall, Jajuan 12	
5 LCWM-Nicollet		46.45 24
1) Gieseke, Austin 12	2) Warmington, Owen 11	
3) McDougall, Jake 10	4) Ludeman, Camden 11	
6 Lanesboro/Fi		46.64 21
1) Clarke, Carter 11	2) Kennedy, Grant 12	
3) Gathje, Jake 12	4) Semmen, Seth 11	
7 Park Rapids Area		46.72 18
1) Walen, Jaydon 7	2) Jackson, Logan 11	
3) Runyan, Cameron 10	4) May, Josiah 11	
8 Howard Lake-		46.83 15
1) Rheault, Zach 9	2) Gatz, AJ 12	
3) Cain, Isaac 10	4) Jones, Cam 9	
9 Redwood Valley		47.11 12
1) Menz, Nolan 11	2) Cooper, Evan 10	
3) Stephens, Blake 9	4) Clark, Mason 12	
10 Pine Island		47.44 9
1) Groven, Connor 12	2) Peterson-Rucker, Kaedyn 12	
3) Schwendinger, Alec 12	4) Knox, Sam 10	
11 Sibley East		48.43 6
1) Taylor, Wyatt 12	2) Kumar, Devan 12	
3) Effertz, Keegan 12	4) Castaneda, Andy 11	
12 Frazee		48.88 3
1) Selly, Dylan 11	2) Hiemenz, Kaden 12	
3) Lyman, Hunter	4) Vinton, Gavin 12	

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Grand Meadow		1:34.78 36
1) Kerrins, Jacob 11	2) Bruggeman, Jack 9	
3) Ludemann, Blake 12	4) Speer, Luke 12	
2 St Charles		1:35.00 33
1) Disbrow, Noah 11	2) Thoreson, Jett 11	
3) Berends, Cole 12	4) Redig, Kaedyn	
3 Sibley East		1:36.54 28.5
1) Effertz, Keegan 12	2) Pazdernik, Zach 11	
3) Rose, Brevon 12	4) Latzke, Jordan 12	
3 Lanesboro/Fi		1:36.54 28.5
1) Harvey, Will 9	2) Clarke, Carter 11	
3) Gathje, Jake 12	4) Rein, JT 11	

5 Morris Area/		1:36.61 24
1) Waldbeser, Derek 9	2) Schmidgall, Ayden 11	
3) Tollefson, Jack 10	4) Hunt, Trey 11	
6 Park Rapids Area		1:36.96 21
1) Walen, Jaydon 7	2) Monaghan, Lane 12	
3) Hill, Tristan 11	4) May, Josiah 11	
7 Pine Island		1:37.11 18
1) Groven, Connor 12	2) Peterson-Rucker, Kaedyn 12	
3) Schwendinger, Alec 12	4) Cain, Matthew 11	
8 Howard Lake-		1:37.50 15
1) Rheault, Zach 9	2) Gatz, AJ 12	
3) Boese, Collin 10	4) Jones, Cam 9	
9 Frazee		1:37.73 12
1) Selly, Dylan 11	2) Hiemenz, Kaden 12	
3) Vinton, Gavin 12	4) Petron, Christian 12	
10 LCWM-Nicollet		1:39.39 9
1) Gieseke, Austin 12	2) Ulman, Jamis 9	
3) Sandmeyer, Logan 9	4) McDougall, Jake 10	
11 Greenway/Nas		1:40.10 6
1) Stram, Brock 12	2) Jorgenson, Bodie 11	
3) Haugen, Riley 10	4) Austad, Isaiah 12	
12 Redwood Valley		1:44.03 3
1) Menz, Nolan 11	2) Sivixay, Tevin 8	
3) Cooper, Evan 10	4) Sandgren, Easton 8	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Pine Island		3:31.94 36
1) Williams, Lucas 11	2) Quintero, Mark 11	
3) Cain, Matthew 11	4) Ihde, Zack 11	
2 Grand Meadow		3:34.31 33
1) Kerrins, Jacob 11	2) Howard, James 11	
3) Ludemann, Blake 12	4) Bruggeman, Jack 9	
3 Sibley East		3:37.80 30
1) Kroells, Garrett 11	2) Nevarez, Jose 11	
3) Ballalatak, Joseph 9	4) Bauer, Cole 11	
4 Greenway/Nas		3:39.03 27
1) Austad, Isaiah 12	2) Jorgenson, Bodie 11	
3) Wells, Taevon 11	4) Uhrbom, Geno 12	
5 LCWM-Nicollet		3:40.76 24
1) Flack, Miles 11	2) Warmington, Owen 11	
3) Lantz, Levi 10	4) Duis, Nathan 12	
6 Park Rapids Area		3:41.19 21
1) Monaghan, Lane 12	2) Stearns, Kaleb 11	
3) Bervig, Nathaniel 12	4) Dahring, Matt 10	
7 St Charles		3:41.69 18
1) Matzke, Tyson	2) O'Hara, Andrew 11	
3) Rojas, Jose	4) Thoreson, Jett 11	
8 Lanesboro/Fi		3:44.32 15
1) Johnson, Sawyer 12	2) Ruen, Carson 11	
3) Kiehne, Jayce 9	4) Ruen, Luke 9	
9 Frazee		3:50.59 12
1) Selly, Dylan 11	2) Johannsen, Nathan 11	
3) Erickson, Colby 12	4) Beck, Alex 12	

True Team State 2021 Class A
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Results - A Session

Finals ... (Boys 4x400 Meter Relay)

Team	Relay	Finals
10 Redwood Valley		3:53.98 9
1) Ahrens, Will 8	2) Cooper, Evan 10	
3) Ourada, Austin 10	4) Frank, Cohen 10	
11 Howard Lake-		3:54.87 6
1) Bureau, Drew 11	2) Bebo, Aaron 11	
3) Knott, Brandon 10	4) Deiter, Chase 10	
12 Morris Area/		4:00.42 3
1) Pederson, Hunter 12	2) Malek, Noah 9	
3) Gomer, Matt 10	4) Nohl, Lewis 10	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Pine Island		8:29.97 36
1) Johnson, Sam 11	2) Cobb, Will 12	
3) Osterhaus, Braxton 10	4) Williams, Lucas 11	
2 Park Rapids Area		8:34.73 33
1) Harmon, Parker 11	2) Bervig, Eli 10	
3) Bervig, Nathaniel 12	4) Stearns, Kaleb 11	
3 Lanesboro/Fi		8:39.26 30
1) Howard, Mason 9	2) Snyder, Isaac 9	
3) Ruen, Luke 9	4) Kiehne, Jayce 9	
4 Greenway/Nas		8:48.74 27
1) Marx, Weston 12	2) Plackner, Benjamin 10	
3) Thoennes, Connor 11	4) Olson, Daniel 11	
5 Sibley East		8:51.62 24
1) Ballalatak, Joseph 9	2) Parrott, Trevor 10	
3) Scherer, Micah 12	4) Bauer, Cole 11	
6 Howard Lake-		8:56.35 21
1) Bureau, Drew 11	2) Wood, Matthew 12	
3) Helgeson, Preston 11	4) Karg, Caleb 11	
7 Grand Meadow		9:01.36 18
1) Hjelman, Christian 12	2) Kennedy, Brendan 11	
3) Shaw, Erik 9	4) Imm, Andrew 10	
8 Frazee		9:06.05 15
1) Johannsen, Nathan 11	2) Erickson, Colby 12	
3) Helmers, Lewis 12	4) Keeping, Jayden 11	
9 Redwood Valley		9:12.88 12
1) Cilek, Camden 10	2) Cilek, Kilen 8	
3) Ourada, Austin 10	4) Frank, Cohen 10	
10 LCWM-Nicollet		9:13.39 9
1) Fells, Christian 10	2) Anderson, Ethan 9	
3) Anderson, Mason 9	4) Duis, Nathan 12	
11 St Charles		9:46.03 6
1) Ferden, Levi	2) Isaac, Mosdal 8	
3) Hernandez, Brandon	4) Gruber, Harrison	
12 Morris Area/		9:59.94 3
1) Pederson, Hunter 12	2) Richards, Pierce 10	
3) Butterfield, Zach 11	4) Dougherty, Mason 12	

Boys High Jump

Name	Yr	School	Finals
Finals			
1 Northrop, Gabe	11	Pine Island	6-00.00 23.5

1 Lade, Spencer	12	Howard Lake-	6-00.00 23.5
3 Sherbon, Skyler	9	Redwood Vall	5-08.00 19.5
3 Quintero, Mark	11	Pine Island	5-08.00 19.5
3 Latzke, Jordan	12	Sibley East	5-08.00 19.5
3 Dudgeon, Cade	11	LCWM-Nicolle	5-08.00 19.5
3 Kiehne, Jayce	9	Lanesboro/Fi	5-08.00 19.5
3 Parsons, Jonathon	11	Frazee	5-08.00 19.5
9 Johannsen, Nathan	11	Frazee	5-06.00 15.5
9 Christianson, Chase	9	Lanesboro/Fi	5-06.00 15.5
11 Bauer, Cole	11	Sibley East	5-04.00 12
11 Jackson, Logan	11	Park Rapids	5-04.00 12
11 Berends, Luke	12	St Charles	5-04.00 12
11 Howard, James	11	Grand Meadow	5-04.00 12
11 Jones, Cam	9	Howard Lake-	5-04.00 12
16 Sandgren, Easton	8	Redwood Vall	5-02.00 7
16 Hunt, Trey	11	Morris Area/	5-02.00 7
16 Redig, Kaedyn		St Charles	5-02.00 7
16 Austad, Isaiah	12	Greenway/Nas	5-02.00 7
16 Schmidgall, Ayden	11	Morris Area/	5-02.00 7
21 Duffy, John	8	Greenway/Nas	5-00.00 3
21 Sandmeyer, Logan	9	LCWM-Nicolle	5-00.00 3
21 Brink, Jayden	9	Grand Meadow	5-00.00 3
24 Etter, Darryl	11	Park Rapids	4-10.00 1

Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 White, Jarod	11	Pine Island	14-00.00 24
2 Thoreson, Jett	11	St Charles	13-00.00 23
3 Burns, Kaden	11	Morris Area/	12-00.00 22
4 Mart, Jared	12	St Charles	11-06.00 21
5 Goblirsch, Maverick	11	Redwood Vall	11-00.00 19.5
5 Gathje, Jake	12	Lanesboro/Fi	11-00.00 19.5
7 Matheson, Porter	9	Howard Lake-	10-00.00 17
7 Knox, Sam	10	Pine Island	10-00.00 17
7 Butterfield, Michael	12	Greenway/Nas	10-00.00 17
10 Runyan, Cameron	10	Park Rapids	9-06.00 14
10 Van Batavia, Zach	11	Park Rapids	9-06.00 14
10 McDougall, Jake	10	LCWM-Nicolle	9-06.00 14
13 Krueger-Pierce, Landyn	10	Frazee	9-00.00 10
13 Hiemenz, Kaden	12	Frazee	9-00.00 10
13 Kumar, Devan	12	Sibley East	9-00.00 10
13 Pieper, Tate	11	Lanesboro/Fi	9-00.00 10
13 Malek, Noah	9	Morris Area/	9-00.00 10
18 Sivixay, Tevin	8	Redwood Vall	8-06.00 5
18 Knott, Brandon	10	Howard Lake-	8-06.00 5
18 Cruz-Iliff, Kyan	11	Sibley East	8-06.00 5
18 Ludemann, Blake	12	Grand Meadow	8-06.00 5
18 Lantz, Levi	10	LCWM-Nicolle	8-06.00 5
23 Simpson, Maverick	10	Greenway/Nas	8-00.00 2
24 Granle, Odear	9	Grand Meadow	7-06.00 1

Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Luchsinger, Lance	10	Howard Lake-	20-06.50 24

True Team State 2021 Class A
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Finals ... (Boys Long Jump)

Name	Yr	School	Finals
2 Kerrins, Jacob	11	Grand Meadow	20-04.00 23
3 Goblirsch, Maverick	11	Redwood Vall	19-11.50 22
4 Berends, Cole	12	St Charles	19-10.75 21
5 Soderberg, Kenny	12	Morris Area/	19-08.00 20
6 Pazdernik, Zach	11	Sibley East	19-03.00 19
7 Quintero, Mark	11	Pine Island	19-02.00 17
7 Sherbon, Skyler	9	Redwood Vall	19-02.00 17
7 Lade, Spencer	12	Howard Lake-	19-02.00 17
10 Clarke, Carter	11	Lanesboro/Fi	19-01.50 15
11 Lebrija, Ethan	11	Morris Area/	19-01.00 13
11 Disbrow, Noah	11	St Charles	19-01.00 13
11 Speer, Luke	12	Grand Meadow	19-01.00 13
14 Rein, JT	11	Lanesboro/Fi	18-10.25 11
15 Kramer, Colton	12	Pine Island	18-06.75 10
16 Ludeman, Camden	11	LCWM-Nicolle	18-01.75 9
17 Scherer, Micah	12	Sibley East	18-00.00 8
18 Walen, Jaydon	7	Park Rapids	17-05.00 7
19 Hiemenz, Kaden	12	Frazee	16-06.00 5.5
19 Austad, Brayden	8	Greenway/Nas	16-06.00 5.5
21 Jackson, Logan	11	Park Rapids	16-04.00 4
22 Jorgenson, Bodie	11	Greenway/Nas	16-01.00 3
23 Ulman, Jamis	9	LCWM-Nicolle	15-10.00 2
24 Petron, Christian	12	Frazee	15-04.25 1

Boys Triple Jump

Name	Yr	School	Finals
1 Lade, Spencer	12	Howard Lake-	41-04.75 24
2 Sherbon, Skyler	9	Redwood Vall	39-02.00 23
3 Berends, Cole	12	St Charles	39-01.00 22
4 Kramer, Colton	12	Pine Island	38-06.50 21
5 Latzke, Jordan	12	Sibley East	38-06.00 20
6 Parrott, Trevor	10	Sibley East	38-03.50 19
7 Luchsinger, Lance	10	Howard Lake-	38-01.00 18
8 Dudgeon, Cade	11	LCWM-Nicolle	37-11.50 17
9 Parsons, Jonathon	11	Frazee	37-11.00 16
10 Warmington, Owen	11	LCWM-Nicolle	37-08.75 14.5
10 Clarke, Carter	11	Lanesboro/Fi	37-08.75 14.5
12 Peterson-Rucker, Kaedyn	12	Pine Island	37-08.00 13
13 Imm, Ethan	12	Grand Meadow	37-02.50 12
14 Bruggeman, Jack	9	Grand Meadow	37-00.25 11
15 Stephens, Blake	9	Redwood Vall	36-10.00 10
16 Thoreson, Jett	11	St Charles	36-07.00 9
17 Tollefson, Jack	10	Morris Area/	36-06.00 8
18 Flynn, George	11	Frazee	36-00.50 7
19 Christianson, Chase	9	Lanesboro/Fi	35-11.75 6
20 Wells, Taevon	11	Greenway/Nas	35-08.25 5
21 Van Batavia, Zach	11	Park Rapids	35-08.00 4
22 Jenson, Oskar	11	Greenway/Nas	35-03.25 3
23 Bervig, Nathaniel	12	Park Rapids	33-06.50 2
24 Dougherty, Mason	12	Morris Area/	32-04.00 1

Boys Shot Put

Name	Yr	School	Finals
1 Paul, Riley	11	Grand Meadow	49-09.25 24
2 Burdorf, Jackson	12	Sibley East	47-08.50 23
3 Suedbeck, Lincoln	11	Sibley East	45-09.00 22
4 Hill, Tristan	11	Park Rapids	43-10.00 21
5 Oberg, Evan	11	Morris Area/	43-06.50 20
6 Luthe, Christian	11	Grand Meadow	42-11.75 19
7 Hall, Jajuan	12	Greenway/Nas	41-08.00 18
8 Gatz, AJ	12	Howard Lake-	41-04.00 17
9 Marx, Mason	10	Greenway/Nas	40-07.00 16
10 Boese, Collin	10	Howard Lake-	39-05.00 15
11 Evans, Lane	10	Redwood Vall	39-04.50 14
12 Semmen, Seth	11	Lanesboro/Fi	39-01.25 13
13 Cottrell, Ian	11	Frazee	38-06.00 12
14 Mayer, Bodie	12	Lanesboro/Fi	38-00.25 11
15 Hartung, Luke	10	Park Rapids	37-03.00 10
16 Sisell, Austin	10	Pine Island	36-07.25 9
17 Aldridge, Aidan	10	Frazee	36-02.00 8
18 Fehr, Monte	11	Morris Area/	36-01.00 7
19 Lemmer, Connor		St Charles	35-09.75 6
20 Groven, Connor	12	Pine Island	35-05.75 5
21 Krohse, Ben		St Charles	35-00.25 4
22 McManemy, Gage	10	LCWM-Nicolle	33-11.00 3
23 Evans, Bo	12	Redwood Vall	33-07.50 2
24 Ludeman, Camden	11	LCWM-Nicolle	31-10.00 1

Boys Discus Throw

Name	Yr	School	Finals
1 Paul, Riley	11	Grand Meadow	139-09 24
2 Hill, Tristan	11	Park Rapids	139-03 23
3 Burdorf, Jackson	12	Sibley East	138-01 22
4 Peterson, Jacob	11	Lanesboro/Fi	130-07 21
5 Semmen, Seth	11	Lanesboro/Fi	126-06 20
6 Luthe, Christian	11	Grand Meadow	126-01 19
7 Suedbeck, Lincoln	11	Sibley East	126-00 18
8 Northrop, Gabe	11	Pine Island	124-11 17
9 Fehr, Monte	11	Morris Area/	119-08 16
10 Gatz, AJ	12	Howard Lake-	115-03 15
11 Hartung, Luke	10	Park Rapids	114-09 14
12 Oberg, Evan	11	Morris Area/	112-01 13
13 Marx, Mason	10	Greenway/Nas	106-08 12
14 Cain, Isaac	10	Howard Lake-	106-00 11
15 Flack, Miles	11	LCWM-Nicolle	105-11 10
16 Butterfield, Michael	12	Greenway/Nas	105-10 9
17 Mentjes, Logan	11	Pine Island	102-08 8
18 Evans, Lane	10	Redwood Vall	100-03 7
19 Aldridge, Aidan	10	Frazee	99-10 6
20 Cottrell, Ian	11	Frazee	97-10 5
21 Lemmer, Connor		St Charles	95-08 4
22 Evans, Bo	12	Redwood Vall	92-06 3
23 Krohse, Ben		St Charles	85-07 2
24 McManemy, Gage	10	LCWM-Nicolle	75-08 1

True Team State 2021 Class A
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Results - A Session

Women - Team Rankings - 18 Events Scored

1) Grand Meadow/LeRoy-Ost/Kingsla	607.5
2) Minnewaska Area	565.5
3) Lanesboro/Fillmore Central/Mab	489.5
4) Maple Lake	476
5) SWMCH-EHS	434
6) Barnesville	420
7) Paynesville	418.5
8) St Charles	395
9) Park Rapids Area	383
10) Janesville-Waldorf-Pemberton	371
11) Chatfield	359
12) Greenway/Nashwauk/Keewatin	216

Men - Team Rankings - 18 Events Scored

1) Pine Island	550
2) Lanesboro/Fillmore Central/Mab	526
3) Grand Meadow/LeRoy-Ost/Kingsla	473.5
4) Sibley East	453
5) Greenway/Nashwauk/Keewatin	438
6) St Charles	428
7) Howard Lake-Waverly-Winsted	418.5
8) Redwood Valley	403.5
9) Park Rapids Area	393
10) Morris Area/Chokio-Alberta	380
11) LCWM-Nicollet	349
12) Frazee	323.5